

## Highland CUSD No. 5

### Quarantine Guidelines 8/30/2021

Madison County Health Department will only be recommending the 14-day quarantine. It is up to the individual school districts to adopt/develop guidelines on the other quarantine options noted from the CDC and IDPH. Highland CUSD No. 5 has adopted the following quarantine options per CDC and IDPH guidance:

- **14-day quarantine:** 1st day of quarantine will begin on the day following exposure. Day 0 is the exposure day. Students may return on day 15. Madison County will present a release to the families that they can present to the school. **This quarantine applies to in school and out of school exposures.**
- **10-day quarantine:** 1st day of quarantine will begin on the day following exposure. Day 0 is the exposure day. Students may return on day 11. Madison County **will not** present a release letter to students. It will be up to the individual school building to determine the date of return and send a release letter to families. The student may only return if **fully masked** and **distanced** in the classroom setting. The school nurse will monitor the student daily for signs and symptoms of Covid-19 until day 14. If symptoms develop at any time, the student will be sent home to be Covid tested and begin the 10-day isolation period. **This quarantine applies to in school and out of school exposures.**
- **7-day quarantine:** 1st day of quarantine will begin on the day following exposure. Day 0 is the exposure day. Students may return on day 8 under these circumstances. The student may receive a PCR Covid-19 test – no rapid antigen test – on day 6 at the earliest. If the test is negative, the student may return to school on day 8 after exposure. The student may only return if fully masked and distanced in the classroom setting. The school nurse will monitor the student daily for signs and symptoms of Covid-19 until day 14. If symptoms develop, the student will be sent home to be Covid tested and begin a 10-day isolation period. Madison County will not present a release letter to students. It will be up to the individual school building to determine the date of return and send a release letter to families. **This quarantine applies to in school and out of school exposures.**
- **Test to stay:** If a student is exposed to Covid in the school setting only, the student may receive Covid testing from an FDA approved facility (hospital, MD office, health department, or pharmacy) on day 1, day 3, day 5, and day 7. A rapid antigen test will be acceptable, and the results must be presented to the school nurse in order for the student to attend the following day. If the student tests negative on each test date, they may remain in school if fully masked and distanced in the classroom setting. The school nurse will monitor the student for signs and symptoms of Covid-19 until day 14. **Please note that this option is only available for in school exposures.**

The district is currently working on obtaining rapid testing capabilities for our high school population only for in school exposures. If and when this is available, the testing can be done in the school setting. This testing would be **voluntary only**.

No home testing will be accepted by the MCHD or the school district. If you perform home testing on your student and the results are positive, the student will be encouraged to receive an approved Covid test. The student will also be required to isolate for 10 days.

**Distancing guidelines.** All students must maintain three feet distanced in all classroom settings and fully masked to avoid quarantines if exposed. All adults in the school setting should maintain 6 feet distancing in all classroom settings. Vaccinated students and adults may remain in school after an exposure as long as they remain asymptomatic. Unvaccinated adults will be required to quarantine after an exposure if they have not met the six feet distancing criteria and exposure for 15 minutes or greater. Unvaccinated students will be required to quarantine after and exposure if they have not met the 3 feet distancing criteria and exposure for 15 minutes or greater.

For exposed staff and students who are unable to isolate away from a Covid positive person, they will need to isolate with the positive person for 10 days then begin their desired quarantine on day 11. For example – if unvaccinated staff members are exposed to Covid from their young children, they may have to isolate with their children for 10 days then begin their desired quarantine on day 11. If students are exposed to a Covid positive family member in the home and are unable to isolate away from the positive family members, students will need to isolate with the positive person for 10 days then begin the desired quarantine on day 11. This usually applies to our little ones. Older children can often isolate away from positive family members and would just need to quarantine. This decision will be discussed with each individual family by the Madison County Health Department.