

RAMS SOFTBALL

Due to a lack of players, Rockdale Softball will be unable to compete in games during the 2023-2024 season. However, we would like to keep our skills sharp and continue developing for next season. All 5th-8th grade girls are welcome to join us for these two weeks of fundamental skills development, where we will teach you the basics of softball! Below is information for the skills program and a permission slip that will need to be completed by August 22, 2023.

If you have any questions or concerns, please contact
Coach Kirk via email: hkirk@rockdale84.org.

Who?: 5th- 8th grade girls

When?: Practices will be held Monday-Thursday
from 4:00PM-5:15PM, starting Monday, August 21, 2023
through August 31, 2023

Where?: Rockdale Park (Grass field across from school on Connell)

What to wear: - T-shirt
- Athletic Shorts or Pants
- Athletic Shoes or Cleats

What to bring:

-12" Fastpitch Softball Glove - Mouth Guard
- Hat and/or sunglasses - Water - Sports Physical
-Optional items: helmet with face mask, ASA or ISA certified
fastpitch bat, sliding shorts, cleats with
plastic spikes

Please sign and return the permission slip below by August 22nd.

I give my daughter, _____, permission to join the
2022 Rockdale Girls Softball team.

Parent Signature: _____

Date: _____ Contact #: _____