

ROCKDALE RAMS SOFTBALL

Who?: 5th- 8th grade girls

When?: Practices will be held Monday-Thursday
from 8:00AM-9:30AM, starting Monday, July 31, 2023

Where?: CB Diamond (located at the corner of Meadow Ave. and
Brandon Rd.)

What to wear:

- T-shirt
- Athletic Shorts or Pants
- Athletic Shoes or Cleats

What to bring:

- 12" Fastpitch Softball Glove
- Mouth Guard
- Hat and/or sunglasses
- Water
- Sports Physical
- Optional items: helmet with face mask, ASA or ISA
certified fastpitch bat, sliding shorts,
cleats with plastic spikes

Players must be fully registered for school and have an updated sports physical order to start practicing.

Please sign and return the permission slip below by August 3rd.

If you have any questions or concerns, please contact
Coach Kirk via email: hkirk@rockdale84.org.

I give my daughter, _____, permission to join the
2022 Rockdale Girls Softball team.

Parent Signature: _____

Date: _____ Contact #: _____