Junior High Sports Regulations

- 1. All students who wish to participate in interscholastic athletics shall have physical examination prior to participating in the first practice session. A report of the examination shall be filed in the principal's office.
- 2. All regulations of the TMSAA shall be met.
- 3. The TMSAA "dead period" shall be observed by all Elementary or Middle School Sports. The "dead period" is defined as follows:
 - No coaching, observing, or contact between coach and players in sport involved. There is no practice, no open facilities, and no weight training/conditioning. In all sports, the week preceding the 4th of July week and the week of the 4h of July will be dead period. There can be no coaching, contact with, or observation by coaches with any players. All schools' indoor facilities must be closed.
- 4. The principal of each school shall set the time and date for beginning practice for athletic events.
- 5. Basketball shall be classified as a Fall Sport.
- 6. No school will be permitted to participate in more than two invitational basketball tournaments during any one school year, with the exception of a school receiving a bid to a state tournament.
- 7. Candidates for all interscholastic sports must have insurance or a signed statement from parents stating that they have sufficient personal insurance or accept full financial responsibility.
- 8. The head coach of all sports shall report accidents or injuries to the principal on a prescribed form.
- 9. Students participating in interscholastic athletics must demonstrate good school citizenship and achieve a passing grade during the preceding semester in at least three (3) subjects meeting five times per week, except physical education or band. If a school averages the first and second semester to determine credit for the entire year in a subject, the yearly grade may be used to determine eligibility for the fall semester.
- 10. Students will be eligible to participate in the fourth (4th) grade at K-8 elementary schools.
- 11. Students are able to participate in sports at the school they enroll in at the beginning of the school year.

- 12. For a student to transfer to another school and become eligible at that school, there must be a bona fide change of residence, closer to the new school, by said student's parents or guardian.
- 13. No student shall be eligible to compete in the Junior Division during any school year if the student becomes fifteen (15) years of age on or before August 1.
- 14. Any student that repeats any grade after having passed that grade or failing that grade shall not be eligible until they have reached the next higher grade.
- 15. There will be no Wednesday night games scheduled, with the exception of out-of-county tournaments.
- 16. There shall be a maximum of sixteen (16) baseball/softball regular season games per year, excluding tournament games.
- 17. If the school is not in session or is dismissed early due to snow or inclement weather, all scheduled elementary activities in which students are involved will be postponed or cancelled. Out-of-county tournaments and other activities will be at the discretion of the principal.
- 18. Junior High basketball coaches will meet on or before April 15th of each school year for scheduling the upcoming season.