



Return to School Plan  
Health Services  
2021-2022

## IDPH Guidance

District 114 will be following the Illinois Department of Public Health (IDPH) guidelines, along with the Centers for Disease Control. Because this is a fluid and ever-changing situation, guidance will be updated appropriately based upon IDPH recommendations.

**According to the IDPH, we are required to “send home or deny entry if ANY of the following symptoms are present: fever (100.4°F or higher), new onset of moderate to severe headache, shortness of breath, new cough, sore throat, vomiting, diarrhea, new loss of sense of taste or smell, fatigue from unknown cause, muscle or body aches from unknown cause.”**

If a student is sent home with one or more symptoms of Covid, other siblings in the district may remain in school as long as the sick student receives a negative covid PCR test within 24 hr .

## Masks

- Have two or more layers of washable, breathable fabric
- Completely cover your nose and mouth
- Fit snugly against the sides of your face and don't have gaps
- A gaiter with two layers, or fold it to make two layers may be worn

### Do NOT wear

- Masks with exhalation valves or vents
- Single layer or masks made of thin fabric that don't block light

## Absence Reporting

If your child is unable to come to school, please call the school office. Please provide a clear description of the reason for your child's absence, especially if it may be Covid-related.

- **Any absence related to Covid-19 symptoms will require students to remain home for 48 hours with the last 24 hours being fever and symptom free without medication.**
- **In addition, if a student has Covid-related symptoms and does not come to school, his/her sibling(s) MUST also stay home.**
- **If one of the household members is being evaluated for COVID-19, the rest of the household MUST remain home until an alternative diagnosis is made or a negative test result is received.**

## Emergency Contact Information

If your child develops COVID-like symptoms at school, it is imperative that they be picked up in a timely manner so as to limit the exposure to others. It is very important that you keep your contact information updated in PowerSchool. If your child becomes ill, we will call the first and second numbers on your list. Please provide us with at least one alternate individual that can pick up your child should you be unable to come to school **within 30 minutes**. If there are concerns about your child's health and safety and we are unable to reach you, we will enlist the assistance of emergency personnel.

## Close Contacts

- Any vaccinated person will not be required to quarantine if identified as a close contact. It is recommended to obtain a PCR test on day 3-5 of exposure to positive case and continue to monitor for symptoms.
- **With consistent masking**, close contacts will include those less than 3 feet apart of the positive case for a cumulative total of 15 minutes or more over a 24-hour period.
- **Without consistent masking**, close contacts will include those who were within 6 feet of the positive case for a cumulative total of 15 minutes or more over a 24-hour period.
- Individuals who are solely exposed to a confirmed case while outdoors are not considered close contacts.
- Persons who have had lab-confirmed COVID-19 within the past 90 days are not required to quarantine if identified as a close contact to a confirmed case.

## Quarantine Guidance

The Following options are available for unvaccinated students to return to school from quarantine after an exposure:

- Option 1: Quarantine for 14 calendar days. Date of last exposure is considered day 0.
- Option 2: Quarantine for 10 calendar days after the close contact's last exposure to the COVID-19 case. Date of last exposure is considered day 0. SARS-CoV-2 PCR testing is recommended and may be required by the local health department.
- Option 3: Quarantine for 7 calendar days after the last exposure if:
  - The individual has a negative SARS-CoV-2 diagnostic test (PCR) that was collected starting on day 6 or after exposure.
  - The individual can maintain physical distancing and masking at all times when returning to school.

Regardless of when an individual ends quarantine, daily symptom monitoring should continue through calendar day 14 after the exposure. Individuals should continue to adhere to recommended mitigation strategies, including proper and consistent mask use, physical distancing, hand hygiene, cough hygiene, environmental cleaning and disinfection, avoiding crowds and sick people, and ensuring adequate indoor ventilation. If any symptoms develop during or after ending quarantine, the individual should immediately self-isolate and contact their local health department or healthcare provider to report their symptoms. The health department can provide guidance on how to safely quarantine and isolate within the household.

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