



St. Louis Language Immersion

August
2021

Grab 'n Go Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23 Vanilla Yogurt Graham Crackers Vegetable Selection Fruit Selection 1% Milk	24 WG Chocolate Donut Vegetable Selection Apple Juice 1% Milk	25 Plain Bagel Cream Cheese Vegetable Selection Fresh Fruit 1% Milk	26 Blueberry Muffin Cheese Stick Vegetable Selection Orange Juice 1% Milk	27 Mini-Cinnis Vegetable Selection Fresh Fruit 1% Milk
30 Strawberry Cream Cheese Filled Bagel Vegetable Selection Canned Fruit 1% Milk	31 Cinnamon Roll Vegetable Selection Apple Juice 1% Milk	1		

PRICES
 All student meals are FREE!

EXTRA INFO
 Milk (1% and Skim White & Skim Chocolate) available daily
 Assorted fresh and canned fruits available daily



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 Taher Food4Life®

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St. Louis Language Immersion School

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Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23 Hamburger on a Bun Steamed Corn Celery Sticks Assorted Fruit	24 BBQ Chicken Sandwich Steamed Carrots Steamed Broccoli Assorted Fruit	25 Soft Beef Tacos Refried Beans Salsa Assorted Fruit	26 Beef Hotdog on a Bun Romaine Lettuce Cucumber Slices Canned Fruit	27 Crispy Chicken Tenders Whole Grain Dinner Roll Green Beans Red Peppers Assorted Fruit Minted Fruit Salad
30 Corn Dog Steamed Corn Caesar Side Salad Assorted Fruit	31 Sloppy Joe on a Bun Baked Beans Broccoli Florets Assorted Fruit	1		

<p>PRICES</p> <p>All student meals are FREE!</p>	<p>EXTRA INFO</p> <p>1% Milk, Skim Milk and Chocolate Skim Milk available daily. A selection of fresh and canned fruits are available daily</p>	<p>HARVEST OF THE MONTH</p>	<p>Your MENUS plus more information on our app Taher Food4Life®</p> <p>www.taher.com</p>
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St. Louis Language Immersion

September
2021

Breakfast Menu

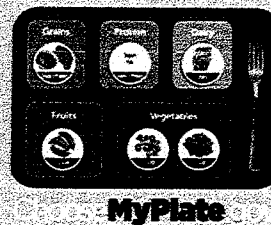
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Mini Donut Cheese Stick Vegetable Selection Fresh Fruit Bar 1% Milk Vanilla Yogurt	2 Blueberry Muffin Cheese Stick Vegetable Selection Orange Juice 1% Milk	3 Strawberry Cream Cheese Filled Bagel Vegetable Selection Fruit Selection 1% Milk
6 NO SCHOOL	7 Plain Bagel Cream Cheese Vegetable Selection Fresh Fruit Bar 1% Milk	8 Peach Yogurt Graham Crackers Vegetable Selection Fresh Fruit Bar 1% Milk	9 Choice of Cereal Graham Crackers Vegetable Selection Apple Juice 1% Milk	10 Banana Muffin Cheese Stick Vegetable Selection Fresh Fruit Bar 1% Milk
13 Strawberry Yogurt Graham Crackers Vegetable Selection Fresh Fruit Bar 1% Milk	14 Chocolate Frosted Long John Vegetable Selection Orange Juice 1% Milk	15 Plain Bagel Cream Cheese Vegetable Selection Fresh Fruit 1% Milk	16 Blueberry Muffin Cheese Stick Vegetable Selection Orange Juice 1% Milk	17 Mini-Cinnis Vegetable Selection Fresh Fruit 1% Milk
20 Strawberry Cream Cheese Filled Bagel Vegetable Selection Canned Fruit 1% Milk	21 Mini-Cinnis Vegetable Selection Apple Juice 1% Milk	22 Mini Donut Cheese Stick Vegetable Selection Fresh Fruit 1% Milk	23 Blueberry Muffin Cheese Stick Vegetable Selection Orange Juice 1% Milk	24 Plain Bagel Cream Cheese Vegetable Selection Fresh Fruit 1% Milk
27 Choice of Cereal Graham Crackers Vegetable Selection Fresh Fruit Bar 1% Milk	28 Cherry Vanilla Yogurt Graham Crackers Vegetable Selection Apple Juice 1% Milk	29 Chocolate Frosted Long John Vegetable Selection Fresh Fruit Bar 1% Milk	30 Plain Bagel Cream Cheese Vegetable Selection Orange Juice 1% Milk	1

INFORMATION

EXTRA INFO

Milk (1% and Skim White & Skim Chocolate)
available daily
Assorted fresh and canned fruits available daily

HARVEST OF



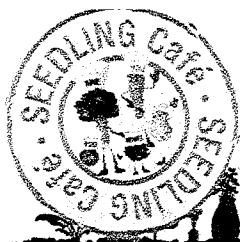
THE MONTH

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Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Crispy Chicken Sandwich Romaine Lettuce Red Peppers	2 Chicken Bites with Sweet and Sour Sauce Brown Rice Steamed Carrots Celery Sticks	3 Cheeseburger on Bun Golden French Fries Green Beans
6 NO SCHOOL	7 Beef Hotdog on a Bun Baked Beans Celery Sticks	8 Crispy Chicken Nuggets Whole Grain Dinner Roll Golden French Fries Broccoli Raisin Salad	9 Hamburger on a Bun Roasted Cauliflower Romaine Lettuce Cherry Tomato	10 Cheese Personal Pizza Steamed Green Beans Red Peppers
13 Hamburger on a Bun Golden French Fries Baby Carrots	14 Cheese Bosco Stick Marinara Sauce Steamed Broccoli	15 BBQ Chicken Sandwich Baked Beans Cherry Tomato	16 Crispy Chicken Tenders Steamed Corn Baby Carrots Chocolate Beet Cake	17 Pizza Parlor Pizza Roasted Cauliflower Celery Sticks
20 Corn Dog Steamed Green Beans Celery Sticks	21 Sloppy Joe on a Bun Refried Beans Romaine Lettuce	22 Meatballs and Gravy Whole Grain Dinner Roll Mashed Potatoes Steamed Corn	23 Beef Hotdog on a Bun Steamed Carrots Cucumber Slices	24 French Bread Pizza Steamed Broccoli Red Peppers
27 Crispy Chicken Patty Roasted Cauliflower Romaine Lettuce	28 Pasta with Meat Sauce Whole Grain Dinner Roll Green Beans Romaine Lettuce	29 Crispy Chicken Nuggets Whole Grain Dinner Roll Steamed Corn Cucumber Slices	30 Beefy Nachos w/Homemade Cheese Sauce Spicy Pinto Beans Salsa	1

PRICES

EXTRA INFO

1% Milk (white) and Skim Milk (white & chocolate) available daily
 A variety of fresh and canned fruits available daily

HARVEST OF



THE MONTH

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