

### What is the Greyhound Intramural Sports Program?

The Lebanon Community Unit School District believes that participation in organized competitive sports will reward your student(s) with character, and a work ethic that will be valuable to them on and off the field of play for the rest of their lives. The Greyhound Intramural Sports Program is designed for the maintenance of a proud tradition of student-athletes who demonstrate good academics, sportsmanship, self-discipline, responsibility, character, commitment, fairness, and respect.

The Greyhound Intramural Sports Program is an extension of our district's physical education instructional program, including the development of movement skills, health-related fitness, and personal and social responsibility, conducted before and/or after school among students in the same school. Our program will provide students with a variety of sports offerings that will be designed to accommodate differing levels of need, skill, readiness, and interests, while at the same time, helping to prepare our students for participation in SIJHSAA and IHSA sports programs offered to students..

The primary objectives for participants in Greyhound Intramurals are enjoyment and development of skills. Such an environment will enable students to extend learning of the benefits of movement, develop positive attitudes, increase confidence and self-esteem, enjoy positive social interactions, and broaden their interest in fitness and athletic events.

# What are the requirements for participation?

All students must meet the following requirements to be eligible to participate:

- 1. Be enrolled at LCUSD 9.
- 2. Pay the activity fee of \$25.00
- 3. Fill out the necessary registration information
- 4. Meet student guidelines for participation
- 5. Students who are enrolled in physical education must actively participate in class; otherwise, they cannot participate in intramurals on that day.
- 6. Students who are medically excused are not eligible to participate in intramural activities.

### Who can participate?

Greyhound Intramurals are offered to 1st - 4th grade students, as we currently offer participation in SIJHSAA and IHSA athletic programs from grades 5-12. Practices will be Tuesday and Thursday from school dismissal until 4:15 PM, with an activity bus that will drop off students who are not picked up at school.

#### What Activities Are Offered?

Baseball/Softball
Track and Field
Basketball
Volleyball
Cheerleading
Soccer
Golf

There could be offerings added/removed due to student interest

# Can Parents Help With Our Program?

Yes! We are looking for coaches to help us run our sports offerings. If you are interested in helping with our program, please contact the Lebanon District Office via email at lhardy@lcusd9.org