

SEPTEMBER | 2021



Tinora Middle School

USDA is an equal opportunity provider and employer.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31 Chicken Nuggets BBQ Sauce Doritos Carrots & Dip Peaches</p>	<p>1 Hot Dog Chili Sauce French Fries Pineapple</p>	<p>2 Grilled Cheese Tomato Soup Crackers Mandarin Oranges</p>	<p>3 Choice of Pizza Romaine w/ dressing Sliced cucumbers Pears</p>
<p>6 NO SCHOOL LABOR DAY</p>	<p>7 French Toast w/ Syrup Sausage Carrots & Dip Juice Donut Holes K-6 Hash brown 7-12 Grilled Chicken Salad Meal</p>	<p>8 Hamburger Pickles French Fries Applesauce Fish Sandwich</p>	<p>9 Chicken & Noodles Mashed Potatoes Dinner Roll Fruited Jell-O Salisbury Steak</p>	<p>10 Pizza Sticks w/ Marinara Corn Peaches</p>
<p>13 Mini Corn Dogs Tater Tots Cherry Tomatoes Pineapple Garlic Toast Burrito</p>	<p>14 Chicken Strips BBQ sauce Green Beans Cauliflower w/ Dip Pears Popcorn Chicken Salad Meal</p>	<p>15 Submarine Sandwich Mayo French Fries Mixed Fruit BBQ Riblet Sandwich</p>	<p>16 Soft Taco Lettuce & Cheese Sour cream & Salsa Refried Beans Peaches Snack Fiestada</p>	<p>17 Homemade Cheese Pizza Peas Carrots & Dip Applesauce Snack</p>
<p>20 Popcorn Chicken BBQ Sauce Mashed Potatoes Garlic Toast Pears Pork Chop</p>	<p>21 Nachos w/ Cheese Steamed Carrots Pretzel Celery w/ PB cup Applesauce Grilled Chicken Salad Meal</p>	<p>22 BBQ Pulled Pork Sandwich French Fries Orange Wedges Spicy Chicken Sandwich</p>	<p>23 Spaghetti w/ Meat Sauce Breadstick Romaine w/ dressing Pineapple Ice cream Calzone</p>	<p>24 Choice of Pizza Steamed Broccoli 3-bean salad Banana</p>
<p>27 Chicken Nuggets BBQ Sauce Baked Beans Cherry Tomatoes Mandarin Oranges Snack Chimichanga w/ Queso</p>	<p>28 Hot Dog Chili Sauce Corn Carrots & Dip Peaches Popcorn Chicken Salad Meal</p>	<p>29 Hamburger Pickles French Fries Pineapple Hot Chicken Sandwich</p>	<p>30 Grilled Cheese Tomato Soup Crackers Pears Pizza Burger</p>	<p>1</p>

News

Choice of Milk:
Chocolate
Strawberry
White
Skim

Breakfast
Adult 2.25
K-12 1.80
Reduced 0.30
Milk 0.60

Lunch
Adult 3.90
Student 3.00
Reduced 0.40
Milk 0.60

Daily Ala Carte options:
PB & J
Muffins
Salads
Cookies
Chips
Ice cream treats
Gatorade
ICE drinks
Apple juice
Propel
Water

Menu subject to change