

# *Geneseo Central School Interscholastic Athletics*

*September, 2020*

A  
C  
H  
I  
E  
V  
I  
N  
G

S  
U  
C  
C  
E  
S

STRIVING FOR EXCELLENCE



## Table of Contents

<b><i>Business Affirmation.....</i></b>	<b><i>6</i></b>
<b><i>Letter from the Superintendent of Schools .....</i></b>	<b><i>7</i></b>
<b><i>Sports Classifications .....</i></b>	<b><i>8</i></b>
o Lower risk .....	8
o Moderate risk .....	8
o Higher risk .....	9
<b><i>Interscholastic Athletics Dates .....</i></b>	<b><i>10</i></b>
<b>Fall Sports .....</b>	<b>10</b>
<b>Winter Sports .....</b>	<b>10</b>
<b>Fall Sports Season II.....</b>	<b>10</b>
<b>Spring Sports.....</b>	<b>11</b>
<b><i>Communication.....</i></b>	<b><i>11</i></b>
<b>Communications Plan.....</b>	<b>11</b>
<b>Chain of Command.....</b>	<b>12</b>
<b>Interscholastic Athletics Contacts .....</b>	<b>12</b>
<b>Geneseo Central School District Contacts.....</b>	<b>12</b>
Interscholastic Athletics .....	12
Facilities.....	13
School Nurse .....	13
Academics.....	13
<b>Event Supervisor Responsibilities .....</b>	<b>13</b>
<b><i>Health and Safety.....</i></b>	<b><i>13</i></b>
<b>Screenings.....</b>	<b>13</b>
<b>Healthy Hygiene Practices .....</b>	<b>14</b>
<b>Hand Hygiene .....</b>	<b>15</b>
<b>Physical Distancing.....</b>	<b>15</b>
Example of bench area .....	16
<b>Personal Protective Equipment (PPE) .....</b>	<b>17</b>
<b>Cloth face covering .....</b>	<b>17</b>
<b>Contact Tracing.....</b>	<b>17</b>

<b>Cleaning and Disinfection .....</b>	<b>17</b>
Procedures.....	17
Suggested Cleanliness and Disinfection Standards.....	20
<b>Concessions/Meal Stops .....</b>	<b>22</b>
<b><i>Facilities .....</i></b>	<b>23</b>
<b>Athletic Complex .....</b>	<b>23</b>
<b>Fitness Center.....</b>	<b>23</b>
<b>Locker Rooms.....</b>	<b>24</b>
<b>Gymnasiums .....</b>	<b>24</b>
<b>Natatorium .....</b>	<b>25</b>
<b><i>Transportation .....</i></b>	<b>25</b>
<b>The School Bus .....</b>	<b>25</b>
Density Reduction, Physical Distancing, Bus Capacity .....	25
Cleaning and Disinfecting.....	26
<b>School Bus Staff.....</b>	<b>26</b>
Roles and Responsibilities .....	26
<b>Individuals on Transportation .....</b>	<b>27</b>
Loading/Unloading & Pickup/Drop-off .....	27
<b>Protocols Once Students Disembark from Transportation .....</b>	<b>27</b>
<b>Interscholastic Athletics Transportation Routing .....</b>	<b>27</b>
<b><i>Sport-Specific Considerations.....</i></b>	<b>27</b>
<b>Soccer .....</b>	<b>27</b>
General Considerations .....	27
Pre and Post Match Ceremony .....	28
Soccer Rules Interpretations .....	28
Considerations for Officials .....	29
Considerations for Coaches.....	29
Considerations for Students .....	29
Considerations for Parents/Guardians .....	29
<b>Cross Country .....</b>	<b>29</b>
General Considerations .....	29
Pre and Post Match Ceremony .....	30
Considerations for Officials .....	30
Considerations for Coaches.....	30
Considerations for Students .....	30
Considerations for Parents/Guardians .....	30

<b>Swimming and Diving.....</b>	<b>31</b>
General Considerations .....	31
Rule Considerations .....	32
Considerations for Officials .....	32
Considerations for Coaches.....	33
Considerations for Students .....	33
Considerations for Parents .....	33
<b>Basketball .....</b>	<b>33</b>
General Considerations .....	33
Considerations for Officials: .....	34
Considerations for Coaches: .....	34
Considerations for Students: .....	34
Considerations for Parents: .....	34
<b>Competitive Cheerleading .....</b>	<b>35</b>
General Considerations .....	35
Considerations for Judges: .....	35
Considerations for Coaches: .....	35
Considerations for Students: .....	35
Considerations for Parents: .....	35
<b>Ice Hockey .....</b>	<b>36</b>
General Considerations: .....	36
Considerations for Officials: .....	36
Considerations for Coaches: .....	36
Considerations for Students: .....	37
Considerations for Parents: .....	37
<b>Skiing.....</b>	<b>37</b>
General Considerations for both Alpine and Nordic: .....	37
Considerations for Coaches: .....	37
Considerations for Students: .....	38
Considerations for Parents: .....	38
<b>Volleyball.....</b>	<b>38</b>
General Considerations: .....	38
Considerations for Officials: .....	38
Considerations for Coaches: .....	39
Considerations for Students: .....	39
Considerations for Parents: .....	39
<b>Wrestling .....</b>	<b>39</b>
General Considerations: .....	39
Considerations for Officials: .....	40
Considerations for Coaches: .....	40
Considerations for Students: .....	40
Considerations for Parents: .....	40

<b>Football .....</b>	<b>41</b>
<b>General Considerations .....</b>	<b>41</b>
Considerations for Officials: .....	41
Considerations for Coaches: .....	42
Considerations for Students: .....	42
Considerations for Parents: .....	42
<b>Baseball .....</b>	<b>42</b>
General Considerations: .....	42
Considerations for Umpires: .....	43
Considerations for Coaches: .....	43
Considerations for Students: .....	43
Considerations for Parents: .....	43
<b>Golf.....</b>	<b>43</b>
General Considerations: .....	44
Considerations for Coaches: .....	44
Considerations for Students: .....	44
Considerations for Parents: .....	44
<b>Softball .....</b>	<b>44</b>
General Considerations: .....	45
Considerations for Umpires: .....	45
Considerations for Coaches: .....	45
Considerations for Students: .....	45
Considerations for Parents: .....	46
<b>Track and Field (Outdoor) .....</b>	<b>46</b>
Rule Changes: .....	46
Considerations for Officials: .....	47
Considerations for Coaches: .....	47
Considerations for Parents: .....	47
Virtual Outdoor Track and Field Competition .....	47
<b>All Other Sports .....</b>	<b>48</b>
<b><i>Athletic Placement Process (APP) .....</i></b>	<b><i>48</i></b>



## Business Affirmation

We have received your reopening affirmation on 01/26/2021 at 10:43 am.

Print or take a screenshot of this page for your records.

Your next step is to create and post your NY Forward Business Safety Plan.

### Download the NY Forward Business Safety Plan Template

I am the owner or agent of the business listed. I have reviewed the New York State interim guidance for business re-opening activities and operations during the COVID-19 public health emergency and I affirm that I have read and understand my obligation to operate in accordance with such guidance.

### Geneseo Central School District

Schools: Pre-K to Grade 12

Craig Veley

(585) 243-3450, [craigveley@geneseocsd.org](mailto:craigveley@geneseocsd.org)

4050 Avon Road

Geneseo, NY 14454

Livingston County

## Letter from the Superintendent of Schools

September 2020

Geneseo Central School District Family Members,

As we move forward with the successful reopening of Geneseo Central School, it is important that we provide extracurricular opportunities for our students. We have been given guidance by NYSPHSAA, New York State Public High School Athletic Association, and have been granted permission by Governor Cuomo to begin to phase-in interscholastic athletics, starting with B/G Soccer and B/G Cross Country. The District will continue to prioritize the health and safety of its student-athletes, coaches and approved visitors as sports resume.

The protocols contained within the *Reopening the Geneseo Central School District* document remain as the District's framework for operations. This Interscholastic Athletics document should be viewed as an appendix to the District's reopening plan.

The intended outcome of this document is to restore opportunities for student-athletes to participate in athletics safely and without jeopardizing their health. Participation in interscholastic athletics is a privilege. Geneseo believes athletes grow mentally, physically, and socially through their involvement in sports. Hopefully, this growth will result in a healthy lifestyle, which will be prevalent throughout their lives.

Sincerely,

Cindy Flowers  
Superintendent of Schools

## Sports Classifications

The ability to participate in sports and recreation activities is determined by a combination of the risk for COVID-19 transmission (1) inherent in the sport or recreation activity itself and (2) associated with the “type of play” (e.g. individual practice vs. game).

- Sports and recreation activities are categorized as “lower risk,” “moderate risk,” and “higher risk.”
  - o **Lower risk** sports and recreation activities are characterized by:
    - Greatest ability to maintain physical distance and/or be performed individually;
    - Greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all; and
    - Examples of lower risk sports and recreation activities include:
      - individual running,
      - batting cages,
      - hunting/shooting/archery,
      - golf,
      - mini-golf,
      - non-motorized boating, such as row boats, kayaks, canoes,
      - singles tennis,
      - rock climbing,
      - individual swimming,
      - individual crew,
      - cross country running,
      - horse events and competition,
      - toss/bowl games, such as horseshoes, bocce, bean bag toss,
      - flying disc games, such as disc golf, frisbee,
      - rope courses,
      - bowling, and
      - other sports and recreation activities with similar abilities to maintain physical distance and/or limit exposure to shared equipment prior to such equipment being cleaned and disinfected.
  - o **Moderate risk** sports and recreation activities are characterized by:
    - Limited ability to maintain physical distance and/or be done individually;
    - Limited ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all; and
    - Examples of moderate risk sports and recreation activities include:
      - baseball,



- softball,
  - doubles tennis,
  - racket games, such as badminton, racquetball,
  - water polo,
  - gymnastics,
  - field hockey,
  - non-contact lacrosse,
  - flag football,
  - swimming relays,
  - soccer,
  - crew with two or more rowers in shell,
  - rafting,
  - BMX bike racing,
  - paintball, and
  - other sports and recreation activities with similar abilities to maintain physical distance and/or limit exposure to shared equipment prior to such equipment being cleaned and disinfected.
- Higher risk sports and recreation activities are characterized by:
    - Least ability to maintain physical distance and/or be done individually;
    - Least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all; and
    - Examples of higher risk sports activities include:
      - football,
      - wrestling,
      - ice hockey,
      - rugby,
      - basketball,
      - contact lacrosse,
      - volleyball,
      - martial arts,
      - competitive cheer & group dance, and
      - other sports and recreation activities with similar abilities to maintain physical distance and/or limit exposure to shared equipment prior to such equipment being cleaned and disinfected.

On August 24, 2020, Governor Andrew Cuomo announced lower-risk sports, like tennis, soccer, cross country, field hockey and swimming, in all regions may practice and play beginning September 21, 2020.

## Interscholastic Athletics Dates

### Fall Sports (September 21<sup>st</sup> – TBD)

- Sections determine Fall sports end date; cannot exceed 15 weeks
- Approved by NYSPHSAA officers (07-16-20), no Regional/State championships
- Approved by NYSPHSAA officers (08-25-20), practice requirements – 10 practices for all Fall sports; 12 for Football & Gymnastics; training for Golf
- Low & moderate risk sports (Cross Country, Field Hockey, Golf, Gymnastics, Soccer, Girls Swimming & Diving, Girls Tennis)
  - o May practice
  - o Approved by NYSPHSAA officers (08-25-20) in accordance with approved NYSPHSAA rules, teams must play games within their section or league until October 19<sup>th</sup>; games may be played beyond a school's section or league after October 19<sup>th</sup>
- Approved by NYSPHSAA officers (07-16-20) in accordance with approved NYSPHSAA rules, seven (7) consecutive day rule waived starting on October 12<sup>th</sup>
- Game/Contest limits – no change
- Modified/Junior Varsity – individual school district decision

### Winter Sports

- Low/ Moderate-risk revised start date of Monday, November 30<sup>th</sup> approved by NYSPHSAA Officers (9-9-20). Sections have the authority to determine a later start date.
- High-risk sports are permitted to begin on February 1<sup>st</sup> only as permitted by the respective local health authorities (i.e., county health departments).
- Sections determine Winter sports end date; cannot exceed 22 weeks.
- No Regional/ State Championships, approved by NYSPHSAA officers (12-10-20).
- Seven Consecutive Day Rule will be waived for entire winter season, approved by NYSPHSAA officers (1-24-21).

### Fall Sports Season II

- Low/Moderate sports start date of March 1, 2021, approved by NYSPHSAA Officers (9-9-20).
- High-risk sports are permitted to begin on March 1, 2021 only as permitted by the respective local health authorities (i.e., county health departments).
- Sections determine Fall Season II end date; recommended end date May 1<sup>st</sup>.
- Sections have the ability to move other sports to Fall Season II in addition to Fall Competitive Cheer, Football, and Volleyball.
- Practice requirements for Fall Season II are 6 for all sports, except for Football which will require 10, approved by NYSPHSAA officers (9-9-20).
- Seven Consecutive Day Rule has been waived for entire Fall Season II, approved by NYSPHSAA officers (9-9-20).
- Game/ Contest limits – no change.
- No Regional/ State Championships, approved by NYSPHSAA officers (7-16-20).

## Spring Sports

- Low/ Moderate spring sports start date is scheduled for April 19, 2021 (9-9-20).
- High-risk sports are permitted to begin on April 19, 2021 only as permitted by the respective local health authorities (i.e., county health departments).
- Sections determine Spring sports end date.
  - o NYSPHSAA staff will work with NYSED pertaining to the impact of the Regents exams upon the spring interscholastic athletic season.
- Fall Season II athletes may carryover three practices for all sports, except for Baseball which may carry over four practices, approved by NYSPHSAA officers (9-9-20).
- State Championships remain scheduled at this time.
- Seven Consecutive Day Rule has been waived for the Spring season, approved by NYSPHSAA officers (1-24-21).

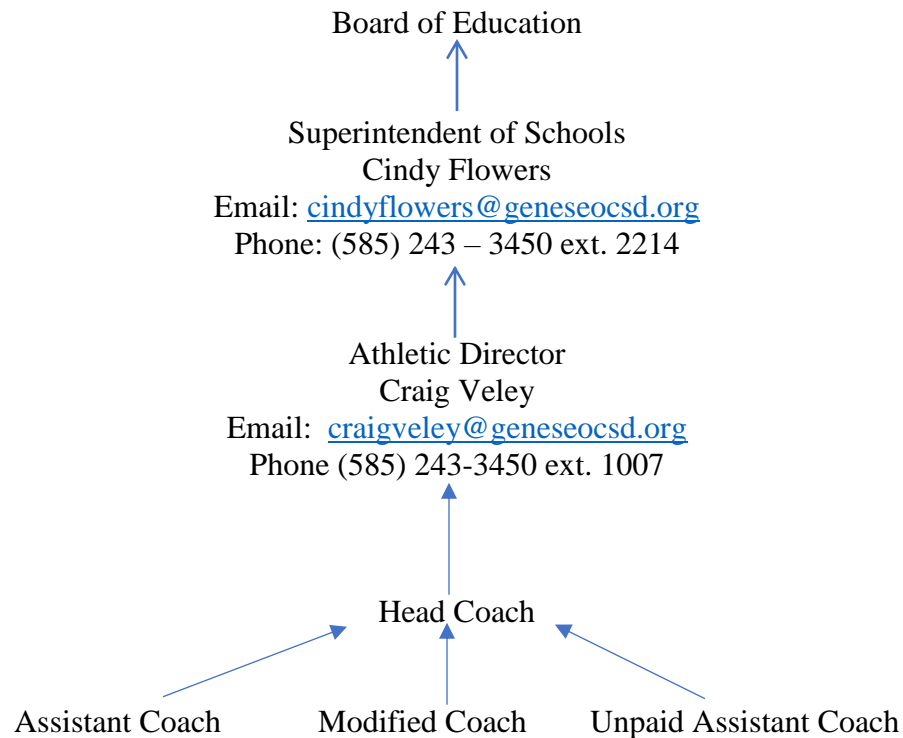
## Communication

### Communications Plan

The District will utilize a multi-prong approach to communicate matters of importance to its students, parents/guardians, staff and approved visitors.

- District Webpage – <https://www.geneseocsd.org/>
  - o Interscholastic Athletics Page - <https://www.geneseocsd.org/domain/33>
- Facebook Page - <https://www.facebook.com/Official-Geneseo-Central-218425314837262/?fref=ts>
- Twitter - <https://twitter.com/GeneseoCSD>
- Blackboard Connect automatic call, email and text system.
- Signage will be posted in conspicuous areas to promote best practices and the safety of building inhabitants. The District will utilize print signage from the Centers for Disease Control (CDC) - <https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc>.
- Interpretation services will be utilized to translate District correspondences to the following languages: Spanish, Mandarin, and Nepali.

## Chain of Command



## Interscholastic Athletics Contacts

Dr. Robert Zayas  
NYSPHSAA Executive Director  
Email: [rzayas@nysphsaa.org](mailto:rzayas@nysphsaa.org)  
Phone: (518) 690 – 0771 ext. 306

Kathy Hoyt  
Section V Executive Director  
Email: [kathy.hoyt@wflboces.org](mailto:kathy.hoyt@wflboces.org)  
Phone: (315) 332 – 7324

Mark Sanderson  
LCAA President  
Email: [msanderson@letchworth.k12.ny.us](mailto:msanderson@letchworth.k12.ny.us)  
Phone: (585) 493 - 5999

## Geneseo Central School District Contacts

### Interscholastic Athletics

Craig Veley  
Director of Athletics/MS-HS Assistant Principal  
Email: [craigveley@geneseocsd.org](mailto:craigveley@geneseocsd.org)  
Phone: (585) 243 – 3450 ext. 1007

## Facilities

Ken Forrester  
Business Administrator  
Email: [kenforrester@geneseocsd.org](mailto:kenforrester@geneseocsd.org)  
Phone: (585) 243 – 3450 ext. 2219

Steve Clark  
Groundskeeper  
Email: [steveclark@geneseocsd.org](mailto:steveclark@geneseocsd.org)  
Phone: (585) 243 – 3450 ext. 4175

## School Nurse

Heidi Mueller  
Middle/High School Nurse  
Email: [heidimueller@geneseocsd.org](mailto:heidimueller@geneseocsd.org)  
Phone: (585) 243 – 3450 ext. 2226

## Academics

Michael Salatel  
Middle/High School Principal  
Email: [mikesalatel@geneseocsd.org](mailto:mikesalatel@geneseocsd.org)  
Phone: (585) 243 – 3450 ext. 1007

## Event Supervisor Responsibilities

- Wear appropriate attire signifying supervisory status (i.e. School Attire or Supervisor Jacket).
- Coordinate pre-event parking when necessary.
- Monitor spectators from appropriate vantage points at the interscholastic athletics contest.
- Ensure appropriate fan behavior. The following are unacceptable behaviors.
  - o Unsportsmanlike conduct
  - o Foul language
  - o Taunting
  - o Possession of food or beverage in spectator areas (i.e. Bleachers).
  - o Other concerns that directly violate the Geneseo Central School District Code of Conduct.
- Maintain spectator safety at all times.
- Ensure all individuals are wearing face coverings.
- Ensure individuals are remaining physically distanced to the greatest extent practicable.
- Contact Director of Athletics if a spectator refuses to comply with supervisor's requests.
- Facilitate entrance and egress in one (1) direction to reduce density.
- Remain in the supervisory position until all spectators have exited the facility.
- Return supervisor attire.

## Health and Safety

### Screenings

Daily temperature checks are required for staff, students and officials. Temperature checks will be performed prior to staff, students and approved visitors entering District facilities or District transportation to the greatest extent practicable.

- Staff, students and approved visitors are strongly encouraged to complete temperature screenings at home.

- Individuals who are unable to complete temperature screenings at home must participate in screenings prior to entering District facilities or District transportation.
- Trained staff conducting temperature screenings will:
  - Utilize no-touch, infrared thermometers;
  - Wear a face covering;
  - Wear gloves; and
  - Perform a visual inspection of an individual prior to conducting a temperature screening.
- Individuals will maintain physical distance while waiting for their temperature screening.
- Teams and individuals visiting the Geneseo Central School District attest they HAVE NOT:
  - Knowingly been in close or proximate contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19.
  - Visited an area identified on New York State's travel advisory list in the past 14 days. Restricted states/territories may be found at: <https://coronavirus.health.ny.gov/covid-19-travel-advisory>.
  - Tested positive for COVID-19 in the past 14 days.
  - Experienced any of the following COVID-19 symptoms in the past 14 days. Fever or chills (100° or greater); Cough; Shortness of breath or difficulty breathing; Fatigue; Muscle or body aches; Headache; New loss of taste or smell; Sore throat; Congestion or runny nose; Nausea or vomiting; and/or Diarrhea

### Healthy Hygiene Practices

- Conspicuous signage will be placed in the following areas:
 

<ul style="list-style-type: none"> <li>○ Entrances</li> <li>○ Restrooms</li> <li>○ Cafeterias</li> <li>○ Classrooms</li> <li>○ Gymnasiums</li> <li>○ Offices</li> </ul>	<ul style="list-style-type: none"> <li>○ Auditoriums</li> <li>○ Interscholastic Athletics Fields</li> <li>○ Operations and Maintenance Spaces</li> </ul>
---	--
- Signage will be posted on the following topics:
  - Wash Your Hands - <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
  - Stop the Spread of Germs - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
  - Symptoms of Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
  - Please Wear a Cloth Face Covering - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-covering-building-entrance.pdf>
  - Protect Yourself and Others from COVID-19 - [https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young\\_Mitigation\\_recommendations\\_and\\_resources\\_toolkit\\_01.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf)
  - Cover Coughs and Sneezes - [https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough\\_poster.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough_poster.pdf)

## Hand Hygiene

Students, staff and approved visitors will practice good hand hygiene to reduce the spread of COVID-19. Hand washing stations are located:

- Inside and outside restrooms
- Inside some classrooms
- Inside health offices
- Inside operations and maintenance areas
- Inside food service areas

Soap dispensers, hand sanitizer and paper towels are provided at each station. All air dryers have been decommissioned. Paper towel dispensers have been placed next to all handwashing stations.

Students, staff and approved visitors will wash their hands:

- Before and after interscholastic athletics practices and contests.
- Before eating food.
- After using the restroom.
- After blowing one's nose, coughing, or sneezing.
- After touching garbage.
- After having been in a public place and touched an item or surface that may be frequently touched by other people, such as door handles, railings, etc.

When washing hands, individuals will:

- Wet their hands with clean, running water and apply soap.
- Lather their hands by rubbing them together with the soap.
- Scrub their hands for at least 20 seconds.
- Rinse their hands well under clean, running water.
- Dry their hands using a clean towel.

Hand sanitizer will be provided at all entrances, handwashing stations, classrooms, large-occupancy spaces (Gymnasiums, Auditorium, etc.), cafeterias, bench areas and operations and maintenance areas.

## Physical Distancing

The District will adhere to maintaining six (6) feet of space between individuals and twelve (12) feet of space between individuals participating in heavy aerobic activity to the greatest extent practicable. In instances when physical distancing cannot be maintained, individuals will be required to utilize face coverings or protective barriers.

The District will implement the following methods, to the greatest extent practicable, to encourage physical distancing and reduce density:

- Develop multiple entrance points
- Reduce the use of locker storage areas
- Create directional traffic in all facilities

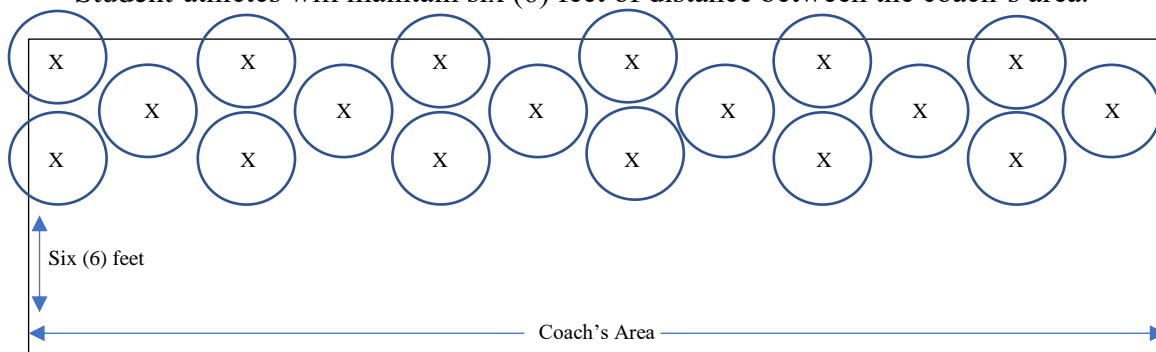
- Windows and doors will be opened to improve ventilation
- Limit the use of shared supplies
  - o Supplies will be sanitized and disinfected if they must be shared
- Utilization of outdoor and large alternate spaces (Gymnasiums, auditoriums, etc.) to maintain adequate distance between individuals
- Limit the number of individuals in smaller spaces
- Limit the number of activities where multiple groups interact (Playground, assemblies, etc.)
- Limit facility capacity to no more than fifty percent (50%) of the maximum occupancy for a particular area as set by the certificate of occupancy, inclusive of all individuals.
- Additional distancing will be ensured for individuals who are participating in activities requiring aerobic activity resulting in heavy breathing
- If hosting a post-season playoff contest, at which admissions must be collected, barriers will be placed on the admissions collection booth and the admissions collector will wear a face covering.

Interscholastic athletics coaches will design practices/contests to ensure the following:

- Hands are washed prior to practice.
- Student-athletes utilize separate entrance and egress points to ensure physical distancing and density reduction.
- Student-athletes personal effects will be distanced by six (6) feet.
- Bench areas will be set up as staggered individual seats. Seats will be distanced by six (6) feet.
- Ensure a distance of at least six feet is maintained among individuals at all times, whether indoor or outdoor, unless safety or the core activity (e.g. practicing, playing) requires a shorter distance. If a shorter distance is required, individuals must wear acceptable face coverings, unless players are unable to tolerate a face covering for the physical activity (e.g. practicing, playing); provided, however, that coaches, trainers, and other individuals who are not directly engaged in physical activity are required to wear a face covering.
- Activities promote physical distancing to the greatest extent practicable.
- Hands are washed at the conclusion of practice.
- District will provide face coverings if a student-athlete needs one.

Example of bench area:

- Each ○ represents a circle with a three (3) foot radius.
- Student-athletes will maintain six (6) feet of distance between the coach's area.





**In the event spectators are allowed** (Subject to the authorization of the Superintendent of Schools) to attend interscholastic athletics contests held in outdoor venues, event supervisors will ensure:

- There are only two (2) spectators per student-athlete to promote physical distancing and density reduction.
- Spectators will remain in the designated spectator area.
- Spaces will be marked where spectators may sit/stand.
- Spectators must maintain six (6) feet of distance between each other unless they are from the same household.
- All spectators will wear face coverings at all times.
- Spectators are prohibited from attending contests in indoor venues.

## Personal Protective Equipment (PPE)

### Cloth face covering

Students (non-athletes), staff and approved visitors will utilize face coverings **at all times**.

The District will allow individuals to wear their own face coverings as long as they cover individuals' chins and noses. The District will provide its student-athletes and coaches with face coverings if needed.

### Contact Tracing

Contact tracing is a public health function performed by local public health departments to trace all persons who had contact with a confirmed case of COVID-19. This allows public health officials to put in place isolation or other measures to limit the spread of the virus. The District will cooperate with state and local health department contact tracing. The District will assist the Department of Health in knowing who may have had contact at school with a confirmed case by:

- keeping accurate records of interscholastic athletics practices and contests;
- ensuring schedules are up to date; and
- Assist the Department of Health in tracing all contacts of the individual at school in accordance with the protocol, training, and tools provided through the New York State Contact Tracing Program.

Confidentiality will be maintained as required by federal and state laws and regulations. School staff will not determine who is to be excluded from school based on contact without guidance and direction from the Department of Health.

## Cleaning and Disinfection

### Procedures

The District will:

- Create and retain logs stating:

- Date
  - Time
  - Scope of cleaning and disinfection
- Schedule (at least daily) cleaning and disinfecting of touched surfaces during the regular school day. Cleaning and disinfecting will include frequently touched surfaces and shared objects between uses.
  - Sport Ball cleaning recommendations follow CDC, state, and local guidelines for health and safety. The following link provides common definitions for Sterilization, Disinfection, and Cleaning in Healthcare Facilities, but may be useful for one attempting to clean a ball (including; basketball, softball, football, soccer ball, volleyball, and baseball) with cover material made of leather, composite, or PU leather:
    - <https://www.cdc.gov/infectioncontrol/guidelines/disinfection/introduction.html>
  - To ensure applicable health and safety protocols, the user is responsible for determining the best method based on ball covering material, playing environment, and cleaning intervals.
    - Soap and Water Method
      - Dirt and debris can be removed by using a damp cloth with soap and water, using moderate pressure.
      - Be careful not to oversaturate the ball.
      - Allow to air dry.
    - Disinfecting Wipe Method
      - Limited disinfecting may be achieved by using a disinfecting wipe and moderate pressure to wipe the entire surface of the ball.
      - Be careful not to oversaturate the ball.
      - Allow to air dry.
  - Bleach and alcohol-based cleaning products will not be utilized, or excessively frequent cleanings, as those may degrade ball covering material and ball markings, and impact overall ball performance.
- Ensure safe and correct application of disinfectants ensuring adequate contact times.
- Keep products away from student-athletes.
- Ensure ventilation systems operate properly and increase circulation of outdoor air as much as possible by opening windows and doors, or other methods.
- Not open windows and doors if they pose a safety or health risk (e.g., allowing pollen in or exacerbating asthma symptoms) risk to children using the facility.
- Take steps to ensure all water systems and features (for example, drinking fountains, decorative fountains) are safe to use.
- Soft Surfaces - Clean the surface using soap and water or with cleaners appropriate for use on these surfaces.
- Electronics
  - Follow manufacturer's instructions for cleaning and disinfecting. If there are no instructions, use alcohol-based wipes or sprays containing at least 70% isopropyl alcohol. Dry surfaces thoroughly.

## *Cleaning/Disinfecting Procedure*

### Appropriate cleaners

- Surface cleaner
  - Spray bottle
  - Bucket
- Soap & water
  - Spray bottle
  - Bucket

### *Step 1. Clean*

- Wear disposable gloves or any other required PPE to clean and disinfect
- Clean surfaces using an appropriate cleaner making sure you produce friction on the surface
- Read all labels and follow instructions (PPE may be required)
- Cleaning reduces the number of germs, dirt and impurities on the surface. Friction action breaks biofilm on any virus allowing disinfectant to contact the area
- Change out cleaning cloths (microfiber) often or use disposable products
- Clean surfaces prior to disinfecting
- Practice routine cleaning of frequently-touched surfaces

### *Step 2. Disinfect*

- Disinfecting kills germs on surfaces
- Ensure the area or item is cleaned with a cleaning agent before disinfecting
- Then disinfectant can be used
- Take all precautions on the label such as PPE, and safe handling procedures
- Change out cleaning cloths (microfiber) often or use disposable products
- Use EPA-registered disinfectant. Follow the instructions on the label to ensure safe and effective use of the product. Many products recommend:
  - Keeping the surface wet for the entire contact/dwell time (see product label)
  - Precautions such as wearing gloves and making sure you have good ventilation during use of the product
- Diluted bleach solutions may also be used if appropriate for the surface
  - ½ cup bleach per gallon of water - highly concentrated solutions may result in adverse health effects, discoloration and residue
  - Bleach solutions should be made fresh and not kept for more than 24 hours
  - Check the label to see if your bleach is intended for disinfection, and ensure the product is not past its expiration date. Some bleaches, such as those designed for safe use on colored clothing or for whitening may not be suitable for disinfection
  - Unexpired bleach will be effective against coronaviruses when properly diluted. Follow manufacturer's instructions for application and proper ventilation
  - Never mix bleach with ammonia or any other cleanser
  - Leave solution on the surface for at least 1 minute

### *Laundrying*

Laundry items (if possible) according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely or disinfect with an EPA-registered disinfectant

- Washing face coverings in a washing machine and drying in a dryer is recommended to properly clean a face covering
- If masks are hand washed prepare a bleach solution of 4 teaspoons household bleach per quart of room temperature water. Soak the face covering for 5 minutes. Rinse the face covering thoroughly with cool water. Air dry, in direct sunlight, when possible. Wash hands for 30 seconds after washing the mask
- Face coverings must be completely dry before wearing
- Wear disposable gloves when handling dirty laundry from a person who is sick
- Dirty laundry from a person who is sick can be washed with other people's items
- Do not shake dirty laundry
- Clean and disinfect clothes hampers according to guidance above for surfaces
- Remove gloves and wash hands right away

### *Suggested Cleanliness and Disinfection Standards*

This section outlines the process and expectations following an extended school closure for the continued levels of cleanliness and disinfection required to meet federal and state mandates.

### *Restrooms and Locker Rooms*

- Clean and disinfect toilets, sinks and shower areas
- Clean and disinfect high touch surfaces (but not limited to):
  - o Drinking Fountains
  - o Door handles and push plates
  - o Light switches
  - o Handrails
- All trash receptacles emptied and trash removed from the room
- Floors full mopped
- Clean Doors and Partitions in Restrooms and Locker Rooms
- Walls are spot cleaned
- Check that toilets, faucets, and drains are working
- Check Sanitary Napkin Boxes
- Clean Exterior of Dispensers
- Make sure all windows are locked
- Restock all toilet paper and soap products
- Clean Baseboards - Weekly
- Clean Light Fixtures - Weekly
- Replace Lights (Notify Custodian or Maintenance)

### *Common Areas (Hallways)*

- Clean and disinfect high touch surfaces (but not limited to):
  - o Drinking Fountains
  - o Door handles and push plates
  - o Bathroom faucets

- Light switches
- Handrails
- Buttons on vending machines
- All trash receptacles emptied and trash removed
- Floors swept and dust mopped
- Floors spot mopped or full mopped
- Walls are spot cleaned, when soiled
- Carpets are spot cleaned
- Make sure all windows are locked
- Make sure all unoccupied classrooms are locked

### *Medical Office*

- Clean and disinfect health cots regularly (after each student use)
- Discard or launder coverings after each use
- Cover treatment tables and use pillow protectors
- Clean and disinfect high touch surfaces (but not limited to):
  - Classroom desks and chairs
  - Door handles and push plates
  - Bathroom faucets
  - Light switches
  - Shared telephones
  - Shared desktops
  - Shared computer keyboards and mice
- All trash receptacles emptied and trash removed from the room
- Floors swept and dust mopped
- Floors full mopped
- Wipe clean: Tables, furniture and counter tops
- Window in the door is cleaned at minimum once per week
- Walls are spot cleaned
- Carpets are spot cleaned
- Make sure all windows are locked
- Clean/Disinfect classroom sink and toilet area if applicable
- Vacuum carpet daily if applicable
- Re-stock all paper and soap products
- Clean Baseboards - Weekly
- Clean Light Fixtures – Weekly
- Replace Lights (Notify Custodian or Maintenance)

### *Athletic Areas*

- Establish a regular cleaning schedule for shared environmental surfaces such as wrestling mats or strength training equipment
- Disinfect mats and other high-use equipment at least daily
- Clean and disinfect high touch surfaces:
  - Handles on equipment (e.g., athletic equipment)
  - Drinking fountains
  - Ice Machines

- Door handles and push plates
- Light switches
- Shared telephones
- Shared desktops
- All trash receptacles emptied and trash removed from the room
- Floors swept and dust mopped
- Floors spot mopped or full mopped
- Wipe clean: Tables, furniture and counter tops
- Window in the door is cleaned at minimum once per week
- Walls are spot cleaned
- Make sure all windows are locked
- Re-stock all paper and soap products
- Clean Baseboards - Weekly
- Clean Light Fixtures - Weekly
- Replace Lights (Notify Custodian or Maintenance)

### *Restrooms*

- Clean and disinfect toilets, sinks and shower areas
- Wear proper PPE, avoid splashes
- Clean and disinfect high touch surfaces:
  - Sinks
  - Faucets
  - Soap dispensers
  - Drinking Fountains
  - Door handles and push plates
  - Light switches
  - Handrails
- All trash receptacles emptied and trash removed from room
- Floors full mopped
- Clean Doors and Partitions in Restrooms and Locker Rooms
- Walls are spot cleaned
- Check that toilets, faucets, and drains are working
- Check Sanitary Napkin Boxes
- Clean Exterior of Dispensers
- Make sure all windows are locked
- Re-stock all paper and soap products
- Clean Baseboards - Weekly
- Clean Light Fixtures – Weekly
- Replace Lights (Notify Custodian or Maintenance)

### *Concessions/Meal Stops*

Concessions **WILL NOT** be served at any interscholastic athletics contest. Interscholastic athletics teams **WILL NOT** be allowed to stop at food service establishments while riding District transportation.

## Facilities

### Athletic Complex

The Operations and Maintenance Department will:

- Establish bench areas on the sidelines per the aforementioned examples.
- Install signage and barriers to designate areas for spectators and teams.
- Install signage denoting the following:
  - o Wash Your Hands - <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
  - o Stop the Spread of Germs - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
  - o Symptoms of Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
  - o Please Wear a Cloth Face Covering - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-covering-building-entrance.pdf>
  - o Protect Yourself and Others from COVID-19 - [https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young Mitigation recommendations and resources toolkit 01.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf)
  - o Cover Coughs and Sneezes - [https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough\\_poster.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough_poster.pdf)
- If approved by the Superintendent of Schools, will install ground signs denoting physically-distanced spaces for spectators.
- Implement comprehensive sanitization/disinfection schedules for the restrooms and press box.

### Fitness Center

Students must be temperature scanned and attest to the Covid-19 screening questions before entering the wellness center/weight room.

- 1) No more than 10 student-athletes and 2 coaches shall be in the weight room at any time.
- 2) There will be 15 minutes of time between the end of one team's session and the beginning of another team's session to accommodate sanitization.
- 3) Masks will be required at all times. All equipment must be cleaned immediately after use.
- 4) Coaches may prop doors to promote limited touching of surfaces.
- 5) Aerobic machines will be available as long as students wear masks and coaches will need to plan accordingly to accommodate.
- 6) Student-athletes must be prepared with their own water/hydration prior to coming to the weight room.
- 7) If possible, student-athletes should wear athletic-appropriate gloves when using equipment.

- 8) Groups of student-athletes shall be no more than three (3) athletes in a group when exercising together (spotting).
- 9) Rotation of equipment use must be planned and organized by the coaching staff in advance of weight room use and must be clearly explained to student-athletes prior to entering the weight room.
- 10) After the completion of each rotation, student-athletes will find the nearest hand sanitizer station.
- 11) Upon completion of workout, coach or assistant coach will use district-supplier sanitizing sprayer to spray down all equipment that was used during the workout, un-prop and lock and close doors.

## Locker Rooms

Student-athletes should arrive at practices/contests prepared to practice/compete.

- Schools are permitted to utilize locker room facilities. It is strongly recommended for schools to follow guidance included in the Gym and Fitness Center Guidance:
  - o Responsible Parties must put in place practices for adequate social distancing in small areas, such as locker rooms, restrooms, and breakrooms, and should develop signage and systems (e.g., flagging when occupied) to restrict occupancy when social distancing cannot be maintained in such areas.

## Gymnasiums

The Operations and Maintenance Department will:

- Establish bench areas on the sidelines per the aforementioned examples.
- Install signage denoting the following:
  - o Wash Your Hands - <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
  - o Stop the Spread of Germs - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
  - o Symptoms of Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
  - o Please Wear a Cloth Face Covering - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-covering-building-entrance.pdf>
  - o Protect Yourself and Others from COVID-19 - [https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young\\_Mitigation\\_recommendations\\_and\\_resources\\_toolkit\\_01.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf)
  - o Cover Coughs and Sneezes - [https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough\\_poster.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough_poster.pdf)
- Floor cleaners will be utilized before/after contests.



## Natatorium

The Operations and Maintenance Department will:

- Implement comprehensive sanitization/disinfection schedules for the pool deck, locker rooms and offices.
- Install signage to ensure individuals maintain a distance of at least six (6) feet from other individuals at all times.
- Install signage to ensure individuals wear face coverings while on the pool deck and in the locker rooms.
- Install signage denoting the following:
  - o Wash Your Hands - <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
  - o Stop the Spread of Germs - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
  - o Symptoms of Coronavirus Disease 2019 - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
  - o Please Wear a Cloth Face Covering - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-covering-building-entrance.pdf>
  - o Protect Yourself and Others from COVID-19 - [https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young\\_Mitigation\\_recommendations\\_and\\_resources\\_toolkit\\_01.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/Young_Mitigation_recommendations_and_resources_toolkit_01.pdf)
  - o Cover Coughs and Sneezes - [https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough\\_poster.pdf](https://www.cdc.gov/coronavirus/2019-ncov/downloads/cover-your-cough_poster.pdf)

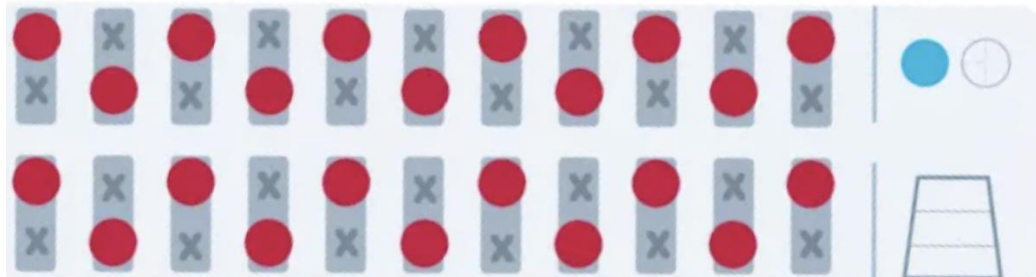
## Transportation

The Geneseo Central School District will coordinate its interscholastic athletics safety plan with the Director of Transportation.

### The School Bus

Density Reduction, Physical Distancing, Bus Capacity

- Individuals will sit one (1) per seat as denoted in the following diagram.



- Siblings or those that live in the same household will sit together.
- Decals will indicate where students may sit and to mark six-foot distances in aisles.
- Individuals will wear face coverings while in transit.

## Cleaning and Disinfecting

- Buses and other transportation vehicles will be cleaned and disinfected daily and in between runs if scheduled for multiple routes.
- Daily Cleaning
  - All trash removed
  - Floors swept and dust mopped
  - Walls and windows cleaned
- High Touch Surfaces
  - Bus seats and seat backs
  - Seat belts
  - Door handles, handrails
  - Driver operator area
- EPA approved cleaning and disinfecting products will be used. Labels will be read and directions will be followed. Appropriate PPE will be worn by staff who are cleaning and disinfecting transportation.
- Proper ventilation will be ensured during cleaning.
- Windows, and roof hatches will be opened, and fans will be turned on during route operation.
- Eating and drinking is prohibited on the bus.
- All cleanings and inspections will be documented.
- District will emphasize to parents/guardians and students prior to reopening schools that it has thoroughly disinfected all buses and student transportation vehicles.

## School Bus Staff

### Roles and Responsibilities

#### *Supervisor*

- Ensure employees are equipped with proper PPE and protective measures to keep them safe
- Ensure employees maintain annual training requirements. Update employees on new policies and/or procedures adopted during COVID-19 pandemic.
- Enforce physical distancing, density reduction, bus capacity, routing issues, cleaning and disinfection procedures and practices.
- Inventory and order PPE with sufficient lead time for use when schools open.
- Provide access to mental health resources for transportation staff in crisis or under stress.
- Review employee medical records (19a files).
- Regularly inspect busses and other transportation vehicles for cleanliness.
- Enforce and communicate the self-screening program for staff before coming to work.
- Provide ongoing communication and feedback to staff on a regular basis.

#### *Employees*

- Self-screen before coming to work. Do not come to work if sick.
- Maintain physical distancing.
- Wear an appropriate face covering that covers the mouth and nose when physical distancing measures cannot be maintained.

- Use all chemical cleaners and disinfectants in the manner recommended by the manufacturer and your supervisor.
- Wear all required PPE when cleaning and using chemicals.
- Wash hands regularly with soap and water for at least 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer containing at least 60% ethanol or 70% isopropyl alcohol. Follow current rules regarding the use of hand sanitizer on buses and other transport vehicles. Wash hands with soap and water as soon as possible.

## Individuals on Transportation

### Loading/Unloading & Pickup/Drop-off

- First student on the bus sits in the back, when going to an interscholastic athletics contest.

### Protocols Once Students Disembark from Transportation

Students will maintain physical distancing when they disembark from transportation. Students will proceed to their assigned entrances at their respective schools.

### Interscholastic Athletics Transportation Routing

The District will ensure routing maintains appropriate ridership on transportation.

## Sport-Specific Considerations

### Soccer

The NYSDOH has determined that soccer is a moderate risk sport (limited ability to maintain physical distance and/or be done individually; limited ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

### General Considerations:

- Pregame Conference (5-2-2d)
  - Limit attendees to head referee or center referee, the head coach from each team, and a single captain from each team. (Rule waiver)
  - Move the location of the pregame conference to center of the field. All individuals maintain a social distance of six feet.
  - Suspend handshakes prior to and following the Pregame Conference.
- Team Benches (1-5-1)
  - No linear bench area, adjust backward from the touch line.
- Substitution Procedures (3-4)
  - Maintain social distancing of six (6) feet between the substitute, officials and/or teammate(s) by encouraging substitutions to occur closer to the center line. Hand sanitizer should be used prior to entering the game.
- Officials Table (6-2; 6-3)

- Limit the table to essential personnel, including the home team scorer and timer. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential and may need to find an alternative location. Space availability at the table is a variable in determining the number of individuals permitted at the officials' table and observing social distancing requirements.
- Goalkeepers may not spit on their gloves. They can wet them with a water bottle. If the official determines this happen, gloves will be taken out of play. (NYSPHSAA Rule)
- A mandatory two (2) minute hydration/mask break will be taken at the first dead ball situation after the 20-minute mark. Players must stay on the field during the break and may remove their mask as long as they maintain physical distancing. Substitutes who report to the table prior to the break taking place, may enter the game following the break. (Waiver of the NFHS Rule)
- The use of a dropped ball is suspended. To replace this procedure, an indirect kick will be awarded to the team whom the referees deemed to be in possession at the time of stoppage. (Waiver of the NFHS Rule)

#### Pre and Post Match Ceremony

- Suspend the pregame world cup introduction line and send players to their field positions with bench personnel lined up on the touch line (six (6) feet apart) for introductions.
- Suspend post game protocol of shaking hands.

#### Soccer Rules Interpretations

- Rule 4-1 EQUIPMENT AND ACCESSORIES
  - No hard material should be worn on face covering.
  - Gloves are permissible.
- Rule 4-2 LEGAL UNIFORM
  - Long sleeves are permissible. (4-1-1)
  - Long pants are permissible. (4-1-1)
  - Under garments are permissible but must be of a similar length for the individual and a solid like color for team. (4-1-1d)
- Rule 5-3 OFFICIALS UNIFORM AND EQUIPMENT
  - By state association adoption, long-sleeved shirt/jackets are permissible. (5-1-3) (Waiver of the NFHS Rule)
  - Electronic whistles are permissible (supplies are limited).
    - Choose a whistle whose tone will carry outside.
    - Fox 40 Mini –
    - Fox 40 Unisex Electronic - 3 tone
    - Ergo-Guard - (3 tone) – orange
    - Windsor - (3 tone) grey
    - Check the market for other choices
  - Gloves are permissible.

### Considerations for Officials

- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Consider using electronic whistle.
- Do not shake hands and maintain social distancing guidelines during pre and post-game ceremonies.

### Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

### Considerations for Students

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing. (do not share clothing)
- Individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.

### Considerations for Parents/Guardians

A family’s role in maintaining safety guidelines for themselves and others:

- Provide personal items for your child and clearly label them.

### Cross Country

The NYSDOH has determined that cross country is a moderate risk sport (limited ability to maintain physical distance and/or be done individually; limited ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

### General Considerations:

- Schools are encouraged to comply with NFHS Rule 8-5, that events contested with 4 or fewer teams be limited to a maximum of 12 participants from each team.
- No hugging, shaking hands, or fist bumps.
- Cross country meets should consider using staggered, wave or interval starts, with a minimum of one (1) minute.
- Meet organizers should take into account using FAT timing, course layout, use of waves, and social distancing in consideration of determining the size of an invitational meet.
- In non-dual meets, it is recommended athletes wear numbers for easy identification.
- It is recommended a course is 200 yards from the start line to the narrowing point.
- Possible Rule Modifications: o 8-1-3a: Consider widening the course to at least six feet at its narrowest point.
- Finish: Consider using finish corrals and FAT timing for larger meets as easier to distance at finish.

- With no FAT timing system consider alternative means of finish place and time to address congestion at finish line.
- Consider using image-based equipment at finish to assist with picking place to avoid congestion.
- Event organizers should have a hydration plan for the end of the race.

#### Pre and Post Match Ceremony

- Establish cross country specific social distancing meet protocols including the elimination of handshakes before and after the match.
- The use of team tents on site is discouraged.
- Teams are expected to provide individual water for their athletes and discourage the use of water stations and open cups.

#### Considerations for Officials

- Bring personal hand sanitizer. Wash hands frequently.
- Don't share equipment.
- Follow social distancing guidelines: Pre and Post Meet conferences.
- Clerking at the start line.
- Tabulations and posting of results.
- Consider using electronic whistle.
- Do not shake hands and follow pre and post-game ceremony guidelines established by state association.
- Bring personal hand sanitizer. Wash hands frequently
- Do not share equipment.
- Consider using electronic whistle.
- Do not shake hands and maintain social distancing guidelines during pre and post-game ceremonies.

#### Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in "cohorts" of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

#### Considerations for Students

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing)
- Individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.

#### Considerations for Parents/Guardians

A family's role in maintaining safety guidelines for themselves and others:

- Provide personal items for your child and clearly label them.

- Spectators should not congregate around the finish area.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted. (*Pg. 5*)

### Swimming and Diving

The NYSDOH has determined that swimming & diving is a low risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

On June 11, 2020 NYSDOH provided Interim Guidance for Pools and Recreational Aquatic Spray Grounds During the COVID-19 Public Health Emergency. Schools should review this guidance for swimming & diving teams.

The following is included in the aforementioned NYSDOH pool guidance:

- Ensure that all individuals maintain a distance of at least six feet from other individuals at all times, unless they are members of the same household or family unit, or safety or the core activity requires a shorter distance.
  - o However, any time individuals are within six feet of individuals outside of their household or family unit and not in the water, they must wear an acceptable face covering that covers both the nose and mouth. Individuals must be prepared to don a face covering if another person unexpectedly comes within six feet.
  - o For health and safety concerns, ensure face coverings are not worn by individuals while they are in the water;
- Limit the maximum size of any single group of people on the premise or in the water to ten (10) or fewer individuals; however, there may be more than one group on premise or in water so long as they are able to be separated by at least six feet;
  - o Occupancy of the premise and pool should be limited to the number of individuals and groups who can be safely and appropriately spaced such that each individual and group is at least six feet away from others.
  - o Ensure different groups of people are separated by at least six feet on the premise or in the water, to the extent possible;
  - o However, if physical barriers are used to separate groups of individuals, they must not present a health or safety risk by obstructing supervision or impairing air flow, heating, cooling, or ventilation.

### General Considerations:

- Swimming Warm-up Areas - Establish multiple sessions for warm-up periods to limit number of swimmers per lane. Restrict the number of swimmers in competition area. Limit number of swimmers per lane during warm-up and warm-down periods.
- Diving Warm-up Areas - Limit number of divers during warm-up by creating multiple sessions. During competition, divers may not approach the board until their turn to



compete. Hot tubs should not be permitted. Dive order sheets should be posted in multiple areas to reduce number of divers viewing at the same time.

- Teams Seating and Lane Placement - Keep the teams on opposite sides of the pool.
- Preparing Athletes for Competition - Athlete clerking areas should be eliminated.
- Warm down for Relay teams – Keep proper social distancing of six feet.

#### Rule Considerations

- Conduct (1-3-2) - Recommend athletes to arrive at venue already in competitive attire or provide alternative accommodations for swimmers and divers to change that allows for six feet of social distancing.
- Lap Counting (2-7-6, 3-4) - Only one person per lane should be permitted at turning end. Provide hand sanitizer and require lap counters to clean hands and wipe down devices.
- Pre-Meet Conference (3-3-6, 4-2-1d) - Decrease number of participants or hold one conference with coaches and one meeting with captains. The referee can use P.A. system or starting system microphone to allow participants to hear but keep them properly separated. Participants in the pre-conference must wear masks and only one captain per team is allowed.
- Meet Officials (4-8, 4-10, 4-11, 4-12, 4-13) - Officials responsible for information processing are often located together at a desk/table adjacent to the competition course or in an office/remote location. Develop alternative methods for submitting entries (3-2) and movement of nonelectronic information. Require a distance of six feet between individuals seated at the desk/table.
- Timers (4-9) - Timers must assemble at the finish of each race, at the edge of the pool within the 6-8 feet confines of the lane which they are timing.
- Submission of Entries to Referee (5-2) - Alternative forms of entry submission can be designed to reduce face-to-face interaction when submitting a proper entry, where/how/to whom entries are submitted, and a reduction or elimination of certain penalties currently attached to improper entries.
- Relay Takeoff Judges and Relays (8-3) - Require all takeoff judging from the sides of the pool. Space relay swimmers apart from one another.
- Diving Officials (9-6) - Alternative methods for submitting entries (3-2) and movement of nonelectronic information will be required. Recommendations include a distance of 3-6 feet between individuals seated at the desk/table. Create a six foot space between judges by spacing groups of judges on opposite sides of boards or on one side of the board on a multi-level platform.

#### Considerations for Officials:

- Bring personal hand sanitizer. Wash hands frequently.
- Don't share equipment.
- Consider using electronic whistle.



- Do not shake hands and maintain social distancing guidelines during pre and post-game ceremonies.

#### Considerations for Coaches

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

#### Considerations for Students

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.

#### Considerations for Parents

A family’s role in maintaining safety guidelines for themselves and others:

- Provide personal items for your child and clearly label them.

#### Basketball

The NYSDOH has determined that basketball is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

#### General Considerations

- BOYS - For pregame conference, limit attendees to the referee and the head coach from each team with each coach standing on the center circle on each side of the division line.
- GIRLS – For pregame conference, limit attendees to the referee and one athlete per team standing on the center on each side of the division line.
- For pregame conference, all individuals maintain a social distance of 6 feet or greater at the center circle.
- Limit the number of bench personnel to observe social distancing of 6 feet or greater.
- Place team benches opposite the spectator seating.
- Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.
- Create separation between the team bench and spectator seating behind the bench.
- Limit contact between players when substituting.
- The host school should sanitize the table before the game and at half time.
- Place officials table sufficiently away from the sideline to allow for additional space for substitutes.
- Limit seats at the table to essential personnel which includes home team scorer, timer and shot clock operator with a recommended distance of 6 feet or greater between individuals. Other

personnel (visiting scorer, statisticians, media, etc.) may not be deemed essential personnel and consider an alternate location for them.

- Eliminate all handshakes, fist bumps and similar gestures pre- and post game.
- Give game ball to officials in the locker room where it is sanitized as recommended by the ball manufacturer and not used for warm-ups.
- The host school should ensure that the ball is sanitized during time-outs and between quarters.
- Sanitizer should be provided by the host team at the table.
- Long-sleeved shirts are permissible.

#### Considerations for Officials:

- Officials are responsible for game management, which does not include monitoring activities on the sidelines, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines.
- Suspend handshakes, fist bumps and similar gestures prior to and following the pregame conference.
- Officials are not required to wear jackets during pre-game court/player observation.
- Electronic whistles are permissible.
- Gloves are permissible.
- Official may stand 6 feet or greater away from the player making a throw-in and bounce the ball to that player on a front court throw-in.
- The lead official shall stand on the end line and bounce the ball to the free thrower.

#### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

#### Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing)
- Individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.

#### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.

### Competitive Cheerleading

The NYSDOH has determined that competitive cheer is a high-risk sport (least ability to maintain physical distance and/or be performed individually; least ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

### General Considerations

- Disinfect props following each routine.
- Contact the manufacturer about cleaning mats after practices and competitions.
- Only one student should use a specific prop during routines.
- There shall not be a formal awards ceremony.
- It is recommended to use computer scoring system for all competitions.
- 2019-20 scoresheet shall be used for all 2020-21 competitions. (Approved by NYSPHSAA Officers 1-25-21)

### Considerations for Judges:

- Judges are responsible for competition management, which does not include monitoring activities at the facility, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment or devices.
- Follow social distancing guidelines: o Judges should be appropriately spaced to ensure proper social distancing.

### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

### Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing)
- Individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.

### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.
- Spectators should not congregate around the competition area.

## Ice Hockey

The NYSDOH has determined that Ice Hockey is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

### General Considerations:

- Communicate in advance with hockey rinks on policies, procedures and permitted time frames for practice and competition.
- Team Benches - Maintain social distancing as much as possible when on the bench.
- Penalty Boxes - Limit to essential personnel and maintain social distancing from personnel and participating players.
- Team Captains - Captains need to maintain social distancing when talking to or conferring with a referee. Maintain social distance during the pre-game meeting with captains, head coaches, and officials wearing proper masks.
- Face masks - Plastic shields covering the entire face (unless integrated into the face mask, attached on the inside of the face mask, and clear without the presence of any tint) shall not be allowed during the contest.
- Tooth and mouth protectors - If mouthguards are removed on the bench area, the athlete should use hand sanitizer each time after touching the mouthguard.
- Suspend pregame protocol of shaking hands during introductions/pregame meeting.
- Gloves are permissible for all coaches, team staff and game administration officials.
- Limit the number of non-essential personnel who are at ice level and near participants throughout the contest.
- If available, dressing facilities for game officials and teams should be large enough for them to use social-distancing protocols and should be properly cleaned and sanitized prior to arrival.

### Considerations for Officials:

Officials are responsible for game management, which does not include monitoring activities on the sidelines, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.

- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines:
  - Maintain social distancing for meetings with captains and coaches.
  - Essential off-ice officials should maintain social distancing and wipe down workspace before and after the contest.
  - Consider using an electronic whistle.
  - Do not shake hands and maintain social distancing guidelines during pre and post-game ceremonies.

### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.

- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

#### Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing)
- Individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Bring own water bottle.

#### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.

### Skiing

The NYSDOH has determined that skiing is a low-risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

#### General Considerations for both Alpine and Nordic:

- Teams should follow all local restrictions and guidelines in addition to mountain/facility guidelines pertaining to lodge and lifts where competitions are being held.
- Teams should remain with their school groups at all times except during competition.
- On site awards are not recommended.
- Consider posting results online only.
- Finish line clocks are acceptable but spectator scoreboards are not recommended.
- For Alpine, per United States Ski & Snowboard (USSS), it is recommended a maximum of 100 competitors per race.
- For Alpine, teams and athletes should maintain at least six feet social distance during inspection and start area.
- For Nordic, teams and athletes should maintain at least six feet social distance during inspection, warm up and cool down.
- For Nordic, mass starts are not recommended. Interval starts of 30 seconds (fastest to slowest) are recommended.
- For Nordic, warm-ups are not recommended on the course once the race starts.

#### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

#### Considerations for Students:

- Students should only handle their own equipment.
- Student athletes should sanitize their hands after every event.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout. Bring own water bottle.

#### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.
- Spectators should not congregate around the finish areas.

#### Volleyball

The NYSDOH has determined that Volleyball is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

#### General Considerations:

- For pre-match conference, participants must all wear masks and each team is allowed one captain to attend.
- Suspend handshakes, fist bumps and similar gestures prior to and following the pregame conference.
- Players should sanitize hands between sets.
- Four (4) game balls should be available throughout the match.
- Substitutes may stand directly in front of the team bench, chairs or bleachers. (waiver of NCAA

#### Rule approved by NYSPHSAA Officers 1-25-21)

- Teams are recommended to refrain from high fives and other similar celebrations following each point.
- Teams should remain on the same bench area throughout the match (waiver of NCAA Rule approved by NYSPHSAA Officers 1-25-21)
- Officials Table - Limit essential personnel which includes home team scorer, libero tracker and timer to maintain social distance between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location. All table help must wear masks.
- Uniform - Long sleeves and long pants are permissible.
- Uniform - Under garments are permissible, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom.
- Schools should consider protocols for supplying their own equipment for warm-ups.

#### Considerations for Officials:

- Officials are responsible for game management, which does not include monitoring activities on the sidelines, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.

- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines.
- Long-sleeved, all-white collared polo shirt/sweater are permissible.
- Electronic whistles are permissible.
- Gloves are permissible.

#### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
  - Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

#### Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Hand sanitizer should be plentiful at all contests and practices.
- Bring your own labeled water bottle.

#### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.

#### Wrestling

The NYSDOH has determined that Wrestling is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

#### General Considerations:

- No handshakes prior to and following the coin toss in addition to pre- and post match ceremonies.
- Wash stations or sanitizer should be placed at mat side.
- If writing implements are used, they should be sanitized and not shared with anyone.
- Disinfect the mats prior to competition.
- Participate/host smaller events (more duals, fewer large tournaments).
- Have hand sanitizer and wipes available at the scorer’s table.
- The scorekeeper shall be the only individual to touch the scoresheet.
- Only official scorer and official timer should be permitted at the scorer’s table.
- Ankle bands are recommended to be disinfected after each match.



- Weigh-ins should be conducted separately for each team and not shoulder to shoulder as stated in the NFHS rule. (Waiver of NFHS Rule approved by NYSPHSAA Officers 1-25-2021)
- Honor weigh-ins will not be permitted for the 2020-21 season (Waiver of NYSPHSAA Rule approved by NYSPHSAA Officers 1-25-2021).
- Weight Certification - NYSPHSAA will provide further guidance no later than January 29th.

#### Considerations for Officials:

- Officials are responsible for meet management, which does not include monitoring activities in the facility such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share uniforms, towels and equipment.
- Change standard whistle several times during the day.
- Electronic whistles are permissible.
- May wear disposable gloves. If so, then they must change after each match.
- Conduct separate pre-meet administration including skin checks. During pre-meet administration, use visual inspections and avoid direct contact with wrestlers.
- Referees will not raise the winner's arm; winners are asked to raise their arm signifying victory.

#### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in "pods" of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.
- Eliminate all handshakes, fist bumps and similar gestures post-match.

#### Considerations for Students:

- Eliminate all handshakes, fist bumps and similar gestures pre- and post-match.
- Eliminate handshakes with coaches post-match.
- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Hand sanitizer should be plentiful at all contests and practices.
- Bring your own labeled water bottle.

#### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.



## Football

The NYSDOH has determined that football is a high-risk sport (Least ability to maintain physical distance and/or be done individually; least ability to: (1) avoid touching of shared equipment, (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all).

### General Considerations

- Eliminate all handshakes, fist bumps and similar gestures pre- and post-game.
- Limit the number of non-essential personnel who are on the field level throughout the contest.
- If available, dressing facilities for game officials and teams should be large enough for them to use social-distancing protocols and should be properly cleaned and sanitized prior to their arrival.
- The team box may be extended on both sides of the field to the 10-yard lines (for players only) in order for more social-distancing space for the teams.
- The ball should be cleaned and sanitized throughout the contest as recommended by the ball manufacturer.
- The ball holders should maintain social distancing of six feet at all times during the contest.
- Plastic shields covering the entire face (unless integrated into the face mask and attached to the helmet and clear without the presence of any tint) shall not be allowed during the contest.
- Tooth and Mouth Protectors – If mouthguards are removed on the sidelines or bench area, the athlete should use hand sanitizer each time after touching the mouthguard.
- Gloves are permissible but still must comply with Rule 1-5-2b by meeting either the NOCSAE Standard or the SFIA Specification.
- Time Outs - A single charged time-out may be extended to a maximum of two minutes in length.
- Time Outs - The authorized conference for the charged time-out should take place between the 9- yard marks and not at the sideline for social-distancing purposes (It would be permissible for more than one coach to be involved in this conference and for technology to be used).
- The intermission between periods may be extended to a maximum of two minutes between the first and second and the third and fourth periods, and following a try, successful field goal or safety, and prior to the succeeding free kick.

### Considerations for Officials:

- Officials are responsible for game management, which does not include monitoring activities on the sidelines, such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share uniforms, towels and equipment.
- Electronic whistles are permissible.
- Gloves are permissible.
- For the coin toss, limit attendees to the referee, umpire and one designated representative from each team.
- Coin toss should take place in the center of the field with designated individuals maintaining social distancing of six feet.
- No handshakes prior to and following the coin toss.
- Maintain social distancing of six feet while performing all pregame responsibilities with all officiating crew members, game administration staff, line-to-gain crew, clock operators, individuals handling the balls during the game and team personnel.

- For the overtime procedure, please use the same procedure as used at the start of the contest for the coin toss.

#### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

#### Considerations for Students:

- Consider making each student responsible for their own supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Hand sanitizer should be plentiful at all contests and practices.
- Bring your own labeled water bottle.

#### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), only two spectators per participant are permitted.

#### Baseball

The NYSDOH has determined that Baseball is a low-risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

#### General Considerations:

- Only the scorekeeper shall touch/handle the scoresheet.
- Disinfect the bench/dugout prior to competition.
- The home team will be responsible for game baseballs.
  - o One individual in the home dugout should be appointed to handle game baseballs which includes entering a ball into a game, collecting used baseballs, and sanitizing baseball as needed.
  - o Every half inning should be started with a new or sanitized game ball; previously used game balls should be collected and sanitized immediately for re-entry into the game at a later time. Balls will be tossed to the catcher to be put back in play.
  - o Umpires are not required to collect or handle game balls at any time.
- Sanitize bases after each contest.
- Suspend handshakes, fist bumps and similar gestures prior to and following the pregame conference in addition to at the conclusion of the game.
- A socially distanced plate conference with umpires and head coaches will be conducted for game/ground rules, etc.

o Each team shall provide the umpire a lineup card; teams may exchange paper lineups at the plate conference or make arrangements prior to the game to share lineups (examples; teams post lineups in dugout, send a digital photo, etc.)

#### Considerations for Umpires:

- Bring personal hand sanitizer.
- Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines.
- Gloves are permissible.

#### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “cohorts” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

#### Considerations for Students:

- Consider making each student responsible for their own equipment and supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Hand sanitizer should be plentiful at all contests and practices.
- Bring own water bottle.
- Students should minimize or limit blowing on hands, licking fingers, spitting on hands or engaging in similar actions during a game.

#### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), Responsible Parties must limit spectators to no more than two spectators per player or the State’s social gathering limit, which is 100 or fewer people in indoor non-residential settings and 200 or fewer people in outdoor non-residential settings, as of March 22, 2021. Responsible Parties may determine which spectator limit – two per player or the social gathering limit – facilitates compliance with health and safety protocols for their specific sports and recreation event. (Pg. 5)
- Spectators should not congregate around the dugouts. NOTE: Approval of a revised pitch count for the 2021 season will be requested on April 9th

#### Golf

The NYSDOH has determined that golf is a low-risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

### General Considerations:

- Single tee starts should be staggered – refer to golf course protocols.
- When directed to, each group of players will move to the 1st tee, remaining socially distanced. Scorecards and pencils will be handed out to players by the home coach who may wear protective gloves during the process. Each player will receive a scorecard for their own scorekeeping and the other player's score. At no time will players exchange scorecards.
- All safety protocols put in place by the golf course must be followed. Social Distancing must be adhered to in the locker rooms and Pro Shop.

### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.
- Prior to each match, visiting coaches should send a list of participants to the home coach. The home coach should send a copy of the local rules to the opposing coach to eliminate the need for any handouts, other than scorecards.
- All coaches should make sure that their players are familiar with the Rules of Golf and Golf Course modifications specific to COVID-19, especially local rules for bunker play and not touching the flagsticks.

### Considerations for Students:

- Consider making each student responsible for their own equipment.
- Golf towels should not be shared and should be washed after every practice and match.
- Players should only touch and use their own golf ball and not touch other players golf ball or equipment.
- Bring own water bottle.

### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- Spectators should not congregate around the tee box, greens and clubhouse areas.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), Responsible Parties must limit spectators to no more than two spectators per player or the State's social gathering limit, which is 100 or fewer people in indoor non-residential settings and 200 or fewer people in outdoor non-residential settings, as of March 22, 2021. Responsible Parties may determine which spectator limit – two per player or the social gathering limit – facilitates compliance with health and safety protocols for their specific sports and recreation event. (Pg. 5)

### Softball

The NYSDOH has determined that Softball is a low-risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

### General Considerations:

- Only the scorekeeper shall touch/handle the scoresheet.
- Disinfect the bench/dugout prior to competition.
- The home team will be responsible for game balls.
  - o One individual in the home dugout should be appointed to handle game balls which includes entering a ball into a game, collected used game balls, and sanitizing balls as needed.
  - o Every half inning should be started with a new or sanitized game ball; previously used game balls should be collected and sanitized immediately for re-entry into the game at a later time. Balls will be tossed to the catcher to be put back in play.
  - o Umpires are not required to collect or handle game balls at any time.
- Sanitize bases after each contest.
- Suspend handshakes, fist bumps and similar gestures prior to and following the pregame conference in addition to at the conclusion of the game.
- A socially distanced plate conference with only the umpires and head coaches will be conducted for game/ground rules, etc.
  - o Each team shall provide the umpire a lineup card; teams may exchange paper lineups at the plate or make arrangements prior to the game to share lineups (examples: teams post lineups in dugout, send a digital photo, etc.).

### Considerations for Umpires:

- Bring personal hand sanitizer.
- Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines.
- Gloves are permissible.
- Umpires will not be required to check player's equipment prior to the game. Umpires, instead, will ask the head coach if players are legally equipped and if they will remain so throughout the game. (Waiver of USA Softball Rule approved by NYSPHSAA Officers 3-3-2021)

### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in "cohorts" of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.

### Considerations for Students:

- Consider making each student responsible for their own equipment and supplies.
- Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
- Hand sanitizer should be plentiful at all contests and practices.
- Bring own water bottle.
- Students should minimize or limit blowing on hands, licking fingers, spitting on hands or engaging in similar actions during a game.

### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), Responsible Parties must limit spectators to no more than two spectators per player or the State's social gathering limit, which is 100 or fewer people in indoor non-residential settings and 200 or fewer people in outdoor non-residential settings, as of March 22, 2021. Responsible Parties may determine which spectator limit – two per player or the social gathering limit – facilitates compliance with health and safety protocols for their specific sports and recreation event. (Pg. 5)
- Spectators should not congregate around the dugouts.

### Track and Field (Outdoor)

The NYSDOH has determined that track & field is a low-risk sport (greatest ability to maintain physical distance and/or be performed individually; greatest ability to (1) avoid touching of shared equipment, (2) clean and disinfect any equipment between uses by different individuals, or (3) not use shared equipment at all).

### Rule Changes:

- Rule 5-10-5 Current rule: The baton is the implement which is used in a relay race and is handed by each competitor to a succeeding teammate. Gloves are not permitted in relay events.
  - o NYSPHSAA has elected to permit the use of sanitary gloves for this year (2020-21). (waiver of NFHS Rule approved by NYSPHSAA Officers 11-16-20)
  - o It is recommended that schools bring and use their own batons, and not share with other schools.
- Rules 6-4-11 and 6-5-24: Vertical jumpers may complete all three of their jumps consecutively with three (3) minutes being permitted for each jump. (waiver of NFHS Rule approved by NYSPHSAA Officers 11-16-20) General Considerations:
- Discus and Shot Put should enforce social distancing for all athletes and officials.
  - o To limit contact, athletes can provide their own implements (that pass inspection) and retrieve their own implements after all throws.
  - o If athletes can't provide their own implements, then it is recommended that implements be sanitized between each use.
- Long Jump and Triple Jump should enforce social distancing for all athletes and officials.
- High Jump and Pole Vault should enforce social distancing for all athletes and officials.
  - o To lower the risk of these events, pits may be covered by a tarp that is removed and disinfected after each athlete use (therefore multiple tarps needed to keep event moving) or individuals may bring their own mat or tarp for use on pits.
  - o A disinfectant spray may also be used as an alternative to using tarps to cover but disinfecting must take place following each athlete use.
  - o To limit contact, athletes should not share vaulting poles.
- 100M and Straight Hurdles may use every other lane to assist with distancing.
  - o Blocks should be disinfected after each heat / race.
  - o Baskets are not recommended at start line for apparel.

#### Considerations for Officials:

- Officials are responsible for meet management, which does not include monitoring activities in the facility such as social distancing, face coverings, hand washing, symptoms of illnesses and other such issues. This monitoring obligation remains with the responsible parties.
- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines when:
  - o General Clerking Page
  - o Clerking at Finish Line
  - o Tabulating and posting of results
- Consider using electronic whistle.
- Do not shake hands and follow pre- and post-meet ceremony guidelines established by state associations.

#### Considerations for Coaches:

- Communicate your guidelines in a clear manner to students and parents.
- Consider conducting workouts in “pods” of same students always training and rotating together in practice to ensure more limited exposure if someone develops an infection.
- Keep accurate records of those athletes and staff who attend each practice in case contact tracing is needed.
- Considerations for Students:
  - Consider making each student responsible for their own supplies.
  - Students should wear their own appropriate workout clothing (do not share clothing), and individual clothing/towels should be washed and cleaned after every workout immediately upon returning home.
  - Hand sanitizer should be plentiful at all contests and practices.
  - Bring own water bottle.

#### Considerations for Parents:

- Provide personal items for your child and clearly label them.
- Spectators should not congregate around the competition areas.
- In accordance with NYSDOH guidance (Interim COVID-19 Guidance for Sports and Recreation), Responsible Parties must limit spectators to no more than two spectators per player or the State’s social gathering limit, which is 100 or fewer people in indoor non-residential settings and 200 or fewer people in outdoor non-residential settings, as of March 22, 2021. Responsible Parties may determine which spectator limit – two per player or the social gathering limit – facilitates compliance with health and safety protocols for their specific sports and recreation event. (Pg. 5)

#### Virtual Outdoor Track and Field Competition

The NYSPHSAA rules which govern high school outdoor track and field competition assume that such competition will be “head-to-head” with all participants engaging in an environment that is identical and thus equitable to all. “Virtual” competition cannot provide such identical conditions, however. With that understanding, there are no NYSPHSAA rules provisions that would prohibit “virtual” competition when unique conditions, such as a pandemic, necessitate its use. The following practices and suggestions are a compilation of guidance from the NYSPHSAA to aide member schools in overseeing “virtual” competition.



- Schools shall communicate with their virtual opponent, in advance, the timing methods, venue, event specifications, entries and other details associated with a track meet so both schools ensure equity for the competition.

- Virtual competition shall be conducted only for regular season. Sections may determine if they would like to conduct a virtual section postseason event.

- Competition for each team/school involved should take place at venues of similar nature with similar specifications for each event with special emphasis on risk minimization. Surfaces and surrounding conditions are recommended to be similar.

- The meet must be conducted under the supervision of at least one certified NFHS or state association registered official at each venue.

- All rules regarding athlete participation and conduct should apply; technical rules for competition shall be enforced. Entries shall follow all NFHS rules for each event.

- It is suggested but not required that schools use an applicable technology to record results of each event and also have the capacity to compare against their opponents' results. The same application is recommended to be used by each school for a virtual dual meet. Suggested applications for virtual meets include, but are not limited to, Hytek, MileSplit, Athletic.net.

- It is recommended but not required to have schools compete virtually on the same day.

- Sections may determine if times and marks achieved during virtual competition qualify for a sectional or state qualifier meet. A league will decide if a virtual competition can be used to determine a league champion.

- Sections which can only conduct virtual meets during the regular season and do not have the ability to conduct a sectional or state qualifier meet may use virtual meet marks and times to qualify for a postseason event.

### All Other Sports

The District will continue to communicate updates on all other sports as it receives guidance from the New York State Department of Health, New York State Education Department and the New York State Public High School Athletic Association.

### Athletic Placement Process (APP)

In order for eighth grade student-athletes to participate in a junior varsity or varsity level sport during the spring 2020-21 season, parent/guardian permission forms, physical maturity forms, and physical fitness test scores must be initiated prior to the Junior Varsity/Varsity Season starting.