Stanfield Secondary School Athletics

Parent & Athlete Handbook 2023-2024

(Grades 6-12)



Resilience Purpose Impact

The Stanfield RPI: Controlling The Things We Can Control

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PROGRAM OF INTERSCHOLASTIC ACTIVITIES

The purpose of the interscholastic activities program at Stanfield Secondary School is:

- 1. To teach, promote and reward our core values: Resilience, Impact and Purpose.
- 2. To promote, direct, and conduct activities so they meet the aims of the general education program of the district.
- 3. To promote healthy competition with other schools.
- 4. To abide by the rules set forth by the district board of education, The Oregon School Activities Association [O.S.A.A] and the Blue Mountain Conference.
- 5. To encourage participation by all students.
- 6. To teach and develop physical fitness and skills, mental alertness, moral qualities, social abilities, leadership skills, and emotional maturity.

POLICIES OF THE ATHLETIC PROGRAM

The athletic program should be considered an integral part of the educational program. It is one of many school activities and it should be understood that it is under the same administration and control as other school programs. The contests/performances themselves should be the epitome of good sportsmanship and educationally sound instructional methods employed by the coaches and demonstrated by the team members. Always remember that participation in athletics is a privilege, not a right.

OREGON SCHOOLS ACTIVITIES ASSOCIATION (OSAA)

All coaches and participants are subject to the rules and regulations of the O.S.A.A. Coaches should become familiar with the policies and procedures. When in doubt, check with the principal or A.D. Questions generally arise in the area of eligibility and participation limitations.

OSAA website: www.osaa.org

STANFIELD SPORTS/ACTIVITIES

<u>Fall:</u> Football (V, JV, MS); Volleyball (V, JV, MS); Girls and Boys Cross Country (HS, MS) –(Co-op with Echo in Stanfield); Girls Soccer (V) - (Co-op with Echo in Echo); Band (HS, MS)

<u>Winter:</u> Girls and Boys Basketball (V, JV, MS); Cheerleading (HS, MS); Band (HS, MS), Wrestling (Co-op with Echo in Echo); Boys MS Basketball is in November and December. Girls MS Basketball is in January and February.

<u>Spring:</u> Baseball (Co-op with Echo in Stanfield (V, JV); Boys and Girls Track (HS, MS)(Co-op with Echo in Stanfield (V, JV); Boys and Girls Tennis (HS) (Co-op with Echo in Stanfield); Softball (HS) (Co-op with Echo in Echo) and Boys and Girls Golf (HS) (Co-op with Echo in Echo).

BLUE MOUNTAIN CONFERENCE & SPECIAL DISTRICT

Stanfield is part of the Blue Mountain Conference (BMC) for the following sports: volleyball, basketball. Stanfield is part of a special district for the following sports: baseball, softball and track and field, football, cross country, tennis, wrestling and golf. All head coaches will be required to attend the all-league meeting at the end of each season.

PARENT INVOLVEMENT

Parents are encouraged to be supportive and involved in the athletic process at this school. Some ideas of ways parents can help: positive attendance at sporting events, team dinners, fundraising, communicating safety concerns with the coach that are needed, game help, volunteering and more.

STUDENT-ATHLETE REQUIREMENTS BEFORE PRACTICING AND PLAYING:

- 1) Sports Physical
- 2) Online Registration
- 3) ASB Fees Paid
- 4) All equipment turned in or paid for from the previous sports season.
- * All forms can be downloaded from the district website and are available by the office.

PHYSICALS

All athletes must have a current physical. Physicals are good for two years. Each athlete must have a current physical on file with the office/A.D. before practicing or participating in any extra-curricular activities/practices.

INSURANCE

All participants in athletics/activities are required to have insurance. This form gives the name of the insurance company, policy number, and the signature of the parent. Insurance options will be available through private sources for those who do not have adequate home insurance or no insurance at all. The coach must have proof of insurance prior to student practicing, playing in, or traveling to contests.

A.S.B CARD

All students are required to have **<u>paid for</u>** an A.S.B. card before they are allowed to participate in an interscholastic event. Fees from the A.S.B card are divided between the general student body and athletics. Cost is \$40 for middle school students and \$50 for high school students.

ATTENDANCE

- 1. <u>Practice</u>- participants are required to attend all practices. Nine (9) calendar days of practice are required before a student may participate in a scheduled contest for football. For other sports, there is no minimum requirement, but coaches should communicate an appropriate standard of practice attendance before an athlete participates in a contest. Two (2) practices in one day counts as one (1) day of practice.
- 2. <u>School</u>- participants are required to attend school in order to participate in activities. On the day of an activity (contest or practice), the athlete **must be in attendance all day** and participate in classes the entire day, unless they have an excused absence (Doctor's note) or prior arrangements (Pre-Arranged absence form) have been made. Students that are absent on Thursday may not participate in Friday/Saturday events unless the absence was pre-arranged or other special arrangements have been made prior.

ATHLETIC AWARDS

In all activities, to be eligible for a letter award, the student must finish the season in good standing. The season shall consist of all pre-season, league, and play-off contests for which the team may qualify. To earn a varsity letter in the sports we offer, these requirements must be met:

Football: Participate in half of the quarters played by the varsity.

Volleyball: Participate in half of the games played by the varsity.

Cross Country: Top five boys/girls, if less than five participate, letters will

be given to those that participated in 90% of the meets.

Basketball: Participate in half of the quarters played by the varsity.

Baseball: Participate in half of the games played by the varsity.

Track: Score 15 points during the season or place at district meet.

Tennis: Participate in half of the scheduled matches.

Cheerleading: Complete the season and participate in 80% of cheerleading activities. (i.e. pep

assemblies, fundraising events, etc.)

(Athletic Awards continued)

*Coaches reserve the right to award letters in special situations after discussions with the A.D. All letters and certificates will be presented at that time. Details will be arranged by the A.D. Awards ceremony will be held at the conclusion of regular seasons.

Scholar Athlete: 3.0 GPA for Varsity Letter Winners. Fall sports is based on Q1 GPA, Winter Sports is based on Q2 GPA, Spring Sports are based on Q3 GPA.

OPEN GYM

Athletes are encouraged to focus on the sports that are happening during a season. The athletic department will adhere to the following policy for open gyms. There will be no open gyms, practices, or participation for out of season sports prior to the following dates: October 11th (fall sports), January 18 (winter sports), May 2nd (spring sports). After the dates listed, coaches may hold an open gym for out of season athletes, if they wish to.

UNIFORMS/EQUIPMENT CHECKOUT/CHECK-IN

Students are responsible for all uniforms and equipment issued to them during an activity. That equipment must be returned or paid before you can practice, meet with, or participate in another activity. Students will not be allowed to start another sport season or check out of school without turning in or paying for *all* equipment and uniforms. Coaches should collect uniforms after the last game of the season and inventory items within 1-2 weeks of the conclusion of the season.

PRACTICES AND CONTESTS

The following is school board policy concerning practices:

- 1. Athletic practice sessions will be limited to two hours for high school Monday through Friday and 90 minutes for elementary school and middle school teams during days when school is in session. Extra practice time on non-school days will be arranged with the athletic director.
- 2. No optional practices.
- 3. There will be no team meetings, practices, or open gym activities permitted on Sundays.

TURNING OUT, CHANGING AND QUITTING ATHLETIC TEAMS

Athletes have 1 week (7 Days) to turn out for a sport at the start of each sport season. No athlete may transfer from one athletic team to another during a sport season after an initial one-week period. The one-week period for any sport shall commence on the first official practice day of the sport. Any athlete, who for valid reasons may not be able to come out for a sport from the first practice, may join the team at a later date, the length of intervening time allowable to be determined by the coach.

Students that quit a team during the season after the initial week of practice will not be allowed to join another team for the remainder of the school year. Quitting a sport is taken seriously by the athletic department and will be documented. A student who has quit in one sport season and would like to participate in a later season will be required to meet with the Athletic Director, a panel of coaches, and building administrator to determine if they will be eligible for athletic participation for the remainder of the school year.

Team selection considerations by head coaches may always factor in the commitment level of the athlete based on previous episodes.

Seniors playing on sub-varsity teams are allowed only when there is a shortage of players or special circumstances. Sub-Varsity is thought to be for development of future varsity athletes.

SUMMER WORKOUTS

Coaches often create summer practice, game, or weight lifting schedules for athlete and team improvement. These workouts are optional but strongly encouraged for the improvement of athletic programs. Coaches need to work with each other to set up a schedule that works for all programs as much as possible as many athletes participate in multiple sports.

DUAL SPORT ATHLETES

Students may participate on more than one team during a season if approved by the Athletic Director, Principal and both head coaches. A plan will be put in place by both head coaches and the Athletic Director for practice, games, and post-season commitments made by the athlete. Dual sport athletes are expected to maintain good grades and positive citizenship. Students in grades 10-12 are typically eligible to participate in multiple sports.

BEHAVIOR/DISCIPLINARY PROCEDURES

Students that are assigned Friday school will be expected to serve on the assigned day regardless of scheduled events. Coaches will be expected to support the teaching staff/administration on Friday school assignments. Coaches are expected to set up disciplinary procedures for behavior problems and players are to follow those. Athletes are expected to be role models and quality citizens for their school, family, and community. Discipline Matrix

EJECTIONS

If a player, coach or parent/fan is ejected, they will be required to serve their suspension AND pay the fine to the OSAA. In certain cases, players, coaches, or parents/fans may appeal their suspension to the OSAA or the Athletic Director and Administration of the Stanfield School District when applicable. (See Sportsmanship Code below)

SPORTSMANSHIP CODE

Stanfield student-athletes, coaches, and parents/fans will be held accountable for their actions, and unsportsmanlike incidents will be tracked throughout the entire school year. To ensure consequences for unsportsmanlike conduct are comparable to the offense, two levels of consequences have been established.

LEVEL ONE:

Level 1 incidents are unsportsmanlike behaviors which lead to penalty flags, technical fouls, yellow cards, etc., but which do not lead to ejection from an athletic contest. These shall be punishable by one or more of the following:

<u>1st incident</u> 1. 5-10 hours of community service

2. Letter(s) of apology to official, team, school, etc. as appropriate

3. Minor suspension – any portion of a contest or competition

4. Major suspension – one or more contests or competitions

2nd incident Same as 1st incident

3rd incident Automatic Level 2 consequence

Level 1 consequences will carry over to the next sports season or school year, if applicable.

LEVEL TWO:

Level 2 incidents are unsportsmanlike behaviors which lead to ejection from an athletic event or competition and are punishable by one or more of the following:

<u>1st incident</u> 1. 10-20 hours of community service

2. Letter(s) of apology to official, team, school, etc. as appropriate

3. Suspension of one or more contests or competitions

4. Fine paid by the student or parent/guardian to the OSAA.

<u>2nd incident</u> Same as 1st incident, plus suspension from 3 contests competitions

3rd incident Same as 1st incident, plus suspension from all athletic programs for the remainder of the

school year

Level 2 consequences will carry over to the next sports season or school year, if applicable.

STUDENT ATHLETIC CODE

Students involved in co-curricular activities will be expected to follow the Stanfield School District policies. Students who participate in co-curricular activities while attending Stanfield Secondary School are representatives of their family, school, and community. <u>Discipline Matrix</u>

GENERAL GUIDELINES

- a. Each coach or advisor will be responsible for determining and communicating training and/or individual behavior standards for his/her activity.
- b. All students will travel with the group which they are members. Students may sign-out with parents after a contest to ride home. The parent must be present and sign them out with a coach.
- c. All members of an activity are under the supervision of their coach/advisor from the time they leave on a trip until they return.
- d. If unable to attend a practice or meeting, it is the student's responsibility to notify the coach/advisor.
- e. The student is responsible for all equipment issued to them during an activity. That equipment must be returned or paid for before you can practice, meet with, or participate in another activity.

Coaches reserve the right to have consequences in place that go above and beyond that of the Discipline Matrix, however, those expectations and consequences will be presented to the Athletic Director for prior approval. All parents/guardians and players will receive hard copies of team training rules, expectations, and other consequences prior to the first contest and will provide a signed copy to keep on file in the main office for the current season.

APPEAL PROCESS:

Any and all violations and penalties can be appealed through the Athletic Board. This 5 member board will consist of an administrator or athletic director, one out-of-season coach, one in-season coach, if applicable (excluding the athlete's current coach), one staff member, and one secondary school teacher chosen by the accused athlete. The appeal must be requested in writing to the athletic director within 7 calendar days of the violation assessment. The decision of the Athletic Board is deemed final.

ATHLETIC ACADEMIC POLICY

All student-athletes are expected to maintain passing grades as academic success must be the first priority for student-athletes. It may be necessary to limit participation should a student's grades fall below a 60%. To maintain athletic eligibility at Stanfield Secondary School, student-athletes in grades 6-12 must be passing all of their classes.

The following requirements apply to all students that participate in interscholastic activities at Stanfield Secondary School.

- 1. High School students must meet O.S.A.A. eligibility requirements. They must have passed 5 of 7 classes the previous semester, attend regularly, and be making adequate progress towards graduation.
- 2. All students must meet Stanfield Secondary School eligibility requirements. They must be passing all seven (7) classes (or as many classes as they are registered for, but not less than 5). Grade checks will be conducted **two weeks after the start of a new quarter**. After that point in time, grade checks from there on out will be conducted **every week** for the rest of the quarter on the first day of the school week. Student-athletes in grades 6-12 who are failing any classes and are placed at Level 1 below.

LEVEL ONE: First Failed Grade Check = Warning

If a student-athlete is failing any class, he or she will be placed on **probation**. The student-athlete may continue to practice and participate in contests.

<u>LEVEL TWO:</u> Second Consecutive Failed Grade Check = Ineligible for Contests, opportunity to attend Study Table before second hour of practice

If a student-athlete continues to receive a failing grade for any class after the second grade check, he or she will be ineligible to participate in any contests for that grade check period (2 weeks). The student-athlete will be eligible to practice with the team. Student-athletes at Level 2 will NOT be allowed to miss class time to attend contests with the team. Student-athletes at Level 2 will NOT be allowed to suit up in uniform for contests.

As soon as the student is passing all classes (posted in Powerschool or upon teacher approval), the student-athlete will become eligible to play the following week. They will then be placed on Level One (warning) for the following grade check.

<u>LEVEL THREE</u>: Third or More Consecutive Failed Grade Check = No Contests, Mandatory Study Table before second hour of practice

If a student-athlete continues to receive a failing grade for any class after the 3rd grade check, he or she will be required to attend Study Table prior to the second hour of practice until grade(s) improve to passing and they are REQUIRED to attend the second hour of practice. The student-athlete will remain at Level 3 until they are passing all classes. Student-athletes at Level 3 will NOT be allowed to miss class time to attend contests with the team. Student-athletes at Level 3 will NOT be allowed to suit up in uniform for contests.

If a student gets put on Level 2 and then gets his/her grades up to passing at grade check #3, that student would then be placed on Level 1. If the student receives an F on the following grade check, the student would then be on Level 2. If the student successfully maintains passing grades, they would be taken off Level 1 and start anew. Student-athletes who go to Level 3 and are removed from missed practice and game time, will be placed on Level 1 after providing support (Synergy or teacher approval) that they are now passing failing class or classes.

*Students on an Individualized Education Program (IEP) must be making progress towards their goals.