

AUGUST 2021

Fairfield City Schools

LUNCH



School Information: Welcome back! We are so excited to serve nutritious and delicious meals with a smile.
August 16th ½ day dismissal



August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



2



3



4



5



6

Spaghetti w/Meat Sauce
Seasoned Corn
Garden Salad
Variety Fruit Choices
Milk

9

Chicken Tender Sandwich
Lettuce & Tomato
Baked Beans
Variety Fruit Choices
Milk

10

BBQ Chicken
Collard Greens
Cornbread
Sweet Potato Soufflé
Variety Fruit Choices
Milk

11

Beef-a-roni
Mashed Potatoes
Seasoned Green Beans
Roll
Variety Fruit Choices
Milk

12

Pizza
French Fries
Baby Carrots
Variety Fruit Choices
Milk

13

Grilled Chicken Sandwich
Lettuce & Tomato
Baked Beans
Sweet Potato Fries
Variety Fruit Choices
Milk

16

Baked Pork Chops
Glazed Carrots
Broccoli w/cheese
Roll
Variety Fruit Choices
Milk

17

Hot Wings or PBJ
Roll
Potato Wedges
Corn on the cob
Variety Fruit Choices
Milk

18

Lasagna Rolls
Seasoned Italian Vegetables
Garden Salad
Variety Fruit Choices
Milk

19

Oven Fried Chicken
Mashed Potatoes
Seasoned Green Beans
Roll
Variety Fruit Choices
Milk

20

Baked Corndog
Steamed Carrots
Potato Wedges
Variety Fruit Choices
Milk

23

Taco Salad w/chips
Seasoned Black Beans
Corn w/Salsa
Variety Fruit Choices
Milk

24

Oven Baked Chicken
Lima Beans
Cornbread
Garden Salad
Variety Fruit Choices
Milk

25

Salisbury Steak w/gravy
Creamy Potatoes
Green Peas
Roll
Variety Fruit Choices
Milk

26

Hamburger
Lettuce & Tomato
Sweet Potato Fries
California Vegetables
Variety Fruit Choices
Milk

27

Chicken Tenders
Mac & Cheese
Broccoli
Variety Fruit Choices
Milk

30

BBQ Pork Sandwich
Baked Beans
Coleslaw
Variety Fruit Choices
Milk

31

