

**SOUTHWEST R-V SCHOOL DISTRICT
INFORMATION ABOUT COVID-19 ISOLATION AND QUARANTINE
2021-2022 SCHOOL YEAR**

MASKING:

- CDC recommends masks be worn indoors by everyone over the age of 2 years. The Southwest R-V School District will not mandate masks but encourages parents to make the decision about their children. The district supports the discretion of the parents regarding the health and safety of their children.
- HOWEVER, per federal order masks are required on school buses by passengers and drivers. Parents are encouraged to require their child to follow this federal order and wear masks while on the school bus.

ISOLATION: This occurs when a person is positive for COVID.

- The individual must isolate away from family members and others for 10 days from onset of symptoms.
- They may return to school/work if after 10 days they have been fever-free for 24 hours and have significant improvement of symptoms.
- If they tested positive and have no symptoms, they will isolate for 10 days from the test date.

QUARANTINE: This occurs when a person has been near a positive Covid case less than 3 ft for at least 15 minutes cumulative in a 24 hour period.

- A 14 day quarantine is still the optimal period for prevention of disease transmission, but quarantine may end if no symptoms have occurred during the first 10 days.
- Quarantine may end AFTER 7 days if no symptoms have occurred during the first 7 days and a COVID test on day 5- 7 or later is negative.
- If the positive case **or** the exposed person have exhibited consistent and correct use of a well-fitting mask, the exposed person does not need to quarantine but does need to watch for symptoms and get tested if symptoms occur.
- Vaccinated contacts do not need to quarantine; however, it is recommended that they watch for symptoms for 14 days. CDC recommends that vaccinated individuals wear masks for the 14 days, but the district is giving the individual the right to choose if they are wearing a mask or not during those days.
- Close contact individuals are officially quarantined by the Barry County Health Department. Although the school district might assist in communicating the quarantine to the parents, the school district only assists in process of determining who are the close contacts of the positive individual while at school.

PHYSICAL DISTANCING:

- The CDC recommends schools maintain at least 3 feet of physical distance between students within classrooms.
- When it is not possible to maintain a physical distance of at least 3 feet, it is especially important to layer multiple other prevention strategies.
- A distance of at least 6 feet is recommended between students and teachers/staff, and between teachers/staff who are not fully vaccinated.

SYMPTOMS:

- People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.
- Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms or combinations of symptoms may have COVID-19:

New loss of taste or smell	Fever or chills	
Nausea or Vomiting	Shortness of breath or difficulty breathing	Headache
Sore Throat	Muscle or body aches	Diarrhea
Cough	Congestion or runny nose	
- Children have similar symptoms to adults.

When to Quarantine After Exposure to a Case of COVID-19 (K-12 Schools)

Is the exposed student/staff member vaccinated?

Yes

No

Exposed person is not required to quarantine and can attend both in-person learning and sports/extracurricular activities

CDC guidance (8/5/21) suggests getting tested 3-5 days after exposure, correctly wearing masks in school, AND wearing a mask indoors for 14 days or until negative test results are received

Was the person exposed at school?

Yes

No

Quarantine at home

If individuals were less than 3 feet apart,
were they properly masked?

Yes

No

Exposed person may attend in-person learning while monitoring symptoms, wearing a mask consistently, and quarantining outside of school; attending sport/extracurriculars is not permitted

(per state modified quarantine guidance, 08/2021)

Quarantine at home

If the individual starts experiencing symptoms, they should get a COVID test and isolate while awaiting results.

What is the COVID test result?

Negative*

Positive*

Return to school when able, based on school/district policies (i.e. symptom-free or fever-free for 24 hours)

Isolate at home

*There will be situations where additional recommendations, testing, and control measures are needed. At-home tests will not be accepted for decisions on isolation and quarantine recommendations.

COVID-19 Exposure

Exposure is defined as being within 6 feet of a person diagnosed with COVID-19 for a cumulative total of 15 minutes or more throughout a 24-hour period starting from two days before illness onset (or, for asymptomatic patients, two days prior to test specimen collection) until the infected individual meets criteria for discontinuing home isolation. Per revised guidance, individuals who were within 3–6 feet of a person diagnosed COVID-19 in a K–12 indoor setting are not considered close contacts if both the infected individual and the exposed individual correctly and consistently wore well-fitting masks the entire time.

Quarantine

The practice of separating individuals who have had close contact with someone diagnosed with COVID-19 to determine whether they develop symptoms or test positive for the disease. The CDC recommends staying home for 14 days the after last exposure. Vaccinated individuals and those who have recovered from COVID-19 within three months do not need to quarantine while asymptomatic.

Isolation

The practice of separating individuals diagnosed with COVID-19 from others who are not sick to prevent further exposures and/or the spread of the disease. The CDC states isolation can end 10 days after symptom onset and 24 hours after being fever-free with no fever-reducing medications. Other COVID-19 symptoms should also be improving.

Schools should work with local public health officials in executing these steps locally.

dese.mo.gov/covid19