



District E-News

February 6, 2023

## Newark CCSD 66

[www.ngsd66.org](http://www.ngsd66.org)

815-695-5143

Newark Families and Staff,

What a week! Thank you MJH Staff and student volunteers for the engaging activities at Math Night last week! We hope everyone enjoyed playing and learning!

Congratulations to 7th grader Jonathan Nicosia - MJH School Spelling Bee Champion! Jon will represent MJH at the Regional Spelling Bee in a few weeks! 8th grader Sam Day is our runner up! Congratulations to our 5th grade winner - Zeke Blanchard and 6th grade winner - Olivia Callier. Great work by all of our spelling contestants!

The annual 5Essentials survey is live! Parent input is valuable to our district. We need 20% parent participation for each building to have any data. Please consider giving us your input! Please see the letter attached below for more information. The link can be found here:  
<https://survey.5-essentials.org/illinois/>

We are still seeing some positive strep throat cases. Several pages of information are included below for parents/caregivers.

Quarter 3 midterms will be ready by Friday! Please check your child's Teacherease account for any grading updates. We will be sending home Winter MAP reports with all students on Friday! Please check your student's backpack daily for any info.

7th grade MJH students will host their Annual Science Fair on Wednesday from 5:00 - 7:00 pm. PTO meeting on Thursday via Zoom. Please reach out to Mrs. Turman if you need the link to join us at 6:00 pm.

PTO School Store will be at NGS on Friday!

GBB games are in progress! Come check out a game if you can. Schedule is on the website.

Deadlines coming up for Daddy Daughter Dance. See flyer below. This week we are accepting Spirit Wear orders (flyer below). We are getting ready for Valentine's Day celebrations too!

Reminder the Board of Education meeting returns to Newark Grade School this month. Also, the weather seems to be warming up, BUT please still send all 5 things! It will be muddy and a little wet and our snow pants and boots keep our clothes dry!

Be sure to check the website: [www.ngsd66.org](http://www.ngsd66.org) and the district APP to keep up with all the activities and events at both schools. Please don't hesitate to contact us with any questions or concerns.

Have a wonderful week ahead!

Partners in Education,

Mrs. Turman and Ms. Chase

### Dates to Remember:

5Essentials Survey Opens!

[https://survey.5-essentials.org/illinois/?target\\_name=parent](https://survey.5-essentials.org/illinois/?target_name=parent)

February 8 - MJH Science Fair 5:00 - 7:00 pm

February 9 - PTO meeting via Zoom 6:00 pm

February 10 - Q3 Midterms; NGS School Store

February 14 - Valentine's Day - class parties K - 5

February 15 - Freshman registration 6:30 pm @NCHS

February 17 - 1:15/1:30 SIP dismissal

February 20 - Presidents' Day - No School

February 21 - BOE meeting 6:30 pm @ NGS

February 27 - GBB 8th Grade Night

February 28- PSAT for 8th graders at NCHS 8 - 12

March 9 - 8th Grade Graduation Pictures

March 10 - NGS School Store

March 11 - PTO Daddy-Daughter Dance @ MJH

March 17 - End of Q3

March 17 and 18 - Matilda the Musical @ NGS

March 20 - BOE meeting 6:30 pm @ NGS

March 24 - Dismiss @ 1:15/1:30 for Spring Break

March 27 - March 31 - Spring Break

Download the Mobile APP! Search Newark CCSD 66, IL on Android or Apple.

Follow us on Facebook and Twitter and Instagram!

Website: [www.ngsd66.org](http://www.ngsd66.org)

Youtube channel: Newark School District

# Millbrook Jr. High Viking Updates

## Week of January 6-February 10

*Monday, February 6*

**Morning Report:** Nora J.

**MAP Incentive Recess #4 (ELA)** 5th-7th during Rtl

**Sports & Activities:**

5th/6th & 7th/8th GBB HOME, Earlville, 4:30 pm

Matilda Practice 3-5 PM

Chess Club 3-3:45 pm

*Tuesday, February 7*

**Morning Report:** Teighan E.

**MAP Incentive Recess #5** 5th-7th during Rtl (BOTH TESTS BONUS)

**Sports & Activities:**

5th/6th & 7th/8th GBB HOME, Lisbon, 4:30 pm

**Homework Club** 3-3:45 pm

Scholastic Bowl Practice 3-4:30 PM

*Wednesday, February 8*

**Morning Report:** Colin S.

**Sports & Activities:**

7th/8th GBB Practice 3:00-4:30 PM

Matilda Practice 3-5 PM

5/6th GBB Practice 5:30-7:00 PM

**Science Fair 5-7 PM**

*Thursday, February 9*

**Morning Report:** Bea W.

**PTO Meeting 6 pm (Zoom)**

**MAP Incentive Recess #3** 8th Grade during 1st period

**Sports & Activities:**

**Homework Club** 3 pm-3:45 pm

7th/8th GBB Practice 3:00-4:30 PM

5/6th GBB Practice 5:30-7:00 PM

*Friday, February 10*

**Morning Report:** Tenley W.

*MIDTERM*

**Sports & Activities:**

Matilda Rehearsal 3 pm-5 pm

7th & 8th GBB HOME vs Somonauk, 4:30 PM

*Saturday, February 11*

Matilda Rehearsal 9-noon at NGS

# VIKING SPORTS BOOSTERS

## HOME GAME VOLUNTEERS

**Monday, February 6    7/8 & 5/6 GBB vs Earlville, 4:30 PM**

**4:00 -5:30 pm**

Concessions	Tami Acosta
	Samantha Preuser
Admissions	Laura Hergenbahn
Clock	Mr. Wilson
Book	Amber Wills

**5:30-7 pm**

Concessions	Allison English
	Sheila Smieszkal
Admissions	Micaela Sanders
Clock	Mr. Wilson
Book	Sarah Pottinger



**Tuesday, February 7    7th & 8th GBB vs Lisbon 4:30 PM**

**4:00-5:30 pm**

Concessions	Josh Sanders
	Corrine Clausel
Admissions	Tami Acosta
Clock	Mr. Wilson
Book	Amber Wills

**5:30-7:00 pm**

Concessions	David DiClementi
	Stacey Maddox
Admissions	Jenna Johnson
Clock	Mr. Wilson
Book	Sarah Pottinger



**Friday, February 10    7th & 8th GBB vs Somonauk 4:30 PM**

**4:00-5:30 pm**

Concessions	Allison Wright
	Corrine Clausel
Admissions	Belinda Pasillas
Clock	Mr. Wilson
Book	Amber Wills

**5:30-7:00 pm**

Concessions	Belinda Pasillas		
	Stacey Maddox		
Admissions	Micaela Sanders	Clock	Mr. Wilson
Book	Sarah Pottinger		

**Get Connected.  
Get Answers.**



**OPERATORS ARE STANDING BY TO  
ANSWER YOUR QUESTIONS 24/7/365**

**ONE FREE CALL TO 2-1-1 CONNECTS YOU WITH ALL  
HUMAN SERVICES IN KENDALL COUNTY**

## **GET HELP** ★



- Food
- Clothing
- Shelter



- Housing
- Rent / Utility Assistance
- Counseling



- Substance Abuse
- Domestic Violence
- Sexual Assault



- Transportation
- Support Groups
- Senior Services



- Aging Parents
- Child Care
- Employment



- Legal Assistance
- Health Care

## **GIVE HELP** ★

- Volunteer locally
- Find where to donate food, clothes and furniture

# **SAVE 211**



**IN YOUR  
CONTACT  
LIST  
FOR FUTURE  
REFERENCE!**

**211 IS YOUR NEW,  
FREE & CONFIDENTIAL  
INFORMATION  
& REFERRAL HOTLINE!**

**HELP IS AVAILABLE IN  
150+ LANGUAGES**



**Newark Community Consolidated School  
District #66**

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Dear Parents/Guardians,

Beginning **January 24**, students and teachers across Illinois will have an opportunity to participate in the eleventh annual statewide Illinois 5Essentials Survey. This survey is designed to generate a detailed picture of the inner workings of your child's school. As a parent, this opportunity will allow you to share your thoughts on the important elements of school effectiveness in a survey about your child's school.

On behalf of the Illinois State Board of Education, the Illinois 5Essentials Survey will be administered online by UChicago Impact at the University of Chicago. The survey gathers data related to five indicators that can predict important student outcomes, including improved attendance and larger test score gains. These five indicators that affect and predict school success are:

- Effective Leaders
- Collaborative Teachers
- Involved Families
- Supportive Environments
- Ambitious Instruction

Prior research in more than 400 schools has shown that schools that were strong on at least three of these "5Essential" indicators were 10 times more likely to improve student learning gains in math and reading than those that were weak on three or more Essentials.

All teachers and **4th<sup>th</sup> through 12<sup>th</sup> grade students** will be responding to this survey. 5Essentials Reports will be generated for schools if their teachers and/or students meet the response rate threshold of 50 percent. These reports will be sent to schools and districts in May 2023 and will also be included in the State School Report Card.

Additionally, your district has chosen to provide the optional Parent survey supplement. If at least 20 percent of Newark Grade School and Millbrook Jr. High parents complete this survey, a parent supplement report will also be generated. The parent data will not be reported on the State Report Card.

Your participation in the parent portion of the survey will help us understand the conditions at your child's school and guide improvement. Your identity and survey responses will be kept completely confidential and will never be connected to you or your child.

The Illinois 5Essentials Survey for students and teachers will be conducted January 24, 2023 through March 31, 2023. The Parent Survey Supplement will be conducted during that same timeframe. To take the survey please visit <https://survey.5-essentials.org/Illinois/> and select the appropriate survey to begin.

For more information about the Illinois 5Essentials Survey, or to view previous years' Reports, please visit <https://www.5-essentials.org/illinois>. If you have any questions or concerns, please contact UChicago Impact Client Services at 1-866-440-1874 or [impact-surveys@uchicago.edu](mailto:impact-surveys@uchicago.edu).

Partners in Education,  
Mrs. Demetra Turman  
Ms. Mindi Chase

**Newark Grade School**  
503 Chicago Road  
Newark, Illinois 60541  
Phone: 815-695-5143  
Fax: 779-999-4033

**Millbrook Junior High School**  
8411 Fox River Drive  
Newark, Illinois 60541  
Phone: 630-553-5435

The students of Newark Elementary are getting ready for the American Heart Association's **KIDS HEART CHALLENGE!**



## Mark Your Calendars:

Our school is kicking off our Kids Heart Challenge program on **January 30<sup>th</sup>** but you can get a jump start **TODAY!**

NGS partners up with the AHA to fundraise money towards heart research and creating awareness for heart health. While fundraising money, students can earn fun prizes! If a student raises over \$250, they get to participate in a fun event with their PE teacher in front of the school at the end of our fundraiser. Not only will students earn prizes, but our school in return earns money to help us buy new and more PE equipment!! Our program starts January 30th and ends February 24th! Fundraising and donations are all electronic this year as well (if cash or checks are donated please write it out to the American Heart Association and put in an envelope to be brought to either Mrs. Turman or Mr. Hofmann)

Just by signing up you can earn a wristband! They are different ways to earn and learn badges as well on the KHC school site, so make sure to explore and learn more about heart health! Some of our students have already signed up and started fundraising this week and are earning prizes! When signing up, please make sure to change usernames from the parent's name to the students name to make it easier when prepping fundraiser awards!

## Getting started is as easy as 1...2...3...

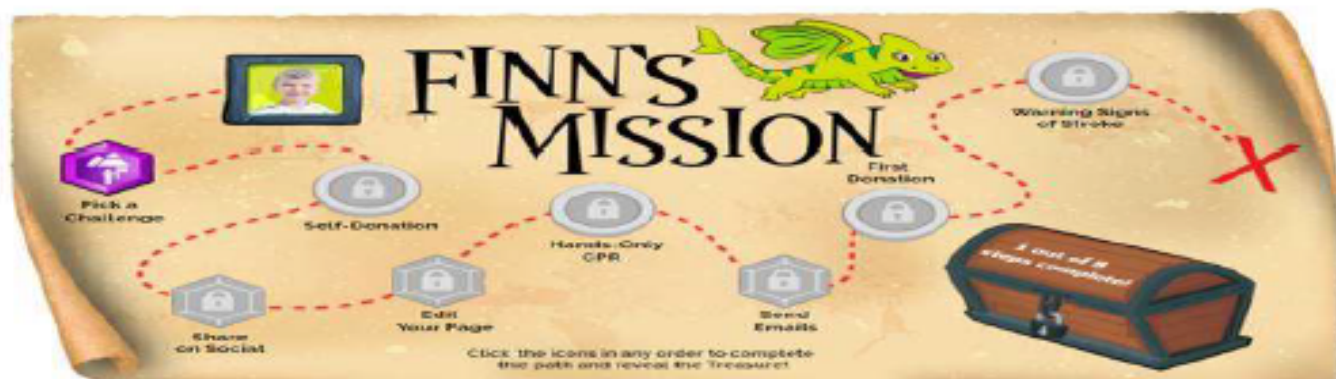
1. Download the Kids Heart Challenge App or visit [heart.org/KHC](http://heart.org/KHC) to register. OR- go directly there OR- go directly there <http://www2.heart.org/goto/NewarkGradeSchool>



2. Choose your daily health challenge to *Move More* or *Be Kind* and earn your own BE THE TORCH wristband so you can help light the way!

3. Get a head start on COMPLETING [FINN'S MISSION](#) in your Headquarters, where you and your family can put the power of lifesaving Hands-Only CPR into YOUR hands and help us create a community of lifesavers! Try to do all 8 activities to complete the Mission!





**\*\*\* Raise \$150 before we end & earn your very own Frankie to add to your Heart Heroes collection\*\*\***

Don't forget: Double your Gift! [Check to see](#) if your employer will match your donation today! Follow the steps and forward the confirmation to [matchinggifts@heart.org](mailto:matchinggifts@heart.org) to have this added to the student's fundraising page.



**KIDS HEART CHALLENGE**

**PARTICIPANT & PARENT/GUARDIAN HOW TO USE THE KHC APP**

Check your goals, see what thank-you gifts you've earned, email donors, play games, and watch the Heart Heroes come to life!

**DOWNLOAD THE KHC APP**  
Search "Kids Heart Challenge" in your app store. Once downloaded, you'll be able to enter your username and password. If you don't already have a username or password, click "Register" to set up your account.

**GO EXPLORE!**  
The icons at the top of the screen will help you manage your preferences:  
 - Notifications  
 - Account preferences  
 The icons at the bottom of the screen will guide you and your student to lots of options for raising funds and communicating with donors:  
 - Show your fundraising progress  
 - Send messages to your supporters via email, social media or text  
 - Keep track of funds you've raised  
 - Enter the Heart Alcove and bring your characters to life with AR experience!

**COMPLETE FINN'S MISSION!**  
Earn "Finn's Lifesavers Award" by completing all 8 challenges of Finn's Mission!

Challenges:

- Pick a Challenge
- Self-Donation
- Share on Social
- Edit Your Page
- Hands-Only CPR
- Send Emails
- 1st Donation
- Stroke Warning Signs

Help us get 100% of school families to learn the lifesaving skill of Hands-Only CPR when you take Finn's Mission!

Wristbands that students earn will be handed for signing up as soon as we receive notifications and all other prizes will be given at the end of the fundraiser.



# Newark FFA Porkburger Lunch Price List

Tuesday, February 21, 2023  
Newark Community High School Ag Shop  
Serving 11-1

Porkburger Sandwich.....	\$3.00
Dinner.....	\$4.50
2 Porkburger Dinner.....	\$6.50
Butterfly Porkchop Sandwich.....	\$3.50
Dinner.....	\$5.00
2 Butteryfly Porkchop Dinner.....	\$7.00
Ribeye Sandwich.....	\$6.00
Ribeye Dinner.....	\$7.00
Chips.....	\$1.50
Candy.....	\$1.00
Soda/Water.....	\$1.00

Serving time 11am-1pm @ Newark High School  
Dinners include chips, applesauce and baked beans  
\*\*\*FFA Farm Zoo is Thursday, February 23rd\*\*\*  
8:30- 1:30  
PUBLIC WELCOME

# STREP THROAT FACT SHEET FOR PARENTS

Some cases of strep throat have been reported from your child's school or classroom. Strep throat is an infection in the throat and tonsils. Anyone can get strep throat; however it is more common in children 5-15 years of age. People can get strep throat more than once.

## HOW DOES THE STREP SPREAD?

The bacteria that causes strep throat travels in respiratory droplets that are created when an infected person coughs or sneezes. You can get sick if you breathe in those droplets, or touch something that has the droplets on it and then touch your mouth or nose.

## HOW TO PREVENT STREP?

The following steps can prevent the spread of strep throat:

- Wash your hands frequently with soap and water.
- Avoid sharing eating utensils with someone who is sick with strep throat.
- When you cough or sneeze, cover your mouth and nose with a tissue, or your upper sleeve or elbow if you don't have a tissue.

## DIAGNOSIS AND TREATMENT

Health care providers test for strep throat by swabbing the throat and testing for the bacteria.

If diagnosed with strep throat, you may be prescribed antibiotics by your health care provider. It is important to take the full course of antibiotics as prescribed even when one starts to feel better. Not finishing the full course of medication can result in a longer infection or more serious complications.

## SYMPTOMS OF STREP?

The symptoms of strep throat usually include the following:

- Sore throat can start very quickly and can cause severe pain when swallowing.
- Fever.
- Red and swollen tonsils, sometimes with white patches or streaks of pus.
- Tiny red spots on the roof of the mouth.
- Swollen lymph nodes in the front of the neck.

Other symptoms may include headache, nausea, vomiting, or stomach pain.

## RESOURCES

[cdc.gov/groupastrep/diseases-public/strep-throat.html](https://www.cdc.gov/groupastrep/diseases-public/strep-throat.html)





## Wellness Weekly

# Strep Throat in Children

Strep throat is an infection caused by a type of bacteria (group A streptococcus). It is a relatively common infection, especially in children of school age — between ages 5 and 15. It's very unusual in children under 2 years of age, unless an older sibling has strep infection.

Rarely, group A strep can become invasive and spread to other parts of the body, like the blood or the brain, and cause serious, life-threatening illness.

### Signs and symptoms of strep throat

It is uncommon to have a cough, sneezing or runny nose with strep throat. Those are signs of a viral infection, such as a cold. Strep throat causes 20% of throat and tonsil infections in school age children; viral infections cause the rest. Signs and symptoms of strep throat can include:

- Rapid onset of severe sore throat
- Painful swallowing
- Fever
- Swollen, enlarged lymph nodes in your neck
- There may be tiny red spots back of the throat, the roof of your mouth or possibly white spots on your tonsils
- Scarlet fever: a bright red sandpaper-like rash over most of the body

But keep in mind that not all these symptoms may be present with every person who has strep throat.

### What is Scarlet Fever?

Scarlet fever is a bacterial illness that develops in some people who have strep throat. Also known as scarlatina, scarlet fever features a bright red rash that covers most of the body. Scarlet fever almost always includes a sore throat and a high fever. Scarlet fever is most common in children 5 to 15 years of age. Although it was once considered a serious childhood illness, antibiotic treatments have made it less threatening. Still, if left untreated, scarlet fever can result in more-serious conditions that affect the heart, kidneys and other parts of the body.

### Is Strep Throat Contagious?

Strep throat is very contagious. Anybody can get it, but most cases are in school-age kids and teens. Infections are common during the school year, with peaks in winter and early spring, when big groups of kids and teens are in close contact.

### How Do People Get Strep Throat?

The bacteria that cause strep throat tend to hang out in the nose and throat. So normal activities like sneezing, coughing, or shaking hands can easily spread an infection from one person to another. The Strep A pyogenes bacterium can live on surfaces for hours to days. Those with untreated strep throat are more likely to spread the infection when their symptoms are most severe but can still infect others for up to 3 weeks. That's why it's so important to teach kids to wash their hands well and often. This can lower their chances of getting contagious diseases like strep throat.

### How is strep throat diagnosed?

The only way to be sure of a strep throat diagnosis is to get tested. A rapid test can be performed in the doctor's office or urgent care facility. If it's positive, your child has strep throat. If it's negative, the doctor will send a sample to a lab for a throat culture. The results are usually available within a few days.

### How Is Strep Throat Treated?

Doctors usually prescribe 10 days of antibiotics to treat strep throat. Unlike colds or flu, which are viral infections and cannot be helped with antibiotics, strep throat is caused by bacteria.

This infection is treated for several reasons.

1. Symptoms go away much faster with treatment.
2. Antibiotic treatment decreases the chances of spreading it to someone else.
3. Treatment prevents future complications.

Left untreated, the bacteria that cause strep throat can spread to other parts of your body. Although in this country complications are rare, they can be very serious or even fatal. Complications can include:

- **Ear or sinus infections:** Infections can occur when bacteria cause swelling and inflammation in your ears or sinuses.

- **Tonsillar Abscesses:** Pockets of pus (abscesses) can form around your tonsils.
- **Guttate psoriasis:** A skin condition that causes small, red and scaly teardrop-shaped spots to develop on your arms, legs and torso.
- **Rheumatic heart disease:** The disease results from damage to heart valves caused by one or several episodes of rheumatic fever, an autoimmune inflammatory reaction to streptococcal pharyngitis or strep throat. It most commonly occurs in childhood and can lead to death or life-long disability.
- **Post-streptococcal glomerulonephritis:** A kidney disease that can develop after strep infections.
- **Invasive streptococcal infection:** An infection that can occur when bacteria enter your tissue. It can be life-threatening, with conditions occurring such as streptococcal toxic shock syndrome, necrotizing fasciitis and other severe infections. This can ultimately lead to rapid decline and death.

Within about 24 hours after starting on antibiotics, your child probably won't have a fever and won't be contagious. By the second or third day, other symptoms should start to go away. Even when kids feel better, they should take the antibiotics as prescribed. This is the best way to kill the harmful bacteria. Otherwise, bacteria can stay in the throat and symptoms can come back.

#### **To prevent spreading strep throat to others in your home:**

- Keep your child's eating utensils, dishes, and drinking glasses separate and wash them in the dishwasher or in hot, soapy water after each use.
- Make sure your child doesn't share food, drinks, napkins, handkerchiefs, or towels with other family members.
- Teach your child to cover all sneezes or coughs. If a tissue isn't handy, kids should sneeze or cough into their elbow, not their hands.
- Remind everyone to wash their hands well and often.
- Give your child a new toothbrush after the antibiotic treatment starts and they're no longer contagious.

#### **Amoxicillin shortage**

If your child has been prescribed amoxicillin and it is not available at the pharmacy, it's important to talk to your pharmacist as well as the health care professional who prescribed the medication because there are other alternatives that can be used. A different antibiotic can be prescribed, or they can advise you on how to use a different formulation of amoxicillin that is available — for example, crushing a tablet or opening a capsule if your child is not able to swallow medications.

#### **How can I help my child feel better while recovering from strep?**

There are many sore throat home remedies that can help relieve your symptoms.

- Eat soft foods, such as applesauce, mashed potatoes, yogurt, ice cream.
- Drink soothing liquids, such as warm tea, warm broth, hot chocolate.
- Gargle with warm salt water (1/4 tsp. salt dissolved in 8 oz. warm water)
- Suck on age-appropriate throat lozenges or ice pops.
- Get plenty of sleep.
- Stay hydrated by drinking plenty of water.
- Use a cool-mist vaporizer or humidifier.
- Take a pain reliever, such as acetaminophen (Tylenol®) or ibuprofen (Advil®).

Don't give your child aspirin. Aspirin can cause a life-threatening illness called Reye's syndrome in children and adolescents who have fevers.

#### **When should I see my healthcare provider?**

If you're not getting better, let your healthcare provider know right away. You shouldn't stop taking your antibiotic unless directed by your provider. Call your provider if you aren't improving one to two days after starting the antibiotic. You should also call if you have any of the following symptoms:

- Fever one or two days after feeling better.
- Nausea or vomiting.
- Earache.
- Skin rash.
- Painful joints.
- New onset of muscle pain.
- Shortness of breath.
- Dark urine, rash or chest pain (may occur three to four weeks later).

#### **Be aware of myths about strep infections**

**Myth:** You can tell if a child has strep simply by looking at their throat.

This is a fairly common myth. Viral throat infections can look very similar to strep. If your child has a sore throat with fever and a red, swollen throat or tonsils with white pus on them, then they need to be seen by their healthcare provider to be tested for strep throat. If

the tests for strep come back negative, then your child's throat infection is likely caused by a virus and antibiotics will not be needed. Viral infections of the throat usually improve in two to three days without treatment. Most studies have shown that doctors are only correct about half the time when they think a child has strep after just a physical exam.

**Myth: if my tonsils have been removed I can no longer get strep throat**

Strep throat usually affects your throat and tonsils. But you can still get the infection if you don't have tonsils — it doesn't make you immune. However, if you've had your tonsils removed, your risk of getting strep throat decreases. You may get the infection less often. In addition, your symptoms may not be as severe.

**Myth: if my child doesn't have a fever it can't be strep throat**

Strep throat infections are often accompanied by fever, but not everyone with a strep infection will have a fever. Sore throat with fever are the most common manifestations of strep throat, but strep can also present as sore throat and a stomach ache or nausea (stomach symptoms are more common in children with strep infections than in adults), or sore throat and a headache. Occasionally strep throat can also reveal itself as a fever and stomach ache without a sore throat.

**Myth: strep will go away on its own without treatment**

Strep throat typically goes away in three to seven days with or without antibiotic treatment. However, if you don't take antibiotics, you can remain contagious for two to three weeks and are at higher risk for complications, such as rheumatic fever.

**Myth: I can give my child antibiotics left over from . . .**

Never take medicines left over from an earlier illness or give leftover medicine to anyone else. Leftover antibiotics can make strep throat more difficult to diagnose and treat and can cause serious side effects. Please let your child's healthcare provider diagnose and prescribe appropriate treatment for your child's illness.

**References:**

<https://my.clevelandclinic.org/health/diseases/4602-strep-throat>

<https://www.seattlechildrens.org/conditions/a-z/strep-throat-infection/>

<https://kidshealth.org/en/parents/strep-throat.html>

<https://newsnetwork.mayoclinic.org/discussion/know-the-signs-of-strep-throat-in-children/>

<https://www.gohealthuc.com/library/strep-throat-home-remedies>

<https://newsnetwork.mayoclinic.org/discussion/know-the-signs-of-strep-throat-in-children/>

<https://www.mayoclinic.org/diseases-conditions/scarlet-fever/symptoms-causes/syc-20377408>

<https://www.who.int/news-room/fact-sheets/detail/rheumatic-heart-disease#:~:text=It%20most%20commonly%20occurs%20in,antibiotics%20when%20they%20do%20occur.>



# WILLIAMS SUMMER VOLLEYBALL CAMPS



**SAME CAMP:  
2 DIFFERENT WEEKS AT  
2 DIFFERENT LOCATIONS**



## **Camp 1: June 27-29 at Helmar Lutheran Church's Gym**

Located at NW corner of Helmar Road & Lisbon Road in rural Newark

## **Camp 2: July 11-13 at Village Bible Church's Gym**

Located at NE corner of Route 47 & Bliss Road in Sugar Grove

This summer Coaches Monica Williams & Megan Williams will conduct volleyball camps for students entering grades 1—9 in the fall. Coach Monica played volleyball for Lisbon Grade School, Newark High School, and Wheaton College, and has since been inducted into the Sports Hall of Fame at both Newark High School & Wheaton College. She coached for 10 years at the high school varsity level and 10 years at the middle school level, and has run camps for over 20 years. Her daughter, Coach Megan Williams, was a 4-year starter on the Newark High School Volleyball team that secured two State Championships. A 6'1" outside hitter, Megan was named a unanimous all-conference athlete all four years. She has assisted with the Williams Summer Volleyball Camps for many years. These coaches LOVE to teach solid fundamentals while encouraging youth athletes!

The purpose of the camp is to equip athletes with the skills needed to be successful volleyball players. Camp offers individual instruction in basic and intermediate volleyball techniques. This camp is designed for participants interested in developing and refining the skills of passing, setting, spiking, blocking, digging, and serving. Tactics and teamwork skills essential to an improved level of play will also be emphasized.

Beyond just developing skills relating to volleyball, Coach Williams' desire is to see young athletes develop strong character qualities through competing in athletics. Coaches in Monica's life have taught her great life lessons through sports, and she would like to pass these lessons along to others as well!

## CAMP SCHEDULES

- Session 1: Students entering grades 1st—3rd in fall of 2023  
8:00 a.m.— 9:30 a.m.
- Session 2: Students entering grades 4th—6th in the fall of 2023  
9:30 a.m.—11:30 a.m.
- Session 3: Students entering grades 7th—9th in the fall of 2023  
12:00 p.m.—2:00 p.m.

*Notes:*

*\*2023 Camps will each run for 3-days with longer session times.*

*\*Gymnasiums at both camp locations are air-conditioned.*

# 2023 Camp Fee: \$50 per athlete

Registration deadline is **Friday, June 9, 2023** to receive a camp T-shirt.

*Note: Walk-ins are welcome only if space remains available. Sessions typically fill in advance. Camp registration is open to both girls and boys. Sessions are filled on a first-come, first-serve basis.*

**Option 1: Send this signed registration/waiver form to: (with check payable to Monica Williams)**

Coach Monica Williams  
12217 Bushnell School Road  
Newark, IL 60541

**Option 2: Complete & screen shot or scan this form to [monica.williams@villagebible.org](mailto:monica.williams@villagebible.org) and then Venmo the \$50 payment to @Monica-Williams-268**

**Questions? Contact Coach Williams at C: (630) 742-4835 or [monica.williams@villagebible.org](mailto:monica.williams@villagebible.org)**

## Registration & Waiver Form

**PLEASE CHECK YOUR CAMP LOCATION/DATES & SESSION:**

***NOTE: One form required per camper being registered.***

### **Camp 1 at Helmar Church in rural Newark from June 27-29, 2023.**

Session 1: Entering grades 1—3 in the fall of 2023	8:00 a.m.—9:30 a.m.
Session 2: Entering grades 4—6 in the fall of 2023	9:30 a.m.—11:30 a.m.
Session 3: Entering grades 7—9 in the fall of 2023	12:00 p.m. — 2:00 p.m.

### **Camp 2 at Village Bible Church in Sugar Grove from July 11-13, 2023.**

Session 1: Entering grades 1—3 in the fall of 2023	8:00 a.m.—9:30 a.m.
Session 2: Entering grades 4—6 in the fall of 2023	9:30 a.m.—11:30 a.m.
Session 3: Entering grades 7—9 in the fall of 2023	12:00—2:00 p.m.

**CIRCLE T-SHIRT SIZE:** Youth: S M L Adult: S M L XL XXL

Athlete's Name: \_\_\_\_\_ Grade entering: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Email address: \_\_\_\_\_ School attending in fall 2023: \_\_\_\_\_

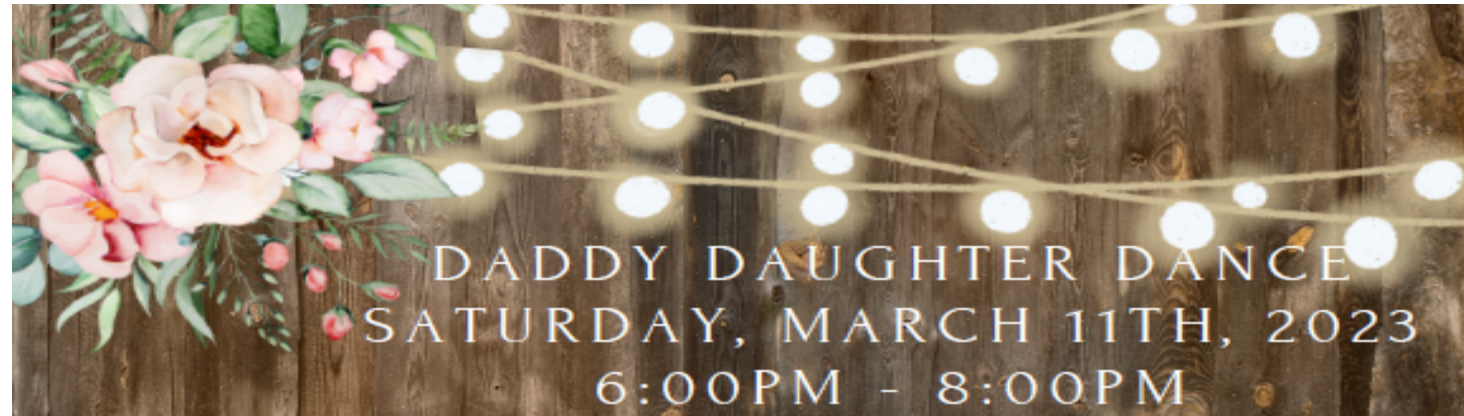
In case of emergency, notify: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

I give my student athlete permission to attend the Williams Summer Volleyball Camps the week of June 27 –29 and/or July 11-13, 2023. I do hereby waive, release and discharge Village Bible Church and Helmar Lutheran Church, their staff and employees, and Coach Monica Williams and her assistant coaches from any and all rights and claims for damages resulting from injuries to my students or property which may be sustained by said child in connection with his/her association with, or participation in, or arising out of the traveling to or from volleyball camp. We, the parents or guardians, agree to the above waiver and release.

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date





Sponsored by the Newark/Millbrook PTO

Open to Newark/Millbrook and Lisbon Schools

\$20 per family (\$25 at the door)

\$10 for flower corsages

Dancing Sweet Treats Photographer Raffle Baskets Photo Booth and More!

Tickets and flowers can be purchased until Friday, February 17th

Photo packages are an additional cost at the dance

PLEASE NOTE - All raffle ticket sales the night of the dance will be CASH ONLY

Questions? Contact Gilly Fordyce (gillyfordyce@gmail.com)

Please return the form below with payment (cash or checks made to Newark PTO) in a SEALED ENVELOPE to your child's school office (NGS, MJH or Lisbon Schools) teacher or homeroom teacher.

Cut here and return by February 17th



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Student Name: \_\_\_\_\_

Additional Daughters Names: \_\_\_\_\_

These can also be little ones that are not school aged students

Adult Attending: \_\_\_\_\_

School: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Parent phone #: \_\_\_\_\_

Parent email : \_\_\_\_\_

Ticket for two \$20 \_\_\_\_\_  
Quantity

Additional daughters \$5 \_\_\_\_\_  
Quantity

Corsage: \$10 ea. Pink \_\_\_\_\_  
Quantity

Yellow \_\_\_\_\_  
Quantity

Total Enclosed: \$ \_\_\_\_\_

# Charles B. Phillips Library February Calendar Events

MON	TUE	WED	THR	FRI	SAT
 Drop in between 11AM–12PM or 4–5PM Monday through Friday until February 14 and create Valentines! Open to all ages. 		<b>1</b> 9:15 AM Chair Yoga	<b>2</b>	<b>3</b> 9:15 AM Chair Yoga	<b>4</b> 10:00 AM Duplo Club  11:00 AM Lego Club
<b>6</b> 9:15 AM Chair Yoga  10:30 AM Storytime- Valentine Gnome	<b>7</b> 10:30 AM Tiny Vikings Playgroup	<b>8</b> 9:15 AM Chair Yoga	<b>9</b> 5:00 PM Adult Pottery Teacup Registration Required	<b>10</b> 9:15 AM Chair Yoga  1:00 PM Hand & Foot Canasta	<b>11</b> 9:30 AM Adult Book Chat <i>Major Pettigrew's Last Stand</i>
<b>13</b> 9:15 AM Chair Yoga  10:30 AM Storytime- Valentine's Day	<b>14</b> 10:00 AM Itty Bitty Crafter Birth-Age 2  10:30 AM Tiny Vikings Playgroup  1:00 PM Adult Matinee <i>Till</i>	<b>15</b> 9:15 AM Chair Yoga	<b>16</b> 3:30 PM Board Game Club	<b>17</b> 9:15 AM Chair Yoga	<b>18</b>
<b>20</b> 9:15 AM Chair Yoga	<b>21</b> 10:30 AM Tiny Vikings Playgroup	<b>22</b> 9:15 AM Chair Yoga	<b>23</b> 5:00 PM Historian Michelle Gibbons presents <i>The Life of Johnny Cash</i>	<b>24</b> 9:15 AM Chair Yoga  1:00 PM Hand & Foot Canasta	<b>25</b>
<b>27</b> 9:15 AM Chair Yoga  10:30 AM Storytime- Pinecone Owl	<b>28</b>	Charles B. Phillips Library 6 N. Jackson Street Newark IL 815.695.5851 www.cbplib.us			
				 Adult Events	 Youth Events



# February 2023

## What is happening in PTO

2/2 - Time to Dine at Macianos all day

\*Bring flyer or mention Newark when ordering

2/9 - PTO meeting via Zoom at 6:00 pm

2/21 - Time to Dine Panera all day

\*Bring flyer or mention Newark when ordering

*Daddy Daughter Dance*

*Saturday, March 11th*

*6:00-8:00 pm*

*Forms have been sent home and are due back  
along with payment on February 17th.*

**If you are not receiving emails for sign up genius forms, please send an email to [gillyfordyce@gmail.com](mailto:gillyfordyce@gmail.com) to be added to our email list. Parent volunteers are always needed to help make events a success for the students.**

**Follow us on Facebook at Newark/Millbrook PTO**

# Newark/Millbrook Spirit Wear

## Order Form

Shirt colors available in Blue, Light Gray, Dark Gray, White and Black.  
Youth Sizes XS - XL and Adult Sizes S - 5XL. Items will be delivered to your student within 2 weeks of close date.

**\*Please be sure to look at the color of your design before choosing a shirt color.\***

Design #1



Design #2



Design #3



Design #4



Design #5



Design #6



Design #7



Basketball Design



Cheerleading Design  
(can be done in glitter upon request)

New sport designs will be offered during each season.

T-Shirts	Design Option Front	Back Name/Number (Additional \$3 for plain or \$5 for glitter)	Shirt Color (Blue, Light Gray, Dark Gray, White, or Black)	Size	Price	Qty	Amount
Youth Short Sleeve (XS-XL)					\$18		\$
Youth Long Sleeve (XS-XL)					\$20		\$
Adult Short Sleeve (S-5XL)					\$20 (2XL and up +\$3)		\$
Adult Long Sleeve (S-5XL)					\$23 (2XL and up +\$3)		\$
Sweatshirts	Design Option Front	Back Name/Number (Additional \$3 for plain or \$5 for glitter)	Shirt Color (Blue, Light Gray, Dark Gray, White, or Black)	Size	Price	Qty	Amount
Youth Crewneck (XS-XL)					\$23		\$
Youth Hoodie (XS-XL)					\$27		\$
Adult Crewneck (S-5XL)					\$30 (2XL and up +\$3)		\$
Adult Hoodie (S-5XL)					\$35 (2XL and up +\$3)		\$

Turn over for tumblers pricing and options



Stadium Blanket Design  
Design will be placed in corner of blanket



Open Order Dates:	Estimated Delivery Date:
Aug. 9th- Aug. 30th	Sept. 13th
Sept. 26th- Sept 30th	Oct. 14th
Oct. 24th- Oct. 28th	Nov. 11th
Nov. 28th- Dec. 2nd	Dec. 16th
Jan. 9th- Jan. 13th	Jan. 27th
Feb. 6th- Feb. 10th	Feb. 24th
Mar. 6th- Mar. 10th	Mar. 24th
Apr. 3rd- Apr. 7th	Apr. 21st
May 1st- May 5th	May 19th

Accessories	Design Option	Color	Price	Qty	Amount
20 oz. Skinny Tumbler + straw (white, black, Lt. Blue)			\$15		\$
30 oz. Tumbler + straw (white, black, royal blue)			\$17		\$
32 oz. Flip Top Water Bottle (white, black, royal blue)			\$25		\$
Stadium Blanket (50"x60") (royal blue, black, sport gray)			\$40		\$

If there are different color options, please make a note and we will try to accommodate any custom changes. Any questions, please email Katie Sosolik @ waycodesigns13@gmail.com. A percentage of all sales will go back to the Newark/Millbrook PTO

Payment Options: Cash or Check (to Katie Sosolik).  
Payment must be made in full at time of order.

Student Name : \_\_\_\_\_

Teachers Name : \_\_\_\_\_

NGS or MJH : \_\_\_\_\_

Phone Number: \_\_\_\_\_

Grand Total : \_\_\_\_\_







**What: Newark HS Boosters Trivia Night**

**Where: Whitetail Ridge Golf Club -**

**7671 Clubhouse Dr., Yorkville, Illinois**

**When: Friday, March 10th, 2023**

**Dinner & Drinks begin @5pm w/Trivia at 7pm**

**(Dinner & Drinks @ customers expense)**

**Why: Raise \$ for NCHS sports/clubs/activities**

**Details: \$200 per table of 8 people**

**(\$25 a person or \$50 a couple)**

**Each table will pick a theme and dress up!**

**Prizes will be awarded for best table  
theme and Trivia winners (1st, 2nd, 3rd)**

**We will have a 50/50,  
silent auction, and raffle baskets!**

**To get a table contact:**

**Michelle Kruser - [michelle.kruser@gmail.com](mailto:michelle.kruser@gmail.com) Or**

**Donna Pasakarnis - [donna.pasakarnis@gmail.com](mailto:donna.pasakarnis@gmail.com)**

## Upcoming Fern Dell Historic Association Fundraiser

2023 marks the return of eat in Kumla Dinner, sponsored by Fern Dell Historic Association. The dinner is planned for Sat., Feb. 18, at the Newark Fire House in Newark, IL. Serving begins at 4:30 p.m. to 6:30 p.m. The dinner includes all you can eat Kumla (potato dumplings), ham, applesauce, beverage and dessert for \$15 for those over 8. Those 8 years and under are \$8. Carryouts will be available.

No advance tickets are needed this year.

The association is currently raising funds for replacing the roof on the museum.

All proceeds from this dinner will go to the roof fund.

For more information call 815-736-6190.

A thank you from Helmar Lutheran Church.....

Thank you to everyone who helped support the Helmar Lutheran Church Food Pantry Kumla Fundraiser on January 21st. We served just over 600 people on this 15<sup>th</sup> Annual Kumla Supper and through the generous funds received we raised enough to buy two semi loads of food for 150 pantry patrons! That's incredible! We continue to be amazed at the compassion of our community to help their neighbors in need.

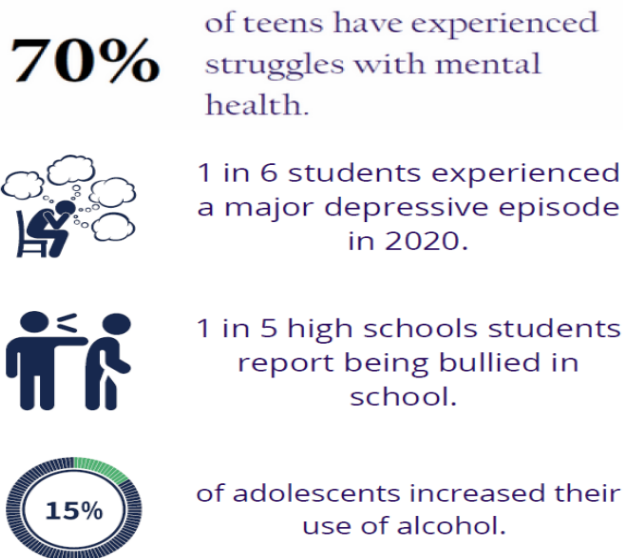
Thank you, The HLC Food Pantry Board

### WHAT IS SAFE2HELP IL?

Safe2Help IL is a program with a multifaceted approach to help prevent suicides, bullying, school violence, or other threats to school safety. The program offers a website with self help resources and videos, a classroom resource kit to help change the culture in Illinois schools, and a 24/7 **confidential** way to share information regarding safety issues impacting you or your friend's safety. Our goal is for students to **"Seek Help Before Harm."**



### DID YOU KNOW?



Source: NAMI- [https://www.nami.org/NAMI/media/NAMI-Media/Infographics/NAMI\\_2020MH\\_ByTheNumbers\\_Youth.pdf](https://www.nami.org/NAMI/media/NAMI-Media/Infographics/NAMI_2020MH_ByTheNumbers_Youth.pdf)

### HOW TO SHARE INFORMATION



**844-4-SAFEIL**



**SAFE2 (72332)**



**SAFE2HELPIL.COM**



**HELP@SAFE2HELPIL.COM**



Download on the  
**App Store**

GET IT ON  
**Google Play**

Follow Us:



For more information visit our website at [Safe2HelpIL.com](https://Safe2HelpIL.com)

# WHAT'S NEXT?



DuPage | Kane | Kendall



FEB  
**11**

**TURN THOUGHTS INTO SUPERPOWERS:**  
Surfing the Emotion Ocean (ages 5-8)  
10-11 a.m. | Naperville

FEB  
**15**

**ENVIRONMENTAL CAREER PANEL** (ages 8-18)  
5-6 p.m. | Online with Morton Arboretum



FEB  
**18**

**INDIGENOUS ILLINOIS** (ages 5-8)  
9:30-11:30 a.m. | Yorkville



FEB  
**20**

**1) CREATING IMPACTFUL IMAGES WITH YOUR PHONE**  
**2) SPOTLIGHT ON PUBLIC SPEAKING**  
Ages 8-18 | Presidents Day | Naperville



MAR  
**28-30**

**SPRING BREAK VISUAL ARTS WORKSHOPS**  
Recycled Art, Illustration, Soaps, Candles,  
Crocheting, Beading, & more!

LEARN MORE about each and HOW TO REGISTER at  
[go.illinois.edu/info4Hdck](https://go.illinois.edu/info4Hdck)



SCAN  
ME



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## Dear Parent:

The statistics are alarming:

- More than 350,000 children went missing in 2021\*
- Information supplied in the first 24 hours can be crucial in safe recovery

Your child's school is partnering with American Income Life Insurance Company to provide a no-cost **Child Safe Kit®** that allows you to supply your child's vital information to law enforcement should an emergency occur.



**Scan the QR code or visit**  
**[MyBenefits.AILife.com/CHGJI](https://www.aillife.com/CHGJI)**  
**to find out more or request a no-cost kit.**

An AIL representative will contact you to provide the Child Safe Kits or Child Safe mobile app, and to discuss optional supplemental insurance coverage that may be available to you and your family.

\* NCIC Missing and Unidentified Persons Statistics, 2021, <https://www.fbi.gov/file-repository/2021-ncic-missing-person-and-unidentified-person-statistics.pdf/view>

GA-04E (R8-22)



## Helmar Lutheran Food Pantry

Are you having trouble making ends meet? These are certainly challenging times with gas, food, medicine, and utilities all climbing higher and higher. Whether you're trying to meet your own needs or those of a family, it can be stressful. Helmar Lutheran Food Pantry can help stretch those dollars by offering free food at our distributions twice a month.

We serve the Kendall County area but will never turn anyone away in need of food, no matter your location. Matthew 25:35, "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in,..."

Should you, your family or someone you know need food assistance, please come to:

Helmar Lutheran Food Pantry  
11935 Lisbon Road  
Newark, IL 60541

Distribution\*:

2<sup>nd</sup> Friday of each month from 5-7pm

4<sup>th</sup> Monday of each month from 3-5pm

Please bring with you the following:

2 proof of residency: Driver's License, State ID, Utility Bill, etc.

1 proof of dependent children: SS Card, Birth Certificate, report card, etc.

Any questions, please call (815)695-5489 and choose Food Pantry option.

\*Distribution may be adjusted near a holiday

# NEWARK CCSD 66 | 2022-2023 CALENDAR

JULY '22						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

4 - Independence Day

JANUARY '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

09 - Teacher Institute  
10 - School resumes  
13 - Dismiss SIP 1:15/1:30 pm  
16 - M.L. King Day -No School

AUGUST '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

02 - Registration/Popsicles with Principal @ NGS ONLY 1 - 6 pm

15 - Teacher Institute  
16 - Teacher Institute  
17 - First Day of attendance

FEBRUARY '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

10 - Q3 Midterms  
17 - Dismiss SIP 1:15/1:30 pm  
20 - Presidents' Day -No School

SEPTEMBER '22						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

05 - Labor Day

08 - Dismiss SIP Day 11:15/11:30  
16 - Q1 midterms

MARCH '23						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

17 - End of Q3  
24 - Dismiss SIP 1:15/1:30 pm  
27 - 31 Spring Break

OCTOBER '22						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

07 - Dismiss SIP Day 1:15/1:30  
10 - Columbus Day- No School  
14 - End of Q1  
19 - Conferences 4 - 7 pm  
20 - Conference 2 - 7 pm  
Dismiss 1:15/1:30  
21 - No School  
31 - Halloween

APRIL '23						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

03 - School Resumes  
07 - Good Friday - No school  
09 - Easter Sunday  
10 - No School  
28 - Dismiss SIP 1:15/1:30 pm;  
Q4 midterms

NOVEMBER '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

8 - No School - Elections  
18 - Q2 Midterms  
23 - Dismiss 11:15/11:30  
23-25 - Thanksgiving Holiday

MAY '23						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

05 - Dismiss SIP 1:15/1:30 pm  
14 - Mother's Day  
26 - Last Day 1:15/1:30 pm; End of Q4  
29 - Memorial's Day

DECEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

21 - Dismiss SIP 1:15/1:30  
22 - Dismiss 1:15/1:30; End of Q2  
23 - No School  
25 - Christmas Day  
26 - 30 Winter Break

JUNE '23						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

18 - Father's Day  
19 - Juneteenth

Amended Calendar on May 17, 2022