



District E-News

October 31, 2022

Newark CCSD 66

www.ngsd66.org

815-695-5143

Newark Families and Staff,

Happy Halloween! The Costume Parade is back at NGS! Families are welcome to attend. Parents/families are asked to form a perimeter around the back recess playground blacktop by 1:30 pm on Monday, Oct. 31st! Our parade will begin inside picking up classes with the kids and teachers. We will then come outside the cafe side door and parade around the back blacktop for pictures before entering back into the building through the side cafe door and dropping off classes for the class parties.

Boys basketball and cheer season starts in full swing this week at MJH! Thank you in advance to all of our parents who help with concessions, admissions, book and clock! We couldn't run the season without all of the help!

Don't forget School Board Elections are this spring! Petitions are being circulated now. You can pick up petitions at the Kendall County Clerk's office.

Pre-yearbook orders are being accepted online only for a discounted price. The price will increase \$2 after November 10 and another \$2 after January. Flyer is attached below.

We are cognizant of some illnesses affecting our student population. We wash hands, cover our sneezes and sanitize high touch areas several times a day. If your student is running a fever, please keep them home.

Looks like our weather is a mixed bag this week! Mornings are cool - students should have their 3 things: coat, hat and gloves at least for morning recess.

The Board of Education has approved to move forward with securing our front entrances at both schools, hopefully this summer. We will begin looking at financing these very important projects now that several major building improvements have been completed. Stay tuned for more information as we work through the bidding and levy processes. Thank you for your patience and support as we continue to enhance and secure our learning environment!

Finally, our school report card will be released on Monday. I am proud to report that both schools have summative ratings of Commendable. The state changed several metrics this year, so we cannot really compare the 2019 data to this current report. However, through the COVID shutdown and protocols, we were able to see growth in our students! We know we have work to do, but with our staff and family support, we know we can make even more progress! You can see the report card here: <https://www.illinoisreportcard.com/>

Safe Halloween fun and have a wonderful week!
Partners in Education,
Mrs. Turman and Ms. Chase

Dates to Remember:

October 31 - Happy Halloween! NGS Costume Parade @ 1:30 pm (open to families); Class parties to follow

November 1 - PTO meeting 6:30 @ MJH; Ornament orders due (see flyer)

November 3 - Time to Dine at Culver's (flyer below)

November 5 - Chili Supper at Newark Firehouse for Fern Dell

November 6 - Daylight Savings Time - Fall Back

November 7 - Title I Parent meeting @ 4:30 NGS

November 8 - No School - State Law for Election Day

November 11 - School Store - both schools

November 15 - Time to Dine @ Johnny K's (flyer below)

November 18 - Q2 Midterms

November 21 - BOE meeting 6:30 @ MJH

November 23 - Early Dismissal 11:15/11:30

November 24 - 25 - Thanksgiving Break

Download the Mobile APP! Search Newark CCSD 66, IL on Android or Apple.

Follow us on Facebook and Twitter and Instagram!

Website: www.ngsd66.org

Youtube channel: Newark School District

Millbrook Jr. High Vikings Updates

Week of October 31-November 5

Monday, October 31

Morning Report: Ava G.

5th Grade Halloween Party during 8th hour

Sports & Activities:

HALLOWEEN- NO SPORTS/ACTIVITIES

Tuesday, November 1

Morning Report: Juliette F.

Sports & Activities:

Homework Club 3-3:45 pm

PTO Meeting 6 pm MJH

7th & 8th BBB HOME vs HBR, 4:30 PM; Cheer

Speech Team Practice 3:00-4:30 pm

Wednesday, November 2

Morning Report: Starlynn A.

Sports & Activities:

7th & 8th BBB @ Leland, 4:30 PM

Speech Team Practice 3:00-4:30 pm

Thursday, November 3

Morning Report: Hannah S.

VV Pizza Party: Teighan E, Allie W, Kainnen, Nora & Mr. Anderson (during RTI)

Student Sports & Activities:

Homework Club 3-3:45 pm

5th/6th BBB HOME vs Serena, 5:00 PM; Cheer

7th/8th BBB Practice 3:00-4:15 pm

Speech Team Practice 3:00-4:30 pm

Friday, November 4

Morning Report: Zeke B.

Student Sports & Activities:

7th & 8th BBB @ Serena, 4:30 PM

5/6th BBB Practice 6:00-7:30 PM

Speech Team Practice 3:00-4:30 pm

Saturday, November 5

Speech Contest @ Arlington Heights South



VIKING SPORTS BOOSTERS HOME GAME VOLUNTEERS

Tuesday, November 1 7th/8th vs. HBR

4:15-5:30 pm

Concessions	Rachel Toftoy
	Alyson Cass
Admissions	David DiClementi
Clock	Laura Smith
Book	?



5:30-7 pm

Concessions	Andrea McBroom
	Chrissy Callier
Admissions	Mark Underhill
Clock	Laura Smith
Book	Patrick Callier

Thursday, November 3 5th/6th vs. SERENA

4:45-6 pm

Concessions	Gilly Fordyce
	Amber Schmidt
Admissions	Karen Greer
Clock	Amy Bender
Book	Brant Bender



6-7:15 pm

Concessions	Karen Greer
	Jessica Labhart
Admissions	Heather Walker
Clock	Tim Christian
Book	Wes Miller



Fern Dell Historic Association will serve an All You Can Eat Chili Supper on Nov 5, at the Newark Firehouse. Serving Begins at 4:30 to 6:30 p.m. Meal includes chili, toppings, dessert and a beverage. Adult meal is \$8. Child's meal is \$2, under 6 is free. A hot dog meal is available for \$2. Carryouts are available.

A PLUMP & PERKY TURKEY WORKSHOP
BUILD-YOUR-OWN BUTTERBALL THE TURKEY
CHARLES B. PHILLIPS LIBRARY
FUNDRAISER.

WORKSHOPS AVAILABLE AT THE LIBRARY.

SATURDAY, NOVEMBER 5TH AT 11:00 A.M. AND 12:00 P.M.

PRE-REGISTER WITH PAYMENT TO RESERVE YOUR STUFFED FRIEND. LIMITED QUANTITIES AVAILABLE.

\$30 EACH

KIT INCLUDES: 15 INCH TURKEY, STUFFING, BIRTH CERTIFICATE, AND WISHING STAR.

CASH OR CHECKS MADE TO CHARLES B. PHILLIPS PUBLIC LIBRARY 815-695-5851





**Don't want to cook,
we got you covered !**

The current funds being raised will be going to:

NGS - playground repairs

MJH - playground repairs

Time to Dine - Let's go to dinner fundraiser
Newark Grade School and Millbrook Junior High would
like to give a BIG THANK YOU to Culvers and YOU!

They will be hosting a fundraiser for us and a percentage of all sales
for the date below will be donated as a benefit back to our school.

Bring this flyer in or show it on on your phone.

Thursday, November 3rd
4pm-9pm
(Yorkville location)





**Don't want to cook,
we got you covered !**

The current funds being raised will be going to:

NGS - playground repairs

MJH - playground repairs

Time to Dine - Let's go to dinner fundraiser
Newark Grade School and Millbrook Junior High would
like to give a BIG THANK YOU to Johnny K's and YOU!

They will be hosting a fundraiser for us and a percentage of all sales
for the date below will be donated as a benefit back to our school.

Bring this flyer in or show it on on your phone.

Tuesday, November 15th
4pm-9pm
(Sandwich Location)





School Board Members Needed!

This year brings the opportunity for anyone interested in serving on our Board of Education! We would be honored for you to join us! Petitions can be obtained at the Kendall County Clerk's Office. Circulation period 9/20/22 through 12/12/2022.

We have three openings: 2 -Two year terms and 1 - Four year term **Qualifications:** A Board of Education member must be, on the date of election or appointment, a United States citizen, at least 18 years of age, a resident of Illinois and the District for at least one year immediately preceding the election, and a registered voter.

Reasons making an individual ineligible for Board membership include holding an incompatible office and certain types of State or federal employment. A child sex offender, as defined in State law, is ineligible for Board of Education membership.

What does a School Board Member do?

- 1. Organizing the Board after each consolidated election by electing officers and establishing its regular meeting schedule and, thereafter, taking action during lawfully called meetings to faithfully fulfill the Board's responsibilities in accordance with State and federal law.*
- 2. Formulating, adopting, and modifying Board policies, at its sole discretion, subject only to mandatory collective bargaining agreements and State and federal law.*
- 3. Employing a Superintendent and other personnel, making employment decisions, dismissing personnel, and establishing an equal employment opportunity policy that prohibits unlawful discrimination.*
- 4. Directing, through policy, the Superintendent, in his or her charge of the District's administration.*
- 5. Approving the annual budget, tax levies, major expenditures, payment of obligations, annual audit, and other aspects of the District's financial operation; and making available a statement of financial affairs as provided in State law.*
- 6. Entering into contracts using the public bidding procedure when required.*
- 7. Providing, constructing, controlling, and maintaining adequate physical facilities; making school buildings available for use as civil defense shelters; and establishing a resource conservation policy.*
- 8. Establishing an equal educational opportunities policy that prohibits unlawful discrimination.*
- 9. Approving the curriculum, textbooks, and educational services.*
- 10. Evaluating the educational program and approving School Improvement and District Improvement Plans.*
- 11. Presenting the District report card and School report card(s) to parents/guardians and the community; these documents report District, School and student performance.*
- 12. Establishing and supporting student discipline policies designed to maintain an environment conducive to learning, including deciding individual student suspension or expulsion cases brought before it.*
- 13. Establishing attendance units within the District and assigning students to the schools.*
- 14. Establishing the school year.*
- 15. Requiring a moment of silence to recognize veterans during any type of school event held at a District school on November 11.*
- 16. Providing student transportation services pursuant to State law.*
- 17. Entering into joint agreements with other boards to establish cooperative educational programs or provide educational facilities.*
- 18. Complying with requirements in the Abused and Neglected Child Reporting Act. Specifically, each individual Board member must, if an allegation is raised to the member during an open or closed Board meeting that a student is an abused child as defined in the Act, direct or cause the Board to direct the Superintendent or other equivalent school administrator to comply with the Act's requirements concerning the reporting of child abuse.*
- 19. Communicating the schools' activities and operations to the community and representing the needs and desires of the community in educational matters.*

YEARBOOK ORDER FORMORDER BY:
11/11/2022To purchase online, go to
jostensyearbooks.com.**STEP 1: SELECT YOUR PACKAGE****YEARBOOK** \$22.00**SIGNATURE PACKAGE** \$39.00

Includes Yearbook, 1 Line of Personalization, Color Autograph Section and 5 Multicolor Signing Markers

**STEP 2: PERSONALIZE YOUR YEARBOOK FOR \$7.00**☐ NAME

(29 characters max.)

**STEP 3: ADD ICONS* FOR \$0.00 EACH*****IMPORTANT:** To add icons, you must first purchase personalization in Step 2.

Enter the 4-digit icon code from the chart below into the boxes provided.

Icon 1

Icon 2

Icon 3

Icon 4



If you have questions, please call Customer Service at 1-877-767-5217.

**STEP 4: ENTER YOUR INFORMATION AND TOTAL YOUR ORDER**

Student Name: _____

Grade: _____

ID#: _____

Homeroom: _____

Contact Phone: _____

Contact Email: _____

	Price	Quantity	Total
Enter Your Package Price			
Personalization	\$7.00		
Icon(s) ea.	\$0.00 x QTY		
Autograph Section	\$3.75		
Clear Protective Cover	\$4.50		
Photo Pockets	\$4.50		
Donate a Yearbook	\$22.00		
Subtotal			
TOTAL			

YAY! THANKS FOR ORDERING!

49505 / 2023

Tax, service and delivery fee(s) will be added if applicable.

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Yearbook orders are being offered early this year to take advantage of any discounts! Now through November 10th - cost is \$22.00. After November 11th - cost is \$24.00 and after January the cost is \$26.00. 2022 - 2023 yearbooks will be available in July.

Newark/Millbrook Spirit Wear

Order Form

Shirt colors available in Blue, Light Gray, Dark Gray, White and Black. Youth Sizes XS - XL and Adult Sizes S - 5XL. Items will be delivered to your student within 2 weeks of close date.

Please be sure to look at the color of your design before choosing a shirt color.

Design #1



Design #2



Design #3



Design #4



Design #5



Design #6



Design #7



Basketball Design



Cheerleading Design
(can be done in glitter upon request)

New sport designs will be offered during each season.

T-Shirts	Design Option Front	Back Name/Number (Additional \$3 for plain or \$5 for glitter)	Shirt Color (Blue, Light Gray, Dark Gray, White, or Black)	Size	Price	Qty	Amount
Youth Short Sleeve (XS-XL)					\$18		\$
Youth Long Sleeve (XS-XL)					\$20		\$
Adult Short Sleeve (S-5XL)					\$20 (2XL and up +\$3)		\$
Adult Long Sleeve (S-5XL)					\$23 (2XL and up +\$3)		\$

Sweatshirts	Design Option Front	Back Name/Number (Additional \$3 for plain or \$5 for glitter)	Shirt Color (Blue, Light Gray, Dark Gray, White, or Black)	Size	Price	Qty	Amount
Youth Crewneck (XS-XL)					\$23		\$
Youth Hoodie (XS-XL)					\$27		\$
Adult Crewneck (S-5XL)					\$30 (2XL and up +\$3)		\$
Adult Hoodie (S-5XL)					\$35 (2XL and up +\$3)		\$

Turn over for tumblers pricing and options



Open Order Dates:	Estimated Delivery Date:
Aug. 9th- Aug. 30th	Sept. 13th
Sept. 26th- Sept 30th	Oct. 14th
Oct. 24th- Oct. 28th	Nov. 11th
Nov. 28th- Dec. 2nd	Dec. 16th
Jan. 9th- Jan. 13th	Jan. 27th
Feb. 6th- Feb. 10th	Feb. 24th
Mar. 6th- Mar. 10th	Mar. 24th
Apr. 3rd- Apr. 7th	Apr. 21st
May 1st- May 5th	May 19th

Accessories	Design Option	Color	Price	Qty	Amount
20 oz. Skinny Tumbler + straw (white, black, Lt. Blue)			\$15		\$
30 oz. Tumbler + straw (white, black, royal blue)			\$17		\$
32 oz. Flip Top Water Bottle (white, black, royal blue)			\$25		\$
Stadium Blanket (50"x60") (royal blue, black, sport gray)			\$40		\$

If there are different color options, please make a note and we will try to accommodate any custom changes. Any questions, please email Katie Sosolik @ waycodesigns13@gmail.com. A percentage of all sales will go back to the Newark/Millbrook PTO

Payment Options: Cash or Check (to Katie Sosolik).
Payment must be made in full at time of order.

Student Name : _____

Teachers Name : _____

NGS or MJH : _____

Phone Number: _____

Grand Total : _____



Charles B. Phillips Public Library November Calendar of Events

SUN	MON	TUE	WED	THR	FRI	SAT
		1	2	3	4	5
			9:15 AM Chair Yoga	4:00 PM Art Club- Clay Sculptures 6:00 PM PJ Storytime	9:15 AM Chair Yoga	10:00 AM Hot Cocoa Hearts Book Club 11:00 AM or 12:00 PM A Plump Perky Turkey Worksop Charles B. Phillips Library Fundraiser
6	7	8	9	10	11	12
	9:15 AM Chair Yoga 10:30 AM Storytime- Apple Core	10:30 AM Little Movers 18 mon.-Age 3 1:00 PM Adult Matinee- <i>Mrs. Harris Goes to Paris</i>	9:15 AM Chair Yoga	6:00 PM Book to Flicks Book Club- <i>A Simple Favor</i>	9:15 AM Chair Yoga 1:00 PM Hand & Foot Canasta	10:00 AM Adult Book Chat- <i>Thanksgiving</i>
13	14	15	16	17	18	19
	9:15 AM Chair Yoga 10:30 AM Storytime- Fall Leaves Wreath	10:00 AM Itty Bitty Crafter Birth-Age 2 10:30 AM Little Mover 18 mon.-Age 3	9:15 AM Chair Yoga		9:15 AM Chair Yoga 3:00 PM Board Game Club 1st-3rd Grade	
20	21	22	23	24	25	26
	9:15 AM Chair Yoga 10:30 AM Storytime- Beaded Turkey	10:30 AM Little Mover 18 mon.-Age 3	9:15 AM Chair Yoga 1:00 PM Movie- Charlie Brown the Mayflower Voyagers	CLOSED FOR THE HOLIDAY	CLOSED FOR THE HOLIDAY	
27	28	29	30			
	9:15 AM Chair Yoga		9:15 AM			

Preservation Pantry Party

Hosted by Wilder Farmers' Market



Tuesday November 1st, 2022
4PM-6PM

Charles B. Phillips Library Newark, IL 60541



SAMPLE SWAP

This is a mini market's market experience and we need you to bring samples of your creations to swap. If you made it. Bring it.

The purpose of the event is to grow our community full of foragers, wild crafters, canners, bakers, gardeners, artists, crafters, naturalists, homesteaders, herbalists and ect. This will give us a chance to meet other like minded individuals as ourselves to share our skills and products. Don't have anything to share, that's ok too. Light refreshments will be served. Kids welcome.

Questions? Email me at:
wilderfarmersmarket@gmail.com



@wilderfarmersmarket



@wilderfarmersmarket



@wilderfarmersmarket



Please join us for a
Mother/Daughter
Tea and Pottery Painting

Arts on Fire

217 E South Street - Plano, IL
Sunday, November 13th
10am - Noon

Pricing: 1 mother & 1 daughter
\$49 total (mother & daughter)
Additional daughters \$22 each

<https://www.artsonfireplano.com/events/newark-millbrook-tea-party-fundraiser-2>

Tea (lemonade) and Snack foods will be served.

Moms will be painting mugs and the girls will be painting 3 holiday ornaments. There is a max capacity of 50 people, and will be a first come first serve event to sign up for. This event is open to school aged children that attend Newark Grade School or Millbrook Junior High. Any questions please contact Gilly Fordyce gillyfordyce@gmail.com



KENDALL COUNTY HEALTH DEPARTMENT

811 W. John Street, Yorkville, IL 60560-9249

630/553-9100



Public Health
Prevent. Promote. Protect.

Public Service Announcement

WWW.KENDALLHEALTH.ORG

Date: August 19, 2022

Contact: Arissa Hunt

The Kendall County Health Department announces the start of the Energy Assistance Program for residents of Kendall and Grundy counties

LIHEAP is available for ALL income qualified households beginning September 1, 2022.

The Kendall County Health Department, as administrator of the Home Energy Assistance Program in Kendall and Grundy County, is pleased to announce that funds are available to assist income-eligible households with their natural gas, propane, electric bills and furnace assistance.

The program will begin September 1, 2022 for all income-eligible households. Applications will be taken on a first-come, first-served basis through May 31, 2023. There will be no priority groups this program year. Households in need are encouraged to apply.

Households must be at or below 200% of the federal poverty level to receive a benefit from the LIHEAP Program. The 30-day income guidelines for LIHEAP are based on Federal Poverty Guidelines, State Median Income and the number of persons living in the household. The income guidelines are as follows: 1-\$2,265, 2-\$3,052, 3-\$3,838, 4-4,625. Go to www.kendallhealth.org to know income limits for households with 5 members and more.

The Low Income Home Energy Assistance Program (LIHEAP) provides one-time benefits to income eligible homeowners and renters to help with energy bills and for reconnection of energy service. Propane customers are encouraged to apply when the program opens in September to take greater advantage of lower propane prices. Propane prices typically increase during the winter months so by applying early, propane customers will see their LIHEAP benefit go further.

The documentation required at the time of application:

1. Proof of gross income from all household members for the prior 30-day period beginning with the date of application.
2. Proof of Social Security numbers or Individual Taxpayer Identification Number (ITIN) for all household members. Individuals without an SSN or ITIN can still apply and the Kendall County Health Department will advise accordingly.
3. A copy of current heat and electric bills issued within the last 30 days.
4. A copy of rental agreement (if renting) showing that utilities are included, the monthly rental amount, and landlord contact.
5. Other documents may be needed based on your household situation. If you have questions regarding this, please call our office.

Water and sewer cost assistance is available this year in the Low Income Household Water Assistance Program (LIHWAP). You can apply for water and sewer assistance on the same application as LIHEAP. Bring your water

bill(s) with you to your LIHEAP appointment. Help with arrearages is available as well as rate reduction assistance of \$100-\$400, depending upon your income level. Prior year recipients are eligible to re-apply.

Applications will be taken at the Kendall County Health Department, located 811 W John St. Yorkville, IL and the Grundy office located at 1802 N Division St. Morris, IL. There will be other sites available in Plano, Coal City, and Gardner to also apply. Kendall County residents must call 630-553-9100 to make an appointment while Grundy County residents can call 815-941-3262.

###

All students need a healthy snack and water bottle each day for snack time at both schools. Please be aware of peanut allergies.

Thank you!



NOVEMBER

HAPPY TURKEY DAY



What is happening in PTO



- 11/1 - PTO meeting @ MJH 6:30
- 11/1 - Ornament orders are due
- 11/1 - 11/11 Rosatis Gift Certificate Fundraiser
- 11/3 - Time to Dine @ Culver's
- 11/11 - School Store @ both schools
- 11/13 - Mother Daughter Tea Party
- 11/15 - Time to Dine @ Johnny K's

Coming soon:
12/5 - 12/7

Holiday Store @ NGS
12/16

Free Movie Night @ NGS





If you shop at Amazon, you can have .5%
of your purchase price go to the

Newark/Millbrook Schools

It's simple....

Go to smile.amazon.com and select
Newark-Millbrook PTO

As your charity!

If you are already an Amazon Prime
Member, it will recognize you and update
your existing account.

Newark / Millbrook PTO

2022/2023 School Year



Come and join the fun and meet other families as we work together with our teachers to support the ones that matter most..... Our Students!

As a parent/guardian of a NGS or MJH student, we encourage you to participate in any way you can, even if that means volunteering just one hour of your time once a month to participate in the PTO monthly meetings.

The PTO meetings are organized for the purpose of supporting the education of our children in both the NGS and MJH and building relationships among the school, parents, teachers and community; while providing financial support for programs funded outside the annual school budget.

MEETING DATES: We meet the 1st Tuesday of each month at 6pm in the NSG Cafeteria or Millbrook Junior High

2022

- **September 7th**
- **October 13th**
- **November 1st**
- **December 6th**

2023

- **January 11th**
- **February 7th**
- **March 7th**
- **April 4th**
- **May 2nd**

*** Children are welcome to come play in the gym during the meeting***

SIGN UP TO RECEIVE UPDATES ON WHAT'S HAPPENING IN PTO!
Send an email to newarkmpto@gmail.com with your email address.



Newark/Millbrook PTO Officers

President	Gilly Fordyce
Vice President	Amber Schmitt
Treasurer	Alyson Cass
Secretary	Karen Greer



SEEK HELP BEFORE HARM

WHAT IS SAFE2HELP IL?

Safe2Help IL is a program with a multifaceted approach to help prevent suicides, bullying, school violence, or other threats to school safety. The program offers a website with self help resources and videos, a classroom resource kit to help change the culture in Illinois schools, and a 24/7 **confidential** way to share information regarding safety issues impacting you or your friend's safety. Our goal is for students to **"Seek Help Before Harm."**



DID YOU KNOW?

70%

of teens have experienced struggles with mental health.



1 in 6 students experienced a major depressive episode in 2020.



1 in 5 high schools students report being bullied in school.



of adolescents increased their use of alcohol.

Source: NAMI- https://www.nami.org/NAMI/media/NAMI-Media/Infographics/NAMI_2020MH_ByTheNumbers_Youth.pdf

HOW TO SHARE INFORMATION



844-4-SAFEIL



SAFE2 (72332)



SAFE2HELPIL.COM



HELP@SAFE2HELPIL.COM



Download on the
App Store

GET IT ON
Google Play

Follow Us:



For more information visit our website at Safe2HelpIL.com

Helmar Lutheran Food Pantry

Are you having trouble making ends meet? These are certainly challenging times with gas, food, medicine, and utilities all climbing higher and higher. Whether you're trying to meet your own needs or those of a family, it can be stressful. Helmar Lutheran Food Pantry can help stretch those dollars by offering free food at our distributions twice a month.

We serve the Kendall County area but will never turn anyone away in need of food, no matter your location. Matthew 25:35, "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in,..."

Should you, your family or someone you know need food assistance, please come to:

Helmar Lutheran Food Pantry
11935 Lisbon Road
Newark, IL 60541

Distribution*:

2nd Friday of each month from 5-7pm

4th Monday of each month from 3-5pm

Please bring with you the following:

2 proof of residency: Driver's License, State ID, Utility Bill, etc.

1 proof of dependent children: SS Card, Birth Certificate, report card, etc.

Any questions, please call (815)695-5489 and choose Food Pantry option.

*Distribution may be adjusted near a holiday

NEWARK CCSD 66 | 2022-2023 CALENDAR

JULY '22						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

4 - Independence Day

AUGUST '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

02 - Registration/Popsicles with Principal @ NGS ONLY 1 - 6 pm

15 - Teacher Institute
16 - Teacher Institute
17 - First Day of attendance

SEPTEMBER '22						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

05 - Labor Day
08 - Dismiss SIP Day 11:15/11:30
16 - Q1 midterms

OCTOBER '22						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

07 - Dismiss SIP Day 1:15/1:30
10 - Columbus Day- No School
14 - End of Q1
19 - Conferences 4 - 7 pm
20 - Conference 2 - 7 pm
Dismiss 1:15/1:30
21 - No School
31 - Halloween

NOVEMBER '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

8 - No School - Elections
18 - Q2 Midterms
23 - Dismiss 11:15/11:30
23-25 - Thanksgiving Holiday

DECEMBER '22						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

21 - Dismiss SIP 1:15/1:30
22 - Dismiss 1:15/1:30; End of Q2
23 - No School
25 - Christmas Day
26 - 30 Winter Break

JANUARY '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

09 - Teacher Institute
10 - School resumes
13 - Dismiss SIP 1:15/1:30 pm
16 - M.L. King Day -No School

FEBRUARY '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

10 - Q3 Midterms
17 - Dismiss SIP 1:15/1:30 pm
20 - Presidents' Day -No School

MARCH '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

17 - End of Q3
24 - Dismiss 1:15/1:30 pm
27 - 31 Spring Break

APRIL '23						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

03 - School Resumes
07 - Good Friday - No school
09 - Easter Sunday
10 - No School
28 - Dismiss SIP 1:15/1:30 pm;
Q4 midterms

MAY '23						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

05 - Dismiss SIP 1:15/1:30 pm
14 - Mother's Day
26 - Last Day 1:15/1:30 pm; End of Q4
29 - Memorial's Day

JUNE '23						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

18 - Father's Day
19 - Juneteenth

Amended Calendar on May 17, 2022



+ SIP + SMARTER

Replace sweetened drinks to cut back on added sugars and empty calories.

REPLACE SUGARY BEVERAGES...

- full-calorie soft drinks
- energy/sports drinks
- sweetened "enhanced water" drinks
- sweet tea
- sweetened coffee drinks

WITH BETTER CHOICES!

- The best thing you can drink is water! Try it plain, sparkling or naturally flavored with fruit or herbs.
- Drink coffee and tea without added sugars for a healthier energy boost.
- For adults, diet drinks may help replace high-calorie sodas and other sugary drinks.

THE FACTS MAY SURPRISE YOU.

Most Americans consume nearly
20 TEASPOONS
of added sugars **EACH DAY.**

That's more than **TRIPLE** the
recommended daily limit for women
and **DOUBLE** for men!

Sugar-sweetened beverages
like soda and energy/sports
drinks are the

**#1 SOURCE OF
ADDED SUGARS
IN OUR DIET.**

A can (12 FL OZ) of
regular soda has about
**150 CALORIES AND
10 TEASPOONS**
of added sugar.

TRY THESE TIPS TO QUENCH YOUR THIRST WITH LESS ADDED SUGARS



START CUTTING BACK.

Take steps to reduce or replace sugary drinks in your diet:

REPLACE most of your drinks with water.

REDUCE the amount of sugar in your coffee or tea gradually until your taste adjusts to less sweetness.

ADD plain or sparkling water to drinks to keep some of the flavor with less added sugars per servings.



CHOOSE WATER.

Make water the easy, more appealing go-to choice:

CARRY a refillable water bottle.

ADD a splash of 100% fruit juice or slices of citrus, berries and even cucumbers for a boost of flavor.

TRY seltzer, club soda or sparkling water if you crave the fizz.



MAKE IT AT HOME.

Family favorites like hot chocolate, lemonade, smoothies, fruit punch, chocolate milk and coffee drinks easily can be made at home with less added sugars.

START WITH UNSWEETENED beverages, then flavor to taste with additions like fruit, low-fat or fat-free milk, and herbs and spices.

Get great recipes for beverages and more at HEART.ORG/RECIPES.



READ THE LABEL, AND CHOOSE WISELY.

Some drinks that appear to be healthy may be high in calories and added sugars. Check servings per container and ingredients list.

Added sugars go by many names, including sucrose, glucose, maltose, dextrose, high fructose corn syrup, cane syrup, concentrated fruit juice, agave nectar and honey.

EAT SMART **ADD COLOR** **MOVE MORE** **BE WELL**

FOR MORE TIPS ON HEALTHY EATING, COOKING AND RECIPES: HEART.ORG/EATSMART