

LFHS: Good evening Lake Forest High School parents & student athletes.

On August 9th at 6pm, Lake Forest High School is offering fall athletes the opportunity to meet their coaches. This event will be held in the Lake Forest High School Auditorium. Volleyball, field hockey, cross country, soccer, football and cheerleading coaches will be in attendance.

Students will need to bring an updated sports physical that is dated after April 1st, 2021. Thank you!