

The afterschool dinner menus are consistent with the Dietary Guidelines for Americans. We offer protein, whole grains and a variety of fruits and vegetables weekly. In addition we offer 1% plain milk and fat free flavored milk.



Fueling Student Performance Through Healthy Dining

MENU SUBJECT TO CHANGE

August 2023

Gustine Unified SD Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	No School 1	No School 2	No School 3	No School 4
No School 7	No School 8	No School 9	No School 10	No School 11
No School 14	No School 15	WGR Corn Dog 16 Green Beans Fresh Fruit Milk	WGR Cheese Pizza 17 Carrots Fresh Fruit Milk	WGR Hot Dog 18 Pinto Beans Fresh Fruit Milk
WGR Bean & Cheese Burrito 21 Broccoli Fresh Fruit Milk	WGR Grilled Cheese 20 Kidney Beans Salsa Fresh Fruit Milk	WGR Crispy Chicken Sandwich 23 Corn Fresh Fruit Milk	WGR Cheeseburger 24 Celery Sticks Fresh Fruit Milk	WGR Italian Dunkers 25 Carrots Fresh Fruit Milk
WGR Corn Dog 28 Green Beans Fresh Fruit Milk	WGR Cheese Pizza 29 Carrots Fresh Fruit Milk	WGR Hot Dog 30 Pinto Beans Fresh Fruit Milk	WGR Italian Dunkers 31 Carrots Fresh Fruit Milk	



=Vegetarian

WGR = Whole Grain Rich
Food items may contain milk

Meal Includes: Three Components

One entrée = two components

1/2 cup Fruit = one component 1/2 cup Vegetable = one component

1 Milk = one component

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