HOUSTON HIGH SCHOOL

2021-2022 All Activities Meeting

Overview

- ❏ Introductions
- ❏ HHS Opportunities
- ❏ Eligibility & Requirements
- ❏ AD Expectations
- ❏ Fall Sport Information
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- ❏ Guest Speaker - Jack Taylor
- ❏ Activity Sign-up

Mikayla Simmons
Activities & Communication Director

THANK YOU

Parents - Thank you for supporting your student-athletes
Students - Thank you for choosing to be a part of Houston Activities

Get Involved

HHS OPPORTUNITIES

FALL

Cheerleading
Cross Country (NEW)
Football
Girls Soccer
Boys Soccer
Volleyball
Drama (Musical)

WINTER

Girls Basketball
Boys Basketball
Dance - High Kick & Jazz
One Act Play
Wrestling

SPRING

Adapted Bowling - ASD, CI, PI
Baseball
Clay Target
Girls Golf
Boys Golf
Robotics
Softball
Speech
Girls Track & Field
Boys Track & Field
Visual Arts
Knowledge Bowl

HHS Cooperatives

[NEW] Cross Country → Rushford-Peterson & Lewiston-Altura

Boys/Girls Soccer & Wrestling → Caledonia

Boys/Girls Track & Field → Rushford-Peterson

Note:

- ❏ Please turn in activity fees to HHS

Fall Head Coaches/Advisors

Cheerleading: Maya Upton

Cross Country: Matt Kingsbury (Rushford-Peterson)

Football: Cody Hungerholt

Musical: Greta Goetting

Soccer - Girls: Chris Jandt (Caledonia)

Soccer - Boys: Craig Hahn (Caledonia)

Volleyball: Vanessa Lee

Winter Head Coaches/Advisors

Basketball - Girls: Dale Moga

Basketball - Boys: Jake Merchlewitz

Dance - Maya Upton

One Act Play: Greta Goetting

Wrestling: Shay Mahoney (Caledonia)

Spring Head Coaches/Advisors

Softball: Jake Highum

Baseball: Jason Carrier

Track & Field: TBD

Golf - Girls: Ryan Gatzlaff

Golf - Boys: Kiel Koehler

Adapted Bowling: Cecilia Hamrick

Clay Target: Jon Hibbs

Speech: Becky Ideker

Knowledge Bowl: Ryan Gatzlaff

HHS Eligibility → STUDENTS FIRST!

All of our participants are first and foremost Houston students.

HHS Academic Policy -

- Any student who receives a failing grade at mid-quarter will be ineligible for competition for one week beginning on the date grades are officially posted. When the student is making progress in the failed class(es), defined by the teacher(s), the student will become eligible for competition again.
- Any student who receives a failing grade at quarter will be ineligible for the next event in which they are eligible to compete.

Attendance: An athlete may not participate in a practice or game if they were absent for any part of the day due to an unexcused absence.

Removal from any class due to behavior:

- Participant unable to practice or play the rest of the day

HHS Handbook Addition -

- Exception to eligibility: Summer School
  - If the failure occurs second semester and the student attends summer school and receives credit for the failed class(es) they will remain eligible.
- All students are allowed/required to practice during their ineligible period.
- Academic standing, disciplinary matters and enrollment status may limit eligibility for participation. The HS principal has the authority to declare any student ineligible/eligible if unusual circumstances occur.

MSHSL Eligibility

Eligibility is in place 365 days a year - there is no in or out of a season or summer exception

Alcohol, substance and Tobacco possession and use are **prohibited**.

- ❏ This includes any form of E-Cigarettes and Vaping devices

Penalties

- ❏ First Violation → The student shall lose eligibility for the next two consecutive interscholastic contests or two weeks, 14 calendar days, whichever is greater, of a season in which the student is a participant.
- ❏ Second Violation → The student shall lose eligibility for the next six consecutive interscholastic contests or three weeks, 21 calendar days, whichever is greater, in which the student is a participant.
- ❏ Third Violation → The student shall lose eligibility for the next 12 consecutive interscholastic contest or four weeks, 28 calendar days, whichever is greater, in which the student is a participant.

HHS Student Code of Responsibility

- ❏ I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- ❏ I will be fully responsible for my own actions and consequences of my actions.
- ❏ I will respect the property of others.
- ❏ I will respect and obey the rules of my school and laws of my community, state, and country.
- ❏ I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.

Activities are a privilege, not a right!

REQUIREMENTS

ATHLETICS:

- ❏ **ImPACT Testing required for all 7-12 this year | moving forward - testing will be every other year**
- ❏ **Physical** (Need one every 3 years - typically 7th & 10th grade)
    - ❏ If physical is current, parents must fill out the health questionnaire
- ❏ **Fees Paid**
    - ❏ 7th-8th $60/sport
    - ❏ 9th-12th $70/sport | Cheerleading & Category II $30/yr
    - ❏ Athletic Family Max = $200
    - ❏ Fees for co-op sports are to be paid at HHS
- ❏ **MSHSL Eligibility Handout**
    - ❏ Required yearly

Activities: The same general rules apply to fine arts as athletics, with the exclusion of the need for a physical.

These all must be turned in prior to participation.

Chain of Communication

Chain of Communication must be followed when questions or issues arise.

Step One: The Athlete should meet with the coach.

Step Two: The Athlete, Parent and Coach should schedule a meeting.

Step Three: The Athlete, Parent, Coach should schedule a meeting with the Activities Director.

*Please do not contact Principal, Superintendent or School Board Member as they will direct you back to the chain of communication.

Sportsmanship/Behavior Expectations

Please…

- ❏ Let the players…play
- ❏ Let the coaches…coach
- ❏ Let the officials…officiate

Sportsmanship/Behavior:

Be positive and enthusiastic in your support of all the student-athletes, coaches and officials!!

- ❏ Refrain from talking about **playing time**, **play calling**, and **other participants**.
- ❏ The goal is to maintain open lines of communication between the school, parents/guardians, and student-athletes.
- ❏ Take time to schedule a meeting. Discussions in public areas are not appropriate.
- ❏ Be respectful and polite! Take time to reflect before emailing or calling.

Remember: We are all on the same “team”

- ❏ Student-Athletes
- ❏ Coaches
- ❏ Administrators
- ❏ Parents/Guardians

LOCKS & LOCKERS

Lockers and Locks are free

- If a lock is lost, the fee is $10

Locks will be administered starting Monday, August 23rd

Contact Ryan Niedfeldt if you have any questions.

Fall Sports

FOOTBALL

High School (9-12) Practice Begins: Monday, August 16th | 3:30PM

Rest of preseason schedule will come from coaches.

- Head Coach: Cody Hungerholt
- Assistants: Jason Carrier, Travis Frank, Dale Moga

Junior High Practice Begins: Monday, August 23rd |3:30PM

Rest of preseason schedule will come from coaches.

- Head Coach: Ryan Niedfeldt
- Assistant: Justin Brand

VOLLEYBALL

High School (9-12) Practice Begins: Monday, August 16th | 8:00 - 11:00 AM

Rest of preseason schedule will come from coaches

- ❏ Head Coach: Vanessa Lee
- ❏ Assistant: Heidi Carrier

Junior High Practice Begins: Monday, August 16th | 8:00 - 11:00 AM

Rest of preseason schedule will come from coaches

- ❏ Head Coach: Travis Kingsley
- ❏ Assistant: Daneka Romportl

Cheerleading

Practice and performance schedule will come from head coach

Head Coach: Maya Upton

Cross Country

Practice begins Monday, August 16th

M, W, F → Rushford 6pm | Tues/Thurs → L-A

Transportation will be provided to Rushford

Head Coach: Matt Kingsbury

Soccer

Practice begins Monday, August 16th

- ❏ Boys (7-12) M-F 6:00-7:30 PM
- ❏ Girls M-F (7-8) 4-6PM, (9-12) 4-7PM

Head Coach: (B) Craig Hahn (G) Chris Jandt

SEC Admission Prices

Students → $4

Adults → $6

HHS Season Passes:

- ❏ Single Adult → $40
- ❏ Single Parent/Guardian Family Pass → $60
- ❏ 2-Parent/Guardian Family Pass → $90
- ❏ Senior → $15

Athletic Trainer

Joe La Mere - *Gundersen Health System*

- 1 hour / 2x week throughout school year

Game coverage → Home Football Games (JH/JV/Varsity)

The coaches can contact Joe when needed for questions and concerns.

***Required this year**

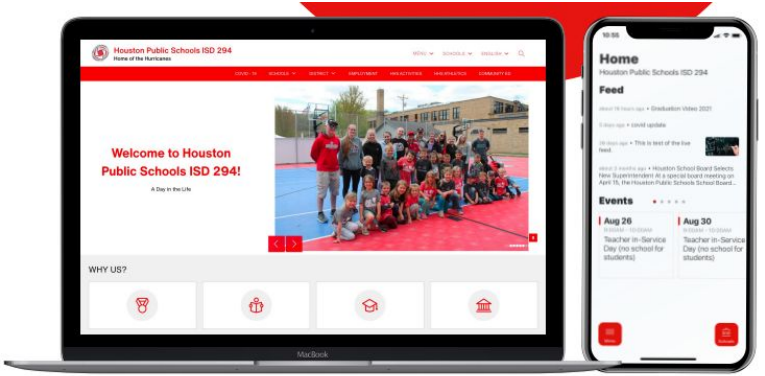
ImPACT Testing Fall Dates:

- Football (7-12) → Tuesday, August 17th @ 1:30PM
- Volleyball (7-12) → Monday, August 23rd @ 1:30PM

SCHEDULES & CALENDARS

HHS Activities - https://www.houston.k12.mn.us/

- ❏ Home page → ACTIVITIES CALENDAR



SEC Conference - www.southeastconference.org

MSHSL - www.mshsl.org

rSchoolToday App - Select state and conference

Schedules are always changing and we will send those changes out via website, Infinite Campus, and Houston High School Facebook and Twitter pages.

HPS has a NEW website and mobile app. Be sure to download the app and “allow notifications” to stay up to date on all Hurricane happenings.

Other

Fall Sports Pictures:

Volleyball → Tuesday, August 17th (7-12) 11AM

Football → Tuesday, August 24th (7-12) 2PM

NEW Online Hurricane Apparel Store - Closes September 10, 2021

https://thorsongraphics.tuosystems.com/stores/thorsongraphics-houston hurricanes2021

COVID-19 Guidance

- HHS → Masks recommended indoors
- Federal Law → masks required on all transportation

- More information TBA

Questions?

Contact: Mikayla Simmons, Activities Director
Email: mikayla.simmons@hsd294.us

GO HURRICANES

Jack Taylor

Guest Speaker