

RCHS This institution is an equal opportunity provider.

August 2021

Please see the website for menus and other key information.

Variety
of Milk
served
with
each
meal

Monday Tuesday Wednesday Thursday Friday

Friday

Friday

Friday

Friday

Friday

Friday

Reminder:
You can
deposit
money into
your
students
Food
Service
account
through
Skyward
Family
Access.

*Menu is Subject to Change. ** Extra grains may be added

to each meal.

	Combo Bar	Pop Tarts	Cini Minis	Cinnamon Roll
	Fruit	Fruit	Fruit	Fruit
	Juice/ Milk	Juice/ Milk	Juice/ Milk	Juice/ Milk
NO SCHOOL	Corn Dog	Bosco Sticks/ Marinara Dunker	Hamburger on a Bun	Pizza
	Steamed Broccoli	Carrots and Dip	Potato Smiles	Salad
	Applesuace	Sliced peaches	Mixed Fruit	Applesauce
	Milk	Milk	Milk	Milk
French Toast Sticks/ Syrup	Combo Bar	Pop Tarts	Breakfast Pizza	Powdered Donut
Fruit	Fruit	Fruit	Fruit	Fruit
Juice/ Milk	Juice/ Milk	Milk	Juice/ Milk	Juice/ Milk
Chicken Patty on a Bun	Tatertot Casserole	Hot Dog on a Bun	Soft Tacos	Pizza Bagels
Green Beans	Roll	Cooked Carrots	Bean Dip/ Chips	Salad
Sliced Pineapple	Sliced Peaches	Mandarin Oranges	Sliced Peaches	Apple
Milk	Milk	Milk	Milk	Milk
Waffle/ Syrup	Combo Bar	Pop Tarts	Cini Mini	Cinnamon Roll
Fruit	Fruit	Fruit	Fruit	Fruit
Juice/ Milk	Juice/ Milk	Juice/ Milk	Juice/ Milk	Juice/ Milk
BBQ on a Bun	Chicken Alfredo	Cold Cut Sandwich	Sloppy Joe on a Bun	Pizza
Tater Tots	Breadstick/ Green Beans	Carrots and Dip	Peas	Salad
Applesauce	Mixed Fruit	Mandarin Oranges	Diced Pears	Orange Slices
Milk	Milk	Milk	Milk	Milk

NOTE: There must be money on the student's account, if they only want to purchase a milk or juice. The School price Breakfast/Lunch - Free/Reduced meal comes with one drink. Any extras or students with lunch boxes must have money for a purchase. Milk/Juice = \$.50



Reliable Caring Cooks Undoubtedly #1

Growing Strong Healthy Tigers, one Meal at a Time!

-RCCU1 Food Service Department

Pr	rices	
Breakfast	\$2.20	
Reduced	.30	
Adult Breakfast	\$3.30	
Lunch	\$2.80	
Reduced	.40	
Adult	\$4.30	
EXTRA MILK	.50	