Item I: Si Ud. Quiere la traducción en español de alguna información recibida de la Escuela L. K. Moss, por favor comuniquese con Leigh Medders al teléfono 229-649-5567. If you would like to request a Spanish translation of any information received from L. K. Moss Elementary, please contact Leigh Medders at 229-649-5567.

Item II: *PARENTS:* Just a Reminder – school starts @ **7:30 am.** The tardy bell rings @ **7:45 am.** Students can be dropped off as early as **7:15 am** whereas they will be redirect to the cafeteria until **7:30 am**. Car riders begins @ **2:35 pm** and buses depart @ **3:00 pm.** If you need to check out your student/s early, please try to check them out by **2:30 pm** before car riders begin. Also when checking them out, please bring in your state issued ID or Driver's License. Any transportation changes need to be a note brought by the student/s or email a note to the transportation email **before 2:00 pm**. The transportation email is lkmoss.transportation@marion.k12.ga.us.

Item III: The Character Education Word for the week is *"RESPECT FOR TEACHERS".*

Item IV: *NUTRITION TIP:* Regular physical activity has so many health benefits. Start by doing what exercise you can for at least 10 minutes at a time.

Item V: *READING TIP:* A good vocabulary is fundamental to be a good reader. Words become background knowledge to new ideas presented through reading. Learn words through action. While on family walks or drives begin conversation about observations around you. What may seem ordinary to adults is very new to children.

Item VI: *COUNSELOR'S SPOTLIGHT:*   **Reinforce learning by having your child teach you something.**
Students are more motivated to learn when they feel capable, connected and in control. Having your child teach you things nurtures these feelings. When your child tries to teach you about what he is doing, it can help him understand assignments better. It also reinforces what he knows and reveals gaps in his comprehension. Try these strategies: **Show an interest** in what your child is learning in school. Have him show you an assignment, explain a concept or read a chapter in his textbook aloud to you. **Ask your child to help you** solve a problem or create something. What does he think you should you do first, second, next? **Let your child quiz you**. See if you can you name the state capitals or the first five presidents. Try to define vocabulary words and recall math or science facts. **Ask your child to teach** you how to play one of his favorite games. Then play it together. **Ask for your child's opinion** about something and consider it before solidifying your own.

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Item VII: *HELP-A-CHILD Smile* ☺ will be on campus <u>Wednesday</u>, <u>September 1st</u>.

Item VIII: *PICTURE DAY*: <u>Thursday</u>, <u>August 26th.</u>

**Due to circumstances beyond our control, menus are subject to change. This institution is an equal opportunity provider. **

BREAKFAST MENU

Monday, Aug. 16	*Tuesday, Aug. 17*	*Wednesday, Aug. 18*	*Thursday, Aug. 19*	*Friday, Aug. 20*
Cereal Bar	Muffin w/yogurt	Mini Cinnis	Assorted Cereals	Sausage Biscuit
Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk

LUNCH MENU

Monday, Aug. 16	*Tuesday, Aug. 17*	*Wednesday, Aug. 18*	*Thursday, Aug. 19*	*Friday, Aug. 20*
BREAKFAST FOR LUNCH	Salisbury Steak w/gravy	Hot Turkey & Cheese Hoagie	General Tso Chicken	Southwest Chicken Wrap
Sausage w/waffle	Mashed Potatoes	Garden Salad w/ranch	Glazed Carrots	w/lettuce/tomato
Scrambled Eggs	Seasoned Green Beans	Steamed Broccoli	Fried Rice	Black Beans & Corn Salsa
Potato Tots	Roll	Fruit and Milk	Krispy Treat	Sun Chips
Fruit and Milk	Fruit and Milk		Fruit and Milk	Fruit and Milk