

August - Ridgeland School District #122



**Arbor
Management
looks
forward to
providing
nutritious meals
to Ridgeland
School District
#122!**

**FREE MEALS
To All Enrolled
Students**

**Included with Every
Meal
Fruit and/or Vegetable
1% or Fat-Free Milk**

Menu changes are occasionally necessary. Notice will be given when possible.
This institution is an equal opportunity employer.



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
		Chef Salad Turkey Bologna & Cheese Dinner Roll Spinach Salad Sliced Tomatoes Craisins Ranch Dressing	Chicken Nachos Chicken/Cheddar Cheese Tortilla Chips Fresh Jicama Mild Salsa Cup Fresh Plum	Flatbread Cheese Pizza Mozzarella Cheese Flatbread Fresh Celery Pizza Sauce Cup Applesauce Cereal Bar
23	24	25	26	27
Cheese Sandwich Swiss & American Cheese WG Bread Sunset Sip Juice Baby Carrots Fresh Orange Ranch Dressing	Chicken & Cheese Wrap Chicken/ Shredded Mozz. 6" Tortilla BBQ Three Bean Salad Fresh Cauliflower Grape Juice Ranch Dressing	Smoked Turkey Sandwich Smoked Turkey String Cheese WG Bread Fresh Jicama Fresh Broccoli Fresh Pear Mustard	Popcorn Chicken Salad Popcorn Chicken Breading Spinach Salad Mexicali Corn * Diced Peaches Cup Ranch Dressing Apple Smiley Delight	Yogurt & Granola Fruit Yogurt Sunflower Seeds Granola Wango Mago Juice Fresh Celery Raisins Ranch Dressing
30	31			
Cheesy Tortilla Shredded Mozz, Cheddar 6" Tortilla Fresh Jicama Baby Carrots Fruit Punch Juice Ranch Dressing Animal Crackers	Buffalo Popcorn Chicken Popcorn Chicken Breading Wango Mango Juice Homemade Potato Salad Fresh Apple Ranch Dressing			