

August 2021

Dear Parent/Guardian,

We are thrilled to be back serving your child for the 2021-2022 school year! After adapting our service last year for meals in the classroom, in a hallway, some cafeteria service, take-home meals, we're excited to be back serving all students and grade levels in the cafeteria. To kick off the new year, we wanted to share a few things you and your child can look forward to when it comes to mealtime and get an inside look at the new recipes, concepts, and programs we'll be introducing this fall.

Lunch is FREE for ALL Students in the 2021-2022 School Year!

Thanks to flexibilities provided by the USDA's National School Lunch Program, students will have the opportunity to enjoy breakfast and lunch at no cost throughout the academic year. It is important to note that no application is required because this year free meals are available to all students. This is a unique opportunity for everyone to eat together and will hopefully make it easier for students and families to confidently check breakfast and lunch off their list.

Programs that Encourage Fun and Discovery

Chartwells continues to inspire healthy eating habits and spark a culinary curiosity to last a lifetime through fun and engaging programs.

- **Discovery Kitchen:** Designed to make nutrition education fun and entertaining, Chartwells chefs and dietitians have worked together to create curriculums that get kids cooking, trying new foods, and learning about what they're eating. Each month has a different theme and activities will be adapted for the current meal programs.
- **Mood Boost:** This innovative program helps elementary and middle school students connect what they eat with how they feel. It features recipes and characters that focus on six moods: Smart, Happy, Confident, Alert, Strong and Calm.
- **Student Choice:** Giving high school students a voice in deciding what food concepts are featured and new menu items that will be available, Student Choice brings the latest food trends to school menus.

Menus, Nutrition Facts, at Your Fingertips

Through Nutrislice, an innovative app, students, parents and faculty have access to school menus, including nutrition information, allergens and photos. Nutrislice can be downloaded for free from the App store (iOS) or Google Play (Android) and is available on desktop and mobile devices. Menus are also available at <https://lebanonct.nutrislice.com/>

Through sharing our passion for great tasting food, instilling a desire for food discovery, and most importantly, providing nourishing meals, we're excited to continue serving up happy and healthy to your children in the year ahead.

Should you have any questions, please don't hesitate to reach out to us.

Thank you,
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