

# Youth in Foster Care

## Welcome Packet





**Marysville**  
School District

4220 80<sup>th</sup> Street NE Marysville, WA 98270

## Contacts

### **District Foster Care Liaison**

Deanna Bashour

360-965-0049 (Office)

360-913-1183 (Cell)

[deanna\\_bashour@msd25.org](mailto:deanna_bashour@msd25.org)

### **Director of Foster Care:**

Andrea Wyatt

360-965-0053 (Office)

[andrea\\_wyatt@msd25.org](mailto:andrea_wyatt@msd25.org)

### **Treehouse Education Advocates & Programs**

206-767-7000

<https://www.treehouseforkids.org/>

### **Beda? Chelh**

<https://www.tulaliptribes-nsn.gov/Dept/bedachelh>

360-716-3284

### **DCYF Regional Education Specialist**

Debbie Gomi

425-308-9718

[Debbie.gomi@dcyf.wa.gov](mailto:Debbie.gomi@dcyf.wa.gov)

### **OSPI Foster Care Information**

<https://www.k12.wa.us/student-success/access-opportunity-education/foster-care>

### **Foster Parent Support: Amazing non-profit organization helping families**

<https://foster-hearts.com/>



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## **Foster Youth in Care**

This is a brief overview of some resources that the Marysville School District provides to students currently in foster care to help support the families supporting them. If you are a relative caregiver or know someone who is, there is support for them as well.

## **What is School of Origin?**

The school of origin is the last school attended where your youth has a foundation of relationships. Students in foster care have two choices for where to go to school. School of origin with transportation provided or the neighborhood school of where they are living.

## **How Does Transportation Work?**

The family, district liaison, and state care team work together with the district where the foster youth is living and the district where they will attend. Transportation is provided by both sides if the district has the resources. If it is a smaller district that may not have the resources, the district the youth attends works with the state team to get transportation going. If the family provides transportation in the interim, mileage reimbursement takes place.

## **Best Interest Determination**

Best interest determination happens when a family is unsure of where a student should go to school or if the distance to travel to the school of origin becomes unhealthy. If a district cannot provide the resources necessary to support a student, there is a best interest determination for a plan to best support the child. The determination team consists of the district liaison, the state care team, the family, and the district staff who work closest to the youth. If the decision is not what the family desires, the family can work with the district liaison and OSPI to start a dispute resolution process.

## Connections Center

Our Connections Center is open to families who are being served by our McKinney-Vento Program or youth in foster care. It is by appointment only in order to keep your confidential status. Contact the district liaison for an appointment at 360-965-0049 or 360-913-1183.

- Laundry Facility (Soap Provided)
- Shower Facility (Toiletries Provided)
- Hygiene Kits
- Some clothing available (depending on donations)
- Backpacks
- School Supplies
- Blankets
- Resource Information
- Food





## What We Can Help With

**Your student's counselor is your building point of contact and has:**

- Operation School Bell Forms for new clothing for your student.
  - Check with counselor ASAP as there are deadlines.
- Food for thought weekend food bag program form for your student.
  - Or Contact Amy Howell at Marysville Food Bank 360-658-1054.
- Pamphlets of information for resources within Snohomish County.

## Treehouse Educational Specialists

- If your foster youth is in high school, I will automatically complete a referral to Treehouse for their graduation success program. A specialist will reach out to you and start working to guide your student to success pre and post high school.
- If your foster youth is on an IEP or needs special accommodations and you feel your youth could benefit from an educational specialist to advocate for you with the district, they attend meetings and make sure your youth has a voice and choices with their education. Please contact the liaison or your student's counselor and we will help connect you with them.

## BEDA? CHELH

bədaʔčəɫ has developed multiple programs for children and families, and it has established numerous agency partnerships both on the reservation and in the larger community.

### Services Provided:

- Prevention work through Child Protective Services (CPS) to keep children and families together
- Ongoing case management for parents and youth in need of care
- Placement support services to link care givers to Tulalip resources
- Visitation for youth in need of care
- Guardianship social workers to connect families with services, cultural, and family
- Christmas event for caregivers, parents, and youth

**Eligibility Requirements:** Clients are parents, children, and placements of Tulalip tribal members and other natives.



## Contacts

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360-965-0049 (Office)

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360-716-3284

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<https://www.k12.wa.us/student-success/access-opportunity-education/foster-care>

### **Foster Parent Support: Amazing non-profit organization helping families**

<https://foster-hearts.com/>





# BLAZING THE PATH TO GRADUATION AND BEYOND

More than 7,000 children, youth and young adults prosper each year through programs that focus on their academic success, fulfill key material needs and provide important experiences everyone deserves.

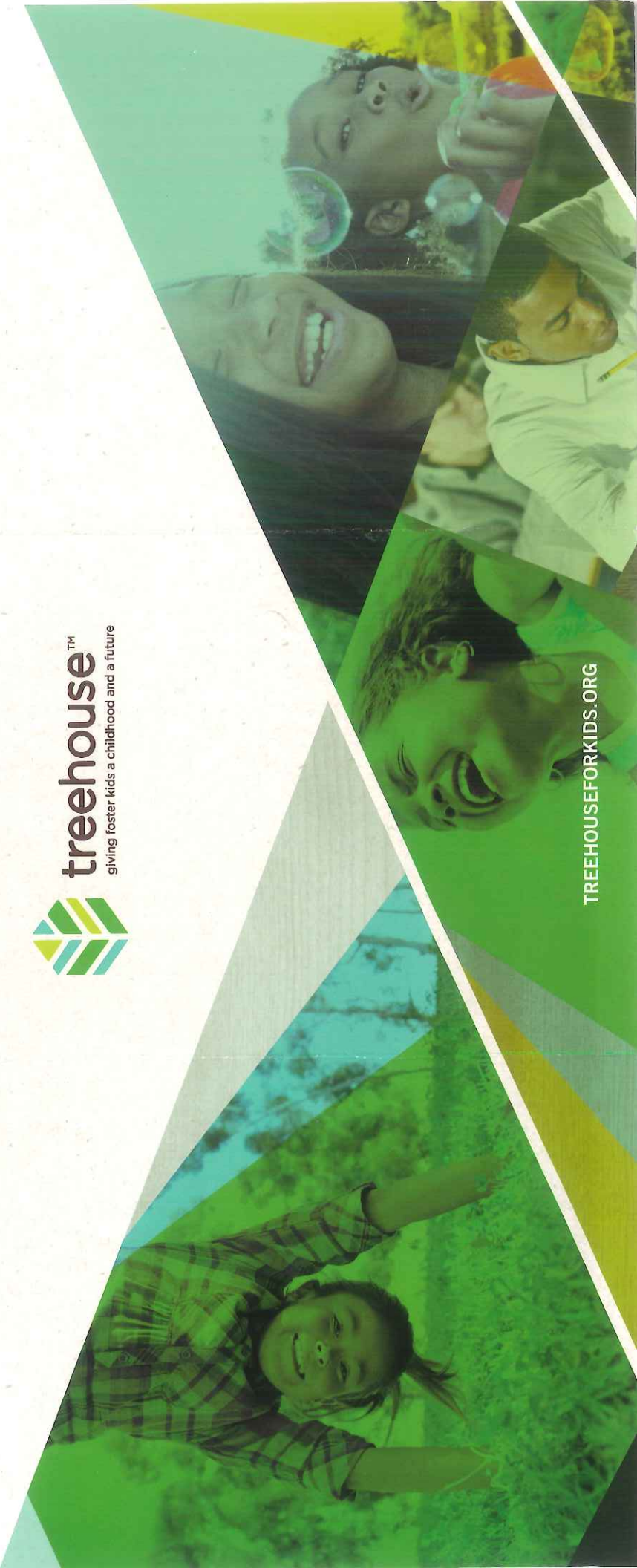


**treehouse**  
giving foster kids a childhood and a future

# LEVELLING THE PLAYING FIELD FOR YOUTH IN FOSTER CARE



**treehouse™**  
giving foster kids a childhood and a future



TREEHOUSEFORKIDS.ORG





Treehouse provides academic and other essential support for more than 7,000 youth in foster care across Washington state through the following programs:

## **FOSTERING FUTURES**

### **Graduation Success**

Treehouse staff work with eligible youth in foster care, providing education planning, monitoring, coaching and support. They build each youth's investment in their future and keep them on track to graduate at the same rate as their peers, with support and a plan to launch successfully into adulthood.

### **Launch Success**

Treehouse partners with alumni of our Graduation Success program and provides ongoing access to goal setting, and the financial and material resources necessary for a successful launch into adulthood. Support continues well into their 20s or until participants achieve a degree or credential, living wage job and stable housing.

### **Educational Advocacy**

Treehouse staff work with schools, social workers, caregivers and youth in foster care statewide to resolve difficult issues and remove barriers to school success. Students access education-related support services, make a smooth transition during school changes and minimize the effects of school discipline to keep them in school.

## **ESSENTIALS & EXPERIENCES**

### **Clothing & Other Supplies**

Access to high quality clothing, shoes, school supplies, toys, books and other items are essential for school success and identify development. Submit a Just-in-Time Funding request, or youth and caregivers who live in King County can visit the Treehouse Store.

### **Extracurriculars & Summer Camps**

Research shows that kids who are positively engaged in school and community have better academic and life outcomes. Available through Just-in-Time Funding.

### **Housing Assistance & Job Supplies**

Young adults in Launch Success can request assistance for housing, school fees or supplies, job supplies and any other academic or career needs.

### **Driver's Assistance**

We provide funding for driver's licenses, driver's education and car insurance.

### **Holiday Magic**

Each holiday season, children and youth in foster care receive a meaningful gift.

# **CONTACT US**

**Interested in learning more?  
Contact us today!**

**Graduation Success**

**206.267.5140**

**Launch Success**

**206.267.5165**

**Treehouse Store**

**206.267.5185**

**Just-in-Time Funding**

**206.267.5125**

### **Want to Get Involved?**

You can volunteer in the store, organize a donation drive, host a fundraising event and more.

Visit [treehouseforkids.org/take-action](http://treehouseforkids.org/take-action) for additional information.

2100 24th Avenue S. / Suite 200  
Seattle, WA 98144-4643  
Phone 206.767.7000  
Fax 206.767.7773

**TREEHOUSEFORKIDS.ORG**  
[info@treehouseforkids.org](mailto:info@treehouseforkids.org)





## Tips for Assisting Students who have Experienced Foster Care

*The following are a set of recommendations developed by young adult participants in the Mockingbird Society to assist you in building a supportive partnership with young people who have experienced foster care (and/or homelessness)*

### TRANSITIONS:

**Remember to keep this perspective:** Young adulthood is naturally full of transitions. A young person who has aged out of foster care has the additional pressures of being completely independent (at 18 or 21) without the supports of parents into their mid and even late twenties as many people from intact families experience. The following are best practices for navigating transitions:

- **Personal introductions and transition meetings:** To prepare for a transition as a service provider hold coffee meetings with young person and both former and new support staff present before the transition is made.
  - If a young person is transitioning to a community too far away to meet in person hold a Skype or FaceTime meeting with all parties.
  - At a minimum talk the transition over, call the new point person, exchange contacts and information about when the young person will be moving to their area and follow up with the young person and new support after the move.
- **Encourage questions and requests:** Maintain an open-door policy with no judgement for questions asked. Meet difficult requests with even more support!
- **Perceived independence of foster youth:** Don't assume that just because a young person presents as being ok and independent that they don't need your help. Still ask in what ways you can be a support.
- **Dealing with Failure:** I got my first F—As a support, how you respond to this will add to, or alleviate the stress of this failure and my fear that I'll lose funding and have to leave school.
- **Perceived needs vs. Actual needs:** Don't assume you know what a young person needs, or that you know what advice to give or how to solve their problem. Make sure to ask what their actual needs are, LISTEN, and then offer possibilities!
- **Be sensitive to the weight of responsibility:** Alum of foster care have multiple pulls on their attention because they are supporting themselves. Housing may not be stable. It is never supportive therefore to say anything to the effect of "Just focus on school."
- **"Breaks" are not breaks:** Breaks between quarters are major times of transition—Placement changes, job hiring, personal appointments—these students are hustling during breaks—they are not relaxing at a parent's or in Mexico on vacation—thus they don't come back to school refreshed.
- **Be clear:** While there are many scholarships and resources available for young people who have experienced foster care, some require completion of classes or maintenance of a certain GPA. Be clear about the requirements and what that consequences are if these requirements aren't met. Also make a clear plan for how to meet these requirements and steps to take if things aren't going as planned.



## DO's and DON'Ts of Trauma Informed Work with Students

**Remember to keep this perspective:** Young people who have experienced foster care have also experienced trauma, below is a list of recommendations to help you navigate conversations in a way that will help you build a supportive partnership with the young person rather than re-traumatizing them.

INSTEAD OF...	DO THIS...
Asking me questions about my foster care experience (e.g. how/why did you enter foster care, etc.).	Ask me, "What should I know to best support you as a student?"
Staring at me, or saying you understand (you don't)—If I do share my experiences with you.	Show you are listening, reflect feelings, and paraphrase.
Coming at me with solutions.	Ask me what I need.
Asking me "Why aren't you doing this or that? Why can't you...? Have you thought about this easy approach...? (common inquiries—why aren't you: driving? taking vacation? studying?)	Start your inquiries with: Would it be possible for you...? Here are some opportunities...(rather than highlighting missed opportunities). Check your privilege and assumptions.
Trying to get the answers you want by asking the same questions.	Develop a relationship with me, find out what I care about and what I need to help me do what I want to do.
Assume school is the only thing I'm doing.	Realize we are part of multiple systems, not just the education system.
Assuming I have my basic, student needs met.	Ask me, do you need any help with textbooks, food, or transportation?
Highlighting my weaknesses.	Use a strengths-based perspective.
Assuming I know what you do, how you can help me, and how to get ahold of you.	Identify yourself as a support, tell me what you can help me with, and give me your card.
Leaving a conversation with NO plan for follow-up.	Make a commitment with me about when, how, and who will be following up.
Assuming I will navigate to the people I need to meet on campus.	Use your position and expertise to encourage relationships with on-campus supports.
Letting the system change on its own.	Use your knowledge and expertise to effectively liaison between my needs as young person that has experienced foster care and the needs of the school.



# Kinship Program



## Relatives as Parents Program

A Kinship Caregiver is: A grandparent, stepgrandparent or other non-parental relative of any age, who is related to the child(ren) in their fulltime care, by blood, marriage, or adoption.

There are **over 4,500 Kin-Families** in Snohomish County. Are **YOU** one of them?

*To learn more, call*

**425.513.1900**

[www.homage.org](http://www.homage.org)

**Homage**  
Senior Services

*Well-being as we age*



## Support & Conversation Groups

A safe confidential environment where you can bring questions, share stories and build relationships with other caregivers.

## Kinship Caregiver Support Program (KCSP)

A program that may be able to provide financial help for Kinship Caregivers, who are income eligible, to meet short term needs such as:

- Rent/Utilities
- Clothing
- Groceries
- Car Repairs
- Recreational Activities

## Information & Resources

- Advocacy
- CPS, DSHS, Education, Court and more State Benefits
- Legal Options

*To learn more, call*

**425.513.1900** or **800.422.2024**

[www.homage.org](http://www.homage.org)

email: [adrn@homage.org](mailto:adrn@homage.org)

11627 Airport Rd., Suite B | Everett, WA 98204-8714



*Well-being as we age*





## SERVICIOS DE VIVIENDA

Catholic Community Services 425-257-2111  
ccsww.org  
Cocoon House 425-977-5271 Youth 13-17 425-259-5802  
http://www.cocoonhouse.org  
Coordinated Entry/Rapid Re-Housing 425-323-3233  
buildingchanges.org  
DSHS 360-651-6900  
www.dshs.wa.gov  
Domestic Violence Services 425-252-2873  
dvs-snoco.org  
Everett Gospel Mission (Men/Boys) 425-740-2550  
www.egmission.org  
Everett Gospel Mission (Women/Kids) 425-740-2501  
www.egmission.org  
Housing Authority of Sno County 425-290-8499  
hasco.org  
Housing Hope 425-347-6556  
www.housinghope.org  
Interfaith Family Shelter 425-200-5121  
interfaithwa.org  
Maud's House 425-259-3191  
hasco.org  
Millennia Ministries (Women/Kids) 425-481-4919  
www.millenniaministries.org  
Northwest Indian Housing Ass. 206-526-8630  
www.nw/ha.org  
Snohomish County Human Svcs. 425-388-7200  
snohomishcountywa.gov  
Tulalip Shelter 425-716-4500  
www.tulaliptribes-nsn.gov  
Volunteers of America 425-259-319 Ext. 13001  
www.voa.org  
Women at the Well Day Shelter 425-760-6076  
ministrylink.org

## RECURSOS SALUD/DENTAL

Compass Health (Mental Health) 425-349-7352  
www.compasshealth.org  
DSHS 360-651-6900  
www.dshs.wa.gov  
Family Health Hotline 800-322-2588  
www.parenthelp123.org  
Molina Healthcare 425-348-6727  
www.molinahealthcare.com  
Planned Parenthood Marysville 800-769-0045  
www.plannedparenthood.org  
Safeharbor Free Clinic 425-870-7384  
www.safeharborfreeclinic.org  
SeaMar Medical/Dental Clinic 360-653-1742  
www.seamar.org  
Snohomish Health District 425-339-5200  
www.snohd.org  
Snohomish County Medical Society 206-956-3624  
snohomishmedical.org



The Marysville School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to address questions and complaints of alleged discrimination: Civil Rights Coordinator - Gregg Kuehn, Risk Management Supervisor, [gregg.kuehn@msd25.org](mailto:gregg.kuehn@msd25.org), 360-965-0110; Title IX Officer - Tracy Souza, Human Resources Director, [tracy.souza@msd25.org](mailto:tracy.souza@msd25.org), 360-965-0071; Section 504 Coordinator, Nancy Smith, Director of Categorical Programs, [nancy.smith@msd25.org](mailto:nancy.smith@msd25.org), 360-965-0051; ADA Coordinator - Ginger Merkel, Executive Director of Special Education, [ginger.merkel@msd25.org](mailto:ginger.merkel@msd25.org), 360-965-0174. Address: 4220 80th Street NE, Marysville, WA 98270. Website: [www.msd25.org](http://www.msd25.org) Marysville School District is a drug- and tobacco-free workplace.



## DISTRITO ESCOLAR DE MARYSVILLE #25

## RECURSOS DE LA COMUNIDAD

### RECURSOS DE COMIDA

Allen Creek Community Church 360-659-7335  
<http://ac3.org/>  
Bethlehem Lutheran 360-659-2022  
[www.blcmarysville.com/](http://www.blcmarysville.com/)  
Marysville Community Food Bank 360-658-1054  
<http://www.marysvillefoodbank.org/>  
Arlington Food Bank 360-435-1631  
[www.arlingtonwafoodbank.org](http://www.arlingtonwafoodbank.org)  
Everett Food Bank 425-259-3191  
[www.voa.org](http://www.voa.org)  
Granite Falls Food Bank 360-691-4253  
[www.granitefallscommunitycoalition.org](http://www.granitefallscommunitycoalition.org)  
Lake Stevens Food Bank 425-334-3430  
[www.lakestevensfoodbank.org](http://www.lakestevensfoodbank.org)  
Salvation Army Food Bank (Everett) 425-259-8129  
[everett.salvationarmy.org](http://everett.salvationarmy.org)

Tulalip Church of God Food Bank 360-653-7876

## SERVICIOS COMUNITARIOS

American Red Cross 425-252-4103

[www.redcross.org](http://www.redcross.org)

Bureau of Indian Affairs 425-258-2651

[www.bia.gov](http://www.bia.gov)

Catholic Community Services 425-257-2111

[ccswww.org](http://ccswww.org)

Community Information Line 800-223-8145

<http://www.211.org/>

Crime Victims' Compensation 800-762-3716

[www.inl.wa.gov](http://www.inl.wa.gov)

Diversion Cash Assistance 425-339-4000

[www.dshs.wa.gov](http://www.dshs.wa.gov)

Energy Assistance 425-388-3880

[snohomishcounty.wa.gov](http://snohomishcounty.wa.gov)

Salvation Army 425-259-8129

[everett.salvationarmy.org](http://everett.salvationarmy.org)

Social Security Administration 800-772-1213

[www.ssa.gov](http://www.ssa.gov)

Snohomish County WIC 425-252-5303

<http://www.snohd.org/>

Unemployment Compensation 800-362-4636

[esd.wa.gov](http://esd.wa.gov)

Volunteers of America 425-259-3191

[www.voa.org](http://www.voa.org)

WA Women In Need 425-451-8838

[www.win.org](http://www.win.org)

Washington State Work Source 888-700-8880

[worksourcewa.com](http://worksourcewa.com)

Working Connection 877-980-9131

## SERVICIOS DE CONSEJERIA

Care Crisis Line 800-584-3578 or text "HELP" to 741741

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

Changes Parenting Support Network 800-468-2620

<http://cpsn.org/>

Family Helpline 800-932-4673

[www.parenttrust.org](http://www.parenttrust.org)

Family Reconciliation Services 800-609-8764

After Hours Line: 800-562-5624 [www.dshs.wa.gov](http://www.dshs.wa.gov)

National Suicide Prevention Lifeline 800-273-8255

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

Reachout.com 800-448-3000

The Center: A Place of Hope 425-771-5166

[www.aplaceofhope.com](http://www.aplaceofhope.com)

The Trevor Project 866-488-7368

<https://www.thetrevorproject.org>

Volunteers of America 425-259-3191

[www.voa.org](http://www.voa.org)

## OTROS RECURSOS

Alcoholics Anonymous 425-252-2525

[www.aa.org](http://www.aa.org)

Childcare Resources 206-329-5544

[www.childcare.org/family-services](http://www.childcare.org/family-services)

Domestic Violence Services of Snohomish 425-252-2873

[dvs-sno.org](http://dvs-sno.org)

Kloz 4 Kids 360-658-1021

<http://www.kloz4kidz.org/>

Refugee and Immigrant Services Northwest 425-388-9307

[capaa.wa.gov](http://capaa.wa.gov)

Tulalip Homework Help and After school Tutoring

360-716-4902

Working Wardrobe 425-258-2766

[www.everettheiplink.org](http://www.everettheiplink.org)

## SERVICIOS NECESIDADES ESPECIALES

Autism Society of Washington 888-279-4968

[autismsocietyofwa.org](http://autismsocietyofwa.org)

Bridgeways 425-523-8213

[bridgeways.org](http://bridgeways.org)

Department of Services for the Blind 800-552-7103

[dsb.wa.gov](http://dsb.wa.gov)

Disability Rights Washington 206-324-1521

[www.disabilityrightswa.org](http://www.disabilityrightswa.org)

Eagle Wings Disability Ministries 360-658-6093

[eaglewingsministries.org](http://eaglewingsministries.org)

Learning Disabilities Association of Washington 425-882-0820

[www.ldwa.org](http://www.ldwa.org)

PAVE 800-572-7368

[wapave.org](http://wapave.org)

Sight Connection 800-458-4888

<http://www.sightconnection.org/>

The Arc of Snohomish County 425-258-2459

[www.arcsno.org](http://www.arcsno.org)

## EMPLEO ENTRENAMIENTO

Center for Career Alternatives 425-252-6400

[www.manta.com](http://www.manta.com)

Employee Security Department 800-362-4636

[www.resourcehouse.info](http://www.resourcehouse.info)

Everett Gospel Mission 425-740-2500

[www.egmission.org](http://www.egmission.org)

Goodwill Job Training and Education Center 360-657-4058

[seattlegoodwill.org](http://seattlegoodwill.org)

Pathways for Women 425-774-9843

[www.domesticshelters.org](http://www.domesticshelters.org)

Work Source 425-258-6300

[www.resourcehouse.info](http://www.resourcehouse.info)

Work Source Youth Center 425-374-8351

[www.resourcehouse.info](http://www.resourcehouse.info)



## HOUSING SERVICES

Catholic Community Services 425-257-2111  
[ccsw.wa.org](http://ccsw.wa.org)

Cocoon House 425-977-5271 Youth 13-17 425-259-5802  
<http://www.cocoonhouse.org>

Coordinated Entry/Rapid Re-Housing 425-323-3233  
[buildingchanges.org](http://buildingchanges.org)

DSHS 360-651-6900  
[www.dshs.wa.gov](http://www.dshs.wa.gov)

Domestic Violence Services 425-252-2873  
[dvs-snococo.org](http://dvs-snococo.org)

Everett Gospel Mission (Men/Boys) 425-740-2550  
[www.egmission.org](http://www.egmission.org)

Everett Gospel Mission (Women/Kids) 425-740-2501  
[www.egmission.org](http://www.egmission.org)

Housing Authority of Sno County 425-290-8499  
[hasco.org](http://hasco.org)

Housing Hope 425-347-6556  
[www.housinghope.org](http://www.housinghope.org)

Interfaith Family Shelter 425-200-5121  
[interfaithwa.org](http://interfaithwa.org)

Maud's House 425-259-3191  
[hasco.org](http://hasco.org)

Millennia Ministries (Women/Kids) 425-481-4919  
[www.millenniaministries.org](http://www.millenniaministries.org)

Northwest Indian Housing Ass. 206-526-8630  
[www.nwiha.org](http://www.nwiha.org)

Snohomish County Human Svcs. 425-388-7200  
[snohomishcountywa.gov](http://snohomishcountywa.gov)

Tulalip Shelter 425-716-4500  
[www.tulaliptribes-nsn.gov](http://www.tulaliptribes-nsn.gov)

Volunteers of America 425-259-319 Ext. 13001  
[www.voa.org](http://www.voa.org)

Women at the Well Day Shelter 425-760-6076  
[ministrylink.org](http://ministrylink.org)

## MEDICAL/DENTAL RESOURCES

Compass Health (Mental Health) 425-349-7352  
[www.compasshealth.org](http://www.compasshealth.org)

DSHS 360-651-6900  
[www.dshs.wa.gov](http://www.dshs.wa.gov)

Family Health Hotline 800-322-2588  
[www.parenthelp123.org](http://www.parenthelp123.org)

Molina Healthcare 425-348-6727  
[www.molinahealthcare.com](http://www.molinahealthcare.com)

Planned Parenthood Marysville 800-769-0045  
[www.plannedparenthood.org](http://www.plannedparenthood.org)

Safeharbor Free Clinic 425-870-7384  
[www.safeharborfreeclinic.org](http://www.safeharborfreeclinic.org)

SeaMar Medical/Dental Clinic 360-653-1742  
[www.seamar.org](http://www.seamar.org)

Snohomish Health District 425-339-5200  
[www.snohd.org](http://www.snohd.org)

Snohomish County Medical Society 206-956-3624  
[snohomishmedical.org](http://snohomishmedical.org)



The Marysville School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to address questions and complaints of alleged discrimination: Civil Rights Coordinator - Gregg Kuehn, Risk Management Supervisor, [gregg.kuehn@msd25.org](mailto:gregg.kuehn@msd25.org), 360-965-0110; Title IX Officer - Tracy Souza, Human Resources Director, [tracy.souza@msd25.org](mailto:tracy.souza@msd25.org), 360-965-0071; Section 504 Coordinator, Nancy Smith, Director of Categorical Programs, [nancy.smith@msd25.org](mailto:nancy.smith@msd25.org), 360-965-0051; ADA Coordinator - Ginger Merkel, Executive Director of Special Education, [ginger.merkel@msd25.org](mailto:ginger.merkel@msd25.org), 360-965-0174. Address: 4220 80th Street NE, Marysville, WA 98270. Website: [www.msd25.org](http://www.msd25.org). Marysville School District is a drug- and tobacco-free workplace.



# MARYSVILLE SCHOOL DISTRICT NO. 25 COMMUNITY SERVICES AND RESOURCES

## FOOD RESOURCES

Allen Creek Community Church 360-659-7335  
<http://ac3.org/>

Bethlehem Lutheran 360-659-2022  
[www.blcmarysville.com/](http://www.blcmarysville.com/)

Marysville Community Food Bank 360-658-1054  
<http://www.marysvillefoodbank.org/>

Arlington Food Bank 360-435-1631  
[www.arlingtonwafoodbank.org](http://www.arlingtonwafoodbank.org)

Everett Food Bank 425-259-3191  
[www.voa.org](http://www.voa.org)

Granite Falls Food Bank 360-691-4253  
[www.granitefallscommunitycoalition.org](http://www.granitefallscommunitycoalition.org)

Lake Stevens Food Bank 425-334-3430  
[www.lakestevensfoodbank.org](http://www.lakestevensfoodbank.org)

Salvation Army Food Bank (Everett) 425-259-8129  
[everett.salvationarmy.org](http://everett.salvationarmy.org)

Tulalip Church of God Food Bank 360-653-7876

## HUMAN SERVICES

American Red Cross 425-252-4103  
[www.redcross.org](http://www.redcross.org)

Bureau of Indian Affairs 425-258-2651  
[www.bia.gov](http://www.bia.gov)

Catholic Community Services 425-257-2111  
[ccsw.wa.gov](http://ccsw.wa.gov)

Community Information Line 800-223-8145  
<http://www.211.org/>

Crime Victims' Compensation 800-762-3716  
[www.lni.wa.gov](http://www.lni.wa.gov)

Diversion Cash Assistance 425-339-4000  
[www.dshs.wa.gov](http://www.dshs.wa.gov)

Energy Assistance 425-388-3880  
[snohomishcounty.wa.gov](http://snohomishcounty.wa.gov)

Salvation Army 425-259-8129  
[everett.salvationarmy.org](http://everett.salvationarmy.org)

Social Security Administration 800-772-1213  
[www.ssa.gov](http://www.ssa.gov)

Snohomish County WIC 425-252-5303  
<http://www.snohd.org/>

Unemployment Compensation 800-362-4636  
[esd.wa.gov](http://esd.wa.gov)

Volunteers of America 425-259-3191  
[www.voia.org](http://www.voia.org)

WA Women In Need 425-451-8838  
[www.wwin.org](http://www.wwin.org)

Washington State Work Source 888-700-8880  
[worksource.wa.com](http://worksource.wa.com)

Working Connection 877-980-9131

## COUNSELING SERVICES

Care Crisis Line 800-584-3578 or text "HELP" to 741741  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

Changes Parenting Support Network 800-468-2620  
<http://cpsn.org/>

Family Helpline 800-932-4673  
[www.parenttrust.org](http://www.parenttrust.org)

Family Reconciliation Services 800-609-8764  
After Hours Line: 800-562-5624 [www.dshs.wa.gov](http://www.dshs.wa.gov)

National Suicide Prevention Lifeline 800-273-8255  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

Reachout.com 800-448-3000

The Center: A Place of Hope 425-771-5166  
[www.aplaceofhope.com](http://www.aplaceofhope.com)

The Trevor Project 866-488-7368  
<https://www.thetrevorproject.org>

Volunteers of America 425-259-3191  
[www.voia.org](http://www.voia.org)

## OTHER RESOURCES

Alcoholics Anonymous 425-252-2525  
[www.aa.org](http://www.aa.org)

Childcare Resources 206-329-5544  
[www.childcare.org/family-services](http://www.childcare.org/family-services)

Domestic Violence Services of Snohomish 425-252-2873  
[dvs-snoco.org](http://dvs-snoco.org)

Klöz 4 Kids 360-658-1021  
<http://www.kloz4kids.org/>

Refugee and Immigrant Services Northwest 425-388-9307  
[capaa.wa.gov](http://capaa.wa.gov)

Tulalip Homework Help and After school Tutoring  
360-716-4902

Working Wardrobe 425-258-2766  
[www.everethhelpink.org](http://www.everethhelpink.org)

## DISABILITY RESOURCES

Autism Society of Washington 888-279-4968  
[autismsocietyofwa.org](http://autismsocietyofwa.org)

Bridgeways 425-523-8213  
[bridgeways.org](http://bridgeways.org)

Department of Services for the Blind 800-552-7103  
[dsb.wa.gov](http://dsb.wa.gov)

Disability Rights Washington 206-324-1521  
[www.disabilityrightswa.org](http://www.disabilityrightswa.org)

Eagle Wings Disability Ministries 360-658-6093  
[eaglewingsministries.org](http://eaglewingsministries.org)

Learning Disabilities Association of Washington 425-882-0820  
[www.ldwa.org](http://www.ldwa.org)

PAVE 800-572-7368  
[wapave.org](http://wapave.org)

Sight Connection 800-458-4888  
<http://www.sightconnection.org/>

The Arc of Snohomish County 425-258-2459  
[www.arcsno.org](http://www.arcsno.org)

## EMPLOYMENT TRAINING

Center for Career Alternatives 425-252-6400  
[www.mantia.com](http://www.mantia.com)

Employee Security Department 800-362-4636  
[www.resourcousehouse.info](http://www.resourcousehouse.info)

Everett Gospel Mission 425-740-2500  
[www.egmission.org](http://www.egmission.org)

Goodwill Job Training and Education Center 360-657-4058  
[seattlegoodwill.org](http://seattlegoodwill.org)

Pathways for Women 425-774-9843  
[www.domesticshelters.org](http://www.domesticshelters.org)

Work Source 425-258-6300  
[www.resourcousehouse.info](http://www.resourcousehouse.info)

Work Source Youth Center 425-374-8351  
[www.resourcousehouse.info](http://www.resourcousehouse.info)





*Is your child birth to three years old?  
Or are you a soon-to-be mom?  
Are you living on a limited income?*

## North Snohomish County EARLY HEAD START

Early Head Start is a child-development program for income-eligible families with children aged birth to three, or pregnant women. We work with you to promote the growth and development of your child by supporting you as your child's first and best teacher.



- Enjoy family activities together
- Have fun with other families
- Plan family goals with infant-toddler specialists
- Access child health and nutrition referrals
- Take parenting workshops



**We serve: Arlington, Granite Falls, Marysville and Sultan**

**Call us for more information!**

**425-388-6439**



Office of Head Start

Early Head Start is a division of the Head Start program and is funded by the U.S. Department of Health and Human Services. EHS does not discriminate on the basis of race, creed, color, religion, marital status, sexual orientation, national origin, sex, or disability.



Snohomish County  
Human Services





*¿Es su niño un recién nacido o menor de 3 años?  
¿O usted pronto será madre?  
¿Está viviendo con unos ingresos limitados?*

## Norte del Condado de Snohomish EARLY HEAD START

Early Head Start es un programa para el desarrollo de los niños y presta servicios a familias elegibles de bajos ingresos que tienen niños entre cero a tres años o a las mujeres embarazadas. Trabajamos con usted para promover el crecimiento y desarrollo de su hijo a través del apoyo que le brindamos a usted quien realmente es el primer y mejor maestro de su hijo.



- Disfrute de hacer actividades en familia
- Diviértase con otras familias
- Planifique metas familiares con la especialista en bebés y niños pequeños
- Tenga acceso a recursos de salud y nutrición para su hijo
- Tome clases para padres



Prestamos servicios en: Arlington, Granite Falls, Marysville y Sultan

**¡Llámenos para darle más información!**

**425-388-6439**



Office of Head Start

Early Head Start es una división del programa de Head Start y está financiado por el Departamento de Salud y Servicios Humanos U.S. EHS no discrimina en cuanto a raza, credo, color, religión, estado civil, orientación sexual, origen de nacionalidad, sexo o discapacidad.



Snohomish County  
Human Services

# Grandparents and Relatives

Do you know about the services and supports  
for you and the children in your care?





There are more than 43,000 grandparents and other relatives raising children in Washington state. Below are various resources, benefits, and support services available to you through the Department of Social and Health Services (DSHS) and other public and private agencies.

## General and Statewide Resources

- **Social Security** - for information on Social Security Retirement and Disability benefits, Social Security Numbers, and related topics:

Phone: 1-800-772-1213 (TTY 1-800-325-0778)

Web: [www.ssa.gov](http://www.ssa.gov)

- **Washington Poison Control Center (WAPC)** provides immediate, 24/7, free, and expert treatment advice and assistance by phone in case of exposure. All calls are confidential:

Phone: 1-800-222-1222

Web: [www.wapc.org](http://www.wapc.org)

- **Kinship Navigators** are a one-stop shop providing information and assistance to relatives who may not know where to apply for benefits and services in their community. Kinship Navigators serve most areas of the state. Tribal Navigators serve selected Tribes:

Phone: 1-800-422-3263 or 360-725-2556

Web: [www.dshs.wa.gov/altsa/kinship-care-support-services](http://www.dshs.wa.gov/altsa/kinship-care-support-services).

- **Local support groups for relatives raising children:**

Phone: 1-800-422-3263 or 360-725-2556

Web: [www.dshs.wa.gov/kinshipcare](http://www.dshs.wa.gov/kinshipcare) (click on "...

Support Groups" and select your county or city)

- **WithinReach hotline** provides information and referrals on many health and social services related to raising children of all ages including health insurance, nutrition, immunization, child care, child development, and children with special needs:

Phone: 1-800-322-2588 (TTY 711)

Web: [www.parenthelp123.org](http://www.parenthelp123.org) (Families can find and apply for programs using a benefit finder)

- **Washington Connection** website provides information and help with applying for DSHS services, including TANF grants and food assistance:

Web: [www.washingtonconnection.org](http://www.washingtonconnection.org)

- **Alliance for Child Welfare Excellence** offers free training classes for both relatives and foster parents. Classes are often held on weeknights and weekends and some on-line trainings are available.

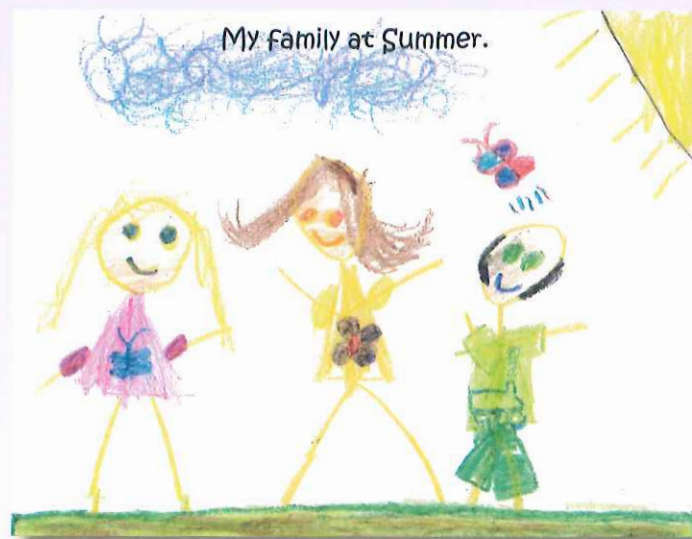
Web: <https://allianceforchildwelfare.org/resources>

- **DSHS Children's Administration:** information about kinship care, foster care and the child welfare system:

Web: [www.dshs.wa.gov/CA/fos/relatives-caring-for-kids](http://www.dshs.wa.gov/CA/fos/relatives-caring-for-kids)

- **Northwest Justice Project (NJP)** has free self-help information including a website and a toll-free hotline. NJP's Coordinated Legal Education, Advice, and Referral (CLEAR) program provides free legal assistance with civil legal problems for eligible low-income people.

Phone: 1-888-201-1014 - if you are under 60 and low-income. King County residents should call 206-464-1519. If you are over 60 at any income level call 1-888-387-7111.



Melena Age 6. Voices of Children Contest 2016.

- **Washington Law Help** provides free legal services for low-income persons and seniors in Washington. The website provides legal education materials and tools that give basic information on legal problems and detailed instructions and forms to help you represent yourself in court. You can also locate information on free legal aid programs, basic eligibility, and contact information.

Web: [www.washingtonlawhelp.org](http://www.washingtonlawhelp.org)



# You and the child in your care may qualify for...

## Financial Help

- **TANF (Temporary Assistance for Needy Families) child-only grant:** Monthly cash grants may be available for relatives who are the primary caregivers raising children. Both the child's and caregiver's income are considered, but only the child's resources figure in determining eligibility (caregiver's income is not considered if the child was placed by a child welfare agency and the case is open). Caregivers may also be eligible for a TANF grant for themselves if they meet eligibility criteria. Recipients of child-only TANF can get additional one-time cash payments for help with emergency housing or utility needs through the Additional Requirements for Emergent Needs (AREN) program. Ask your local CSO about these funds.

**Phone:** 1-877-501-2233 to find your local Community Service Office

**Web:** [www.dshs.wa.gov/esa/esa-find-office](http://www.dshs.wa.gov/esa/esa-find-office)

To see if you qualify and to apply for assistance, go to [www.washingtonconnection.org](http://www.washingtonconnection.org)

- **Kinship Caregivers Support Program (KCSP):** Short-term funds are available for relatives whose children are not involved in the child welfare system to help pay for basic needs (food, housing, clothing, school supplies, etc.). How to apply:

**Phone:** Aging and Long-Term Support Administration at 1-800-422-3263 or 360-725-2556 to locate a local KCSP office

**Web:** [www.dshs.wa.gov/altsa/hcs/kinship-care/benefits](http://www.dshs.wa.gov/altsa/hcs/kinship-care/benefits) (click on Financial Help)

- **Relative Support Service Funds** provide emergency short-term funds to unlicensed relatives and other approved caregivers with a state-dependent child (state-dependent children are in the legal custody of the state, have an open case with the Children's Administration and an assigned social worker). Funds can pay for furniture, clothing, gas, deposits, school supplies, etc. Contact the child's social worker to access these funds or for more information. Foster parents are not eligible.

## Health Care

- **Health Insurance for children in kinship care:** Children living with a relative caregiver may be eligible for free Washington Apple Health coverage. An application must be filed online or by calling the customer service center. Caregivers may also be eligible for free or low-cost health insurance coverage for themselves and may apply at the same time they apply for the child in their care.

**Phone:** 1-855-923-4633

**Web:** [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)

- **Health Insurance for children in foster care:** Children who are dependents of the state are automatically eligible for Washington Apple Health and no application is needed. Children's Administration reports a child taken into care to the Health Care Authority directly.
- **Apple Health Core Connections (AHCC)** addresses the health care needs of state-dependent children in out-of-home placement. AHCC can help identify what services or providers your child needs, previous health problems for newly placed children, answer questions about children's health problems, and assist in navigating Washington Apple Health and the greater health care system. Children are eligible for AHCC if they are under age 21 and in placement through tribal or state dependency. For more information, contact your child's social worker or:

**Phone:** 1-844-354-9876

- **Child Profile Health Promotion** materials for children aged birth to six years are available. Information is age-specific and includes immunizations, growth, development, safety, nutrition, and other parenting issues.

**Phone:** 1-866-397-0337

**Web:** [www.childprofile.org](http://www.childprofile.org)

- **Plain Talk About Childhood Immunization** (Department of Health Publication #348-080): detailed information to help parents and caregivers make informed decisions about immunizing their children. To order this booklet and other free immunization materials:

**Phone:** 1-866-397-0337

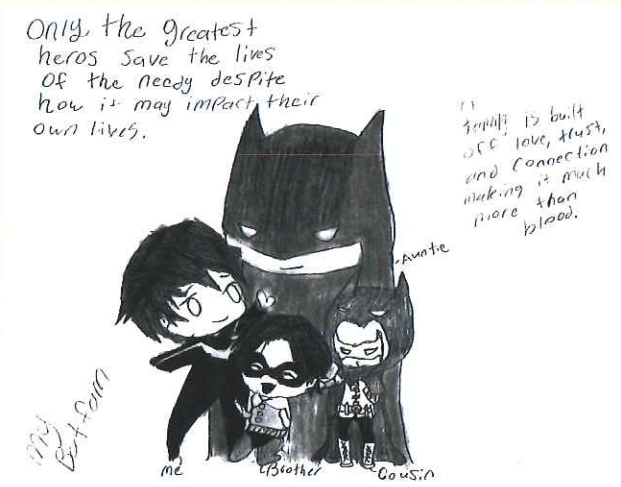
**Web:** <http://here.doh.wa.gov/materials/plaintalk>

- **Health Centers that accept Washington Apple Health coverage** for medical and dental care:

**Phone:** 1-800-562-3022

**Web:** <https://fortress.wa.gov/hca/p1findaprovider/>

Caregivers must contact the provider to find out if they are accepting new Apple Health patients.



Amaris, Age 17. Voices of Children Contest 2016.



Contact Child Care Aware for other child care information, including Homeless Child Care

Phone: 1-800-446-1114

Web: <http://>

[wa.childcareaware.org/families](http://wa.childcareaware.org/families)



Amanda, Age 5. *Voices of Children Contest 2004*

- **Summer Meal Programs:** All children, 18 years and younger, regardless of household income, are eligible for free meals at organizations that serve meals during the summer months. For information:

Phone: 1-866-3-HUNGRY

Web: [www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks)

ECEAP (Early Childhood Education and Assistance Program) and Head Start provide free services and support to 3 and 4 year olds who have risk factors that could interfere with school success, including children in kinship care.

Phone: 1-866-482-4325

Web: <https://www.del.wa.gov/parents-family/eceap-and-head-start>

## Educational Advocacy

The Office of the Education Ombuds (OEO) resolves complaints, disputes, and problems between families and public schools in all areas that affect student learning. The OEO functions independently from the public school system. Services are available to students from Kindergarten to 12th grade and are free and confidential. Contact OEO when you have an unresolved problem with a public school that impacts your student's education; you want an independent assessment of the situation; or you have other questions about the education system.

Phone: 1-866-297-2597

Web: [www.oeo.wa.gov](http://www.oeo.wa.gov)

## Food Assistance

- **Washington's Basic Food program** for monthly food benefits. Contact:  
Your local CSO: to find your local Community Service Office call 1-877-501-2233 or go to: <https://www.dshs.wa.gov/esa/esa-find-office>  
To see if you qualify and to apply for assistance, go to [www.washingtonconnection.org](http://www.washingtonconnection.org)
- **Child Nutrition Programs** - If the children meet federal income guidelines or receive TANF or Basic Food, they are eligible for free or reduced-price breakfast and lunch at public or private schools. To find out more information, contact the school your children attend.
- **Child and Adult Care Food Program (CACFP):** offers meals at no charge to children in care at organizations participating in the program. Many CACFP sites offer breakfast, lunch, and snacks. Some public and private schools offer snacks and/or meals after the regular school day. To find out more information, contact the childcare provider where your children are in care.

- **The Women, Infants and Children (WIC) Nutrition Program** helps young children under five, pregnant women, and new mothers eat well, learn about nutrition, and stay healthy. Relatives and foster parents who are primary caregivers of children (ages 0-5) may receive WIC services for the child(ren) in their care. Besides monthly checks to help purchase healthy food, WIC provides nutrition education and health screenings and referrals.
- **To find a WIC clinic or learn if you may be eligible:**  
Phone: Family Health Hotline: 1-800-322-2588  
Web: <http://www.doh.wa.gov/YouandYourFamily/WIC/Eligibility>
- **The Statewide Family Food Line** provides additional information about food resources, including the state's Basic Food program, free summer meals for kids, local food banks, and the Senior Farmers Market Nutrition Program.  
Phone: 1-888-436-6392

## Child Support

- You can apply for Division of Child Support (DCS) services even if you don't receive any public assistance. Receiving TANF or some kinds of medical assistance will automatically result in DCS establishing a case.
- DCS establishing paternity can help the family access benefits the child may be eligible for such as Social Security and also help provide a family medical history. If you are afraid that establishing paternity or enforcing child support may be dangerous for you or the child, contact your local Community Services Office to discuss "good cause" which is a waiver of child support enforcement.
- DCS will enforce an existing child support order, such as a divorce decree, or will establish a support order if needed. DCS sets support obligations based on a parent's ability to pay. DCS will also attempt to have the parents cover the child on their own medical insurance, if available.

For information on all DCS services:

Phone: 1-800-442-KIDS

Web: [www.childsupportonline.wa.gov](http://www.childsupportonline.wa.gov)



- **Informed Consent for Medical Care** - State law allows relative caregivers to give informed consent for medical care for the child in their care (including dental and mental health care) even if they do not have a court order. When caring for a child in state custody, you must talk with the social worker to understand medical care the court must approve. For more information, look under “Free Publications” where you can download the brochure, *Consent to Health Care for the Child in Your Care: A Kinship Caregiver’s Guide*.

**Phone:** 1-800-422-3263 or 360-725-2556 to receive a copy of the informed consent brochure.

**Web:** [www.washingtonlawhelp.org/issues/family-law/non-parents-caring-for-children](http://www.washingtonlawhelp.org/issues/family-law/non-parents-caring-for-children)

## Dental Services

- **Locating Dental Care for Children and Adults:**

**Web:** [www.theMightyMouth.org](http://www.theMightyMouth.org) lists low-cost community dental clinics by county

**Phone:** 2-1-1 Washington Information Network (WIN) from anywhere in Washington to speak to an Information & Referral Specialist for assistance to find local dental contacts (translators available)

**Web:** WA State Department of Health for other dental health resources: [www.doh.wa.gov/YouandYourFamily/OralHealth/FindingDentalCare](http://www.doh.wa.gov/YouandYourFamily/OralHealth/FindingDentalCare)

- **The Center for Pediatric Dentistry (CPD)**, a collaboration of the University of Washington and Seattle Children’s Hospital, provides comprehensive and specialty dental care to children of all ages, including children with special needs. Apple Health accepted.

**Phone:** 206-543-5800

**Web:** [www.thecenterforpediatricdentistry.com](http://www.thecenterforpediatricdentistry.com)

## Help with Mental Health and Substance Use Disorders

- To find local services and agencies that serve children, youth, and families enrolled in Apple Health coverage:

**Phone:** Washington Recovery Help Line: 1-866-789-1511 for emotional support and referrals

**Web:** <https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery>

- **Washington State’s Wraparound with Intensive Services (WISe)** program provides comprehensive behavioral health services in many areas of the state with full implementation slated for 2018. WISe supports Apple Health eligible youth, up to 21 years of age, with complex behavioral health needs, and their families.

**Web:** <https://www.dshs.wa.gov/sites/default/files/CA/cp/documents/WISeCONTACTS.pdf>

- For information about Prevention and Services, go to: <https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/substance-abuse-prevention-and-mental-health-promotion>
- For information about preventing underage substance use, go to [www.StartTalkingNow.org](http://www.StartTalkingNow.org).

## Help with Special Needs

- **Washington State Early Support for Infants and Toddlers (ESIT)** provides intervention services for children age birth to three. If you care for a child with a disability or have a concern about a child’s development, call the Family Health Hotline at 1-800-322-2588. Ask for the name of a Family Resources Coordinator (FRC) in your local community to see if your child is eligible for ESIT services.

**Phone:** 1-800-322-2588 (TTY 711).

**Web:** [www.del.wa.gov/esit](http://www.del.wa.gov/esit)

- **DSHS’ Developmental Disabilities Administration (DDA)** provides services for those diagnosed with an intellectual or developmental disability or delay. Services depend on need and funding. Services include individual and family support, personal care, employment supports, day programs, and residential care. To contact your local DDA office:

**Web:** [www.dshs.wa.gov/dda](http://www.dshs.wa.gov/dda) and look under “Eligibility”

## Child Care and Early Learning

Relative caregivers may qualify for one of the state’s subsidized child care programs. These include:

- **Working Connections Child Care (WCCC) for employed caregivers**
- **Seasonal Child Care for seasonal agricultural workers**
- **Homeless Child Care for families who are temporarily homeless (limited to certain counties)**

For WCCC and Seasonal Child Care, in most cases caregivers may qualify even if only one person in a couple is working. If both are legal guardians to the child and listed in the court documents, both must be working to qualify. For Homeless Child Care, caregivers must not be eligible for any other child care subsidy program and must be engaged in an approved activity, such as looking for work or for housing. Relatives who are employed and caring for state-dependent children may also be eligible for subsidized child care and should contact their social worker.

For WCCC and Seasonal Child Care:

**Phone:** 1-877-501-2233 for the Washington State Customer Service Center

**Web:** [www.del.wa.gov](http://www.del.wa.gov)



## Free Publications

You can order publications that have a DSHS publication number from the Washington State Department of Printing's [Myfulfillment.wa.gov](http://Myfulfillment.wa.gov). The publication number is normally on the back page. For example, this publication is DSHS 22-1120. Publication requests may also be placed by:

E-mail: [Fulfillment@des.wa.gov](mailto:Fulfillment@des.wa.gov)  
Phone: 360-570-5555  
Fax: 360-664-2048

When ordering publications, please include publication name, number, your name, and street mailing address.

- **Consent to Health Care for the Child in Your Care:** A Kinship Caregiver's Guide (DSHS 22-1119). Explains the laws passed by the 2005-2006 WA State Legislature which describe a relative's rights and responsibilities. English, Cambodian, Russian, Somali, Spanish, Vietnamese (PDF)
- **Grandparents and Relatives Do You Know about Services and Supports for You and the Children in your Care?** (DSHS 22-1120). A list of resources, benefits, and support services available to relatives raising children. English, Cambodian, Chinese, Korean, Laotian, Russian, Somali, Spanish, Vietnamese (PDF)
- **Education Advocacy Guide for Caregivers – Supporting School Success for Children and Youth in Care** (DSHS 22-1192). Helps caregivers understand what education advocacy is and what is expected of students from preschool to high school. English (PDF)

- **A Guide to Child Support Services for Relative Caregivers** (DSHS 22-1143) What services DSHS Division of Child Support (DCS) can provide if you are taking care of a relative's child. English (PDF)
- **Relatives as Parents: A Resource Guide for Relatives Raising Children in Washington State** (DSHS 22-996). This 75 page booklet is an extensive resource guide for relative caregivers. English (PDF)
- **Options for Grandparents and Other Nonparental Caregivers: A Legal Guide for Washington State** is a non-DSHS publication for a relative raising a child who is involved in a legal situation. It will be available for free online at [www.legalvoice.org](http://www.legalvoice.org) (click "Tools & Resources," then "Family Law"). Print copies for non-relatives also available from Legal Voice for \$10 (includes shipping); contact Legal Voice at [info@legalvoice.org](mailto:info@legalvoice.org) or 206-682-9552, ext. 102.

*A free packet of information including the Legal Voice's Legal Guide for WA State, a legal options DVD along with related brochures can be requested at Aging and Long-Term Support Administration's contact information below.*

## Questions?

For additional information, contact:

- **Shelley Arneson:** Children's Administration/DSHS, 360-902-8109 or [shelley.arneson@dshs.wa.gov](mailto:shelley.arneson@dshs.wa.gov)
- **Tom Berry:** Economic Services Administration/DSHS, at 360-725-4617 or [tom.berry@dshs.wa.gov](mailto:tom.berry@dshs.wa.gov)
- **Jage Curl:** Economic Services Administration /DSHS, at 360-725-4589 or [jage.curl@dshs.wa.gov](mailto:jage.curl@dshs.wa.gov)
- **Kevin Cornell:** Health Care Authority, at 360-725-1423 or [kevin.cornell@hca.wa.gov](mailto:kevin.cornell@hca.wa.gov)
- **Hilarie Hauptman:** Aging and Long-Term Support Administration/DSHS, at 800-422-3263 or 360-725-2556, or [hilarie.hauptman@dshs.wa.gov](mailto:hilarie.hauptman@dshs.wa.gov)



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DSHS 22-1120 (Rev. 10/16)



# Abuelos y familiares

¿Conocen los servicios y apoyos que existen para usted y para los menores bajo su cuidado?





Existen más de 43,000 abuelos y otros parientes criando niños en el Estado de Washington. A continuación presentamos varios recursos, beneficios y servicios de apoyo que el Departamento de Servicios Sociales y de Salud (por sus siglas en inglés, "DSHS") y otras agencias públicas y privadas ponen a su disposición.

## Recursos generales y a nivel estatal

- **Seguro Social** - para obtener información sobre beneficios por jubilación y discapacidad del Seguro Social, números del Seguro Social y temas relacionados:

Teléfono: 1-800-772-1213 (TTY 1-800-325-0778)

Web: [www.ssa.gov](http://www.ssa.gov)

- **Centro de Control de Intoxicaciones de Washington (por sus siglas en inglés, "WAPC")** proporciona asesoría y asistencia telefónica para tratamiento 24/7 en caso de exposición, de manera inmediata, gratuita y experta. Todas las llamadas son confidenciales:

Teléfono: 1-800-222-1222

Web: [www.wapc.org](http://www.wapc.org)

- **Orientadores para familiares (Kinship Navigators)** son un centro integral que ofrece todo tipo de información y asistencia a los familiares que no saben dónde solicitar beneficios y servicios en su comunidad. Los orientadores prestan sus servicios en la mayoría de las regiones del estado. Hay orientadores tribales que dan servicio a tribus específicas:

Teléfono: 1-800-422-3263 o 360-725-2556

Web: [www.dshs.wa.gov/altsa/kinship-care-support-services](http://www.dshs.wa.gov/altsa/kinship-care-support-services)

- **Grupos de apoyo a nivel local para familiares que crían niños:**

Teléfono: 1-800-422-3263 o 360-725-2556

Web: [www.dshs.wa.gov/kinshipcare](http://www.dshs.wa.gov/kinshipcare) (haga clic en "... Support Groups" y seleccione su condado o ciudad)

- **Línea de apoyo WithinReach** ofrece información y derivaciones para muchos servicios de salud y sociales relacionados con la crianza de menores de todas las edades, incluyendo seguros de salud, nutrición, vacunas, guardería, desarrollo infantil y niños con necesidades especiales:

Teléfono: 1-800-322-2588 (TTY 711)

Web: [www.parenthelp123.org](http://www.parenthelp123.org) (Las familias pueden encontrar y presentar su solicitud para programas utilizando un localizador de beneficios)

- **Washington Connection** ofrece en su sitio web información y ayuda para solicitar servicios del DSHS, como subsidios de TANF y asistencia alimenticia:

Web: [www.washingtonconnection.org](http://www.washingtonconnection.org)

- **Alliance for Child Welfare Excellence** ofrece clases gratuitas de preparación para familiares y padres de tutela temporal. Las clases suelen ofrecerse por las noches y en fines de semana, y hay algunas disponibles en línea.

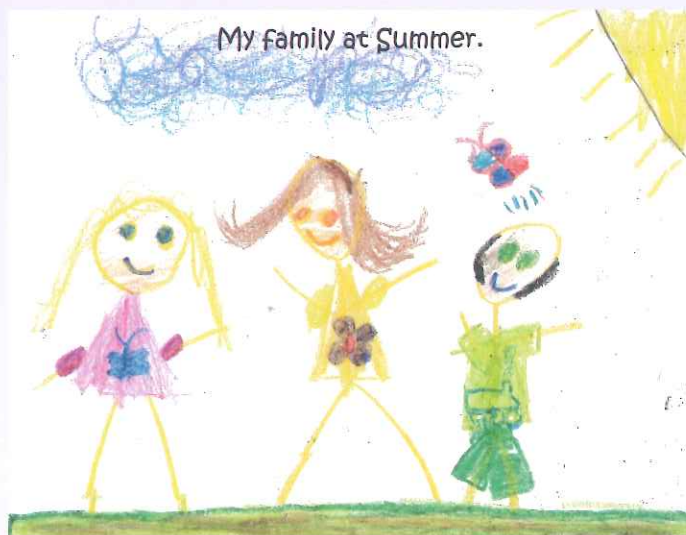
Web: <https://allianceforchildwelfare.org/resources>

- **Administración de Menores del DSHS:** información sobre la tutela de familiares, tutela temporal y el sistema de bienestar infantil:

Web: [www.dshs.wa.gov/CA/fos/relatives-caring-for-kids](http://www.dshs.wa.gov/CA/fos/relatives-caring-for-kids)

- **Northwest Justice Project (NJP)** tiene información gratuita para autoayuda, incluyendo un sitio web y una línea de apoyo sin costo. El programa de Educación, Asesoría y Derivación Legal Coordinada (por sus siglas en inglés, "CLEAR") de NJP ofrece asistencia legal gratuita para personas elegibles de bajos ingresos que tengan problemas legales civiles.

Teléfono: 1-888-201-1014 - si tiene menos de 60 años y bajos ingresos. Los residentes del Condado de King deben llamar al 206-464-1519. Si tiene más de 60 años, y sin importar su nivel de ingresos, llame al 1-888-387-7111.



Melena, 6 años de edad Concurso Voices of Children 2016.

- **Washington Law Help** ofrece servicios legales gratuitos a personas de bajos ingresos y de la tercera edad en Washington. El sitio web ofrece materiales y herramientas para preparación legal que incluyen información básica sobre problemas legales, así como instrucciones detalladas y formularios para ayudarlo a representarse a sí mismo ante el tribunal. También puede encontrar información sobre programas de ayuda legal gratuita, elegibilidad básica, e información de contacto.

Web: [www.washingtonlawhelp.org](http://www.washingtonlawhelp.org)



# Usted y el menor que está a su cuidado pueden calificar para...

## Ayuda financiera

- **Subsidio exclusivo para menores de TANF (Asistencia Temporal para Familias Necesitadas):** Pueden haber subsidios mensuales en efectivo disponibles para familiares que sean los cuidadores principales que crían a menores. Se toman en cuenta tanto los ingresos del menor como del cuidador, pero sólo se utilizan los recursos del menor para determinar la elegibilidad (los ingresos del cuidador no se toman en cuenta si el menor fue colocado por una agencia de bienestar infantil y el caso está abierto). Los cuidadores también pueden ser elegibles para un subsidio de TANF si cumplen con los criterios de elegibilidad. Los beneficiarios del TANF exclusivo para menores pueden recibir pagos adicionales en efectivo por única vez para ayudar con las necesidades de emergencia de vivienda o servicios básicos a través del programa de Requisitos Adicionales para Necesidades Emergentes (por sus siglas en inglés, "AREN"). Pregunte a la Oficina de Servicios Comunitarios de su localidad acerca de estos fondos.

**Teléfono:** 1-877-501-2233 para encontrar la Oficina de Servicios Comunitarios de su localidad

**Web:** [www.dshs.wa.gov/esa/esa-find-office](http://www.dshs.wa.gov/esa/esa-find-office)

Para ver si usted califica y para solicitar asistencia, visite [www.washingtonconnection.org](http://www.washingtonconnection.org)

- **Programa de Apoyo a Familiares Cuidadores (por sus siglas en inglés, "KCSP"):** Hay fondos a corto plazo disponibles para familiares cuyos niños no estén incluidos en el sistema de bienestar infantil para ayudar a pagar las necesidades básicas (alimentos, vivienda, ropa, útiles escolares, etc.). Cómo solicitar:  
**Teléfono:** Administración de Apoyos para Adultos Mayores y a Largo Plazo, al 1-800-422-3263 o 360-725-2556, para encontrar una oficina local del KCSP  
**Web:** [www.dshs.wa.gov/altsa/hcs/kinship-care/benefits](http://www.dshs.wa.gov/altsa/hcs/kinship-care/benefits) (haga clic en "Financial Help")

- **Fondos para servicios de apoyo a familiares** proporcionan fondos de emergencia a corto plazo para familiares sin licencia y otros cuidadores aprobados de un menor dependiente del estado (es decir, que está bajo la custodia legal del estado y tiene un caso abierto ante la Administración de Menores y un trabajador social asignado). Los fondos pueden utilizarse para pagar muebles, ropa, gas, depósitos, útiles escolares, etc. Comuníquese con el trabajador social del menor para obtener acceso a estos fondos o pedir más información. Los padres de tutela temporal no son elegibles.

## Servicios de salud

- **Seguro de salud para menores bajo el cuidado de familiares:** Los menores que vivan con un familiar cuidador pueden ser elegibles para cobertura gratuita de Washington Apple Health. Es necesario llenar una solicitud en línea o llamar al centro de servicio al cliente, Los cuidadores también pueden ser elegibles para cobertura de seguro de salud, gratuita o de bajo costo, para sí mismos, y pueden solicitarla al mismo tiempo que solicitan la del menor bajo su cuidado.

**Teléfono:** 1-855-923-4633

**Web:** [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)

- **Seguro de salud para menores en tutela temporal:** Los menores que son dependientes del estado son automáticamente elegibles para Washington Apple Health y no necesitan presentar solicitud. La Administración de Menores informa directamente a la Health Care Authority cuando un menor se convierte en dependiente del estado.
- **Apple Health Core Connections (AHCC)** responde a las necesidades de servicios de salud de los menores dependientes del estado colocados fuera de su hogar. AHCC puede ayudar a identificar los servicios o proveedores que su menor necesita y los problemas previos de salud de menores de reciente colocación, responder preguntas sobre estos problemas de salud de los menores y ayudar a orientar respecto a Washington Apple Health y al sistema de servicios de salud en general. Los menores son elegibles para AHCC si tienen menos de 21 años de edad y están en una colocación fuera del hogar mediante una dependencia tribal o estatal. Para obtener más información, comuníquese con el trabajador social de su menor, o al:

**Teléfono:** 1-844-354-9876

- **Promoción de la salud por perfil del menor** son materiales que están disponibles para niños desde el nacimiento hasta los seis años de edad. Contienen información específica para cada edad e incluyen temas tales como vacunación, crecimiento, desarrollo, seguridad, nutrición y otros temas relacionados con la crianza.

**Teléfono:** 1-866-397-0337

**Web:** [www.childprofile.org](http://www.childprofile.org)

- **Hablemos sin rodeos sobre las vacunas para niños** (Publicación del Departamento de Salud 348-080): información detallada para ayudar a los padres y cuidadores a tomar decisiones informadas acerca de la vacunación infantil. Para ordenar este folleto y otros materiales gratuitos sobre vacunación:

**Teléfono:** 1-866-397-0337

**Web:** <http://here.doh.wa.gov/materials/plaintalk>

- **Centros de salud que aceptan la cobertura de Washington Apple Health** para atención médica y dental:

**Teléfono:** 1-800-562-3022

**Web:** <https://fortress.wa.gov/hca/p1findaprovider/> Los cuidadores deben comunicarse con el proveedor individual para averiguar si acepta nuevos pacientes con Apple Health.

Only the greatest  
heros save the lives  
of the needy despite  
how it may impact their  
own lives.

A family is built  
on love, trust,  
and connection  
making it much  
more than  
blood.





Comuníquese con Child Care Aware para obtener más información sobre guarderías, incluyendo las guarderías para niños sin hogar.

Teléfono: 1-800-446-1114

Web: <http://wa.childcareaware.org/families>



Amanda, 5 años de edad Concurso Voices of Children 2004.

ECEAP (siglas en inglés del Programa de Educación y Asistencia para la Infancia Temprana) y Head Start proporcionan servicios y apoyos gratuitos para niños de 3 y 4 años de edad que presentan factores de riesgo que podrían interferir con el éxito escolar, incluyendo a los niños que son cuidados por familiares.

Teléfono: 1-866-482-4325

Web: <https://www.del.wa.gov/parents-family/eceap-and-head-start>

## Promoción educativa

La Oficina del Defensor Educativo (por sus siglas en inglés, "OEO") resuelve quejas, disputas y problemas entre las familias y las escuelas públicas en todas las áreas que afectan el aprendizaje del estudiante. La OEO funciona de manera independiente al sistema de escuelas públicas. Los servicios están disponibles para estudiantes desde jardín de niños hasta el 12° grado, y son gratuitos y confidenciales. Comuníquese con la OEO cuando tenga un problema sin resolver con una escuela pública que afecte la educación de su estudiante; cuando desee una evaluación independiente de la situación; o cuando tenga otras preguntas acerca del sistema educativo.

Teléfono: 1-866-297-2597

Web: [www.oeo.wa.gov](http://www.oeo.wa.gov)

## Asistencia Alimenticia

- **Programa de Alimentos Básicos de Washington** para recibir beneficios alimenticios mensuales. Contacto:

La oficina de servicios comunitarios de su localidad: para encontrarla llame al 1-877-501-2233 o visite: <https://www.dshs.wa.gov/esa/esa-find-office>

Para ver si usted califica y para solicitar asistencia, visite [www.washingtonconnection.org](http://www.washingtonconnection.org)

- **Programas de nutrición infantil** - Si los menores cumplen con los lineamientos federales de ingresos, o si reciben TANF o Alimentos Básicos, son elegibles para desayunos y almuerzos, ya sean gratuitos o a precios reducidos, en escuelas públicas y privadas. Para encontrar más información comuníquese con la escuela a la que asisten sus niños.
- **Programa de Alimentos para Cuidado de Niños y Adultos (por sus siglas en inglés, "CACFP")**: ofrece comidas gratuitas a los niños bajo cuidado en organizaciones que participan en el programa. Muchos centros de CACFP ofrecen desayunos, almuerzos y refrigerios. Algunas escuelas públicas y privadas ofrecen refrigerios y/o comidas después del horario escolar. Para encontrar más información, comuníquese con el proveedor que se encarga del cuidado de sus niños.

- **Programas de comidas de verano**: Todos los menores de 18 años, sin importar los ingresos de su hogar, son elegibles para comidas gratuitas en organizaciones que sirven comidas durante los meses de verano. Para obtener información:

Teléfono: 1-866-3-HUNGRY

Web: [www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks)

- **El Programa para Mujeres, Bebés y Niños (por sus siglas en inglés, "WIC")** ayuda a niños menores de cinco años, a mujeres embarazadas, y a madres primerizas a comer bien, aprender sobre nutrición y permanecer saludables. Los familiares y padres de tutela temporal que sean cuidadores principales de niños (de 0 a 5 años de edad) pueden recibir servicios de WIC para los niños bajo su cuidado. Además de cheques mensuales para ayudar en la compra de alimentos saludables, WIC proporciona educación sobre nutrición, exámenes médicos y derivaciones.

- **Para encontrar una clínica de WIC o para averiguar si usted es elegible:**

Teléfono: Línea de ayuda para salud familiar: 1-800-322-2588

Web: <http://www.doh.wa.gov/YouandYourFamily/WIC/Eligibility>

- **La Línea de Alimentación Familiar estatal** brinda información adicional acerca de recursos alimenticios, entre ellos el programa de Alimentos Básicos del estado, comidas gratuitas para niños durante el verano, bancos de alimentos locales y el Programa de Nutrición de Mercados de Agricultores para Adultos Mayores.

Teléfono: 1-888-436-6392

## Manutención de menores

- Usted puede solicitar servicios de la División de Manutención de Menores (por sus siglas en inglés, "DCS") incluso si no recibe asistencia pública alguna. Recibir TANF o algunos tipos de asistencia médica automáticamente hará que la DCS inicie un caso.
- Si la DCS establece la paternidad, esto puede ayudar a la familia a obtener acceso a beneficios para los que el menor es elegible, como Seguro Social, y ayudar a crear una historia clínica de la familia. Si teme que establecer la paternidad o hacer cumplir la manutención de menores puede ser peligroso para usted o para el menor, comuníquese con la Oficina de Servicios Comunitarios de su localidad para hablar sobre una "causa justificada", que es una exención para la aplicación de la orden de manutención de menores.
- La DCS hará cumplir una orden de manutención de menores existente, tal como un decreto de divorcio, o establecerá una orden de manutención si se necesita. La DCS establece obligaciones de manutención con base en la capacidad de pago de un padre. La DCS también intentará que los padres cubran al niño en sus propios seguros médicos, si cuentan con ellos.

Para obtener información sobre todos los servicios de la DCS:

Teléfono: 1-800-442-KIDS

Web: [www.childsupportonline.wa.gov](http://www.childsupportonline.wa.gov)



- **Consentimiento informado para atención médica** - Las leyes estatales permiten que los familiares cuidadores otorguen su consentimiento informado para la atención médica de los menores bajo su cuidado (incluyendo servicios de salud dental y mental), incluso si no tienen una orden del tribunal. Al cuidar de un menor bajo la tutela del estado, debe hablar con el trabajador social para comprender la atención médica que necesita aprobación del tribunal. Para obtener más información, busque en "Free Publications", en donde puede descargar el folleto *Consentimiento para la atención médica del niño bajo su cuidado: Una guía para el familiar cuidador*.

Teléfono: 1-800-422-3263 o 360-725-2556 para recibir una copia del folleto sobre consentimiento informado.

Web: [www.washingtonlawhelp.org/issues/family-law/non-parents-caring-for-children](http://www.washingtonlawhelp.org/issues/family-law/non-parents-caring-for-children)

## Servicios dentales

- **Cómo encontrar atención dental para niños y adultos:**

Web: [www.theMightyMouth.org](http://www.theMightyMouth.org) tiene una lista de clínicas dentales comunitarias de bajo costo por condado

Teléfono: 2-1-1 Red de Información de Washington (por sus siglas en inglés, "WIN") desde cualquier lugar de Washington para hablar con un especialista en información y derivación para obtener ayuda para encontrar contactos dentales en su localidad (traductores disponibles).

Web: Departamento de Salud del Estado de Washington para ver otros recursos de salud dental: [www.doh.wa.gov/YouandYourFamily/OralHealth/FindingDentalCare](http://www.doh.wa.gov/YouandYourFamily/OralHealth/FindingDentalCare)

- **The Center for Pediatric Dentistry (CPD)**, un esfuerzo colaborativo de la Universidad de Washington y Seattle Children's Hospital, proporciona atención dental integral y especializada a niños de todas las edades, incluyendo a niños con necesidades especiales. Acepta Apple Health.

Teléfono: 206-543-5800

Web: [www.thecenterforpediatricdentistry.com](http://www.thecenterforpediatricdentistry.com)

## Ayuda para trastornos de salud mental y abuso de sustancias

- Para encontrar servicios y agencias de su localidad que dan servicio a niños, jóvenes y familias inscritas en cobertura de Apple Health:

Teléfono: Línea de ayuda para la recuperación de Washington: 1-866-789-1511 para obtener apoyo emocional y derivaciones

Web: <https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery>

- **Wraparound with Intensive Services (WISe) del Estado de Washington** es un programa que proporciona servicios integrales de salud del comportamiento en muchas regiones del estado, programado para su implementación completa en 2018. WISe ayuda a jóvenes elegibles para Apple Health, de hasta 21 años de edad, con necesidades complejas de salud del comportamiento, así como a sus familias.

Web: <https://www.dshs.wa.gov/sites/default/files/CA/cp/documents/WISeCONACTS.pdf>

- Para obtener información sobre prevención y servicios, visite: <https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/substance-abuse-prevention-and-mental-health-promotion>
- Para obtener información sobre cómo prevenir el consumo de sustancias en menores de edad, visite [www.StartTalkingNow.org](http://www.StartTalkingNow.org).

## Ayuda para necesidades especiales

- **Programa de Apoyo Temprano para Bebés y Niños Pequeños del Estado de Washington (por sus siglas en inglés, "ESIT")** brinda servicios de intervención para niños, desde el nacimiento hasta los tres años de edad. Si usted cuida de un niño con discapacidades o le preocupa el desarrollo de un niño, llame a la línea de ayuda para la salud familiar al 1-800-322-2588. Pida el nombre de un coordinador de recursos para la familia (por sus siglas en inglés, "FRC") en su localidad para ver si su niño es elegible para servicios de ESIT.

Teléfono: 1-800-322-2588 (TTY 711).

Web: [www.del.wa.gov/esit](http://www.del.wa.gov/esit)

- **Administración de Discapacidades del Desarrollo (por sus siglas en inglés, "DDA") del DSHS** proporciona servicios para quienes tienen un diagnóstico de discapacidad o retraso del desarrollo. Los servicios dependen de la necesidad y de los fondos disponibles. Los servicios incluyen apoyo individual y familiar, cuidado personal, apoyos para el empleo, programas diurnos y cuidado residencial. Para comunicarse con la oficina de las DDA de su localidad:

Web: [www.dshs.wa.gov/dda](http://www.dshs.wa.gov/dda) y busque en "Eligibility"

## Guardería y aprendizaje temprano

Los parientes cuidadores pueden calificar para uno de los programas de guardería subsidiados por el estado. Estos incluyen:

- **Guarderías de Working Connections (por sus siglas en inglés, "WCCC") para cuidadores que tienen empleo**
- **Guardería Estacional, para los trabajadores agrícolas por temporada**
- **Guardería para Niños sin Hogar, para familias que se encuentran sin hogar de manera temporal (limitado a ciertos condados)**

Para WCCC y Guardería Estacional, los cuidadores en la mayoría de los casos pueden calificar incluso si solo una persona en una pareja está trabajando. Si los dos son tutores legales del menor y aparecen en los documentos del tribunal, ambos deben tener empleo para calificar. Para Guardería para Niños sin Hogar, los cuidadores no deben ser elegibles para ningún otro programa de subsidios para guardería y deben estar participando en una actividad aprobada, como buscar empleo o vivienda. Los familiares que tienen empleo y que cuidan de menores dependientes del estado también pueden ser elegibles para guardería subsidiada y deben comunicarse con su trabajador social.

Para WCCC y Guardería Estacional:

Teléfono: 1-877-501-2233 para comunicarse con el Centro de Servicio al Cliente del Estado de Washington

Web: [www.del.wa.gov](http://www.del.wa.gov)



# Publicaciones gratuitas

Usted puede ordenar las publicaciones que tengan un número de publicación del DSHS a través del sistema Myfulfillment.wa.gov del Departamento de Impresión del Estado de Washington. Por lo general, el número de publicación está en la contraportada. Por ejemplo, el de esta publicación es DSHS 22-1120.

También puede ordenar publicaciones de las siguientes maneras:

Correo electrónico: Fulfillment@des.wa.gov  
Teléfono: 360-570-5555  
Fax: 360-664-2048

Al ordenar publicaciones, incluya el nombre y número de la publicación, su nombre, y su dirección postal.

- **Consentimiento para la atención médica del niño bajo su cuidado:** Una guía para el familiar cuidador (DSHS 22-1119). Explica las leyes aprobadas por la Legislatura del Estado de Washington de 2005-2006 que explican los derechos y responsabilidades de un familiar. Inglés, camboyano, ruso, somalí, español, vietnamita (PDF)
- **Abuelos y familiares, ¿conocen los servicios y apoyos que existen para usted y para los menores bajo su cuidado?** (DSHS 22-1120) Una lista de recursos, beneficios y servicios de apoyo disponibles para familiares que crían a menores. Inglés, camboyano, chino, coreano, laosiano, ruso, somalí, español, vietnamita (PDF)
- **Guía de promoción de la educación para cuidadores – Cómo apoyar el éxito escolar para niños y jóvenes bajo su cuidado** (DSHS 22-1192). Ayuda a los cuidadores a entender qué es la promoción de la educación y qué se espera de los estudiantes desde preescolar hasta la escuela preparatoria. Inglés (PDF)

- **Una guía para los servicios de manutención de menores para familiares cuidadores** (DSHS 22-1143) Qué servicios le puede brindar la División de Manutención de Menores (por sus siglas en inglés, "DCS") del DSHS si está cuidando al hijo de un familiar. Inglés (PDF)
- **Los familiares como padres: Una guía de recursos para familiares que crían niños en el Estado de Washington** (DSHS 22-996). Este folleto de 75 páginas es una amplia guía de recursos para familiares cuidadores. Inglés (PDF)
- **Opciones para abuelos y otros cuidadores que no son los padres: Una guía legal para el Estado de Washington** es una publicación no editada por el DSHS, dirigida a familiares que crían a un menor que está envuelto en una situación legal. Estará disponible en línea de manera gratuita en [www.legalvoice.org](http://www.legalvoice.org) (haga clic en "Tools&Resources", y luego en "Family Law"). También hay copias impresas disponibles para personas que no son familiares directamente en Legal Voice por \$10 (incluye el envío); comuníquese con Legal Voice en [info@legalvoice.org](mailto:info@legalvoice.org) o al 206-682-9552, ext. 102.

*Puede solicitar un paquete gratuito de información, que incluye la Guía Legal de Legal Voice para el Estado de Washington, un DVD de opiniones legales y folletos relacionados, a la Administración de Apoyos para Adultos Mayores y a Largo Plazo, cuya información de contacto aparece más adelante.*

## ¿Preguntas?

Para obtener más información comuníquese con:

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- **Tom Berry:** Administración de Servicios Económicos/DSHS, al 360-725-4617 o [tom.berry@dshs.wa.gov](mailto:tom.berry@dshs.wa.gov)
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- **Hilarie Hauptman:** Administración de Apoyos para Adultos Mayores y a Largo Plazo/DSHS, al 800-422-3263 o 360-725-2556, o [hilarie.hauptman@dshs.wa.gov](mailto:hilarie.hauptman@dshs.wa.gov)

