



SIoux CENTRAL REBEL BOYS BASKETBALL



WHAT IS YOUR ROLE?

This is a question that I would like everyone associated with the Sioux Central Rebels to ask themselves when it comes to their conduct both at sporting contests and away from the gymnasium as well. In my experiences everyone at a basketball game can be categorized into 1 of 4 roles:

Coach
Student-Athlete
Parent/Fan
Official

Because those of us reading this will not factor into the final role of official I believe that it is important that we all have expectations for this season as every day we are the product known as SIOUX CENTRAL!

EXPECTATIONS OF COACHING STAFF

- 1) Be knowledgeable of the game
- 2) Treat players as people first, athletes second
- 3) Be a good teacher
- 4) Be fair, which does not always mean equal
- 5) Be demanding and get the most out of your TEAM each day
- 6) Be patient
- 7) Know how to win, credit goes to the TEAM
- 8) Know how to lose
- 9) Be approachable to student-athletes, parents, etc...
- 10) LEAD BY EXAMPLE

EXPECTATIONS OF STUDENT-ATHLETES

- 1) Play as a TEAM, not a group of individuals
- 2) Be a student first, athlete second, ACADEMICS ARE TOP PRIORITY
- 3) Take pride in your facilities, clothing, and equipment
- 4) Present yourself as a positive role model at all times
- 5) Respect authority and be coachable
- 6) Take care of yourself on and off the court
- 7) Know how to win
- 8) Know how to lose
- 9) Do not use any drugs or alcohol
- 10) LEAD BY EXAMPLE

EXPECTATIONS OF PARENTS

- 1) Be supportive of your child and his role on the team
- 2) Be supportive of the team
- 3) Respect the job of the officials

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PARENTS

If you would like to discuss a question or concern regarding your student-athlete I ask that our first contact be through **EMAIL** at the following address to set up a meeting: stjaden@siouxcentral.org

Based on this email we can go forward and schedule a face-to-face meeting. I would rather discuss things in this format as opposed to an email or telephone call.

PLEASE do not come to discuss issues or problems the same night as a game. All parties involved can be much more emotional and I believe this is not a good time to address concerns.

If you have an issue or concern please follow the appropriate chain of command:

- 1) Head Coach
- 2) Athletic Director
- 3) Principal
- 4) School Board

TOPICS I WILL DISCUSS WITH PARENTS

- Mental and physical treatment of your child
- How they can improve their individual game
- What they can do to earn more playing time

TOPICS I WILL NOT DISCUSS WITH PARENTS

- Game and practice strategy (X's and O's)
- Other players/parents
- Administrative policies and decisions

ROAD GAMES

If your child is not planning on using school transportation after a game, a parent/guardian must sign their child out. If you are leaving with the parents of a teammate I will need a signed note **PRIOR TO DEPARTING FOR THE GAME** from their parent/guardian **AND A SIOUX CENTRAL ADMINISTRATOR** releasing the school from any accountability.

BASKETBALL LETTERING

In order to earn a varsity letter for the basketball season, student-athletes must:

- Abide by all training rules as set forth by the Sioux Central School Board
- Return all school purchased equipment and have all basketball related bills paid
- Student-athletes may not letter in basketball if they have violated the good conduct policy described in the student handbook.
- All seniors who have participated in the Sioux Central program for three or more years are eligible for a varsity letter.
- Participate in at least 21 quarters throughout the season
- Remain on team for the duration of the season
- All individuals on the varsity roster will letter if the team wins 15+ games, or a conference, or district championship.
- Coaches may award a letter to a student-athlete for extraordinary circumstances such as injury, illness, team spirit, effort, etc...

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TEAM BEHAVIOR

- Obey all state and school policies. It is the responsibility of the student-athlete to be aware of all school academic and good conduct policies.
- Student-athletes are fully responsible for school gear or equipment that they use throughout the season, in addition all bills must be paid in a timely fashion
- Notify myself or a member of the coaching staff BEFORE you will miss a practice
- Student-athletes are to act in an appropriate manner in all situations in basketball, school, and social settings, as they are representing our TEAM
- Respect your teammates, coaches, parents, officials, teachers, our TEAM and anyone else you come into contact with in any settings, as you are a role model and represent the great product that is SIOUX CENTRAL

PRACTICE/PLAYING TIME

- Be on time! You are expected as a member of this team to be on time for all functions.
- Be prompt and prepared for practice
- All student-athletes need to be properly dressed for practice. This will include but is not necessarily limited to having your:
 - Practice jersey
 - Basketball shoes
 - Water bottle

Playing time is strictly at the discretion of the coaching staff. This WILL NOT be an all-play philosophy at any level. We will be playing to win while at the same time developing certain players at certain positions. This could change throughout the season. For this reason their performance in practice is very important as they will all get opportunities in practice to show what they can do each and every day. Players need to accept their roles as not only is this a valuable life lesson but there is not a successful team I have been a part of at any level, high school or Division I, that does not have players who do their job and know their role.

GAME DAYS/DRESS CODE

Prior to our games student-athletes should be at the gymnasium viewing the games before theirs and acting in a business-like manner and showing their support.

We will have a formal dress code for ALL home basketball games at every level.

Included in this dress code are at minimum:

- Collared shirt or sweater
- Dress pants or khakis
- Dress shoes

Student-athletes need to remain in these clothes up until they change for the game.

Dress code for road games will be at the discretion of the coach as to whether or not we will dress in formal attire.

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PHYSICALS

A STUDENT-ATHLETE WILL NOT BE ALLOWED TO PARTICIPATE IN ANY PRACTICES, SCRIMMAGES, OR GAMES UNTIL THEY HAVE AN UP-TO-DATE PHYSICAL. THESE FORMS ARE AVAILABLE IN THE OFFICE AND MY WEBSITE.

IN SUMMARY...

Student-athletes are expected to conduct themselves in a manner reflecting credit upon themselves, their coaches, their parents, and their school. It is expected that all student-athletes will act according to the high standards that are expected from all student-athletes at Sioux Central. It is, of course, impossible to identify and list all possibilities for the many infractions that could result in disciplinary actions. Therefore we ask all student-athletes to represent Sioux Central in good fashion.

****Please note that in the end the coaching staff will have final say on all decisions****

**HIGH SCHOOL ATHLETICS IS NOT CENTERED
AROUND EQUALITY, BUT ABOUT MAKING THE MOST
OF THE OPPORTUNITIES YOU ARE GIVEN.
BE OPPORTUNISTIC!!**

**CONSISTENCY IN A POSITIVE WAY WILL LEAD TO
SUCCESS OVER TIME!**

**WE WANT TO PUT OUR STUDENT-ATHLETES
IN A POSITION WHERE THEY CAN BE SUCCESSFUL!**