

America's Pretzel Bakery Since 1909*

SNYDER'S

OF HANOVER

Mini



Nutrition Facts

Serving Size 30g (about 20 Minis)
Servings Per Container about 9

Amount Per Serving

Calories 110 **Calories from Fat** 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg **0%**

Sodium 250mg **10%**

Total Carbohydrate 25g **8%**

Dietary Fiber less than 1g **3%**

Sugars less than 1g

Protein 3g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 8%

Thiamin 10% • Riboflavin 8%

Niacin 8% • Folate 15%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending
on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Salt, Malt (Tapioca Syrup, Malt Extract), Cane Sugar, Canola Oil*, Yeast, Soda.

* Adds a trivial amount of fat.

CONTAINS: WHEAT





Most Snyder's Pretzels Now Made in Peanut-Free Facility

KFA Food Bloggers · 7/20/16 @ 2:54 PM

Food, Nutrition, Recipes

Snyder's of Hanover® said it has moved most of its pretzel-making to a facility free of peanuts.

The company's pretzel line previously carried [cross-contact](#) warnings for peanut.

Now, any snack made in the peanut-free plant will show a peanut-free symbol.

Some varieties already show the new allergen information and are on sale now:

- Pretzel Minis
- Pretzel Sticks
- Pretzel Snaps
- Pretzel Rods



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