



Description

It all starts with farm-grown potatoes, cooked and seasoned to perfection. So every LAY'S® potato chip is perfectly crispy and full of fresh potato taste. Happiness in Every Bite.®

Ingredients

Potatoes, Vegetable Oil (Canola, Corn, Soybean, and/or Sunflower Oil), and Salt.

<https://www.lays.com/products/lays-classic-potato-chips>

Nutrition Facts

All products are labeled accurately with the most current ingredient information. However, we recommend that you check the label on a specific product for the most current and accurate nutritional information. If you need assistance, please contact Consumer Relations toll-free at 1-800-352-4477 Monday through Friday between 9:00 a.m. and 4:30 p.m. Central Standard Time.

Nutrition Facts



Serving size1 oz (28g/About 15 chips)

Amount per serving

Calories

160

	% Daily Value*
Calories 160	
Fat 10g	13%
Saturated 1.5g	7%
Trans 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Carbohydrates 15g	6%
Fiber 1g	5%
Sugars less than 1g	
Protein 2g	
Vitamin D 0mc	0%
Vitamin C	6%
Calcium 10mg	0%
Iron 0.6mg	2%
Potassium 350mg	6%

Not a significant source of added sugars.

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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