

NOVEMBER 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| | 1 Soft Taco Refried Beans Chips/Salsa Lettuce/Tomato Grapes Choice of Milk | 2 Sausage Pizza Salad Breadstick (6-12) Corn Banana and PB Cookie Choice of Milk | 3 Chicken Fried Steak Mashed Potatoes/Gravy Peas Salad Tropical Fruit and Roll Choice of Milk | 4 Chicken Strip Wrap Steamed Carrots Salad Bar Mandarin Oranges No Bake Cookie Choice of Milk |
| 7 Sausage Cheese Biscuit Tater Tots Salad Yogurt Banana Choice of Milk | 8 Super Nachos Refried Beans Salad Bar Strawberry Shortcake Choice of Milk | 9 Chicken Nuggets Mashed Potatoes/Gravy Corn Peaches Roll Choice of Milk | 10 Mr. Rib on a Bun Diced Ranch Potatoes Salad Green Beans Oranges Choice of Milk | 11 Hot Dog on a Bun Baked Beans French Fries Salad Apple Choice of Milk |
| 14 Chicken Patty on a Bun Oven Fries Salad Peaches Choice of Milk | 15 Taco Crunch Steamed Broccoli Applesauce Cowboy Bread Salad Bar Choice of Milk | 16 Cheese Pizza Salad Cheese Breadstick Corn Banana Choice of Milk | 17 Hamburger on a Bun Chips Lettuce/Tomato Baked Beans Grapes Choice of Milk | 18 Turkey Mashed Potatoes/Gravy Corn/Roll Mandarin Oranges Pumpkin Bar Choice of Milk |
| 21 | 22 | 23 | 24 | 25 |
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| 28 Grilled Chicken Wrap Salad Corn Spanish Rice/Salsa Grapes Choice of Milk | 29 French Toast Sausage Patty Tri-Tater Strawberries and Bananas Salad Choice of Milk | 30 Chicken Strips Mashed Potatoes/Gravy Green Beans Salad Oranges & Roll Choice of Milk | | THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE |