

## September 2022

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</b> Meals Subject to Change Without Notice.		At least 3 components must be selected and one of those must be 1/2 cup of a fruit and/or vegetable.		1 Turkey Sandwich Salad Chips Banana Rice Krispy Treat Choice of Milk	2 French Toast Sausage Patty Tri-Tater Fresh Strawberries Salad Choice of Milk
5		6 Chicken Strip Wrap Lettuce/Tomato Steamed Carrots Mandarin Oranges No Bake Cookie  Choice of Milk	7 Sausage Pizza Breadstick (6-12) Salad Corn Grapes Peanut Butter Cookie Choice of Milk	8 Chicken Fried Steak Mashed Potatoes/Gravy Peas Salad Tropical Fruit Roll Choice of Milk	9 Hamburger on a Bun Lettuce/Tomato Tater Tots Salad Bar Oranges  Choice of Milk
12		13 Super Nachos Refried Beans Salad Strawberry Shortcake  Choice of Milk	14 Hot Dog on a Bun Baked Beans French Fries Salad Apple Choice of Milk	15 Chicken Strips Mashed Potatoes/Gravy Corn Peaches Roll Choice of Milk	16 Mr. Rib on a Bun Diced Ranch Potatoes Salad Green Beans Oranges Choice of Milk
19	Cheese Pizza Salad Cheese Breadstick Corn Banana  Choice of Milk	20 Taco Crunch Salad Bar Steamed Broccoli Applesauce Cowboy Bread  Choice of Milk	21 Meatballs Macaroni and Cheese Salad Peas Apple Roll (9-12) Choice of Milk	22 Chicken Nuggets Mashed Potatoes/Gravy Corn Mandarin Oranges Roll  Choice of Milk	23 Hamburger on a Bun Lettuce/Tomato French Fries Salad Bar Grapes  Choice of Milk
26	French Toast Sausage Patty Tri-Tater Fresh Strawberries Salad Choice of Milk	27 Grilled Chicken Wrap Salad Mexi-Corn Spanish Rice/Salsa Grapes Choice of Milk	28 Baked Ham Mashed Potatoes/Gravy Green Beans Salad Oranges, Roll Choice of Milk	29 Corn Dog Cheesy Broccoli Apple Salad Salad Chocolate Chip Cookie Choice of Milk	30 Turkey and Cheese Sandwich Salad Chips Banana Rice Krispy Treat Choice of Milk