

March 2018 FPHS Junior Newsletter

April ACT

All juniors will take the ACT at Fair Play during the school day on April 3. There is no charge for this test. There will be three ACT Academy Days to help you prepare for this test: March 15, March 23 and March 29. **NOTE:** If you have any interest in applying to MU in Columbia next year, you need to select to have ACT send your test results to MU while you are registering for the ACT. MU's new admission requirement states that your ACT scores must be sent directly from ACT, not from the high school.

ACT April National Test Date

All juniors will be taking the ACT at school on April 3 at no charge. However, there is also a national ACT test date on April 14 for those who would like to sign up. Register at www.actstudent.org. Our school code is 261-035. Fee waivers are available from Mrs. G

Trip to State Tech Scheduled for March 27

The trip to State Tech in Linn, Missouri, has been rescheduled to March 27. We will leave at 7 a.m. and return by the end of the school day. Lunch will be provided! I will be handing out permission slips closer to the event. This would be a good time to check out the great programs available at this school. Let Mrs. G know if you have any questions.

Wonderland Camp-Summer Employment

This camp for mentally and physically challenged individuals is seeking any person hoping to work in the areas of cabin leader, counselor, medical staff, lifeguard, crafts, recreation, nature, music, game room, etc. This camp needs high school students for summer workers in all areas. Room and board is free. The camp is located in Rocky Mount, Missouri, on the Lake of the Ozarks. Applications are available online at www.wonderlandcamp.org.

SWMO AHEC offering Health Career Exploration Experiences

The Southwest Missouri Health Education Center offers many Health Career Exploration Experiences—volunteer/shadowing, medically-based workshops, monthly meetings, etc. There are different programs for different ages. A lot of health care education programs are highly competitive. This would be a great way to give you an edge at getting into these programs when it's time for you to apply! For more information about the ACES Program, and/or an application, go to www.ahec.missouristate.edu. Deadline is April 20.

Mizzou MedPrep

The University Of Missouri School Of Medicine would like to extend an invitation to current sophomores and juniors to participate in the Mizzou MedPrep: Medical Exploration Workshop. The workshop is a 2-week online course and one-day campus visit to either the MU's School of Medicine in Columbia or the Springfield Clinical Campus in Springfield. Students will explore careers in healthcare, enhance self-awareness through personality assessment and connect with peers, students, staff and faculty in healthcare. You may register online at: <https://medicine.edu/education/pre-med-outreach-programs/mizzou-medprep-explorations/medical-explorations/>. Another excellent way to get your foot in the door for many healthcare training programs!

Scheduling for 2018-19 to begin soon

It is approaching the time to review your personal plan of study and to schedule your classes for next year. Finish strong this last semester of your junior year to make for a successful senior year!

Win an All Expense Paid Trip to Washington DC!

Southwest Electric Cooperative is sponsoring an essay contest for high school juniors. Each contestant is required to submit a typewritten essay of at least 500 words in length. The 2018 essay topic is: *"Tell us something you are passionate about!"* The deadline for submitting an essay is **March 30**. Two winners will be chosen and awarded an all expense paid trip to Washington DC for a week in June. If you have any questions and would like some help with pursuing this contest, check with Miss Mercer or Mrs. G. ***SURE WOULD BE NICE IF A FAIR PLAY JUNIOR COULD WIN THIS IN 2018!!!!!!!!!! Would be phenomenal on a college resume!!!!!! It's time for Fair Play to win this contest!!!!*** Additional information can be found at <http://www.swec.org/member-services/youth-programs/youth-tour>.

Three steps for planning your career

1. Take a realistic look at your strengths, weaknesses, and interests.
 - What can help you achieve your goals and what obstacles could get in your way?
 - What types of work, school courses, and activities appeal to you?
 - What interests you?
 - What do you do well now, and what skills have you gained through experience?
 - What are your values? What aspects of a job (e.g., money, respect, enjoyment, helping others, etc.) are most important to you?
2. Explore your options. It's hard to know what to do for a career when you don't even know all the possibilities. Here are just a few ways to find career information:
 - Explore your career options using www.missouriconnections.org
 - Spend time with people whose activities interest you.
 - Job shadow, volunteer, or work in a job that you might like.
 - Discuss your career and educational plans with your school counselor, parents, or other interested people.
3. Consider issues that can affect your plans and take actions to accomplish your goals.
 - What do you need to study to be ready for the career you're interested in?
 - What are the foundational skills you will need?
 - What schools offer the training you need?
 - How will you pay for school?
 - How will you balance your work and going to school?
 - How will you manage family or relationship commitments?

Colleges now required to help you calculate total costs

Figuring out just how much college will end up costing isn't as easy as it might seem. There are often unforeseen fees and costs you might not anticipate. However, thanks to a new law, all colleges and universities participating in federal student-aid programs must now have a net-price calculator on their websites.