



# AUGUST 2021

ALL STUDENT MEALS  
FREE FOR THE  
2021-2022 SCHOOL

Adult Meals: \$3/breakfast -- \$5/Lunch

Rincon Valley Union School District

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9	10	11	12	13
16 Corn Dog Grilled Cheese (V) & Cherry Tomatoes	17 Chicken Taquitos Or Bean & Cheese Burrito(V) Side of Salsa	18 Spaghetti with Meatballs or Marinara Sauce (V)	19 Taco Nada or Cheese Quesadilla & Black Bean Corn Salsa	20 Pepperoni Pizza or Cheese Pizza (V) Cucumber Slices
23 Turkey +/- Cheese Sandwich or Quesadilla (V) Crunchy Carrots	24 HotDog or SunButter & Jelly Sandwich (V) Canned Fruit	25 Macaroni & Cheese Slice of Watermelon	26 Sweet Hot Ham & Cheese Yogurt Parfait (V) 3 Bean Salad	27 Breakfast for Lunch With Sausage or Egg Patty Orange Slices
30 Bagel with CreamCheese & String Cheese or Yogurt Yogurt Parfait Canned Fruit	31 Corn Dog or Grilled Cheese (V) With Tater Tots	<p>WE OFFER FAT FREE CHOC.MILK &amp; 1% MILK WITH EACH MEAL. SELECT HALF CUP OF FRUIT, VEGGIE OR MORE. EACH STUDENT IS ENTITLED TO ONE LUNCH EACH DAY. MENU IS SUBJECT TO CHANGE. ANY QUESTIONS? CALL RVUSD FOOD SERVICES AT (707)542-7375 EX 4137 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</p>		



\*\*MORE FRUIT AND VEGGIE OPTIONS AVAILABLE DAILY FOR STUDENTS TO CHOOSE FROM DAILY\*\*



**PAY FOR MEALS ONLINE**  
[MySchoolBucks.com](https://www.myschoolbucks.com)