

## STOH Guidelines for Students/Staff Members Sent Home and Called Off Due to Illness

### Student/ Staff member Sent Home from School due to Illness

1. May return to school after 1 full day out of school.
  - a. Monday- Return Wednesday
  - b. Tuesday- Return Thursday
  - c. Wednesday- Return Friday
  - d. Thursday- Return Saturday (Athletics); Monday (School)
  - e. Friday- Return Monday
2. Must return with a Negative Covid test. If the doctor will not test your student, we will allow a doctor's note stating an alternative diagnosis.
3. If you opt to not take your student to the doctor, the student must quarantine for 10 days from symptom onset.
4. Must be symptom free for 24 hours without fever reducers prior to return to school.

### Student/Staff member Called off from School due to Illness

1. May return to school after 1 full symptom free day. This will be based on the onset of symptoms.
  - a. Monday- Return Wednesday
  - b. Tuesday- Return Thursday
  - c. Wednesday- Return Friday
  - d. Thursday- Return Saturday (Athletics); Return Monday (School)
  - e. Friday- Return Monday
2. Must return with a negative Covid-19 test. If the doctor will not test your student, we will allow a doctor's note stating an alternative diagnosis.
3. If you opt to not take your student to the doctor, the student must quarantine for 10 days from symptom onset.
4. Must be symptom free for a full 24 hours without fever reducers prior to return to school.

### COVID-19 Symptoms:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

**If your student is exhibiting one or more of these symptoms, COVID protocol may need to be followed.**

### Individual is COVID-19 Positive

1. Notify the school Immediately.
2. Student must quarantine for 10 days from the onset of symptoms.
3. No option for early return.
4. Must be fever/symptom free for 24 hours without the use of fever reducers prior to return on day 11.

### Please Note the Following Items:

1. The use of at home tests is not permitted at this time.
2. Other known and documented diagnoses (Allergies, Asthma, etc.) will be considered when determining if a student needs to be sent home. If symptoms are profound enough for a student to miss school, COVID protocol will be followed. Known diagnoses must be signed by a doctor and submitted to the Nurse's office to add to the student health file.
3. Remote learning is not being offered this academic year. Parent/teacher(s)/student communication is important for students that need to quarantine.