

MENU SUBJECT TO CHANGE

SERVED DAILY: 1% White or FF Flavored Milk / 100% Apple or Orange Juice

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
WELCOME BACK				
9	10	11	12	13
<u>MINI PANCAKE w/ svrup</u> (OR) <u>CEREAL & POP-TART</u> Chilled Applesauce	<u>BREAKFAST PIZZA</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Mixed Fruit Jelly	<u>YOGURT, CHEESE STICK, & GRANOLA</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Peaches / Jelly	<u>MINI WAFFLES w/ svrup</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Pineapple Jelly	<u>EGGSTRAVAGANZA w/ TOAST</u> (OR) <u>CEREAL & POP-TART</u> Chilled Pears / Jelly
16	17	18	19	20
<u>MUFFIN</u> (OR) <u>CEREAL & POP-TART</u> Chilled Applesauce	<u>BREAKFAST PIZZA</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Mixed Fruit Jelly	<u>PANCAKE on a STICK w/ svrup</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Peaches / Jelly	<u>OATMEAL W/ TOAST</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Pineapple Jelly	<u>GLAZED DONUT</u> (OR) <u>CEREAL W/ POP-TART</u> Chilled Pears Jelly
23	24	25	26	27
<u>MINI PANCAKE w/ svrup</u> (OR) <u>CEREAL & POP-TART</u> Chilled Applesauce	<u>BREAKFAST PIZZA</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Mixed Fruit Jelly	<u>YOGURT, CHEESE STICK, & GRANOLA</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Peaches / Jelly	<u>MINI WAFFLES w/ svrup</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Pineapple Jelly	<u>EGGSTRAVAGANZA w/ TOAST</u> (OR) <u>CEREAL & POP-TART</u> Chilled Pears / Jelly
30	31			
<u>MUFFIN</u> (OR) <u>CEREAL & POP-TART</u> Chilled Applesauce	<u>BREAKFAST PIZZA</u> (OR) <u>CEREAL W/ TOAST</u> Chilled Mixed Fruit Jelly			

Healthy meals will be offered every school day to all students at no cost. Typically, a student's household must meet income eligibility requirements to qualify for free or reduced-price meals. However, the United States Department of Agriculture (USDA) issued guidance that allows schools to offer meals to all students at no cost for the 2021-2022 school year. Each school/site or central office has a copy of the policy, which may be reviewed upon request. While no application or eligibility determination process is required for your student to receive free meals this school year, the income eligibility requirement will likely resume in the 2022-2023 school year.



LUNCH

AUGUST 2021 CARDINAL CAFÉ

PK-12 – FREE
ADULT MEALS -- \$4.00

MENU SUBJECT TO CHANGE

SERVED DAILY – 1% White or Flavored Milk / Fresh Fruit

Monday

Tuesday

Wednesday

Thursday

Friday

2

3

4

5

6

WELCOME BACK

SALAD: CHEF w/ HAM **9**

MINI CORNDOGS
 Potato Salad
 Baby Carrots w/ ranch
 Chilled Mixed Fruit

H.S. – CHEESEBURGER / Cookie

F.L.: BURRITO w/ Sun Chips **10**

BEEFY NACHOS /w CHIPS
 Pinto Beans
 Steamed Broccoli
 Chilled Peaches

H.S. – CRISPITO w/ Cheese Stick

SALAD: POPCORN CHICKEN **11**

PIZZA
 (PEPPERONI OR CHEESE)
 Corn / Green Beans
 Side Salad / Pineapple

H.S. HBURGER PIZZA / Apple Crisp

F.L. – GRILLED CHEESE **12**

CHICKEN SPAGHETTI
 Peas / Carrots
 Garlic Stick
 Chilled Pears

H.S. – TATER TOT CASSAROLE

SALAD: CHICKEN FAJITA **13**

BBQ PULLED PORK on bun
 Baked Fries
 Baked Beans
 Chilled Applesauce

H.S. CHICKEN NUGGETS / Cookie

SALAD: CHEF w/ HAM **16**

POPCORN CHICKEN
 Mashed Potatoes w/ gravy
 Steamed Broccoli
 Roll / Mixed Fruit

H.S. CHICKEN STRIP / Cookie

F.L.: HAM & CHEESE SAND. **17**
 w/ Chips

SOFT CHICKEN TACOS (2)
 Churro Beans
 Lettuce & Tomato
 Chilled Peaches

H.S. SOFT BEEFY TACO (2)

SALAD: POPCORN CHICKEN **18**

PIZZA
 (PEPPERONI OR CHEESE)
 Corn / Green Beans
 Side Salad / Pineapple

H.S. HBURGER PIZZA / Peach Crisp

F.L.: CORNDOG w/ Chips **19**

BAKED POTATO
 Diced Ham / Cheese Cup /Butter
 Sour Cream / Onion / Mixed Veg.
 Roll / Chilled Pears

H.S. BBQ PORK

SALAD: BEEF TACO **20**

CHEESEBURGER
 Deli Salad / Baked Fries
 Pork & Beans
 Chilled Applesauce

H.S. Chicken on bun / Cookie

SALAD: CHEF w/ HAM **23**

CHICKEN TENDERS
 Potatoes Smiles
 Calif. Blend
 Roll / Mixed Fruit

H.S. SLOPPY JOE on bun / Cookie

F.L.: BURRITO w/ Sun Chips **24**

FAJITA CHICKEN NACHOS /w CHIPS
 Pinto Beans
 Steamed Broccoli
 Chilled Peaches

H.S. – CRISPITO w/ Cheese Stick

SALAD: POPCORN CHICKEN **25**

PIZZA
 (PEPPERONI OR CHEESE)
 Corn / Green Beans
 Side Salad / Pineapple

H.S. HBURGER PIZZA / Apple Crisp

F.L. – GRILLED CHEESE **26**

BEEF SPAGHETTI
 Peas / Carrots
 Garlic Stick
 Chilled Pears

H.S. – MEATBALL SUB

[SALAD: CHICKEN FAJITA **27**

SLOPPY JOE
 Baked Fries
 Pork & Beans
 Chilled Applesauce

H.S. Chicken on bun / Cookie

SALAD: CHEF w/ HAM **30**

STEAK FINGERS
 Mashed Potatoes w/ gravy
 Black Eye Peas
 Cornbread / Mixed Fruit

H.S. SALISBURY STEAK / Cookie

F.L.: HAM & CHEESE SAND. **31**
 w/ Chips

TATER TOT CASSAROLE
 Veg. Blend
 Side Salad
 Chilled Peaches

H.S. BURRITO w/ Cheese Sauce



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