

Wellness Committee Meeting Minutes
October 26, 2017
School Library
3:30 p.m.

Committee Members: Erin Crawford, Cindy Ryder, Nancy Dziedzic, Paige Lindell, Steve Piscitello, Mike Duprey, Heather Champney, Taryn Hagan, Lauri Olson-Porter, Rhonda Taylor, Alan Genovese.

Members Present: Nancy Dziedzic, Rhonda Taylor, Mike Duprey, Gaige Lindell and Alan Genovese.

Commencement: The meeting began at 3:30 p.m.

Election of Chair and Secretary:

The Committee decided to postpone electing officers until the next meeting when there is better attendance. It became apparent that Thursdays was not a good day of the week to hold this meeting due to other commitments of staff.

Review Goals:

The Committee reviewed the goals that were taken from the Wellness Policy pertaining to the work of the Wellness Committee. It was noted that Goal 4 was obsolete and this is a good time to review all goals and perhaps establish some new goals.

It was noted possible new goals could include waste management and disposal (using conversation measures) i.e., composting, recycling, monitoring trash, weighing garbage, surveying students regarding lunch options, and so on. This will be a topic for further discussion at the next meeting.

Another goal could be to establish more physical education activities for students at all levels. Additionally, perhaps a goal could be established to provide healthy activities for staff.

Department of Education Wellness Documentations:

The Committee reviewed the requirements for Local Education Agencies (LEAs) for informational purposes.

Review JLCF Wellness Policy:

The School Board requested that the Wellness Committee review this policy and recommend any amendments they deem prudent. Committee members briefly reviewed the policy and decided to work on it prior to their next meeting and bring suggestions to the next meeting. It was suggested that the Superintendent email the policy to all members and ask them to review and prepare suggestions for discussion at the next meeting. Everyone agreed that it is time for this policy to be reviewed and Nancy indicated this is a requirement to do this year.

Other:

Establishing a new meeting date – It was decided to schedule the next meeting on a Tuesday. After discussion it was decided the next meeting will be held in the Library on Tuesday, November 7, 2017 at 3:30 p.m. Other meeting dates will be established at this meeting. There was a suggestion that the Committee may only have to meet every other months. However, this should be discussed with more members in attendance.

One Drive Training – There was discussion about how this Committee might share document development between meetings. Paige Lindell has experience with this feature and offered to provide training to members at the next meeting. We could use our suggestions on the policy to see how this would work. *(Not discussed at the meeting – Should this meeting be held in the computer lab?" Perhaps Paige has some thoughts on this.)*

Adjournment:

The Committee adjourned at 4:05 p.m.

Respectfully submitted,

Dr. Alan D. Genovese

22