



Olympia Food Service Manager
 Donna Waters 309-379-6011 ext. 1140
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Middle School High School September Menu

Breakfast and Lunch meals are currently provided free of charge for all Olympia Students

Adult Meal Prices: Breakfast 1.50 - Lunch 3.40
Menus are subject to change without notice



BREAKFAST

Breakfast Meals includes a whole grain entrée, choice of fruit, 100 % fruit juice, and/or milk. Fruit or juice must be taken with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk	Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk	Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk	Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk	Breakfast Pizza Fruit n Yogurt Parfaits Pizza, Pastries Or Bfast Sandwiches Fruit, Juice Choice of Milk

LUNCH

Each Lunch Meal includes an entrée, choice of fruit, veggies and/or milk. A serving of fruit or vegetables is required to be taken with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
6 No School	7 Chicken Tenders Cheesy Potatoes/Roll Baby Carrots Assorted Fruits/Juices Choice of Milk	8 Brd Pork Patty/Bun Baked Beans Tomatoes Assorted Fruits, Juices Choice of Milk	9 Ravioli Garlic Bread/Stick Green Beans Garden Salad Assorted Fruits, Juices Choice of Milk	10 Pizza Day Cheesy Broccoli Baby Carrots Assorted Fruits Choice of Milk
13 Chicken Nuggets Potato Salad Baby Carrots Assorted Fruits Choice of Milk	14 Nachos Grande (meat, Chips, cheese sauce) Fiesta Salsa Lettuce Cup Refried Beans Assorted Fruits, Juice Choice of Milk	15 Chicken Patty/Bun Spicy Chicken/Bun Coleslaw, Baked Beans Assorted Fruits Choice of Milk	16 Avantis Gondola Bosco Sticks/Marinara Golden Corn Garden Salad Assorted Fruits, Juice Choice of Milk	17 Pizza Day Cheesy Broccoli Baby Carrots Assorted Fruits Choice of Milk
20 Meatball Subs/Bun Green Beans Baby Carrots Assorted Fruits Choice of Milk	21 Chicken Drumstick Mashed Potatoes/Gravy Peas Roll Assorted Fruits, Juice Choice of Milk	22 Mini Corndogs Baked Beans Coleslaw Assorted Fruits Choice of Milk	23 Grilled Chicken/Bun Potato Salad Garden Salad Assorted Fruits, Juice Choice of Milk	24 Pizza Day Cheesy Broccoli Baby Carrots Assorted Fruits Choice of Milk
27 No School	28 Soft Shell Taco (meat, tortilla, cheese) Salsa, Lettuce Cup Tomatoes Assorted Fruits, Juices Choice of Milk	29 Spaghetti/Meat Sauce Garlic Bread/Twist Baby Carrots Green Beans Assorted Fruits Choice of Milk	30 Avantis Gondola Loaded Baked Potato Cheesy Broccoli Garden Salad Assorted Fruits Choice of Milk	1 Pizza Day Baked Beans Baby Carrots Assorted Fruits Choice of Milk

A variety of entrée substitutes are offered daily and may include:
Cheeseburgers, Uncrustables, Deli Sandwiches, Wraps, Chef Salads,

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