

Olympia Food Service Manager Donna Waters 309-379-6011 ext. 1140 donna.waters@oympia.org

## **ELEMENTARY**

## September

Menus

Breakfast and Lunch meals are currently provided free of charge for all Olympia Students

Adult Meal Prices: Breakfast 1.50 - Lunch 3.40 Menus are subject to change without notice

## **BREAKFAST**

Breakfast Meals includes a whole grain entrée, choice of fruit, 100 % fruit juice, and/or milk. Fruit or juice must be taken with every meal.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza	Pancakes or Waffles	Biscuits N Gravy	Pancakes or Waffles	Breakfast Sandwich
Or Yogurt/Granola	Or Breakfast Bar	Or Yogurt/Granola	Or Breakfast Bars	Or Yogurt/Granola
Or Mini Cinnies	Or Mini Cinnies	Or Mini Cinnies	Or Mini Cinnies	Or Mini Cinnies
Or Cereals	Or Cereal	Or Cereal	Or Cereal	Or Cereal
Fruit, Juice	Fruit, Juice	Fruit, Juice	Fruit, Juice	Fruit, Juice
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

## LUNCH

Each Lunch Meal includes an entrée, choice of fruit, veggies and/or milk. A serving or fruit or vegetables is required to be taken with every meal.

Uncrustable Sandwiches and Yogurt, Cheese & Bread are available daily as an alternate entrée

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
No School	Meatballs &	Mini Corndogs	Chicken Sticks	Ravioli
	Mac n Cheese	Green Beans	Baked Beans	Garden Salad
	Baby Carrots, Celery	Cucumbers	Broccoli Florets	Baby Carrots
	Pretzels	Assorted Fruits	Assorted Fruits	Garlic Bread/Stick
	Assorted Fruits	Choice of Milk	Choice of Milk	Assorted Fruits
	Choice of Milk			Choice of Milk
13	14	15	16	17
Cheese Pizza	Popcorn Chicken	Hamburger/Bun	Avantis Gondola	Cheese Quesadilla
Green Beans	Baked Beans	Tater Tots	Broccoli & Cauliflower	Fiesta Corn & Bean Salsa
Celery Sticks	Tomatoes	Cucumbers	Baked Chips	Garden Salad
Assorted Fruits	Cheez Its	Assorted Fruits	Assorted Fruits	Assorted Fruits
Choice of Milk	Assorted Fruits	Jonny Pop Frozen Treat	Choice of Milk	Choice of Milk
	Choice of Milk	Choice of Milk		
20	21	22	23	24
Breaded Mozzarella	Nachos	Chicken Drumstick	Hotdog/Bun	Fish Nuggets
Sticks/Marinara	(Taco meat, Chips,	Mashed Potatoes Gravy	Baked Beans,	Garden Salad
Green Beans	cheese sauce)	Peas	Cucumbers	Baby Carrots
Baby Carrots	Salsa, Lettuce Cup	Graham Treat	Assorted Fruits	Goldfish Crackers
Choice of Juice or Fruit	Assorted Fruits	Assorted Fruits	Choice of Milk	Assorted Fruits
Choice of Milk	Choice of Milk	Choice of Milk		Choice of Milk
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27	28	29	30	1
No School	Chicken Nuggets	Breaded Pork/Bun	Avantis Gondola	Cheese Pizza
	Baked Beans	Potato Smiles	Broccoli & Cauliflower	Garden Salad
	Baby Carrots	Tomatoes	Baked Chips	Corn
	Graham Treat	Assorted Fruits	Assorted Fruits	Assorted Fruits
	Assorted Fruits	Choice of Milk	Choice of Milk	Choice of Milk
	Choice of Milk			