

## **Newberry County School District**

### **Health Textbooks and Resources**

#### **Grades K – 3**

- Harcourt Health and Fitness by Houghton Mifflin Harcourt

#### **Grades 4 -5**

- Macmillan and McGraw-Hill Health and Wellness by McGraw-Hill School Education

#### **Grades 6 – 8**

- Holt Decisions for Health by Holt McDougal

#### **Grades 9 – 12**

- Holt Lifetime Education by Holt McDougal

#### **Resources for PreK-12**

- “You’re Not a Little Kid Anymore” – Personal Hygiene (grades 3 -5) by Marshfilm
- “Keep it Clean” – Hygiene (All Ages) by Marshfilm
- “Always Changing and Growing Up” – Puberty Education Program (5<sup>th</sup> – 6<sup>th</sup>) by Always
- Nutrition – American Heart Association & [www.nutrition.gov](http://www.nutrition.gov)
- [www.cdc.gov/std/](http://www.cdc.gov/std/)