

# NEWELL SCHOOL MENU

## Salad Bar Served Daily

SEPT	BREAKFAST	LUNCH
Monday 6	NO SCHOOL LABOR DAY	NO SCHOOL LABOR DAY
Tuesday 7	BREAKFAST BITES OR CEREAL FRESH FRUIT JUICE MILK	SPAGHETTI PIZZA  CORN TROPICAL FRUIT FRESH FRUIT MILK
Wednesday 8	MUFFINS OR CEREAL FRESH FRUIT JUICE MILK	BBQ CHICKEN SANDWICH WHOLE GRAIN BUN GREEN BEANS PINEAPPLE FRESH FRUIT MILK
Thursday 9	WAFFLE STICKS SAUSAGE PATTY FRESH FRUIT JUICE MILK	HOT DOGS WHOLE GRAIN BUN BAKED BEANS PEACHES FRESH FRUIT MILK
FRIDAY 10	<b>YOU MUST EXPECT GREAT THINGS OF YOURSELF--BEFORE YOU CAN DO THEM</b>  <b>MICHAEL JORDAN</b>	

**NON-DISCRIMINATION STATEMENT:** In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you have been discriminated against, write, to the secretary of agriculture, Wash, DC 20250

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SEPT	BREAKFAST	LUNCH
Monday 13	YOGURT PARFAIT OR CEREAL FRESH FRUIT JUICE MILK	BEEF FAJITA TORTILLA/BLACK BEANS FAJITA VEGETABLES PEACHES FRESH FRUIT MILK
Tuesday 14	BREAKFAST PIZZA OR CEREAL FRESH FRUIT JUICE MILK	SCALLOPED POTATOES/HAM DINNER ROLL PLEASING PEAS APRICOTA FRESH FRUIT MILK
Wednesday 15	FRENCH TOAST OR CEREAL FRESH FRUIT JUICE MILK	CHICKEN ALFREDO GARLIC TOAST BRIGHT BROCCOLI TROPICAL FRUIT FRESH FRUIT MILK
Thursday 16	CROISSANT SANDWICH OR CEREAL FRESH FRUIT JUICE MILK	QUESADILLA  CLASSIC CARROTS MANDARIN ORANGES FRESH FRUIT MILK
FRIDAY 17	<b>THE DIFFERENCE BETWEEN WINNING AND LOSING IS MOST OFTEN NOT QUITTING. WALT DISNEY</b>	

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SEPT	BREAKFAST	LUNCH
Monday 20	PANCAKES OR CEREAL FRESH FRUIT JUICE MILK	WALKING TACO WHOLE GRAIN CHIPS REFRIED BEANS PEACHES FRESH FRUIT MILK
Tuesday 21	BREAKFAST BURRITO OR CEREAL FRESH FRUIT JUICE MILK	PULLED PORK SANDWICH WHOLE GRAIN BUN TASTY TRITATERS APPLESAUCE FRESH FRUIT MILK
Wednesday 22	CINI MINNIS OR CEREAL FRESH FRUIT JUICE MILK	BEEF NOODLE SOUP CRACKERS  TROPICAL FRUIT FRESH FRUIT MILK
Thursday 23	OMELET WHOLE GRAIN TOAST FRESH FRUIT JUICE MILK	PIZZA CRUNCHERS  NEW MIXED VEGETABLES PINEAPPLE FRESH FRUIT MILK
FRIDAY 24	BREAKFAST POCKETS OR CEREAL FRESH FRUIT JUICE MILK	<b>HAPPY HOME- COMING</b>

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SEPT	BREAKFAST	LUNCH
Monday 27	FRENCH TOAST STICKS OR CEREAL FRESH FRUIT JUICE MILK	CHICKEN FRIED STEAK MASHED POTATOES  MIXED FRUIT FRESH FRUIT MILK
Tuesday 28	LONG JOHNS OR CEREAL FRESH FRUIT JUICE MILK	TATERTOT CASSEROLE DINNER ROLL  APRICOTS FRESH FRUIT MILK
Wednesday 29	PIZZA BAGEL OR CEREAL FRESH FRUIT JUICE MILK	TANGERINE CHICKEN RICE STIR FRY VEGETABLES MANDARIN ORANGES FRESH FRUIT MILK
Thursday 30	BISCUITS AND GRAVY SAUSAGE PATTY FRESH FRUIT JUICE MILK	CHICKEN CRISPITOS  BEAUTIFUL BEETS PEARS FRESH FRUIT MILK
FRIDAY 1-Oct	<p><b>NEVER BEND YOUR HEAD. ALWAYS HOLD</b></p> <p><b>IT HIGH. LOOK THE WORLD STRAIGHT</b></p> <p><b>IN THE EYE. HELEN KELLER</b></p>	

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