



RETURN TO SCHOOL PLAN 21-22

Sequoyah High School

Sequoyah Schools

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Introduction Letter

Sequoyah Parents, Faculty, Staff and Students

Thank you for your support and patience through this unprecedented time. We have created this plan to aid in navigate the return to school where employees, students and families feel safe and to help mitigate the continued impact of COVID-19 conditions upon returning to school. Everyone on the Sequoyah Schools' Campus must wear a mask regardless of vaccination status.

While it is our goal to create and maintain the safest environment possible. We have followed the social distancing guidelines outlined by Cherokee Nation that exceed put forth by the U.S. Centers for Disease Control and Prevention (CDC). Within this plan you will find several new policies and procedures. School procedures and operations are based on the current improved COVID conditions, understanding that the rate of contagion might change in either direction - greater or less - at any time. Should such a change occur, some restrictions deemed necessary could be reinstated. Elevated Covid numbers of students and staff at a single site will be investigated on a case-by-case basis.

This plan is not intended to be the permanent plan, but until this pandemic has ceased, we will respond accordingly. Data is being monitored daily and as a result, may change this plan at any given moment. We must be diligent and consistent in our implementation of current guidance to be the best for our entire school system at this time.

Our primary goal this school year is to bridge the achievement gap left by the COVID-19 pandemic in March of 2020. Like many other schools local and around the world, we must consider multiple learning options for our students for the 2021-2022 school year. We hope to give each family a flexible option in order to return to education in their own way, while also maintaining rigor and relevance. We will be in constant collaboration with our Tribal, Bureau of Indian Education and State Department of Education partners to keep students and staff safe at all times.

Again, thank you for your support.

GO INDIANS!!!

Corey Bunch
Superintendent
Sequoyah Schools

Natalie Cloud
Principal
Sequoyah High School

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SCHOOL OPERATIONS

School Operations is a broad category. As a result of the operational adjustment necessitated by COVID-19, and in keeping with the most up-to-date information on the daily data of the virus. School Operations for our school will be as outlined in the following categories:

1. Public Health Protocols
 - a. Screening
 - b. Social Distancing
 - c. Exposure Guidelines

2. Environmental Factors and Mitigation Strategies
 - a. Use of PPE
 - b. Good hygiene practice promotions
 - c. School Cleaning Procedures

3. School Day
 - a. Adjustments to “traditional” day
 - b. Classroom reorganization
 - c. Student Transportation
 - d. Cafeteria
 - e. Residential Services

NOTE: Any subject matter not specifically addressed within this plan, will be subject to, and expected to abide by any and all Cherokee Nation Policies and Procedures, as guidance and including additional Tribal, BIE and State partners.

PUBLIC HEALTH PROTOCOLS

a. Screenings

Faculty and Staff:

-Sequoyah Schools employees are required to abide by the following Executive Order issued by the Principal Chief and Cherokee Nation Human Resources Policies and Procedure regarding COVID-19.

Executive Order: Order 2020-02-CTH issued on May 27, 2020 by the Principal Chief

Policy Chapter: Employee Conduct, Chapter: III, Sections Subsection: O-2, Subject: COVID-19 Effective Date: 6/1/2020

-Each employee will complete the “Employee Self-Screening” form prior to arrival at his/her place of employment. Each employee is required to wear an approved mask.

-Temperature checks may be administered at arrival. This will be determined by the current guidance available. All faculty and staff are required to wear a mask.

-At any time during the day, if a faculty/staff member has a fever, they will be required to go home immediately. They will only be allowed to return to work following the guidelines.

- Regardless of vaccination status all persons (faculty, staff, students, visitors) to Sequoyah Schools’ Campus- Sequoyah High School and Immersion Charter School are required to wear a mask while in the school facilities or Cherokee Nation tribal facilities.

Students:

- Students will review the “Student Self-Screening” form prior to arrival at his/her school site. THIS DOCUMENT DOES NOT NEED TO BE RETURNED TO THE SCHOOL.

- Temperature checks may be administered at arrival. This will be determined by the current guidance available. All students are required to wear a mask.

- If a fever is detected at any time during the day, the student will be isolated until arrangements are made to pick them up. They will be required to stay home. Students may return to school after following the guidelines.

-Please do not send your student to school if they have a fever or are symptomatic of any contagious illness. It is extremely important that our families partner with us in monitoring the health of our students and families.

- Regardless of vaccination status all persons (faculty, staff, students, visitors) to Sequoyah Schools’ Campus- Sequoyah High School and Immersion Charter School are required to wear a mask while in the school facilities or Cherokee Nation tribal facilities.

PUBLIC HEALTH PROTOCOLS

b. Screenings cont.

Visitors:

-All visitors must schedule an appointment to visit the school. This gives the school time to sanitize the meeting area needed.

-All visitors are required to wear a mask for the duration of their visit to the Sequoyah Schools campus.

-All visitors are limited to the Front Office foyer.

- Regardless of vaccination status all persons (faculty, staff, students, visitors) to Sequoyah Schools' Campus- Sequoyah High School and Immersion Charter School are required to wear a mask while in the school facilities or Cherokee Nation tribal facilities.

EMPLOYEE SELF-SCREENING FORM

The following self-screening protocol must be distributed to all employees for voluntary, home self-screening.

Sequoyah Schools is concerned for your safety and the safety of your co-workers, students and families. We are monitoring the development of COVID-19. In the interest of ensuring a safe and healthy learning environment, we recommend that you voluntarily monitor your health status by carefully completing this self-assessment each day before coming to work.

Self-check is to be completed daily by active employees before coming to work:

1. **Have you had physical exposure to a positive COVID-19 or any symptoms as noted below?**

If you answered **YES**, please contact your supervisor prior to coming to work so that a determination can be made whether you should remain offsite from the school following the last potential exposure to the COVID-19. You may be required to submit evidence of exposure to an infected person. Should you be required to remain offsite, you should keep in contact with school administrators and receive clearance from them before returning to the premises. You may also be required to have written clearance from a doctor.

2. **If you believe you have been exposed to COVID-19: to one or more the following common COVID-19 symptoms below or that currently apply to you?**

- Temperature > 38 C (100 F) or higher, a fever
- Unexplained shortness of breath (difficulty breathing)
- Fatigue or Unexplained tiredness
- Muscle or body aches
- New loss of taste or smell
- Congestion or runny nose
- Frequent unexplained cough
- Sore Throat
- Headache
- Nausea or vomiting
- Diarrhea

If the answer to question 2 is **YES**, you may have symptoms of COVID-19. We ask you to please contact your supervisor and seek medical attention.

If the answer to all the above questions is **NO**: please adhere to local guidance regarding your work schedule and any special precautions to be taken.

STUDENT SELF-SCREENING FORM

NOTE: By sending your student to school, you are representing to Sequoyah Schools that the answer to each of these questions is “NO”.

Daily COVID-19 STUDENT SELF-SCREENING Form

In an effort to prevent possible exposure of staff and students to COVID-19, you are requested to review the following questions each morning and PRIOR to your student riding a school bus or entering school.

1. Does your student have a fever of 100 degrees¹ or more?
2. Is your student experiencing (a) a new loss of taste or smell, (b) nausea or vomiting, OR (c) diarrhea?
3. Is your student experiencing two or more of the following symptoms of COVID-19?
 - Fever or Chills
 - Fatigue
 - Headache
 - Congestion or runny nose
 - Nausea or vomiting
 - Cough
 - Muscle or body aches
 - Sore throat
 - New loss of taste or smell
 - Diarrhea
4. Is your student experiencing **ANY** of the **Emergency Warning Symptoms** of COVID-19?
 - Shortness of breath or difficulty breathing
 - Persistent pain or pressure in the chest
 - New confusion
 - Inability to wake or stay awake
 - Bluish lips or face
5. Has your student had, or do you think your child has, COVID-19?
6. Has your student tested positive for COVID-19?
7. Has your student been around a person with COVID-19?

If the answer to any of these questions is “YES,” **YOUR STUDENT SHOULD REMAIN AT HOME** and you should contact the attendance clerk at your student’s school by phone or email. Students remaining home as a result of COVID-19 concerns will not be penalized regarding absences. Assignments, tests, or other school work can be made up by arrangement with teachers.

If your student is showing any of the **Emergency Warning Signs** listed in Question 4, **seek emergency medical care immediately.**

If your answer to Question 5, 6, OR 7 is “YES,” please contact your physician for specific guidance on the criteria to be met before your student returns to school.

¹ This temperature is set per the OSDE Return to Learn Oklahoma, June 2020

VISITOR SCREENING FORM

NOTE: All visitors are required to wear a mask for the entire duration of visit.

To ensure the safety students and staff, we would like you to complete the following questionnaire on the days that you visit our school(s) to determine your state of health.

1. Name: _____ 2. Phone Number: _____

3. In what capacity are you needed at school:

- Substitute
- Mentor
- Volunteer
- OKDHS
- Counselor
- Other (please explain) _____

4. What site are you visiting: _____

5. Without the use of appropriate Personal Protective Equipment (PPE), have you been directly exposed to someone under investigation for, or with a confirmed case of COVID-19 (Coronavirus) in the past 14 days? ___ Yes ___ No

6. What is your temperature today: _____

7. Have you experienced any of the following symptoms today? (Select all that apply)

- Fever (100 F degrees or greater)
- Cough (unrelated to seasonal allergies or asthma)
- Shortness of Breath (unrelated to seasonal allergies or asthma)
- Loss of taste and smell
- GI symptoms (vomit, nausea or diarrhea)
- Chills
- Headache
- Muscle pain
- Sore throat
- Fatigue
- Congestion or runny nose (unrelated to seasonal allergies)
- None

8. Are you currently under investigation for COVID-19 (Coronavirus), or have you tested positive for COVID-19 in the past 14 days? ___ Yes ___ No

9. Have you, or a member of your household, traveled internationally by air in the past 14 days? ___ Yes ___ No

10. Have you, or a member of your household, traveled by sea (Domestic or International) within the past 14 days? ___ Yes ___ No

Signature: _____ Date: _____

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has Emergency Warning Signs of COVID-19

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



Centers for Disease
Control and Prevention
National Center for Emerging and
Zoonotic Infectious Diseases

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

PUBLIC HEALTH PROTOCOLS

c. Social Distancing

Social distancing is an effective way to prevent potential infection. employees, students, parents, and visitors should practice staying approximately 6 feet or more away from others and eliminating contact with others when it is possible.

In practice this means:

- Staying at least 6 feet or more from others as a normal practice.
- Eliminating contact with others, such as handshakes or embracing coworkers, visitors, or friends.
- Avoiding touching surfaces touched by others to the extent feasible.
- Avoiding anyone that appears to be sick, or is coughing or sneezing.
- Traffic Flow - Taped lines on the floor will mark the walking direction throughout the office, hallways, cafeterias, commons areas, etc. in order to maintain the social distancing requirement of 6 feet or more.
- Ad-hoc Interactions/Gatherings - Non-essential/informal meetups and visiting should be avoided.

PUBLIC HEALTH PROTOCOLS

d. Exposure Guidelines

Guidelines for Exposure

These guidelines are intended to mitigate, not eliminate, risk. No single action or set of actions will completely eliminate the risk of COVID-19 transmission, but implementation of several coordinated interventions can greatly reduce that risk.

Symptoms may include:

- Fever or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Congestion or runny nose
- Diarrhea
- Cough
- Fatigue
- Headache
- Sore throat
- Nausea or vomiting

Contact Information for Exposure or Testing Positive to COVID-19

-Regardless of vaccination status, if you have been in contact and/or have been diagnosed with a lab-confirmed positive case of COVID-19, please do the following:

-Notify Sequoyah Schools Principal Natalie Cloud or Superintendent Corey Bunch immediately. You will be referred to the Cherokee Nation Public Health (CNPH) for guidance on next steps. Sequoyah High School administration works closely with CNPH for quarantine protocol.

-Notify Cherokee Nation Public Health-Epi (COVID-19) Hotline (539) 234-4030.

-These guidelines may be updated frequently based on the changing and fluid environment of COVID-19 situation. All updates will be based on current information provided by the Centers for Disease Control and State and Local Health Agencies.

ENVIRONMENTAL and MITIGATION FACTORS

a. Use of PPE and b. Good Hygiene Practice Promotion

	A. Use of Personal Protective Equipment (PPE)	B. Good Hygiene Practice Promotion
1.	<p>Faculty/Staff - Sequoyah Schools will provide two cloth face masks and water bottles for the staff member to use.</p> <p>It is required to wear masks on the campus of Sequoyah Schools at all times, per Executive Order of the Principal Chief, effective 5/27/2020, until further notice.</p> <p>If face shields are used a mask must also be used. A face shield alone is not adequate.</p>	<p>-School-wide signage encouraging hand-washing, coughing/sneezing etiquette, keeping hands away from face, etc.</p> <p>-Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer with at least 60% alcohol if soap and water are not available</p> <p>- Avoid touching your eyes, nose, and mouth</p> <p>- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow</p>
2.	<p>Students - Sequoyah Schools will require students to wear masks when on buses and on campus. Students will provide their own masks.</p> <p>If any mask mandate is issued by Cherokee Nation, County, City, or State entities, we will comply with the order.</p> <p>It is required to wear masks on the campus of Sequoyah Schools at all times, per Executive Order of the Principal Chief, effective 5/27/2020, until further notice.</p>	<p>-School-wide signage encouraging hand-washing, coughing/sneezing etiquette, keeping hands away from face, etc.</p> <p>-Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer with at least 60% alcohol if soap and water are not available</p> <p>- Avoid touching your eyes, nose, and mouth</p> <p>- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow</p>
3.	<p>Visitors - Sequoyah Schools will require all visitors to wear a mask during the duration of their visit.</p> <p>It is required to wear masks on the campus of Sequoyah Schools at all times, per Executive Order of the Principal Chief, effective 5/27/2020, until further notice.</p>	<p>-School-wide signage encouraging hand-washing, coughing/sneezing etiquette, keeping hands away from face, etc.</p> <p>-Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer with at least 60% alcohol if soap and water are not available</p> <p>- Avoid touching your eyes, nose, and mouth</p> <p>- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow</p>

Stop the spread of germs that can make you and others sick!



Wash your
hands often



Cover your coughs
and sneezes



Wear a mask



Get a COVID
vaccine



Keep **6 feet** of space
when possible



ENVIRONMENTAL and MITIGATION FACTORS

c. School Cleaning Practices

1. School procedures

- a. School campus cleaning / disinfecting procedures will be maintained campus wide throughout the day.

-Cleaning refers to the removal of germs, dirt, and impurities from surfaces. It does not kill germs, but by removing them, it lowers their numbers and the risk of spreading infection.

-Disinfecting refers to using chemicals, for example, EPA-registered disinfectants, to kill germs on surfaces. This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection.

- b. Progress of room cleaning will be designated by use of color-coded signs (classrooms, offices, bathrooms, etc.)
- c. Disinfect areas with “fog machines” and/or sprayer daily.
- d. Upon notification of a positive COVID-19 case in a building, a classroom and/or school will be closed and cleaned according to current guidance.

2. Classroom procedures

- a. Wipe down “heavy use” areas throughout the school day. Examples of these areas would be doorknobs, desktops, light switches, counter tops, entryways, restrooms, and common areas, etc.
- b. Tie up trash bag and place outside of room when it is full at the end of each day. Trash cans will be emptied daily.
- c. Wipe down shared devices after each use.
- d. Spray desktops/table tops at the end of each school day.

3. Transportation procedures

- a. Wipe down “heavy use” areas after each use.
- b. Disinfect seating and walkways by using either a “fog” machine or sprayer after each route.
- c. Transportation employees will use the “Transportation Cleaning” form weekly to certify daily cleaning procedures are completed.
- d. All Activity Bus drivers will be required to follow these procedures as well.

TRANSPORTATION CLEANING FORM

Week of _____ to _____

Driver: _____

Bus #: _____

	Monday	Tuesday	Wednesday	Thursday	Friday
Sanitize Aisle	AM ____ PM ____				
Sanitize Stairs	AM ____ PM ____				
Sanitize Railing	AM ____ PM ____				
Sanitize Seats	AM ____ PM ____				
Sanitizing Gel?	AM ____ PM ____				
Notes					

Sanitation logs will be turned in to the Transportation Director's office after completing last route of the week. All surfaces must be cleaned and sanitized with a disinfectant solution.

SIGNATURE: _____

DATE: _____

SCHOOL DAY

- a. Adjustment to traditional day and
- b. Classroom reorganization

a. Adjustments to traditional day

1. Arrival

a) Cafeteria will open at 7:30 am. Main Buildings open at 7:50 am. School starts 8:00 am.

b) Breakfast will be on a “grab and go” basis where the students will take their breakfast to the classroom.

c) Congregation point, if needed, will be designated at each building with social distancing incorporated.

2. Lunch - will be in the Achieve Classrooms. Additional Lunch periods will be implemented. Use of other areas for possible eating areas will be used as needed. After lunch students may go to the commons area or old gym.

3. Additional breaks for hygiene purposes and outside exposure will be encouraged and planned.

4. Building/Classroom Changes

a) Bringing or sharing refreshments during meetings and/or class periods is **prohibited** in order to limit the risk of contamination. Snack items, candy, and drinks will not be provided until further notice.

b) No food deliveries (ex. Newk’s, Mazzio’s, Grubhub, etc.) Lunches brought from home must be kept at your assigned space. If you have dietary restrictions and forget your lunch, please let your Achieve Teacher or Mrs. Cloud know to assist in getting you a lunch.

c) Personal deliveries such as packages should not be delivered to Sequoyah Schools campus buildings.

b. Classroom reorganization

1. To ensure maximum distance in a classroom, classrooms will need to be as spacious as possible. This may require a temporary movement of some items and furniture that would be considered “non-essential” for daily learning.

2. All students and staff will be required to sit according to a seating chart in classrooms to benefit and ease the mitigation process for school officials.

3. Desks or tables will need to be facing the same direction.

4. Tape markings to show social distancing while waiting in line or while in line.

5. As best as possible, keep each child’s belongings separated to try and minimize the sharing of materials.

SCHOOL DAY

c. Transportation

c. Transportation- Sequoyah Schools

1. All drivers are screened before reporting for routes. All drivers/monitors shall wear approved masks/shields at all times. If face shields are used a mask must also be used.
2. Bus windows and roof hatch will be opened for proper air circulation.
3. No food or drink will be allowed on the buses.
4. All Riders may be screened prior to entry of the bus, ie: temperatures taken, if student has a low grade fever of 100 F they will be sent back with parent. If parent is not available, someone from the school will be notified to assist them. Upon entry each student must be in full Personal Protective Equipment (PPE), all students will wear masks upon entry, on the bus, and exiting the bus.
5. Each bus will be supplied with full PPE requirements. For complete compliance of all passengers.
6. Each bus has signage designating seating for social distancing compliance, and signage of requirements.
7. Each bus will have a daily monitor; this monitor will assure that all students are complying with the procedures.
8. The monitor shall complete a bus seating chart with each student's name, grade, temperature, and assigned seat. This chart/report will be turned into the Transportation director promptly after routes. The reports shall be retained for tracking purposes.
9. Buses must be immediately sanitized after/before next route.
10. **Buses/vehicles daily assignments shall be determined by the student count and need assuring full compliance with CDC guidelines.**

SCHOOL DAY

d. Cafeteria

Sequoyah High School Meals:

This year there will be some changes to our Child Nutrition Program.

Sequoyah High School:

Monday - Friday

Meal times:

Breakfast

7:30 am - 8:00 am

Grab and Go meals will be served in the cafeteria; students can eat in the cafeteria or take the meal back to their classroom.

Students will eat in small groups in Achieve classes on campus school days.

Lunch:

11:35 am-12:20 pm

Meals will be picked up by each student and taken to their Achieve classrooms.

There will be a drive thru set up for virtual students in the north parking lot. The drive thru will consist of lunch and meals needed for each student that is virtual through week. The meals can be picked up by the student or parents. The meal bags will have safety instructions for storing the food in each bag.

Virtual-

If students chose virtual learning open, meal pick up times are listed below. If not, them please contact Deena Johnson at deena-johnson@cherokee.org to make arrangements.

These meals will be served on two different days. The meals packed will consist of breakfast and lunch for the following virtual days. Monday pick-up meals will have Tuesday meals and Wednesday will have Thursday and Friday meals.

The meal bags will have safety instructions for storing the food in each bag. Parents or guardians can pick up the meals during the meal times. Students name and grade will be acceptable for the meal pick-up.

Monday:

12:30pm-1:30pm

Wednesday:

12:30pm-1:30pm

SCHOOL DAY

d. Residential Services

The Preparedness Plan protects staff, residents and the community we serve. Guidance is from the Centers for Disease Control and Prevention (CDC) to mitigate the spread of COVID-19. There is currently a vaccine for this virus, SHS residential will operate with the possibility that COVID-19 could be confirmed in the dorms. The CDC guidance is designed to prevent, mitigate, or respond to the transmission of COVID-19.

The COVID-19 Preparedness Plan describes how SHS Residential Dorms will at a minimum, will follow components, in compliance with CDC guidelines:

1. hygiene and source control;
2. cleaning and disinfecting;
3. screening and policies for staff and volunteers exhibiting signs or symptoms of COVID-19;
4. screening and policies for residents exhibiting signs or symptoms of COVID-19;
5. social distancing;
6. food preparation and meals;
7. ventilation;
8. visitors;
9. transportation;
10. communication and training about the Plan with both students and staff.

The Plan will be posted at dormitory workplaces to be readily reviewed by all workers, students as well as parents.

The plan will be used to:

- notify student residents and their families, about the plan and make it available to them upon request, and if appropriate to their parents, legal guardians, or case workers;
- train staff and volunteers on the plan and ensure they are capable of implementing it; and
- post the plan in a prominent place or make it accessible to staff and volunteers who need to review it.

Hygiene and source controls

- Reinforce handwashing routines, after having been in a public place, prior to and after eating, after using the toilet, or after blowing your nose, coughing, or sneezing.
- Residents, staff, and visitors should wash their hands for at least 20 seconds with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Ensure handwashing and/or hand-sanitizer facilities are readily available and appropriately stocked including by entrances.

- Provide paper towels and ensure a trash-receptacle is placed by the bathroom door so a paper towel can be readily disposed of when operating the door.
- Post handwashing and “cover your cough” signs.
- Plan for when and how facemasks will be used by residents, staff, and visitors.
- Provide staff with recommended protective supplies, such as facemasks, gloves, disinfectant, eye protection, shields, etc.
- Provide tissues for proper cough/sneeze etiquette and no-touch disposal containers.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Community drinking stations and water-fountains shall be COVID defensive.
- Prepare for potential symptomatic or COVID-19 positive residents by having appropriate supplies.
- Sinks could be an infection source so residents should avoid placing toothbrushes directly on counter surfaces. Totes are required for personal items so they do not touch the bathroom countertop.

PLAN FOR HYGIENE AND SOURCE CONTROLS:

Signage will be placed throughout both dorms and staff and students will be required to follow the hygiene and source controls. It will be staff job duties to supervise students to teach and follow the hygiene controls. Power Point presentation will be provided to train both students and staff.

Supplies provided: appropriate trash receptacles, Kleenex, signage, provide small water bottles. Soap and hand sanitizer supplies, Laundry detergent and appropriate chemicals for cleaning. Touch free water fountains.

Cleaning and disinfecting

- Follow CDC guidance for frequent cleaning and disinfecting of residential dorm program space, especially shared spaces.
- Establish a documented sanitation schedule and checklist, identifying surfaces/equipment to be sanitized, the agent to be used, and the frequency at which sanitation occurs.
- Ensure high-touch surfaces such as doorknobs, light switches, stair rails, counters, tables and chairs, phones, keyboards, program equipment and other shared items are regularly cleaned and disinfected.
- Minimize the use of shared supplies (e.g. arts and crafts, office supplies) that cannot be sanitized and consider using designated bins for clean and used items.
- Use EPA-registered disinfectants recommended by the CDC: <https://www.epa.gov/coronavirus>.
- When washing towels, bedding, and other items, use the warmest appropriate water setting and dry items completely.

PLAN FOR CLEANING AND DISINFECTING

Staff will be supervised with documented schedules and checklists to ensure proper COVID procedures are used for CDC recommended guidelines. . New job cleaning requirements established and scheduling of cleaning by staff. Staff will supervise student details to teach proper cleaning and ensure students are not assigned details which are high risk for student protection. Student laundry cleaning will be supervised by staff to meet standards for elimination of COVID. Clothing and bedding will continue to be washed weekly under supervision of staff. Students will be assigned schedules to do distancing laundering. Supplies provided: All laundry supplies and cleaning agents, additional bedding, pillows, towels, etc.

Monitor staff and students for signs of illness, including using health screening questions before beginning a work shift, and require sick staff and students to stay home or return home if they are experiencing symptoms. You may also opt to conduct temperature screening if it can be done with proper social distancing, protection, and hygiene protocols. However, temperature screening is not required.

- Ensure sick policies are clearly communicated and supportive of staff and students staying home when sick.
- Ensure staff and volunteers know the signs and symptoms of the COVID-19 illness.
- Establish protocols based on CDC guidance for when a staff member or students exhibits symptoms of COVID-19 or tests positive for COVID-19.
- Ensure that emergency contact information for staff and volunteers is up-to-date.
- Establish communication protocols for a positive COVID-19 case or potential exposure and ensure that an individual's identity is not disclosed, other than to a person authorized to receive the information.
- Notify school nurse and administration and follow their direction if a staff member or student is diagnosed with COVID-19.
- Have a plan for back-up staffing in case a staff member or becomes ill.

PLAN FOR SCREENING AND POLICIES FOR STAFF AND VOLUNTEERS:

Staff will be trained on procedures, protocol and symptoms of COVID. If staff become ill or quarantined the schedules of other remaining employees will be adjusted for coverage until said employee returns. Students who become ill will be quarantined in a separate section of the dorm until parents/guardian arrive. . If students are determined to have symptoms their parents/guardian will be contacted and student will leave the dorms and will require a doctors statement to return.

Supplies provided: Plexiglas shields, PPE equipment, facemasks, thermometers. COVID cleaning specific supplies

Screening and policies for residents exhibiting signs or symptoms of COVID-19

- Staff trained on COVID symptoms will monitor residents for signs of illness, including using a health screening tool such as this: <https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>.
- Ensure staff as well as residents know the signs and symptoms of the COVID-19 illness.
- Establish protocols based on CDC guidance for when a resident exhibits symptoms of COVID-19 or tests positive for COVID-19 to limit exposure.
- Ensure that emergency contact information for residents is up-to-date.
- Establish communication protocols for positive COVID-19 cases or potential exposure and ensure that an individual's identity is not disclosed, other than to a person authorized to receive the information.
- Notify school nurse/administration and follow their direction if a resident is diagnosed with COVID-19.

PLAN FOR SCREENING AND POLICIES FOR RESIDENTS:

New COVID procedure for checking in/out for staff and students. Number of people on check out list will be limited. One entry station per dorm with appropriate screening and documentation lists. No one allowed in the dorms except staff and residential students. One assigned exit and appropriate documentation for students, staff and visitors. A power point presentation will be presented to all staff and students on new screening policies and signs of COVID-19. One student residing in one room.

Temperature checks daily. Testing weekly.

Alternating student schedules for doing laundry

Alternating student bathroom/shower schedules

Alternating student schedules for eating meals

Alternating schedules for students recreational time and activities

Supplies provided: Assigned area with Plexiglas shields, thermometers, documentation logs, faemasks, gloves, hand sanitizer

Social distancing

- Gatherings of residents and staff in the facility should be carefully considered and redesigned, as necessary, to reduce prolonged close contact among staff, residents, and families.
- Common areas and other areas of congestion should be marked to provide for social distancing of at least 6-feet.
- Consider using visual aids (e.g., painter's tape, stickers, signs) to illustrate traffic flow and floor markers for where to stand for appropriate spacing to support social distancing.

- Rearrange seating spaces to maximize the space (at least 6 feet) between people. Turn chairs to face in the same direction (rather than facing each other) to reduce transmission caused from virus-containing droplets (e.g., from talking, coughing, sneezing).
- For larger programs, whenever possible, refrain from intermixing groups. If intermixing of groups is necessary, limit the number of groups that intermix and keep records of staff and residents that intermix.
- Stagger breaks and recreation, studying to maximize social distancing.
- Hold events remotely, if possible.
- Staff and students should also maintain social distance when interacting with each other.
- Staff should limit entering residents' rooms as much as possible to reduce potential for cross-contamination, unless required for supervision.
- Ensure that beds are spaced out as much as possible. Consider placing residents' beds head to toe in order to further reduce the potential for viral spread. One bed per dorm room.
- Provide for physical distancing in restrooms or limit restroom capacity. Mark off areas for where to wait to use the restroom.

PLAN FOR SOCIAL DISTANCING:

A record will be kept for staff information on which residential students are vaccinated and which students are not vaccinated and assign rooms based on this information.
Supplies provided: painters tape, signage, stickers, recreation designed for social distancing

Food preparation and meals

- Prohibit food (including condiments) and beverage sharing between residents.
- Stagger meal times to maximize social distancing.
- Maintain consistent groups during meal times.
- If meals are served family-style, plate each meal to serve it so that multiple people are not using the same serving utensils.

PLAN FOR FOOD PREPARATION AND MEALS:

Residential staff to be certified in Food Handlers. Coordination with the cafeteria to safely serve meals to students. Cafeteria is responsible for feeding of the residential students. A COVID food plan is strictly enforced by cafeteria staff.
Established eating schedules to ensure distancing. Students and staff will ensuring cleansing and disinfecting areas where meals are served.

Ventilation

- Work to maximize the amount of fresh air being brought in, limit air recirculation and ensure ventilation systems are properly used and maintained.
- Take steps to minimize air flow blowing across people.

PLAN FOR VENTILATION:

All dorm rooms have windows.

Staff will have the duty of opening the windows, airing out the rooms with fans for fresh air and securing them twice a week while students are out of the dorms.

Supplies provided: Carry fans for blowing air & circulating air flow out of rooms

Visitors

- Visitors shall be screened for COVID-19 symptoms prior to entrance but shall not be allowed to enter student living areas.
<https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>
- Provide visitors with hand sanitizer or access to a handwashing area, and facemasks if available.
- Encourage social distancing between residents and their visitors.
- Whenever possible, visits should occur outdoors or in a visiting room close to the facility entrance. Visitors should limit interactions to those individuals that they are visiting.
- Clean and disinfect the visiting room after each visit.
- Encourage residents to wash their hands after interacting with a visitor.

PLAN FOR VISITORS:

Visitors will not be allowed during COVID. Only one parent/guardian allowed to enter for their students. Social distancing, check in signatures for tracing, temperature check, use distancing areas provided for check in and out.

Transportation

- Plan for the use of facemasks when providing transportation.
- Take precautions when using public transportation, ride-sharing.
- Limit the number of residents in the vehicle and ask them to spread out to maintain social distancing as much as possible.
- Do not have air recirculated while in a vehicle.
- Remind residents to wear a facemask or face covering, wash their hands, and follow social distancing guidelines while they are away.

PLAN FOR TRANSPORTATION:

Bus transportation will be very limited and car transportation will be only necessary for emergencies and vocational technical school transportation.

Any transportation will follow the distancing COVID procedures in place and enforced by the transportation office.

Communication and training about the plan

- Provide a copy of this plan to all of your staff, contracted service providers, and volunteers.
- Provide training to all staff and volunteers on how to follow the plan, ensure they are capable of implementing it, and update them on any changes to the plan.
- The plan must be available to the school administration and posted in a prominent place and readily accessible to staff who need to review it.
- Explain in plain language the parts of the plan relevant to the residents and, as appropriate, parents, guardians, legal representatives, and case managers. Provide them with resources to follow the plan.

SHS RESIDENTIAL PLAN FOR COMMUNICATION AND TRAINING ABOUT THE Plan: All staff and students will be trained with a COVID education power point which can be used frequently.

ACADEMICS-Planning for School

As we begin preparation for the start of the 2021-22 school year, we must make some important decisions and consider a variety of scenarios. In order to make those decisions about what school will look like and how our students will experience learning, Sequoyah Schools Administration, Faculty and Staff have been guided by a core set of principles that reflect our highest priorities: the health and safety of our students and staff, the need to continue to address and close the gap in learning that occurred as a result of our interrupted school year, the social and emotional needs of our students, faculty and staff, equitable access and opportunity for all of our students, and the need to be flexible during these uncertain times.

Sequoyah High School, like many other schools local and around the world, must consider multiple learning options for our students for the 2021-2022 school year. We will hold regular school every day like normal as long as it remains safe. We ask for flexibility and grace during this difficult venture into the next school year. We will always keep safety and student need at the forefront of our decision-making processes. The goal of Sequoyah High School is to continue learning excellence while keeping the safety of all families a priority. Learning may look very different based upon the modality chosen, but the standard of education remains the same.

We are preparing to return in person schooling on Thursday, August 12, 2021, for Freshman students. All upperclassmen will return on Friday, August 13, 2021. We will continue with Covid-19 nasal testing weekly for our students to keep our school family safe. Increased safety protocols will be implemented and followed across campus. During the first week of school, our staff will be educating students on the most current best practices available to keep our campus safe and keep our students, staff, and families healthy. All students and staff will be required to wear facemasks when and as long as it is deemed necessary. Increased cleaning measures will be in place and staff will adhere to cleaning all areas on a regularly basis. Wipes and spray machines will be available for staff to use at all times. Teachers will be required to disinfect classrooms between class changes. Students will change classes at the same time.

Our faculty and staff trained from August 10-11, 2021 to plan many of the existing challenges for the school year. We will still utilize Blackboard as our learning delivery system. We have gleaned so much valuable information from this past school year and cannot wait to have our students back in our school. During the first week of school, our staff will be educating students on the most current best practices available to keep our campus in the best learning environment.

ACADEMICS

Learning Delivery Models

1. Traditional Learning Plan
2. Virtual Learning Plan
(Odysseyware classes only)

ACADEMICS

Learning Delivery Models: Traditional Learning Plan

Traditional Learning Plan

Student will report in person Monday through Friday from 8:00 am until 3:25 pm. Students will receive in-person instruction from qualified Sequoyah High School teachers and assignments will be made available via Blackboard online.

2020-2021 Daily Schedule

Achieve	8:00 am - 8:30 am
1 st Block	8:35 am - 10:00 am
2 nd Block	10:05 am - 11:30 am
LUNCH- Lunch will be split into two sections by your ACHIEVE teacher	11:35 am - 12:20 pm
3 rd Block	12:25 pm - 1:50 pm
4 th Block	1:55 pm - 3:25 pm

2020-2021 Student COVID Testing Schedule

On COVID test days, students must arrive between 7:45 am - 8:15 am, in the Old gym for COVID testing as scheduled below.

Monday	Sophomores
Tuesday	Juniors
Wednesday	Seniors
Thursday	Freshmen
Friday	No Testing

ACADEMICS

Learning Delivery Models: Traditional Learning Plan

Students Eating in Achieve Class Only

In order to follow our recommended guidelines, students will be given meals in to-go containers with no open buffet options. This will eliminate the spread of infection and will allow us to adhere to social distancing practices.

Safety in the Classrooms

Seating placement, class size limits, student sharing of learning materials, cleanliness education for students and staggered classroom changes have been made. Students will maintain their own water bottles labeled with their names. Water fountains have been disabled to prevent the spread of the virus.

On Campus School Day

We know students have endured much during this trying time, and we want to continue to make every effort to assist them in their education. We will follow health guidelines while also making screenings and social distancing protocol as easy as we can for each student. Students will enter three entrance areas, be screened weekly.

Special Needs Students (Special Education, 504 plan, Dyslexia, etc.)

In the event that we close school, teachers will plan for virtual meetings for individual live instruction for students. Additional accommodations and modifications will be in place according to each student's needs.

Bus Transportation

According to BIE guidelines, students will be social distancing as much as possible on our school buses. Temperatures will be checked as they enter the bus and masks will be worn while riding. Additional sanitation will be required of our transportation staff daily.

ACADEMICS

Learning Delivery Models: Full Time Virtual (Distance Learning Plan)

Virtual Learning Plan

A plan for virtual/distance learning has been developed for those students choosing full-time virtual and/or should the school be closed due to COVID-19.

Full Time Virtual Students (Odysseyware classes only)

Students will enroll in four (4) classes each term via the online learning curriculum Odysseyware. Students must have completed the previous semester with all satisfactory expectations of enrollment at SHS in order to qualify for an interview to possibly be accepted for full virtual enrollment.

After completing a family interview, students will complete a contract for virtual enrollment.

Students must maintain a specific completion rate in all classes to remain a virtual student and this privilege can be revoked at anytime.

Tutoring attendance will be left up to the student and family to schedule and attend.

COMMUNICATIONS

Information

Devices

Students in grades 9th-12th will be provided with a Chromebook and Wifi Hotspot to use throughout the school year.

Communication

-Sequoyah High School will communicate with parents and students through the school website and Sequoyah Schools Facebook page.

-We will be posting information on the school website, as well as, the school Facebook and Twitter pages (see below). Please watch those social media sites for updates and added information. We will also use our automated calling system to send out reminders to check those postings along with other important information as needed.

Download the Sequoyah Schools app on Andriod or iPhone.

Social media pages and our school website www.sequoyahschools.org have all updated information available.

WEBSITE LINK: <https://www.sequoyahschools.org/>

FACEBOOK LINK: <https://facebook.com/SequoyahSchools/>

TWITTER LINK: [@SeqActivities](https://twitter.com/SeqActivities)

We are asking all parents/guardians help us remind students of the new habits we must follow, so we have hope to return to a traditional learning environment in the future.

If you have any questions regarding these guidelines, please contact the Sequoyah High School office at 918-453-5170, or email natalie-cloud@cherokee.org.

EXTRACURRICULAR ACTIVITIES

1. COVID -19 Procedures for all 2021-22 Sequoyah Activites
2. Fall Sports
 - a. Football
 - b. Volleyball
 - c. Cross Country
 - d. Fast Pitch Softball
 - e. Cheer
3. Winter Sports
 - a. Basketball
 - b. Wrestling
 - c. Power Lifting and Weight Room
4. Spring Sports
 - a. Baseball
 - b. Slow Pitch Softball
 - c. Golf
 - d. Track
 - e. Archery
 - f. Fishing
5. Fine Arts
 - a. Band
 - b. Choir/Voice
 - c. Drama/Theatre
 - d. Debate
7. Clubs
8. Cleaning and Disinfecting Facility

EXTRACURRICULAR ACTIVITIES

2021-22 COVID-19 Procedures for all Sequoyah Activities

All SHS activity groups will adhere to these procedures in addition to others specific to the respective activities until approved to reduce or eliminate COVID precautions.

Pre-Practice/Event Screening

- Any person who has had a fever or cold symptoms in the previous 24 hours will not be allowed to take part in practices or competitions and should contact his or her primary care provider or other appropriate healthcare professional.

Guidelines for Screening/Exposure

These guidelines are intended to mitigate, not eliminate, risk. No single action or set of actions will completely eliminate the risk of COVID-19 transmission, but implementation of several coordinated interventions can greatly reduce that risk.

Symptoms may include:

- Fever or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Congestion or runny nose
- Diarrhea
- Cough
- Fatigue
- Headache
- Sore throat
- Nausea or vomiting

Contact Information for Exposure or Testing Positive to COVID-19

-Regardless of vaccination status, if you have been in contact and/or have been diagnosed with a lab-confirmed positive case of COVID-19, please do the following:

-Notify Sequoyah High Schools Principal Natalie Cloud or Superintendent Corey Bunch immediately. You will be referred to the Cherokee Nation Public Health (CNPH) for guidance on next steps. Sequoyah High School administration works closely with CNPH for quarantine protocol. Notify Cherokee Nation Public Health-Epi (COVID-19) Hotline (539) 234-4030.

-These guidelines may be updated frequently based on the changing and fluid environment of COVID-19 situation. All updates will be based on current information provided by the Centers for Disease Control and State and Local Health Agencies.

- A record will be kept of all individuals present.
- Any students or coaches/sponsors who exhibit COVID-like symptoms will be tested with the Abbott BiNax COVID rapid test or other CN approved COVID test. Only individuals who test negative will be permitted to participate. If we have anyone test positive we will follow CN procedures for contact tracing, quarantine, etc.

Limitations on Gatherings

- Participant numbers will be limited as much as practicable, indoors or outdoors.
- Care will be taken to maintain a minimum distance of 6 feet between each individual whenever possible throughout practices, workouts, contests, and transportation. If needed, we will use tape or paint as a guide for students and coaches.

Facilities Cleaning

- Cleaning schedules will be created and implemented for all athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.).
- Individuals should use hand sanitizer or wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in any activities.
- Hand sanitizer will be plentiful and available to individuals.
- Athletes will be encouraged to shower and wash their workout clothing immediately upon returning to home.

During Activity

- Coaches or other supervisory adults of indoor activities must wear a mask.
- Students must wear a mask during indoor activities except when running, lifting, or other instances in which elevated breathing is required. Other exceptions include while playing a horn, performing a play, and other instances in which wearing a mask is not practical.
- There will be no shared athletic towels, clothing, helmets, or shoes between students. Individual clothing/towels should be washed/cleaned after every workout.
- Hand sanitizer will be plentiful at all contests and practices.
- Equipment will be sanitized between each use.

Hydration

- Students will be provided water bottles or bring their own. Water bottles must not be shared.

Transportation:

- Students will be transported by bus or multiple vehicles to allow for adequate social distancing.
- Extra vehicle for emergency purposes will be driven by second sponsor.
- Students and sponsors will wear face coverings at all times while travelling.

Emergency Procedure:

- Parents will sign an agreement form (Next Steps Form) to pick up a student who has fallen ill with COVID-like symptoms at the location the student is isolated.

Spectators:

Everyone in attendance at home events will be required to wear a mask and maintain current distancing requirements at the current time. These will be adjusted as Cherokee Nation modifies COVID protocols.

FALL SPORTS

FOOTBALL

Football

Varsity practice during 4th block and after school during the season.

JV/Freshman practice during 3rd block.

2 scrimmages in late Aug., 9 regular season games (4 home, 5 away) Sept.-Nov., maximum of 4 possible playoff games (maybe 1 home) Nov.

Approximately 35 players.

Off-season workouts during 4th block, including powerlifting training and competitions.

FOOTBALL:

TEAM BOX:

- The team box may be extended on both sides of the field to the 10-yard lines (for players only) in order for more social-distancing space for the teams.
- Teams should reduce game rosters to allow for more social distancing on sidelines.
- Where feasible, extend the 2-yard sideline belt to 5 yards.
- Maintain social distancing of 6 feet at all times while in the team box.
- Do not share uniforms, towels and other apparel and equipment.

BALL:

- The ball should be cleaned and sanitized throughout the contest as recommended by the ball manufacturer.
- The ball holders should maintain social distancing of 6 feet at all times during the contest.
- Clean the ball on a ball rotation to the sidelines. Have ball individuals wear gloves and be supervised and directed by an adult staff member or member of coaching staff.

FACE MASKS:

- Cloth face coverings are permitted.
- Plastic shields covering the entire face (unless integrated into the face mask and attached to the helmet and clear without the presence of any tint) are not allowed during the contest.
- Face shields - It is recommended that teams promote their use by players. Face shields may be worn for play as well as on the sidelines. Helmet manufacturer Shutt has developed a face shield and another is manufacturer by Oakley that is being used by the NFL. It will fit the Riddell helmet.

TOOTH AND MOUTH PROTECTORS:

- Student-Athletes are recommended to keep their mouth guards in their mouth throughout the competition. If the mouth guard is taken out proper disinfection of the mouth guard should be performed prior to reinsertion. Hands should also be washed or disinfected before doing so.

GLOVES:

- Gloves are permitted but still must comply with Rule 1-5-2b by meeting either the NOCSAE Standard or the SFIA Specification.

CHARGED TIME-OUTS AND AUTHORIZED CONFERENCES:

- A single charged time-out may be extended to a maximum of two minutes in length specifically to allow more time for re-hydration.
- For social-distancing purposes the authorized conference for the charged time-out should take place between the 9-yard marks and not at the sideline. (It would be permissible for more than one coach to be involved in this conference and for technology to be used.)
- Each game official and player should have their own beverage container.
- Encourage the minimization of offensive and defensive huddles and encourage coaching staffs to utilize other methods of communication with players (such as signals, cards, signs) to minimize grouping.

INTERMISSION BETWEEN PERIODS AND AFTER SCORING:

The intermission may be extended to a maximum of two minutes between the first and second and the third and fourth periods and following a try, successful field goal or safety, and prior to the succeeding free kick.

FOOTBALL GAME OFFICIALS CONSIDERATIONS:**GAME OFFICIALS UNIFORM AND EQUIPMENT:**

- Electronic whistles are permitted (supplies are limited).
- Choose a whistle whose tone will carry outside.
- Cloth face coverings are permitted.
- Gloves are permitted.
- Do not share uniforms, towels and other apparel and equipment.

PREGAME CONFERENCE, COIN TOSS AND OVERTIME PROCEDURES:

- For the coin toss, limit attendees to the referee, and one designated representative from each team.
- Coin toss should take place in the center of the field with designated individuals maintaining social distancing of 6 feet.
- No handshakes prior to and following the coin toss.
- Maintain social distancing of 6 feet while performing all pregame responsibilities with all officiating crew members, game administration staff, line-to-gain crew, clock operators, and individuals handling the balls during the game and team personnel.
- Line-to-gain crew must wear face coverings.
- For the overtime procedure, please use the same procedure as used at the start of the contest for the coin toss.

PREGAME, QUARTER, HALF-TIME AND POST GAME CEREMONY:

- Water bottles are discouraged on the field of play and should be used off the playing surface.
- Coaches are encouraged to hold pre-game, quarter, half-time and post-game meetings socially distant and off the playing surface, where possible.
- No post game of shaking hands.

FINAL CONSIDERATIONS FOR FOOTBALL:

- Before, during and after the contest, players, coaches, game officials, team personnel and game administration officials should wash and sanitize their hands as often as possible.
- Maintain social distancing of 6 feet at all times while on the sidelines and on the field of play when possible.
- Everyone should have their own beverage container that is not shared.
- Cloth face coverings are permitted for all coaches and team staff and for all game administration officials.
- Gloves are permitted for all coaches and team staff and for all game administration officials.
- Try and limit the number of non-essential personnel who are on the field level throughout the contest.
- If available, dressing facilities for game officials and teams should be large enough for them to use social-distancing protocols and should be properly cleaned and sanitized prior to their arrival.

CONSIDERATION FOR FOOTBALL OFFICIALS:

- Please review the General Considerations for Officials.
- Officials may use electronic whistles during contests but must be aware of increased of inadvertent whistles.
- Social distancing guidelines should be employed during the contest for officials when risk interacting with coaches and student-athletes.
- The football should be changed or sterilized by sidelined personnel frequently.
- Officials will have to limit the handling of other officials' equipment (ex. assist in picking up flags or bean bags).

FALL SPORTS

VOLLEYBALL

Volleyball

Practice 4th block until end of season.

Up to 24 students

Home and away games include:

Up to 15 regular games and 3 tournaments. Or up to 12 games and 4 tournaments.

Regional matches beginning of October.

State the following weekend.

Off-season during last semester of the year.

VOLLEYBALL:

PRE-MATCH CONFERENCE:

- Limit attendees to the first referee, head coach, and one captain from each team.
- Move the location of the pre-match conference to center court with one coach and one referee positioned on each side of the net. All four individuals should maintain a social distance of 6 feet.
- Suspend roster submission at the pre-match conference. Rosters should be submitted directly to the officials' table before the 10-minute mark.

TEAM BENCHES

- Suspend the protocol of teams switching sides/benches between sets.
- Home team will select their bench prior to the match and remain on the same side for the duration of the match.
- Team areas may be expanded to promote social distancing outside of playable areas.

DECIDING SET PROCEDURES:

- Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining the appropriate social distance of 6 feet. A coin toss, called by the home team, will decide serve/receive.
- Suspend the protocol of teams switching sides/benches before a deciding set.

SUBSTITUTION PROCEDURES:

- Maintain social distancing of 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.

OFFICIALS' TABLE:

- Limit to essential personnel (which includes home team scorer, libero tracker and timer), with a recommend distance of 6 feet between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.

VOLLEYBALL OFFICIALS CONSIDERATIONS:

PRE AND POST MATCH CEREMONY

- Establish volleyball specific social distancing match protocols including the elimination of handshakes before and after the match.

VOLLEYBALL RULES INTERPRETATIONS:

EQUIPMENT AND ACCESSORIES:

- Cloth face coverings are permitted. ▪ Gloves are permitted.

LEGAL UNIFORM

- Long sleeves are permitted.
- Long pants are permitted.
- Under garments are permitted, but must be unadorned and of a single, solid color similar in color to the predominant color of the uniform top or bottom.

OFFICIALS UNIFORM AND EQUIPMENT:

- By state association adoption, long-sleeved, all-white collared polo shirt/sweater is permitted. (Electronic whistles are permitted.)
- Face coverings are permitted.
- Gloves are permitted.

CONSIDERATION FOR VOLLEYBALL OFFICIALS:

-Please review the General Considerations for Officials.

-Officials are permitted to use electronic whistles but must be aware of signaling difficulties when using both hands and the increased chance of inadvertent whistles.

-Use of a three ball rotation system should be considered for matches. This would allow for periodic sanitation of the balls.

FALL SPORTS

CROSS COUNTRY

Cross Country

Practice 4th block throughout season and into off-season.

Up to 8 regular season meets, including the one we host, plus regional and state in late Oct.

Hope to have 15-25 participants.

We also normally have a few students participate in the Meet of Champions and the Okla/Ark Dual after the season ends.

CROSS COUNTRY:

-Schools are encouraged to comply with NFHS Rule 8-5, that events contested with 4 or fewer teams be limited to a maximum of 12 participants from each team.

-Cross country meets should consider using staggered, wave or interval starts.

-Possible Rule Modifications:

- Consider widening the course to at least 6 feet at its narrowest point.

Finish:

- Consider using finish corrals and FAT timing for larger meets as easier to distance at finish.
- If no FAT timing system is available, consider alternative means of finish place and time to reduce congestion at finish line. If sticks are used for determining place, disposable sticks are recommended by race.
- Consider using image-based equipment at finish line to assist with picking place and reducing congestion.

PRE AND POST RACE CEREMONY:

-Pre and Post Race Ceremony: Establish cross country specific social distancing meet protocols including the elimination of handshakes before and after the race.

-The use of team tents on site is discouraged.

-Teams are expected to provide individual water for their athletes and discourage the use of water stations and open cups.

CONSIDERATION FOR CROSS COUNTRY OFFICIALS:

-Please review the General Considerations for Officials.

Follow social distancing guidelines.

Pre and Post Meet conferences.

Clerking at the start line.

Tabulations and posting of results.

Consider using electronic whistle.

FALL SPORTS

FAST PITCH SOFTBALL

Fast Pitch Softball

37 regular season games, including those played in 3 tournaments, plus regional late Sept./early Oct. and state early Oct.

Probably a few scrimmages before season starts.

1 tournament is the one we host at the CN softball complex. We usually have 20-25 schools participate.

Varsity practice 4th block until end of season.

Off-season workouts during 4th block after season.

Possible 3rd block JV practice.

Hope to have 15-20 players.

Pre-Practice/Event Screening

- Any person who has had a fever or cold symptoms in the previous 24 hours will not be allowed to take part in practices or competitions and should contact his or her primary care provider or other appropriate healthcare professional.
- A record will be kept of all individuals present (see attached form).
- Any students or coaches/sponsors who exhibit COVID-like symptoms will be tested with the Abbott BiNax COVID rapid test or other CN approved COVID test. Only individuals who test negative will be permitted to participate. If we have anyone test positive we will follow CN procedures for contact tracing, quarantine, etc.

Limitations on Gatherings

- Participant numbers will be limited as much as practicable, indoors or outdoors.
- Care will be taken to maintain a minimum distance of 6 feet between each individual whenever possible throughout practices, workouts, contests, and transportation. If needed, we will use tape or paint as a guide for students and coaches.

Facilities Cleaning

- Cleaning schedules will be created and implemented for all athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.).
- Individuals should use hand sanitizer or wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in any activities.
- Hand sanitizer will be plentiful and available to individuals.
- Athletes will be encouraged to shower and wash their workout clothing immediately upon returning to home.

During Activity

- Coaches or other supervisory adults of indoor activities must wear a mask.
- Students must wear a mask during indoor activities except when running, lifting, or other instances in which elevated breathing is required. Other exceptions include while playing a horn, performing a play, and other instances in which wearing a mask is not practical.

- There will be no shared athletic towels, clothing, helmets, or shoes between students. Individual clothing/towels should be washed/cleaned after every workout.
- Hand sanitizer will be plentiful at all contests and practices.
- Equipment will be sanitized between each use.

Hydration

- Students will be provided water bottles or bring their own. Water bottles must not be shared.

Transportation:

- Students will be transported by bus or multiple vehicles to allow for adequate social distancing.
- Extra vehicle for emergency purposes will be driven by second sponsor.
- Students and sponsors will wear face coverings at all times while travelling.

Emergency Procedure:

- Parents will sign an agreement form to pick up a student who has fallen ill with COVID-like symptoms at the location the student is isolated.
- If a student exhibits COVID-like symptoms, the student will be isolated at the location from other students. Parents or guardians will be notified.
- The student will remain isolated from others until parents arrive to pick up. If serious, student will be transported to emergency room/hospital.
- If parents cannot pick up student at location, the second sponsor will transport student in emergency vehicle, isolated from other students.
- Administration will be notified immediately.

Spectators:

Everyone in attendance at home events will be required to wear a mask and maintain whatever current distancing requirements are. These will be adjusted as Cherokee Nation modifies COVID protocols.

FALL SPORTS

CHEER

Cheerleading

Practice 4th block, 1st day of school until end of season

Up to 20 students

Attend all football and basketball games

Competitive cheer regional and state in Sept.

Game day competition regional and state in Nov.

From end of season to end of school year, off-season workouts during 4th block.

This section provides guidance for Sequoyah High School Cheerleading program as it relates to COVID-19. **Phase I** of this plan will allow all Sequoyah Faculty/Staff (Cheer) to report and begin to post signage and ensure their rehearsal spaces are set up with the below guidelines.

Phase II of this plan will begin with the addition of students (small groups) being allowed to report to class/rehearsals after all pre-screening is complete and parent consent forms are on file.

Phase III will begin to allow students to report to class/rehearsals after the pre-screening process has been completed. This plan is aligned to Cherokee Nation, BIE and CDC rules and guidelines and personalized to meet Sequoyah High School expectations. Out of an abundance of caution, we reserve the right to make modifications to these expectations as additional guidance is provided to us moving forward.

REQUIREMENTS FOR PRACTICES AND REHEARSALS

Sequoyah Faculty/Staff is expected to ensure all health protocols are being successfully implemented and followed daily during in-person sessions with students and staff. Schools must follow all requirements of tribal, federal, state and local authorities in addition to the requirements below:

Attendance

- Attendance at practices and rehearsals must be optional for students and in compliance with the rules for practices and rehearsals. In addition to on-campus options, faculty should also consider providing students guidance for practicing at home or remotely away from the school. This can include virtual practices/lessons, emailed or otherwise electronically delivered practice instructions, or any delivery model approved through Sequoyah High School.
- Attendance records are required to be kept daily, however, students shall not be required to attend and they must be allowed to make up any missed days or practices.
- Students should report to practices and rehearsals in proper attire and immediately return home to change clothes or shower at the end of the session.
- During practices and rehearsals, faculty must ensure appropriate social distancing, hygiene, and safety measures are consistently implemented and monitored.

- Students are not allowed to change practice or rehearsal groups once initially assigned. Each student **MUST** remain in their assigned group for the entire duration of class/rehearsal.

HYGIENE

- Each program must have hand sanitizer or hand-washing stations (20 seconds minimum recommended) readily available in the practice and rehearsal areas. Students and staff should be encouraged to use it frequently throughout their sessions.
- All surfaces in the practice and rehearsal areas must be thoroughly disinfected throughout and at the end of each day, this includes but not limited to: doors/handles, counters, lockers, shelves etc.
- Equipment must be thoroughly disinfected before AND after each use. If a student uses a piece of equipment, that equipment must be thoroughly disinfected BEFORE another student uses it this includes: music chairs, stands, tuners, podiums etc. Classes/rehearsals can limit the use of equipment to further reduce the risk of spreading the virus.
- Students are prohibited from sharing any items: clothing, towels, dance shoes, costumes, poms, megaphones, riffles, wind instruments, water or food to name a few.
- No clothing or towels may be laundered on site.

OVERALL GUIDELINES

SCREENING PROCESS - DAILY

Screening Questions:

- Any contact with a person who is/was positive for COVID-19
- Have you had contact with someone diagnosed with COVID-19 in the past 14 days?
- Recent symptoms of worsening cough, shortness of breath, or difficulty breathing?
- Recent symptoms of at least two of: fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell?

ARRIVALS

- Before the start of practices and rehearsals, faculty/staff will pre-screen all staff and students for COVID symptoms that they or others living in their house may experience. This can be completed by phone prior to the first day of practices or rehearsals, in person or in writing electronically. Students and staff must self-screen every day for COVID-19 symptoms for themselves and family members. (see Self-Monitoring Guidelines)
- All faculty/staff must wear the appropriate face covering during arrivals and are required to take the temperature of each student and staff member upon arrival before admittance into the rehearsal spaces. Programs will use a digital thermometer that allows for a safe distancing of these readings. All readings must be documented and confidentially filed daily along with daily attendance records.

- Program leaders will have clearly marked areas for students that will allow for appropriate social distancing as students are arriving and leaving from rehearsals.
- In the event a student or staff member temperature is 100.0 degrees or higher they must be isolated immediately and sent home and are not allowed to rehearse or come in contact with anyone on the premises. The student or staff member is required to follow all local and state guidelines in the event by notifying their campus administrator and the parent or guardian. More information can be found at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus).

Hand sanitizing stations - will be set up outside near the screening checkpoint where all fine arts students must sanitize their hands prior to entering the building.

Hydration - Students are allowed to bring their own bottles/jugs for rehearsals but must ensure they bring enough water to safely maintain adequate levels of hydration. Students will not have access to water fountains on

Facial Coverings - Students who are not actively participating are required to wear cloth face masks.

Sequoyah High School STAFF REQUIREMENT

- Prior to Phase I of this plan for summer camps all faculty/staff will provide communication to parents or guardians regarding COVID-19 and the return plan. Faculty/Staff will check in and complete the screening process each day. All faculty will check all staff members' answers to pre-screen questions before camps begin.
- Faculty/staff will maintain accurate and confidential records of attendance for each day and every session.
- Faculty/staff will stay home if they answered "YES" to any of the screening questions or if they do not feel well.
- Faculty/staff will use hand sanitizer before entering the facility, and throughout the day.
- Each faculty/staff member will bring their own personal water labeled to ensure they are hydrated properly once outdoors.
- Faculty/staff are recommended to wear face coverings where appropriate for practices

ENTRY PROCEDURES

- When students report for rehearsals and practices they will be directed to their check in station. Parking will be predetermined for each group to minimize interactions when students are arriving and departing. The screening checkpoint will be managed by Cedar Hill ISD Program Leads at that particular school.
- Each program should have a prescribed entry and exit procedure that reduces the number of students in an area and can safely practice social distancing while entering or exiting the rehearsal spaces. It is recommended to stagger start times, stagger small groups, assign students to specific entries and exits to ensure even distribution of students entering/exiting at each entry point, providing guidance to students to enter one at a time and wait six feet apart outside the entrance.

EXIT PROCEDURES

- Students must exit the route predetermined by their faculty/staff while practicing social-distancing, avoiding contact with other students and staff. A staff member will be placed outside to monitor students as they leave the premises accordingly.
- Parents must park in the exit designated areas of the parking lot and must stay in their cars during the pickup process (if that's the student's way of transportation). If a student drives to practice they would have to leave immediately at the conclusion of their scheduled session.

Activities Conducted Outdoors

OUTDOOR SECTIONALS AND PRACTICES

- Student workouts and specific groups will be coordinated by our faculty/staff to minimize exposure i.e.: flute sectionals, trombone sectionals, line officers, new recruits etc. Students are REQUIRED to remain with a single group or cohort to minimize the number of students and staff that must isolate if a case is confirmed.
- Students and staff must maintain at least six feet of distance from all sides when not actively practicing or rehearsing. When actively practicing and rehearsing, students and staff must maintain at least ten feet of distance from all sides.
- Students may be placed in working groups no larger than a ratio of 1:15. Each working group should maintain the appropriate distance from other working groups.
- Any equipment, such as mats, poms, flags etc. should be regularly disinfected during practice sessions. This equipment should not be shared between groups. After a group has used such equipment, that equipment must be thoroughly disinfected before being used by a different group.
- No students are allowed to be unsupervised at any given moment.
- Faculty/staff will direct wind players to empty their water keys in a designated area away from group members.
- Students are not allowed to have any person-to-person contact for any reason.

INCLEMENT WEATHER

- In the event of inclement weather groups will immediately report indoors to either: the band room, choir room, school classroom/library, gym, rec room, and/or cafeteria.

- If the indoor space does not meet the requirements of proper social distancing, faculty/staff are to dismiss students in order to maintain proper teacher to student ratios as outlined above.

OTHER ACTIVITIES CONDUCTED INDOORS

- Students and staff must maintain at least six feet of distance from all sides when not actively practicing or rehearsing. When actively practicing or rehearsing, students and staff must maintain at least ten feet of distance from all sides when possible.
- Students may be placed in working groups no larger than a ratio of 1:10. Each working group should maintain appropriate distance from other working groups.
- All chairs must be spread at least six feet apart to maintain social distancing.
- Faculty/staff recommended to place tape on floors so students can clearly recognize margins of use while adhering to social distancing.
- Program Leads will direct wind players to empty their water keys in a designated area away from group members (in a trash receptacle).
- No students are allowed to be unsupervised at any given moment.
- Students are not allowed to have any person-to-person contact for any reason.

RESTROOM PROCEDURES

During practice and rehearsal breaks students must maintain social distancing with adult supervision at all times. If a student needs to use the restroom during breaks, do not allow groups to do so, we will utilize the one in - one out model. Please remind students to wash their hands for a minimum of 20 seconds.

LOCKER ROOMS

- Students may not congregate in these areas and must maintain proper social distancing at all times.
- Faculty/staff are to consistently monitor and only allow 2-3 students at a time if space allows.
- Students are not allowed to store clothing and other items in this area that are not utilized for that current rehearsal.
- It is recommended to place a sanitizing station outside of this area.

WINTER SPORTS

BASKETBALL

Pre-Practice/Event Screening

- Any person who has had a fever or cold symptoms in the previous 24 hours will not be allowed to take part in practices or competitions and should contact his or her primary care provider or other appropriate healthcare professional.
- A record will be kept of all individuals present (see attached form).
- Any students or coaches/sponsors who exhibit COVID-like symptoms will be tested with the Abbott BiNax COVID rapid test or other CN approved COVID test. Only individuals who test negative will be permitted to participate. If we have anyone test positive we will follow CN procedures for contact tracing, quarantine, etc.

Limitations on Gatherings

- Participant numbers will be limited as much as practicable, indoors or outdoors.
- Care will be taken to maintain a minimum distance of 6 feet between each individual whenever possible throughout practices, workouts, contests, and transportation. If needed, we will use tape or paint as a guide for students and coaches.

Facilities Cleaning

- Cleaning schedules will be created and implemented for all athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.).
- Individuals should use hand sanitizer or wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in any activities.
- Hand sanitizer will be plentiful and available to individuals.
- Athletes will be encouraged to shower and wash their workout clothing immediately upon returning to home.

During Activity

- Coaches or other supervisory adults of indoor activities must wear a mask.
- Students must wear a mask during indoor activities except when running, lifting, or other instances in which elevated breathing is required. Other exceptions include while playing a horn, performing a play, and other instances in which wearing a mask is not practical.
- There will be no shared athletic towels, clothing, helmets, or shoes between students. Individual clothing/towels should be washed/cleaned after every workout.
- Hand sanitizer will be plentiful at all contests and practices.
- Equipment will be sanitized between each use.

Hydration

- Students will be provided water bottles or bring their own. Water bottles must not be shared.

Transportation:

- Students will be transported by bus or multiple vehicles to allow for adequate social distancing.
- Extra vehicle for emergency purposes will be driven by second sponsor.
- Students and sponsors will wear face coverings at all times while travelling.

Emergency Procedure:

- Parents will sign an agreement form to pick up a student who has fallen ill with COVID-like symptoms at the location the student is isolated.
- If a student exhibits COVID-like symptoms, the student will be isolated at the location from other students. Parents or guardians will be notified.
- The student will remain isolated from others until parents arrive to pick up. If serious, student will be transported to emergency room/hospital.
- If parents cannot pick up student at location, the second sponsor will transport student in emergency vehicle, isolated from other students.
- Administration will be notified immediately.

Spectators:

Everyone in attendance at home events will be required to wear a mask and maintain whatever current distancing requirements are. These will be adjusted as Cherokee Nation modifies COVID protocols.



CONSIDERATIONS FOR BASKETBALL

The OSSAA offers the following considerations to ensure safety of all, schools may choose to implement all or any portion of these guidelines at the local school district's discretion. The situation surrounding COVID-19 is fluid and adjustments may need to be made. Coaches, participants, and spectators should adhere to all CDC, local health authority and school facility guidelines and restrictions, including social distancing. In addition to these guidelines, the NFHS has provided considerations for wrestling as well. A copy of those considerations can be found on each activity's webpage at OSSAA.com.

Basketball Rules Considerations

Pregame Protocol (2019-2020 NFHS Officials Manual, page 16, 1.8; NFHS Basketball Rule Book – 3-4-5)

- Limit attendees to the referee and the head coach from each team with each coach standing on the center circle on each side of the division line.
- All individuals maintain a social distance of 6 feet or greater at the center circle.
- Suspend handshakes prior to and following the Pregame Conference.

Team Benches (1-13-1)

Social distancing should be practiced when possible. Below are some suggestions.

- Limit the number of bench personnel to observe social distancing of 6 feet or greater.
- Place team benches opposite the spectator seating.
- Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.
- Create separation between the team bench and spectator seating behind the bench.
- Limit contact between players when substituting.
- Personnel not in the game should adhere to any required local/state face covering requirements.

Officials Table (2-1-3)

- The host should sanitize the table before the game and at half time.
- Place officials table sufficiently away from the sideline to allow for additional space for substitutes.
- Limit seats at the table to essential personnel which includes home team scorer and timer with a recommend distance of 6 feet or greater between individuals. Other personnel (visiting scorer, statisticians, media, etc.) may not be deemed essential personnel and consider an alternate location for them.
- Table personnel should adhere to any required local/state face covering requirements.

Pre and Post Game Ceremony

- Suspend the pregame introduction handshakes.
- Suspend post game protocol of shaking hands.

Basketball Rules Interpretations

Rule 4-1 EQUIPMENT AND ACCESSORIES

- Basketball
- Ball given to officials in the locker room, where it is sanitized as recommended by the ball manufacturer and not used for warm-ups.

- The host school should ensure that the ball is sanitized during time-outs and between quarters.
- Sanitizer should be provided by the host team at the table.
- Cloth face coverings are permissible for players.
- Consider requiring coaching staff and other bench personnel to wear face coverings while on the bench.

Rule 5-3 Officials Uniform and Equipment

- By state association adoption, long-sleeved shirts are permissible. (5-1-3)
- Officials should not be required to wear jackets during pre-game court/player observation.
- Electronic whistles are permissible (supplies are limited).
- Choose a whistle whose tone will carry inside.
- Check the market for choices
- Cloth face coverings are permissible.
- Gloves are permissible.

Other Considerations

Throw-in

- Official may stand 6 feet or greater away from player making the throw-in and bounce the ball to that player on a front court throw-in.

Free Throw Administration

- The lead official shall stand on the end line and bounce the ball to the free thrower.

WINTER SPORTS

WRESTLING

In general, our guidelines to return to practice will focus on the following areas: **Screening and Assessment; Promoting Behaviors that Reduce Spread; and Maintaining Healthy Environments.** In keeping with existing guidelines, we will implement policies and procedures to include but not limited to the following issues:

1. Daily Screening of Symptoms
2. Daily Noncontact Infrared Temperature Scan (prior to training and competing)
3. Frequent Coronavirus Testing. All athletes and coaches will be tested at a minimum of once per week with the Abbott BiNax COVID rapid test.
4. Enhance Training and Competition Facility Sanitation Practices
5. Enhance Personal Hygiene Measures and Practices
6. Contact Tracing

Promoting Behaviors that Reduce Spread

1. Implement existing Cherokee Nation guidelines for personal hygiene and infectious disease control including using sanitizer solution and wipes to clean exposed body parts before, during and after training and competition.
2. There will be no shared athletic towels, clothing, headgear or shoes
3. Individuals will wear their own appropriate workout clothes and use clean clothes daily including sanitizing shoes and headgear before and after practice.
4. Individuals will bring their own water bottle and will not be shared.

5. We will, to the best of our ability, limit individual practice group numbers within the overall team practice so that the number of wrestlers drilling with each other is reduced. We will avoid switching wrestlers from one group to another group during a given practice. Additionally, we will restrict the number of support personnel and others coming into the practice environment to minimize risk of spread.

Maintaining Healthy Environments

1. Implement and maintain all existing recommendations for a clean and sanitized training and competition environment.
2. Clean wrestling mats and any used equipment before and after use.
3. Hand sanitizer and towelettes will be readily available in the practice and competition environments.
4. All athletic equipment will be cleaned before, during and after practices and between practices/sessions.
5. Other equipment, such as wrestling headgear, shoes, braces, knee pads will be worn by only one individual and not shared.



CONSIDERATIONS FOR WRESTLING

The OSSAA offers the following considerations to ensure safety of all, schools may choose to implement all or any portion of these guidelines at the local school district's discretion. The situation surrounding COVID-19 is fluid and adjustments may need to be made. Coaches, participants, and spectators should adhere to all CDC, local health authority and school facility guidelines and restrictions, including social distancing. In addition to these guidelines, the NFHS has provided considerations for wrestling as well. A copy of those considerations can be found on each activity's webpage at OSSAA.com

General Considerations:

- All participants should self-monitor for symptoms of COVID-19 daily. If any signs or symptoms of infection are present, the participant should not attend practice, dual meet, tournament, etc. should notify parents and coaches, and should contact their healthcare provider.
- Continue standard infection prevention measures (frequent handwashing, avoid touching your face, cover your mouth when coughing, etc.)
- Make sure appropriate infection prevention supplies are present in multiple areas (hand sanitizer, facial tissues, facial coverings, etc.)
- Rigorous, frequent cleaning schedule/protocol with disinfectant before, during, and after practice, dual meets, and tournaments should continue.
- Writing utensils, when used, handled by one person, or sanitized between uses by other workers.
- Wipe down computers between users.
- No one touches the score sheet except the scorer.
- Participate in and/or host smaller events (more duals, less tournaments.)
- Reduce traveling parties to essential personnel only (coaches, competitors, and medical personnel.)
- Consider reduced capacity for spectators.
- Check fans' temperature prior to admission.
- Mask strongly suggested or required for attendance.
- Social distance encouraged.
- Consider only two days of dual meet/tournament competition per week.

Practice Considerations

- Daily temperature checks prior to entering facility for students and coaches.
- Monitor and document a daily symptoms checklist.
- Disinfecting wipes, spray, or foam, before and after practice.
- Pods of no more than 3 like wrestlers for purpose of working out throughout the season.
- Mandatory breaks to sanitize and wash hands every 15 minutes.
- Multiple practices allowing for further separation into smaller groups.
- Consider every other day practices by groups.
- Mandatory cleaning of mats and locker rooms before and after practice.
- Reduce/Restrict gatherings of people outside of practice and competition when possible.
- Limit practice facilities to immediate personnel only (coaches, team members, and medical personnel.)
- No shared towels, practice gear, etc.
- No shared drinking facilities.
- Mandatory showers after practice.
- Launder practice gear daily.

Dual Meet Considerations

- Plan and communicate effectively with teams and officials in preparation of weigh-ins, all procedures and protocols that will be implemented and followed.
- Conduct temperature checks for coaches and athletes at weigh-ins.
- Consider single duals only.
- Reduce traveling parties to essential personnel only (coaches, competitors, and medical personnel.)
- Mandatory cleaning of mats before and after each dual meet and at conclusion of event.
- Weigh-ins by team rather than shoulder to shoulder.
- Verify that all contestants are in good health and showing no symptoms of illness.
- Social distancing of wrestlers and wearing mask when not in competition.
- Eliminate shaking hands with opposing coaches and officials.

Tournament Considerations

- Reduction of teams.
- Eliminate out of state competition.
- Single day events rather than multiple day events.
- Staggering weight classes in any Eight team two-day tournament. (Seven weights Friday, Seven weights Saturday).
- Plan and communicate effectively with teams and officials in preparation of weigh-ins, all procedures and protocols that will be implemented and followed.
- Mandatory cleaning of mats before and after each round or session.
- Conduct temperature checks for coaches and athletes at weigh-ins.
- Weigh-ins by team rather than shoulder to shoulder.
- Conduct weigh-ins in competition area instead of wrestling rooms and/or locker rooms.
- Verify that all contestants are in good health and showing no symptoms of illness.
- Reduce traveling parties to essential personnel only (coaches, competitors, and medical personnel.)
- Hand sanitizer at each table and encourage use before and after each match.
- Eliminate shaking hands of opposing coach and officials.
- Encourage coaches to wear mask when coaching and participants to wear mask when not competing.
- One coach only at mat side.

WINTER SPORTS

POWER LIFTING AND WEIGHT ROOM

As we prepare to allow student athletes to return to the facilities, the weight room's main priority is the safety of the athletes first. The plan is to have groups of no more than 12 at a station. Our stations would include the weight room for core exercises.

Station 1:

There are 10 racks in the weight room and we would have 2 students at a rack to spot one for safety. The athletes would be at every other rack so that there is a safe distance between each group of lifters. Those in the weight room will wear a mask.

Station 2: The second station would be on one side of the track for auxiliary lifting, such as, cross fit exercises, students will continue to practice social distancing, and keep a six foot distance between each other.

Station 3: The third station would be on the other side of the track for speed work, if weather is bad, so that we are unable to work outside, workouts will be modified, so that we can safely finish workouts indoors.

Each station would be monitored by multiple coaches and cleaned upon completion of the stations' workout. Listed below are the Covid-19 precautions that will be reviewed, as well as, the NFHS Covid-19 procedure with each student and provide daily reminders upon arrival. Phases of implementation are listed below as protocol to return to full participation. Adaptation is the process of becoming adapted to an environment; an anatomical, physiological, or behavioral change that improves a population's ability to survive. Due to uncertainty we will need to make changes and adapt daily.

COVID-19 Precautions:

- *Coaches will document and verify NFHS Covid-19 screening upon arrival at the facility
- *All athletes will provide their own water bottles
- *All Equipment will be disinfected on all breaks and sanitized daily
- *Social distancing will be practiced.

Phase 1- Make sure all athletes have physicals and correct OSSAA paperwork completed. Implement and practice locker room and weight room procedures so all student athletes understand the guidelines. Issue lockers so that social distancing is a priority. Execute all weight room safety protocol and cleaning procedures.

Phase 2- Begin to bring all athletes that are in offseason and Power Lifting in Monday through Thursday for 4th block. We will not bring in athletes on Friday they will continue to keep this day virtual. We will continue to practice all guidelines and adapt to changes as they may arrive.

Phase 3 -Will use this time to begin to prepare for that meet by reviewing lifting protocols that fall in to the guidelines of Covid-19 procedures.

SPRING SPORTS

BASEBALL

Pre-Practice/Event Screening

- Any person who has had a fever or cold symptoms in the previous 24 hours will not be allowed to take part in practices or competitions and should contact his or her primary care provider or other appropriate healthcare professional.
- A record will be kept of all individuals present (see attached form).
- Any students or coaches/sponsors who exhibit COVID-like symptoms will be tested with the Abbott BiNax COVID rapid test or other CN approved COVID test. Only individuals who test negative will be permitted to participate. If we have anyone test positive we will follow CN procedures for contact tracing, quarantine, etc.

Limitations on Gatherings

- Participant numbers will be limited as much as practicable, indoors or outdoors.
- Care will be taken to maintain a minimum distance of 6 feet between each individual whenever possible throughout practices, workouts, contests, and transportation. If needed, we will use tape or paint as a guide for students and coaches.

Facilities Cleaning

- Cleaning schedules will be created and implemented for all athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.).
- Individuals should use hand sanitizer or wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in any activities.
- Hand sanitizer will be plentiful and available to individuals.
- Athletes will be encouraged to shower and wash their workout clothing immediately upon returning to home.

During Activity

- Coaches or other supervisory adults of indoor activities must wear a mask.
- Students must wear a mask during indoor activities except when running, lifting, or other instances in which elevated breathing is required. Other exceptions include while playing a horn, performing a play, and other instances in which wearing a mask is not practical.
- There will be no shared athletic towels, clothing, helmets, or shoes between students. Individual clothing/towels should be washed/cleaned after every workout.
- Hand sanitizer will be plentiful at all contests and practices.
- Equipment will be sanitized between each use.

Hydration

- Students will be provided water bottles or bring their own. Water bottles must not be shared.

Transportation:

- Students will be transported by bus or multiple vehicles to allow for adequate social distancing.
- Extra vehicle for emergency purposes will be driven by second sponsor.
- Students and sponsors will wear face coverings at all times while travelling.

Emergency Procedure:

- Parents will sign an agreement form to pick up a student who has fallen ill with COVID-like symptoms at the location the student is isolated.
- If a student exhibits COVID-like symptoms, the student will be isolated at the location from other students. Parents or guardians will be notified.
- The student will remain isolated from others until parents arrive to pick up. If serious, student will be transported to emergency room/hospital.
- If parents cannot pick up student at location, the second sponsor will transport student in emergency vehicle, isolated from other students.
- Administration will be notified immediately.

Spectators:

Everyone in attendance at home events will be required to wear a mask and maintain whatever current distancing requirements are. These will be adjusted as Cherokee Nation modifies COVID protocols.

SPRING SPORTS

SLOW PITCH SOFTBALL

Pre-Practice/Event Screening

- Any person who has had a fever or cold symptoms in the previous 24 hours will not be allowed to take part in practices or competitions and should contact his or her primary care provider or other appropriate healthcare professional.
- A record will be kept of all individuals present (see attached form).
- Any students or coaches/sponsors who exhibit COVID-like symptoms will be tested with the Abbott BiNax COVID rapid test or other CN approved COVID test. Only individuals who test negative will be permitted to participate. If we have anyone test positive we will follow CN procedures for contact tracing, quarantine, etc.

Limitations on Gatherings

- Participant numbers will be limited as much as practicable, indoors or outdoors.
- Care will be taken to maintain a minimum distance of 6 feet between each individual whenever possible throughout practices, workouts, contests, and transportation. If needed, we will use tape or paint as a guide for students and coaches.

Facilities Cleaning

- Cleaning schedules will be created and implemented for all athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.).
- Individuals should use hand sanitizer or wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in any activities.
- Hand sanitizer will be plentiful and available to individuals.
- Athletes will be encouraged to shower and wash their workout clothing immediately upon returning to home.

During Activity

- Coaches or other supervisory adults of indoor activities must wear a mask.
- Students must wear a mask during indoor activities except when running, lifting, or other instances in which elevated breathing is required. Other exceptions include while playing a horn, performing a play, and other instances in which wearing a mask is not practical.
- There will be no shared athletic towels, clothing, helmets, or shoes between students. Individual clothing/towels should be washed/cleaned after every workout.
- Hand sanitizer will be plentiful at all contests and practices.
- Equipment will be sanitized between each use.

Hydration

- Students will be provided water bottles or bring their own. Water bottles must not be shared.

Transportation:

- Students will be transported by bus or multiple vehicles to allow for adequate social distancing.
- Extra vehicle for emergency purposes will be driven by second sponsor.
- Students and sponsors will wear face coverings at all times while travelling.

Emergency Procedure:

- Parents will sign an agreement form to pick up a student who has fallen ill with COVID-like symptoms at the location the student is isolated.
- If a student exhibits COVID-like symptoms, the student will be isolated at the location from other students. Parents or guardians will be notified.
- The student will remain isolated from others until parents arrive to pick up. If serious, student will be transported to emergency room/hospital.
- If parents cannot pick up student at location, the second sponsor will transport student in emergency vehicle, isolated from other students.
- Administration will be notified immediately.

Spectators:

Everyone in attendance at home events will be required to wear a mask and maintain whatever current distancing requirements are. These will be adjusted as Cherokee Nation modifies COVID protocols.

SPRING SPORTS

GOLF

GOLF:

- Schools may adhere to local course competition rules in relation to COVID-19 accommodations.
- Social distancing of at least 6 feet should be maintained at all times. No hugging, shaking hands, or fist bumps for support/encouragement.
- Normal golf groups are permitted.
- Limit use of golf shop and retail operations to maintain social distancing guidelines. If social distancing cannot be maintained, golf shop access should be prohibited prior to the competition.
- To limit congestion, limiting field size and starting from one tee only is recommended. Also, consider the expanded spacing of starting times (12 minutes apart for groups of 3 and 15 minutes apart for groups of 4)
- Tees, pencils and ball-markers and sharpies will not be available. Players must bring their own equipment and food/beverage as needed.
- Electronic scoring is permitted for Regular Season competition. The exchange of scorecards by players is discouraged and verbal confirmation of scores may be accepted.
- To limit congestion, it is recommended that a window of time be established for players to access practice facilities before their round based on their starting times.
- It is recommended that practice facilities not be used after the round and that all players be encouraged to depart immediately when finished.

SPRING SPORTS TRACK

Facial Coverings: - Low contact outdoor sports athletes allowed to remove facial coverings for training and competitions. Facial coverings must be worn by athletes when not actively training or competing. Coaches, trainers, and officials must wear face coverings at all times.

Moderate contact outdoor sports athletes allowed to remove facial coverings for competitions. Facial coverings must be worn by athletes when training or when not actively competing in a game or match against another team or when on the bench waiting to play. Coaches, trainers, and officials must wear face coverings at all times.

Officials and referees supervising low or moderate contact outdoor competitions allowed remove their facial coverings if officiating requires them to run in the field of play. -

Facial coverings required for all high contact sports, indoor and outdoor for all participants, including coaches, trainers, and officials. - Facial coverings required for all moderate contact indoor sports for all participants, including coaches, trainers, and officials. -

Low contact indoor sports may remove facial coverings during competitions. Facial coverings must be worn by athletes when training or when not actively competing. -

Long Jump: To facilitate physical distancing, maximum of eight athletes per event will be imposed. It is important to know that there is no known method to ensure sand pits are properly sanitized. The following precautions will be taken during practice times:

- Athletes must sanitize their hands before and after each jump.
- Avoid getting sand in their eyes, nose, and mouth.
- The sand pit will be fully turned and raked after each athlete jumps
- Equipment's such as rakes measuring tapes will be managed by one dedicated

individual coach.

Running Events: To facilitate physical distancing, only half of the lanes are to be used, leaving a free lane between each athlete.

Throwing Events: Due to the higher risk of transmission, Seattle parks and Recreation will eliminate all throwing events.

- Starting blocks will not be allowed during meets of practice
- No relays be allowed during the 2021 Track and Field season.
- Runners will be allowed to compete without wearing a mask (while competing only).

SPRING SPORTS

ARCHERY



National Archery in the Schools Program

Social Distancing and NASP®

The following information is provided **only as recommendations** if social distancing and disinfecting practices are required by appropriate government or health authorities to protect the health of participants.

NASP® is being contacted by individuals for guidance, as they plan for the future opening of archery. NASP® has and will continue to follow the advice of state and federal health officials regarding any activities. NASP® is in no way promoting group archery activities until authorities believe it is safe to do so. As has been the case for our nearly two decades of existence, safety is our first priority.

If activities and gatherings are allowed, but with social distancing mandates, these are among the precautions that can be taken in the management of a NASP® archery range and NASP® student archers, be it for a class, practice, or tournament.

Range Lane Spacing - Avoiding Shared Breath and Touching

- Whatever safe spacing distance is required, that would also be the minimum width of lanes on the range. In other words, if 6 feet continues to be the recommended safe distancing, lanes should be 6 feet wide with a single archer/lane standing in the middle of the lane.
- If archers shoot the same target during a flight, only one archer at a time should go to the target line to score and retrieve arrows.
- The waiting line should also be marked and managed to maintain safe distancing.

Equipment Management - Avoiding Cross-Contamination

- Students should each have their own, without sharing, personal Stringbow, when learning and practicing the *Eleven Steps to Archery Success*. The same would hold true if the archers are using armguards, gloves, or finger tabs.
- If the archer is wearing a face mask, care should be taken that all parts of the mask are such that they won't be snagged by the string when released. Bowhunters routinely shoot while wearing face masks.
- When retrieving or returning bows to the bow rack, only one archer should be at the bow rack at a time. If the range has multiple bow racks, they should be spaced according to social distancing requirements to allow multiple archers to pick up and return bows.
- Each archer's bow should be on it's on hook with no sharing of bow or hook unless disinfected between archers.

- Shared bows and arrows should be regularly disinfected. To disinfect, the CDC indicates, "Most common EPA-registered household disinfectants will work". Except caustic agents such as bleach should be kept off the bowstring.
 - Soap and water
 - 60% or greater alcohol wipes
 - Bleach should be avoided on bowstrings.
 - Special care should be taken to maintain safe distancing when setting up or taking down the range if students help.

Scored Shooting - Avoiding Cross-Contamination

- Each archer should have a scorecard on their own scoreboard. The opposing archer (adjacent lane) will record the competitor's arrows, lay the scoreboard/card on the target line, and the archer will observe for accuracy and marked scores.
- The approval box of each arrow line should be checked by the scoring archer after the archer who shot the arrows agrees with the score.
- To avoid handling each other's cards, they should be unsigned and collected by a gloved official or handed in by the archer who handled the card.

SPRING SPORTS FISHING

Angler Federation (updated 1/22/2021)

Due current and ever evolving COVID-19 public health concerns. We will continue to take approved proven and extensive steps at all events until further notice in an effort to do our part to limit the spread. These steps certainly require some temporary changes to the event flow so we ask for your patience with those temporary added safety measures.

All circuits under the federation angler umbrella of companies including but not limited to; The Bass Federation, Inc (TBF), BassFederation.com, The Walleye Federation, LLC, (TWF), Walleyefederation.com, Bass Pro Shops/Cabela's Masters Walleye Circuit (MWC), MastersWalleyeCircuit.com, Student Anglers Federation (SAF) High School fishing program, HighSchoolFishing.org, North American Bass Challenge (NABC) NorthAmericanBassChallenge.com,

National Bass Anglers Association (NBAA) NBAA-bass.com and all other Federation Angler connected events FederationAngler.com will operate under these special procedures until further notice.

Because of the very nature of our sport of competitive fishing events, participants are already socially distanced from the others and any crowds for almost all of the event out in the open water in their boats away from anyone, so we are comfortable with continuing to safely hold the events and are adding other special safeguards to limit specific interactions during event rules briefings and weigh-ins where necessary.

First, **rules briefings/meeting**; You MUST check in and turn in your event Liability Release in person at the designated time. IF you are highly concerned or at risk you may call the tournament director and schedule an "off- time" to do this but you MUST speak with the tournament director before close of the published registration/check-in times if this is your desire.

From there we have a signed entry release from each participant that clearly states you have read the rules and understand them. So, we will waive the mandatory attendance requirement. And it will be the angler's choice to attend in person or watch it via live stream on our websites so it can be watched remotely if it is a concern. Anyone attending in person MUST maintain social distancing. You can watch the rules briefing online or from inside your nearby parked vehicle. Any outdoor seating will be limited and social distancing will be required that meet CDC social guidelines. Extra sound systems will be utilized so that all can hear even from parked cars.

Morning Take offs - are closed to spectators we will live stream them where possible. Livewell and safety checks will be done in a drive by fashion. Boat ID markers will be given at that time.

Weigh-ins - We are requesting that spectator attendance at all weigh-ins be limited to our anglers, their immediate family and essential staff only inside the weigh in area. As soon as

your team weighs in please disperse. Social distancing **MUST** be observed or you will be required to leave. Face covering may be required depending on location and need. All events will be open air events, no indoor weigh ins or rules meetings will be held during this time frame so that people can feel comfortable spreading out as far as needed including sitting and listen to the briefings or weigh ins from their vehicles, etc. Access will be restricted to various areas, stages, weigh in tanks and take off docks, etc. Ultimately, we encourage all fans to **stay home** and watch our anglers weigh in LIVE on various circuits websites home page via the extensive LIVE streams, Facebook LIVE, and LIVE Leaderboards, etc. coverages we produce on the internet.

During weigh-in - Multiple flights may be added to space out the anglers into small flights and multiple weigh in tanks will be added to ensure proper fish care and to comply with CDC social distancing, barriers to physically separate anglers and force social distancing in line will be put into place. NO extra teams, extra people or spectators may enter the weigh in line area. ONLY official weigh in bags can be used and they will be limited to ensure no violations of the social distancing rules. Anglers might not be allowed on stage, if so, they will cross in front of stage on camera set their bag of fish in the stage container provided and officials will weigh them and hand them back off the stage for pictures and return to the lake.

Depending on location and rules at the time an awards ceremony may be held that would gather a group of people. All plaques, trophies and prize checks other than the top 3 finishers in each event can be mailed or they can be called up one at a time from their vehicles, socially distanced locations or boats.

Further decisions\adjustments\changes to this policy may be made at any time as we monitor's the situation under the guidance of medical and public health professionals, government officials and the advice of the CDC. Please work with our staff who is trying to help you.

As a reminder, and as health experts have publicly advised there is no reason to panic, the chances of contracting and certainly dying from COVID-19 is very small according to health experts. According to the Centers For Disease Control (CDC) for most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is **LOW**. Based on the recommendations from the Centers for Disease Control (CDC) on everyday prevention of any viral infection, such as the flu or Covid-19 we **HIGHLY** recommend the following tips:

- **STAY HOME** - If you have been exposed to Covid-19
- **STAY HOME** - when sick or living with a sick person.
- **STAY HOME** - if you have a fever of 100.4 or higher.
- **DISTANCE** - stay at least 6 feet away for other persons
- **COVER** - the nose, mouth when sneezing or coughing and/or wear a face covering at all times when you cannot socially distance.
- **OFTEN** - Wash your hands **OFTEN** with soap and water.
- **ROUTINELY** - clean frequently touched surfaces and objects.
- **LIMIT** - face-to-face contact or Hand to face or eyes contact.
- **CONSULT** a healthcare provider as needed.

SPRING SPORTS

FISHING

High School Fishing - Student Angler Federation

PARTICIPATION & ELIGIBILITY • Participation is open to all ninth, 10th, 11th and 12th grade high school students. Participation by one (1) seventh or eighth grade student per team is permitted. Each team will consist of two contestants and one coach. Pursuant to federal law guidelines under the Safe Sport Authorization Act of 2017, there **MUST** be three people to a boat at all times. No exceptions. No angler may register or plan to fish alone. In the case of a verifiable, unplanned emergency, where one partner is unable to attend and no time is left to find another partner, only then may a tournament official, at their sole discretion, allow an observer in the boat in place of a fishing partner. The observer may not fish. If this benefit is approved, however, it can only be used once per season, including any championships and regardless of reason. For state championships, each team must compete in the state in which their school is located. Teams from all states can participate in open tournaments and challenge events. If a contestant fishes multiple qualifying events, only the first paired team that qualifies will advance to the National Championship. A contestant cannot qualify for the National Championship as a member of two different teams.

SAFETY • Safe boating must be observed at all times. Each contestant, coach and boat captain on the water is required to wear a fastened U.S. Coast Guard-approved chest-type personal flotation device anytime the combustion engine is running from boat check until weigh-in each day of the tournament. All boats must be equipped with an emergency ignition-shutoff device that must be securely attached to the driver's body whenever the combustion engine is running. All persons in a tournament boat shall remain seated in a manufacturer-recommended on-plane seating location with a driver behind the steering wheel or at the tiller in full control of the boat whenever it is on plane or the combustion engine is running and in gear. Sitting on pedestal seats while the combustion engine is in operation and in gear is not permitted. Contestants are not permitted to drive the boat when the combustion engine is running. Safe boat conduct must be observed at all times by contestants, coaches and boat captains.

PERMITTED FISHING METHODS • Fishing is defined as having a lure attached to a line and a rod and reel with the rod in hand. All bass must be caught alive in a conventional sporting manner. All lures must adhere to state regulations. Only artificial lures may be used, with the exception of pork trailers and biodegradable soft baits.

PERMITTED FISHING LOCATIONS & BOUNDARIES • Teams may fish anywhere on tournament waters within the boundaries defined by the tournament director that are available to the public and accessible by boat except areas designated as "off-limits," "no boats," "keep out," "restricted," "no trespassing" or "no fishing" (or similar language or markings intended to restrict public access) by tournament officials, commercial property owners and/or local, state or federal officials, or within 50 yards of a contestant's boat that was first anchored. An anchored boat is a boat held in a stable position by a line attached to a weight or by a Power-Pole, Talon or similar shallow water anchor with the trolling motor in the up position. All fishing must be conducted from the boat. At no time may a contestant leave the boat to land a fish or to make the boat more accessible to fishing waters.

SCORING • Scoring is determined by the pounds and ounces of each team's catch during each tournament. Only largemouth, spotted, redeye or smallmouth bass are accepted species. No regurgitated forage or other foreign matter may be placed in a bass. The daily limit will be five bass per team unless conditions dictate a reduced limit or the state or lake limit is less than five, in which case those limits will prevail. After possessing the daily limit, teams must cull immediately upon their next catch. Teams possessing more than the daily limit must notify the tournament director immediately upon discovery of the infraction and reduce their catch to the daily limit by releasing live bass. Teams possessing more than the daily limit will be penalized 2 pounds for each

bass over the limit. The minimum length limit for bass will be 12 inches unless the state or lake limit is more than 12 inches or tournament officials set a longer limit for a specific tournament, in which case, the state or lake limit or longer limit set by tournament officials for the tournament will prevail.

FINE ARTS

BAND, CHOIR/VOICE, DRAMA/THEATRE, DEBATE

This section provides guidance for Sequoyah High School Fine Arts programs as it relates to COVID-19. **Phase I** of this plan will allow all Sequoyah Faculty/Staff (Band, Choir/Voice, Drama/Theatre and Debate) to report and begin to post signage and ensure their rehearsal spaces are set up with the below guidelines.

Phase II of this plan will begin with the addition of students (small groups) being allowed to report to class/rehearsals after all pre-screening is complete and parent consent forms are on file.

Phase III will begin to allow students to report to class/rehearsals after the pre-screening process has been completed. This plan is aligned to Cherokee Nation, BIE and CDC rules and guidelines and personalized to meet Sequoyah High School expectations. Out of an abundance of caution, we reserve the right to make modifications to these expectations as additional guidance is provided to us moving forward.

REQUIREMENTS FOR PRACTICES AND REHEARSALS

Sequoyah Faculty/Staff is expected to ensure all health protocols are being successfully implemented and followed daily during in-person sessions with students and staff. Schools must follow all requirements of tribal, federal, state and local authorities in addition to the requirements below:

Attendance

- Attendance at practices and rehearsals must be optional for students and in compliance with the rules for practices and rehearsals. In addition to on-campus options, faculty should also consider providing students guidance for practicing at home or remotely away from the school. This can include virtual practices/lessons, SMART music lessons, emailed or otherwise electronically delivered practice instructions, or any delivery model approved through Sequoyah High School.
- Attendance records are required to be kept daily, however, students shall not be required to attend and they must be allowed to make up any missed days or practices.
- Students should report to practices and rehearsals in proper attire and immediately return home to change clothes or shower at the end of the session.
- During practices and rehearsals, faculty must ensure appropriate social distancing, hygiene, and safety measures are consistently implemented and monitored.
- Students are not allowed to change practice or rehearsal groups once initially assigned. Each student **MUST** remain in their assigned group for the entire duration of class/rehearsal.

HYGIENE

- Each program must have hand sanitizer or hand-washing stations (20 seconds minimum recommended) readily available in the practice and rehearsal areas. Students and staff should be encouraged to use it frequently throughout their sessions.
- All surfaces in the practice and rehearsal areas must be thoroughly disinfected throughout and at the end of each day, this includes but not limited to: doors/handles, counters, lockers, shelves etc.
- Equipment must be thoroughly disinfected before AND after each use. If a student uses a piece of equipment, that equipment must be thoroughly disinfected BEFORE another student uses it this includes: music chairs, stands, tuners, podiums etc. Classes/rehearsals can limit the use of equipment to further reduce the risk of spreading the virus.
- Students are prohibited from sharing any items: clothing, towels, dance shoes, costumes, poms, megaphones, riffles, wind instruments, water or food to name a few.
- No clothing or towels may be laundered on site.

OVERALL GUIDELINES

SCREENING PROCESS - DAILY

Screening Questions:

- Any contact with a person who is/was positive for COVID-19
- Have you had contact with someone diagnosed with COVID-19 in the past 14 days?
- Recent symptoms of worsening cough, shortness of breath, or difficulty breathing?
- Recent symptoms of at least two of: fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell?

ARRIVALS Before the start of practices and rehearsals, faculty/staff will pre-screen all staff and students for COVID symptoms that they or others living in their house may experience. This can be completed by phone prior to the first day of practices or rehearsals, in person or in writing electronically. Students and staff must self-screen every day for COVID-19 symptoms for themselves and family members. (see Self-Monitoring Guidelines.)

- All faculty/staff must wear the appropriate face covering during arrivals and are required to take the temperature of each student and staff member upon arrival before admittance into the rehearsal spaces. Programs will use a digital thermometer that allows for a safe distancing of these readings. All readings must be documented and confidentially filed daily along with daily attendance records.
 - Program leaders will have clearly marked areas for students that will allow for appropriate social distancing as students are arriving and leaving from rehearsals.
 - In the event a student or staff member temperature is 100.0 degrees or higher they must be isolated immediately and sent home and are not allowed to rehearse or come in contact with anyone on the premises. The student or staff

member is required to follow all local and state guidelines in the event by notifying their campus administrator and the parent or guardian. More information can be found at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus).

Hand sanitizing stations - will be set up outside near the screening checkpoint where all fine arts students must sanitize their hands prior to entering the building.

Hydration - Students are allowed to bring their own bottles/jugs for rehearsals but must ensure they bring enough water to safely maintain adequate levels of hydration. Students will not have access to water fountains on

Sequoyah Schools campus. It is recommended to not allow a student to practice who does not bring water to keep properly hydrated.

Facial Coverings - Students who are not actively participating are required to wear cloth face masks.

Sequoyah High School STAFF REQUIREMENT

- Prior to Phase I of this plan for summer camps all faculty/staff will provide communication to parents or guardians regarding COVID-19 and the return plan. Faculty/Staff will check in and complete the screening process each day. All faculty will check all staff members' answers to pre-screen questions before camps begin.
- Faculty/staff will maintain accurate and confidential records of attendance for each day and every session.
- Faculty/staff will stay home if they answered "YES" to any of the screening questions or if they do not feel well.
- Faculty/staff will use hand sanitizer before entering the facility, and throughout the day.
- Each faculty/staff member will bring their own personal water labeled to ensure they are hydrated properly once outdoors.
- Faculty/staff are recommended to wear face coverings where appropriate for practices

ENTRY PROCEDURES

- When students report for rehearsals and practices they will be directed to their check in station. Parking will be predetermined for each group to minimize interactions when students are arriving and departing. The screening checkpoint will be managed by Cedar Hill ISD Program Leads at that particular school.

- Each program should have a prescribed entry and exit procedure that reduces the number of students in an area and can safely practice social distancing while entering or exiting the rehearsal spaces. It is recommended to stagger start times, stagger small groups, assign students to specific entries and exits to ensure even distribution of students entering/exiting at each entry point, providing guidance to students to enter one at a time and wait six feet apart outside the entrance.

EXIT PROCEDURES

- Students must exit the route predetermined by their faculty/staff while practicing social-distancing, avoiding contact with other students and staff. A staff member will be placed outside to monitor students as they leave the premises accordingly.
- Parents must park in the exit designated areas of the parking lot and must stay in their cars during the pickup process (if that's the student's way of transportation). If a student drives to practice they would have to leave immediately at the conclusion of their scheduled session.

Band and other Activities Conducted Outdoors

OUTDOOR SECTIONALS AND PRACTICES

- Student workouts and specific groups will be coordinated by our faculty/staff to minimize exposure i.e.: flute sectionals, trombone sectionals, line officers, new recruits etc. Students are REQUIRED to remain with a single group or cohort to minimize the number of students and staff that must isolate if a case is confirmed.
- Students and staff must maintain at least six feet of distance from all sides when not actively practicing or rehearsing. When actively practicing and rehearsing, students and staff must maintain at least ten feet of distance from all sides.
- Students may be placed in working groups no larger than a ratio of 1:15. Each working group should maintain the appropriate distance from other working groups.
- Any equipment, such as keyboard instruments, mats, poms, flags etc. should be regularly disinfected during practice sessions. This equipment should not be shared between groups. After a group has used such equipment, that equipment must be thoroughly disinfected before being used by a different group.
- No students are allowed to be unsupervised at any given moment.
- Faculty/staff will direct wind players to empty their water keys in a designated area away from group members.
- Students are not allowed to have any person-to-person contact for any reason.

INCLEMENT WEATHER

- In the event of inclement weather groups will immediately report indoors to either: the band room, choir room, school classroom/library, gym, rec room, and/or cafeteria.
- If the indoor space does not meet the requirements of proper social distancing, faculty/staff are to dismiss students in order to maintain proper teacher to student ratios as outlined above.

BAND AND OTHER ACTIVITIES CONDUCTED INDOORS

- Students and staff must maintain at least six feet of distance from all sides when not actively practicing or rehearsing. When actively practicing or rehearsing, students and staff must maintain at least ten feet of distance from all sides when possible.
- Students may be placed in working groups no larger than a ratio of 1:10. Each working group should maintain appropriate distance from other working groups.
- All chairs must be spread at least six feet apart to maintain social distancing.
- Faculty/staff recommended to place tape on floors so students can clearly recognize margins of use while adhering to social distancing.
- Program Leads will direct wind players to empty their water keys in a designated area away from group members (in a trash receptacle).
- No students are allowed to be unsupervised at any given moment.
- Students are not allowed to have any person-to-person contact for any reason.

RESTROOM PROCEDURES

During practice and rehearsal breaks students must maintain social distancing with adult supervision at all times. If a student needs to use the restroom during breaks, do not allow groups to do so, we will utilize the one in - one out model. Please remind students to wash their hands for a minimum of 20 seconds.

LOCKER ROOMS

- Students may not congregate in these areas and must maintain proper social distancing at all times.
- Faculty/staff are to consistently monitor and only allow 2-3 students at a time if space allows.
- Students are not allowed to store clothing and other items in this area that are not utilized for that current rehearsal.
- It is recommended to place a sanitizing station outside of this area.

CLUBS

Academic Team:

6 Varsity Members

6 JV Members

After school practice one day a week (August-May, Varsity/JV)

Conference Meets each Tuesday (August-November, Varsity/JV)

Districts (once in October, Varsity)

Regionals (once in November, Varsity)

Area (once in January, Varsity)

State (once in February, Varsity)

I Want Answers @ RSU (1-4 times depending on wins, October-November, Varsity)

Honoring Our Peoples Existence (H.O.P.E.) Club

Powwow presentations in the month of November and April- 12 events each month -
Hopefully 15 students

Attend Cultural events at various schools and NSU

Back to school powwow August - We can have outside

Native American Day Assembly November

Stomp dance November Stomp dance April - We can have outside

April - Incoming H.O.P.E. Club Princess dinner

Attend JOM event at Muskogee in May

End of the year powwow May - We can have outside

Attend High school dance competition

Afterschool Cultural Dance and sing - 15 people

Afterschool Cultural crafts - 10 people

Fellowship of Christian Athletes (FCA)/Fellowship of Christian Students (FCS)

- Monthly meetings during Achieve
- Hopefully 30-40 students meeting in new gym
- "Meet at the Pole" outside in September for any students wanting to attend before school starts that morning

National Honor Society (NHS):

50-60 members

Monthly meetings

Various service projects throughout the year TBD by administration, adviser and officers and as needed (involves various numbers of students, various locations)

Examples of past service projects: ICW Angel Tree Shopping, KidsFest- Downtown

Tahlequah, dog walking at Humane Society of Cherokee County, reading to head start,

8th Grade Day tours, Iron Gate Kitchen- serve meals to homeless, food can drives, count ballots for "Best of Tahlequah"

NHS New Member Induction Ceremony (past location: new gym, parents and families attend, school assembly)

Veterans Day Assembly (November, school wide assembly)

Student Council (StuCo):

25 members

Monthly meetings

Various school activities and service projects throughout the year TBD by administration, sponsor and officers and as needed (involves various numbers of students, various locations)

Examples of activities: pep assemblies, 8th Grade Day tours, Open House tours, Freshman Day, KidsFest- Downtown Tahlequah, Spirit Week, Homecoming activities and ceremony, Winter Formal, Class Competitions, Lock-ins, Senior Parade

History Club (Leadership and Diplomacy)

Mondays 3:30-5:00

Usually about 10 students

Some trips to NSU to work with Dr. V and her MUN students

May be able to compete at schools around the state.

Genealogy/Family History (Cultural)

Tuesdays 3:30-5:00

In the past 5 students have signed up, max

Classroom and online work

Service Learning

Wednesdays 3:30-5:00

In the past 5 students have signed up, max

Trips to local cemeteries to upload pictures of headstones as well as GPS location to assist family historians in their research, Worldwide. (FYI-We completed Greenleaf and Hendricks last year and were working on Park Hill when COVID hit)

4-H

Thursdays 3:30-5:00 for meetings

Hoping to rebuild next year so number of students is currently unknown since my only one this year graduates in May.

County shows in September, Arkklahoma State Fair end of September, Tulsa Fair in October, Animal registration first weekend in December, Spring shows are typically late February and early March ending with OYE over spring break or the week before.

Various other 4-H events throughout the school year. Calendar pending at the Extension Office.

Medical Careers Club

Monthly meeting, usually held during lunch and Achieve. Depending on the status of Achieve we may have to rearrange meeting times. We have medical professionals come in as guest speakers to the meeting to tell the students about their profession and the education trail they will need to take to get to that profession.

Trips to schools, colleges, universities that offer medical programs. As well as various health career fairs.

Robotics (New robotics teacher, so some of this might change)

VEX

Practice 4th Block (or the class block assigned by the new instructor & admin.) : First day of class to the end of school; during after-school program when it begins (3:30-5:00)

Hopefully, 10-15 students will take the course or participate in after-school.

Compete in approx. 9 regular area competitions October-March; possibly hosting an event, others at various other schools (these may also been virtual w/ our students doing live stream from our competition field in the robotics building)

Regional and State competitions are in March and April (Open Nationals are in April (Council Hill, Iowa), in the past we have opted for Nationals if dates overlap) Some of these competitions are held at distances that have required over-night stays.

The end of season consists of evaluation of new game release and materials order.

FIRST Robotics Competition (FRC)

Practice 4th Block (or the class block assigned by the new instructor & admin.): First day of class to the end of school; during after-school program when it begins (3:30-5:00)

Hopefully, 10-15 students will take the course or participate in after-school.

Compete in 1 Regional competition in March (Oklahoma City); may also be virtual w/ our students doing live stream from a school that has an FRC competition field; either could be over-night stays

The end of season consists of equipment organization and materials order.

Gifted & Talented

After School Activities 3:30 p.m. - 5:00 p.m., in classrooms throughout campus, maximum of 10 students per room. Groups include Academic Team, Art, Band/Drumline, Chess, Cultural Crafts, Cultural Drum/Sing/Dance, 4-H, Robotics

SWAT (Student Wellness Action Team)

Student led organization focusing on tobacco, physical activity, nutrition; monthly meetings, typically have an activity every month.

Yearbook

Picture days

ACT - held on Saturdays

ACT 2021-2022 Test Dates (National)

Test Date

Sept. 11, 2021

Oct. 23, 2021

Dec. 11, 2021

Feb. 5, 2022

Apr. 9, 2022

CLEANING AND DISINFECTING FACILITY

How to clean and disinfect

Clean

- Wear disposable gloves to clean and disinfect.
 - Clean surfaces using soap and water, then use disinfectant.
 - Cleaning with soap and water reduces number of germs, dirt and impurities on the surface.
- Disinfecting kills germs on surfaces.
- Practice routine cleaning of frequently touched surfaces.
 - More frequent cleaning and disinfection may be required based on level of use.
 - Surfaces and objects in public places, such as shopping carts and point of sale keypads should be cleaned and disinfected before each use.
 - High touch surfaces include:
 - Tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.

Disinfect

- Disinfect with a household disinfectant on List N: Disinfectants for use against SARs-CoV-2 external icon, the virus that causes COVID 19.
- Follow the instructions on the label to ensure safe and effective use of the product.
- Many products recommend:
 - Keeping surface wet for a period of time (see product label).
 - Precautions such as wearing gloves and making sure you have good ventilation during use of the product.

Always read and follow the directions on the label to ensure safe and effective use.

- Wear skin protection and consider eye protection for potential splash hazards
- Ensure adequate ventilation
- Use no more than the amount recommended on the label
- Use water at room temperature for dilution (unless stated otherwise on the label)
- Avoid mixing chemical products
- Label diluted cleaning solutions
- Store and use chemicals out of the reach of children and pets

You should never eat, drink, breathe or inject these products into your body or apply directly to your skin as they can cause serious harm. Do not wipe or bathe pets with these products or any other products that are not approved for animal use.

See EPA's 6 steps for Safe and Effective Disinfectant Use (<https://www.epa.gov/pesticide-registration/six-steps-safe-effective-disinfectant-use>).

Special considerations should be made for people with asthma and they should not be present when cleaning and disinfecting is happening as this can trigger asthma exacerbations. Learn more about reducing asthma triggers (<https://www.cdc.gov/asthma/triggers.html>).

- If products List N (<https://www.epa.gov/pesticide-registration/list-n-disinfectants-coronavirus-covid-19>) are not available, **diluted household bleach solutions** can be used if appropriate for the surface. Unexpired household bleach will be effective against coronaviruses when properly diluted.
 - Use bleach containing 5.25%-8.25% sodium hypochlorite. Do not use a bleach product if the percentage is not in this range or is not specified.
 - Follow the manufacturer's application instructions for the surface, ensuring a contact time of at least 1 minute.
 - Ensure proper ventilation during and after application.
 - Check to ensure the product is not past its expiration date.
 - Never mix household bleach with ammonia or any other cleanser. This can cause fumes that may be very dangerous to breathe in.
- **Prepare a bleach solution** by mixing:
 - 5 tablespoons (1/3rd cup) of 5.25%-8.25% bleach per gallon of room temperature water OR
 - 4 teaspoons of 5.25%-8.25% bleach per quart of room temperature water
- Bleach solutions will be effective for disinfection up to 24 hours.
- **Alcohol solutions with at least 70% alcohol may also be used.**

Soft surfaces

For soft surfaces such as carpeted floor, rugs, and drapes

- **Clean the surface using soap and water** or with cleaners appropriate for use on these surfaces.
- **Launder items** (if possible) according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely.

OR

- Disinfect with a household disinfectant on List N.
- **Vacuum as usual.**

Electronics

For electronics, such as tablets, touch screens, keyboards, remote controls, and ATM machines

- Consider putting a **wipeable cover** on electronics.
- **Follow manufacturer's instruction** for cleaning and disinfecting.
 - If no guidance, **use alcohol-based wipes or sprays containing at least 70% alcohol.** Dry surface thoroughly.

Laundry

For clothing, towels, linens and other items

- Launder items according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely.
- **Wear disposable gloves** when handling dirty laundry from a person who is sick.
- Dirty laundry from a person who is sick can be washed with other people's items.
- **Do not shake** dirty laundry.
- Clean and **disinfect clothes hampers** according to guidance above for surfaces.
- Remove gloves, and wash hands right away.

Cleaning and disinfecting outdoor areas

- Outdoor areas, like **playgrounds in schools and parks** generally require **normal routine cleaning, but do not require disinfection.**
 - Do not spray disinfectant on outdoor playgrounds- it is not an efficient use of supplies and is not proven to reduce risk of COVID-19 to the public.
 - High touch surfaces made of plastic or metal, such as grab bars and railings should be cleaned routinely.
 - Cleaning and disinfection of wooden surfaces (play structures, benches, tables) or groundcovers (mulch, sand) is not recommended.
- **Sidewalks and roads should not be disinfected.**
 - Spread of COVID-19 from these surfaces is very low and disinfection is not effective.

When cleaning

- **Regular cleaning staff** can clean and disinfect community spaces.
 - Ensure they are trained on appropriate use of cleaning and disinfection chemicals.
- **Wear disposable gloves and gowns for all tasks in the cleaning process, including handling trash.**
 - Additional personal protective equipment (PPE) might be required based on the cleaning/disinfectant products being used and whether there is a risk of splash.
 - Gloves and gowns should be removed carefully to avoid contamination of the wearer and the surrounding area.
- **Wash your hands often** with soap and water for 20 seconds.
 - Always wash immediately after removing gloves and after contact with a person who is sick.
 - Hand sanitizer: If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water.

Cleaning and disinfecting your building or facility if someone is sick

- **Close off areas** used by the person who is sick.
 - Companies do not necessarily need to close operations, if they can close off affected areas.
- **Open outside doors and windows** to increase air circulation in the area.
- **Wait 24 hours** before you clean or disinfect. If 24 hours is not feasible, wait as long as possible.

- Clean and disinfect **all areas used by the person who is sick**, such as offices, bathrooms, common areas, shared electronic equipment like tablets, touch screens, keyboards, remote controls, and ATM machines.
- Vacuum the space if needed. Use a vacuum equipped with high-efficiency particulate air (HEPA) filter, if available.
 - Do not vacuum a room or space that has people in it. Wait until the room or space is empty to vacuum, such as at night, for common spaces, or during the day for private rooms.
 - Wear disposable gloves to clean and disinfect. For soft (porous) surfaces such as carpeted floors or rugs, clean the surface with detergents or cleaners appropriate for use on these surfaces, according to the textile's label. After cleaning, disinfect with an appropriate EPA-registered disinfectant on List N. Soft and porous materials, like carpet, are generally not as easy to disinfect as hard and non-porous surfaces. EPA has listed a limited number of products approved for disinfection for use on soft and porous materials on List N. Follow the disinfectant manufacturer's safety instructions (such as wearing gloves and ensuring adequate ventilation), concentration level, application method and contact time. Allow sufficient drying time if vacuum is not intended for wet surfaces.
 - Temporarily turn off in-room, window-mounted, or on-wall recirculation HVAC to avoid contamination of the HVAC units.
 - Do NOT deactivate central HVAC systems. These systems tend to provide better filtration capabilities and introduce outdoor air into the areas that they serve.
 - Consider temporarily turning off room fans and the central HVAC system that services the room or space, so that particles that escape from vacuuming will not circulate throughout the facility.
- Once area has been **appropriately disinfected**, it can be opened for use.
 - **Workers without close contact** with the person who is sick can return to work immediately after disinfection.
- If **more than 7 days** since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary.
 - Continue routine cleaning and disinfection. This includes everyday practices that businesses and communities normally use to maintain a healthy environment.

FAQs

- **What is Traditional Learning Plan?**

Student will report in person Monday through Friday from 8:00 am until 3:25 pm. Students will receive in-person instruction from qualified Sequoyah High School teachers and assignments will be made available via Blackboard online.

Transportation is only provided at regular route times. Transportation throughout the school day will be the responsibility of the parent or student.

- **What is Full Time Virtual Learning?**

Full Time Virtual Learning means the student will enroll in four (4) classes each term via the online learning curriculum Odysseyware. Students must have completed the previous semester with all satisfactory expectations of enrollment at SHS in order to qualify for an interview to possibly be accepted for full virtual enrollment. After completing a family interview, students will complete a contract for virtual enrollment. Students must maintain a specific completion rate in all classes to remain a virtual student and this privilege can be revoked at anytime. Tutoring attendance will be left up to the student and family to schedule and attend.

The Virtual Learning option is a minimum of a one semester commitment. Virtual learning is offered only for 9th-12th grades. No student wanting to participate in OSSAA activities can be eligible if they choose the full virtual option. Students must attend one block period on campus to remain eligible when activities resume.

- **What transportation will be offered for students who choose the virtual?**

Bus Transportation will only be offered during the regular a.m. and p.m. routes.

Transportation throughout the school day will be the responsibility of the parent or student.

- **Will we use Virtual/Distance Learning?**

Yes, we will use Virtual/Distance learning. Virtual/Distance learning will be used if the school is closed due to COVID, inclement weather or other unforeseen circumstances. At anytime, the school may need to change the learning environment to a Virtual/Distance Learning option, existing Virtual students will remain on Odysseyware, while students transitioning to Virtual will use BlackBoard.

- **Will all athletics, electives, and fine arts classes continue to be offered at all current levels and will there be any restrictions?**

All student athletics and extracurricular activities are returned to normal. Additional measures may be implemented as needed. No student wanting to participate in OSSAA activities can be eligible if they choose the full virtual option. Students must attend one block period on campus to remain eligible when activities resume.

- **Will the school district calendar change for 2021-2022?**

The goal is for the calendar dates to stay the same as much as possible, unless unforeseen circumstances require adjustments to the school district calendar.

FAQs continued

- **What determines the level of community spread?**

The COVID-19 Dashboard is monitored daily. Sequoyah High School will work with the Cherokee Nation, Cherokee Nation Health Services, BIE, State Department of Health, and State Department of Education to determine the levels for LOW, MEDIUM, and HIGH community spread.

- **What will be used for hand sanitizing?**

Sequoyah Schools will have hand sanitizer stations at main entries, hand sanitizer in classrooms, hand sanitizer on school busses and wipes as an alternative for those who are not able to use hand sanitizer.

- **How can I help the school as a parent?**

- Keeping students' home if they exhibit any symptoms of any illness. Please monitor for any symptoms daily.
- Keeping students quarantined for 10 days if they have had any exposure to someone who has tested positive for COVID.
- Preparing your home and student with supplies and devices for remote learning if possible and feasible.
- Letting your student's teacher or school know if you need assistance with internet access, devices, or meals.
- Having masks or other appropriate face coverings available for students to have at school.
- Openly communicating any concerns directly with your student's teacher or school.
- Requiring your student to wear a mask to assist in protecting our students and our staff who may be in the vulnerable population.
- Working with the school site as they change visitor protocols and the check in/check out processes as warranted.
- Assisting with COVID tracing through the Tribal and State Health Departments.
- Regardless of vaccination status all persons (faculty, staff, students, visitors) to Sequoyah Schools' Campus- Sequoyah High School and Immersion Charter School are required to wear a mask while in the school facilities or Cherokee Nation tribal facilities.
- Cherokee Nation Public Health-Epi (COVID-19) Hotline (539) 234-4030

Please Note: The Return to School Plan and the FAQs will be updated as more or new information becomes available. Wado!

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