

**Barry County Health Department  
Quarantine Regulations  
Per CDC Guidelines**

**Who needs to quarantine?**

**People who have been in close contact with someone who has COVID-19—excluding people who have had COVID-19 within the past 3 months or who are fully vaccinated.**

- People who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms.
- People who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been fully vaccinated against the disease and show no symptoms.

**What counts as close contact?**

- Anyone who has been within 6 feet of someone who has COVID-19 for a total of 15 minutes or more.
- Anyone who has provided care at home to someone who is sick with COVID-19.
- Anyone who has had direct physical contact with the person (hugged or kissed them).
- Anyone who has shared eating or drinking utensils with someone who is sick.

**Length of Quarantine:**

- A person who is under quarantine must stay home and minimize contact with household members as much as possible.
- A person must quarantine for 10 days after close contact with someone who has been diagnosed with COVID-19.
- A person may be released after day 7 ONLY if they receive a negative test on Day 5 or later and they are showing no symptoms of illness.
- \*If a person is a household contact to a positive COVID-19 case, then the person is quarantined the whole time the positive person is isolated. After the sick person is released from isolation, then the household contact starts his/her 10-day quarantine period. For example, a sick person is isolated for 10 days, so the household contact would be quarantined for 20 days\*
- It is still recommended for people to monitor themselves for the full 14 days, if they develop symptoms, follow-up with a doctor for testing.