



Dear Parents,

Feed Our Kids-Emmetsburg (FOK-E'Burg) is a local non-profit organization which supplies nutritious meals on weekends for students in Pre-K - High School, for any child who qualifies for Free and Reduced Lunch Program. If you would like to sign up, please complete the attached form and return to your school administrator.

FOK-E'Burg will provide the following items in the weekend bags: 2 meal items (generally Mac and Cheese and a Chef Boy-R-Dee pop top meal), 2 individual boxes of cereal, 2 boxes of Juicy Juice, 1 applesauce or fruit cup, snack bar, 1 microwavable popcorn, 2 peanut butter and 4 jelly packets. We will try and rotate different items monthly and may substitute items when needed. **If your child has food allergies, please include them on the form. FOK-E'Burg will do our best to not included these items in your child's bag, but it is ultimately the family's responsibility to ensure your child avoids eating those food items.**

In the past, we have been notified that students were leaving bags of food in their locker and not taking them home. The school has decided if there is one (1) bag of food in a locker, no additional bags will be placed in that locker. If there is a certain reason that the bag is being left in the locker please communicate with Mrs. Francis or Mrs. Christensen or Mrs. Hyslop, and we can try to make other arrangements (i.e. that hallway is locked after your child gets out of practice) If **at any time you decide you do not want to receive the weekend food, please notify the school immediately!** If the situation changes you can always be added back to the list.

The Friday before Labor Day will be our first delivery date for the 2021-2022 school year. If you have any questions or comments regarding this program feel free to contact Cindy Magee 515-450-7105. Feed Our Kids-Emmetsburg is a non-profit volunteer organization which operates on donations from the individuals, churches, businesses, community organization, and grant money when possible.

Feed Our Kids-Emmetsburg Committee

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