

September 2021

DEPEW HIGH SCHOOL
 Breakfast and Lunch Free – includes Milk (Milk Only: \$.50)
 Contact: Barbara Albi at 686-5009 OR 686-5010

Monday

Tuesday

Wednesday

Thursday

Friday

LOOKING FOR A PART TIME JOB?
 We are accepting applications for Food Service Workers.
 Please see Depew Website or call for information
 686-5009 or 686-5010

My School Bucks or send in Checks to be deposited on the account. If you need to send in cash please put it in an envelope with the child's first and last name

And the whole amount will be deposited on the account. Any questions please call the food service department. Thanks

Free Breakfast & Lunch meals have been extended to all students for the 21-22 school year

SNACKS 2
 Fresh Fruit.....\$.30
 Ice Cream.....\$.75
 Pretzel Rod.....\$.05
 Juices.....\$.50
 Milk (all flavors)...\$.50

In order to reduce handling cash we are asking that you put money on your child's accounts using

**AVAILABLE DAILY:
 CHOOSE ONE:**

- *Menu Lunch
- *Spicy Chicken WRAP – M & W
- *Chicken Patty – T
- *Steak Burger - Fridays
- *Cheese Pizza
- *PBJ Sandwich Lunch
- *Vegetable Platter
- *Salad Plate
- *Yogurt Platter

BBQ RIBBETTE ON A BUN 13
 Baked French Fries
 Sweet Peas
Fresh Apple
 Ice Cold Milk

TACO (Pork) DELUXE 14
 Seasoned Rice
 Green Beans
Watermelon
 Ice Cold Milk

"WILD MIKE'S" PIZZA DAY 15
 Baby Carrots with Dip
 Assorted Flavor Applesauce Cups
 Ice Cold Milk

HAM AND CHEESE MELT 16
 Steamed Broccoli
 Strawberry Cup
 100% Fruit Juice
 Ice Cold Milk

HOT DOG ON A BUN 17
 Pasta Salad
 Savory Baked Beans
 Mixed Fruit
 Ice Cold Milk

***All Lunches must include a Fruit or Vegetable, may take up to two of each daily.
FRESH FRUIT BASKET AVAILABLE EVERY DAY
Choice of Milk :
 1%, Skim or Chocolate Skim
 1%, Skim or Chocolate

CHEESEBURGER ON A BUN 20
 Baked French Fries
"Home Grown" Corn on the Cob
Watermelon
 Ice Cold Milk

TACO IN A BAG 21
 Mexican Seasoned Rice
 Savory Baked Beans
 Sweet Peaches
 Ice Cold Milk

FRESH GREEN SALAD TOPPED WITH CHEESE AND CHICKEN TOMATOES, CUCUMBERS, BROCCOLI GARBANZO BEANS APPLE / DINNER ROLL 22

BREADED PORK CHOP Dinner Roll 23
 Mashed Potatoes
 Gravy / Sweet Carrots
 Applesauce Cup
 Ice Cold Milk

MOZZARELLA STICKS BREADED With Dipping Sauce 24
 Bread Stick
 Steamed Broccoli
 Mixed Fruit / Milk

BREAKFAST available daily and includes:
Choice of Milk:
 1%, Skim or Chocolate Skim

BBQ PORK ON A BUN 27
 Baked French Fries
 Sweet Carrots
 Diced Peaches
 Ice Cold Milk

NACHO GRANDE WITH TOSTITO CHIPS / Seasoned Rice / Savory Baked Beans / Diced Peas / Ice Cold Milk 28

FRENCH TOAST STICKS & SAUSAGE LINKS 29
 Hash Brown Patty
 Mixed Vegetables
 Strawberries / Milk

CHEESE LASAGNA 30
 Garlic Bread
 Green Beans
 Chilled Peaches
 Ice Cold Milk

Choice of Fresh Fruit or 100% Fruit Juice:
 (Breakfast must include at least one or more fruit items, may take two)

And Choice of Bread Item:
 Bagel, Cereal, Muffin, Super Donut Or English Muffin Sandwich

This institution is an equal opportunity provider and employer