



Accessing GuidanceResources®

GuidanceResources® is now at your fingertips as a single sign-on option in the ARBenefits Member Portal.

Covered employees and covered spouses can access GuidanceResources® programs by logging into their ARBenefits Member Portal Account at www.ARBenefits.org.

Members will no longer be able to register, or log into their accounts at www.GuidanceResources.com, and must go through the ARBenefits Member Portal.

Covered employees, and covered spouses can use the GuidanceResources® link in the ARBenefits Member Portal to access programs such as:

- Online Health Assessment
- Online Tobacco Cessation Program
- Online/Telephonic Health Coaching
- And More!

Need assistance logging into ARBenefits?

Member Services: 1-877-815-1017 x1

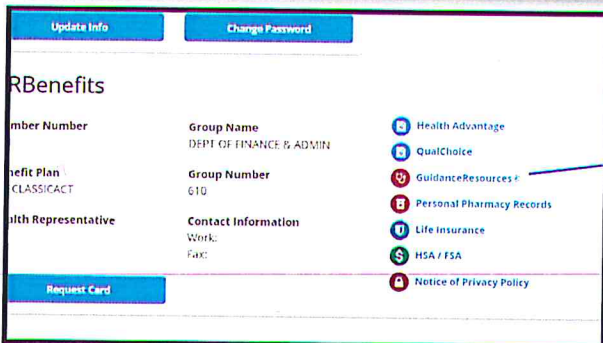
E-mail: AskEBD@dfa.arkansas.gov



1

Log into www.ARBenefits.org.

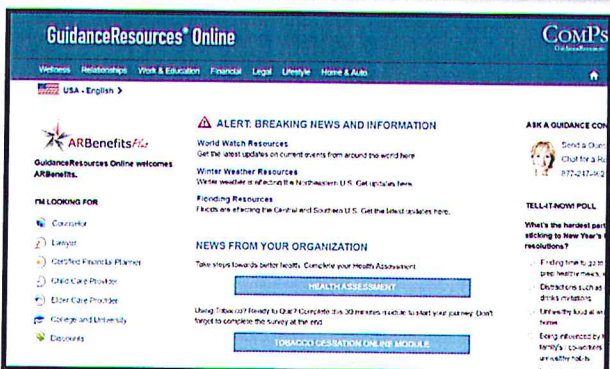
Covered employees and covered spouses must log into their own ARBenefits account.



2



Scroll down in the Home tab to the ARBenefits box, and click the link for GuidanceResources®.



3

After clicking the link, you are automatically logged into your GuidanceResources® account.