

Triennial Assessment Tool			
Date of Assessment: June 3, 2021	Name of School District: Thomasville City		Number of Schools in District: 5
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. The District will teach, encourage, and support healthy eating by students	Partially Completed	4	75% of wellness survey respondents agree with this statement. All elementary schools completed goal. THS has room to improve, with almost 1 out of 4 survey respondents disagreeing to this statement and only 55% agreeing.
2. Nutrition Education is an integral part of the school health education program.	Partially Completed	1	65% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal (86% agree). Harper and Scott have room for improvement with only 50-55% of survey respondents agreeing. THS and MPMS have the largest room for improvement as less than 50% of respondents agreeing to this statement and 40% of the student respondents at those 2 schools disagreeing.
3. School nutrition staff will be available as a resource to teachers and staff.	Partially Completed	1	66% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal. All other schools have room for improvement with only 58-67% of survey respondents at the remaining schools agreeing with this statement.
4. Continuing professional learning will be provided for all school nutrition staff members.	Completed	5	All School Nutrition Staff have documented annual continuing education.

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<p>5. Students in grades PK-12 will receive nutrition education that is age appropriate, reflects student cultures, is interactive and teaches the life skills needed to adopt healthy eating behaviors.</p>	<p>Partially Completed</p>	<p>1</p>	<p>66% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal (81% agree). All other schools have room for improvement with Scott Elementary having the largest room for improvement as 36% of respondents from that school disagreeing with this statement. Note that all elementary schools partner with Live Better who offers Nutrition Education lessons.</p>
<p>6. The school cafeteria will serve as a learning laboratory to support classroom instruction through menu offerings, POS information, signage, and bulletin board displays.</p>	<p>Partially Completed</p>	<p>1</p>	<p>64% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal. All other schools have room for improvement with Scott Elementary (only 20% agree and 40% disagree) and Thomasville High (only 44% agree and 55% of students disagree) having the largest room for improvement. Note that 4/5 schools have digital menu boards.</p>
<p>7. Fruits, vegetables, whole grain products, low-fat and fat-free dairy products, healthy food preparation methods, healthy food promotion methods, and health-enhancing nutrition practices will be promoted to students and staff.</p>	<p>Partially Completed</p>	<p>4</p>	<p>79% of wellness survey respondents agree with this statement. MPMS is the only school with room for improvement in this area as only 67% of the respondents from that school agreeing with this statement. Note that all schools have whole grains, fruit, vegetables, and low-fat milk on the school breakfast and lunch menus daily.</p>
<p>8. School nutrition personnel shall have primary responsibility over meal accountability.</p>	<p>Completed</p>	<p>5</p>	<p>School Nutrition personnel at each school complete the meal counting and claiming as well as ensuring that all meals claimed are reimbursable.</p>
<p>9. Each food service facility will have at least one school nutrition employee on site that is certified as a food safety manager (ServSafe).</p>	<p>Partially Completed</p>	<p>4</p>	<p>Scott Elementary does not have a ServSafe certified manager. Manager is waiting to re-take the ServSafe exam. 2 employees have</p>

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Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. The system and schools shall promote best practices in nutrition in compliance with federal and state requirements.	Partially Completed	1	attempted the class and exam, but neither have passed the exam. 66% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal (80% agree). All other schools have room for improvement with 45-67% of respondents at those schools agreeing with this statement. Note that Thomasville City School Nutrition is compliant with all federal and state nutrition requirements.
2. Nutrition education will be evident in the school dining room through posters and bulletin board displays.	Partially Completed	1	69% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal (87% agree). All other schools have room from improvement with only 30-65% of respondents at those schools agreeing with this statement. Note that 4/5 schools have digital menu boards. Note that all elementary schools partner with Live Better who offers monthly Superfood and Power Move posters for display.
3. Nutrition education will involve sharing information with families and the broader community to positively impact students and the health of the community.	Partially Completed	3	69% of wellness survey respondents agree with this statement. All elementary schools have met this goal. Note that the elementary schools all partner with Live Better who sends home weekly wellness information in print format. MPMS and THS have room for improvement as less than 50% of respondents agreeing with this statement.
4. School district will provide information to families that encourage them to teach their	Partially Completed	2	67% of wellness survey respondents agree with this statement. Jerger and Scott Elementary have met this goal. Harper, MPMS, and THS

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children about health and nutrition and to provide nutritious meals for their families.			have room for improvement. Note that Live Better provides print wellness materials to all elementary age students weekly.
5. Students will be encouraged to start each day with a healthy breakfast.	Partially Completed	2	74% of wellness survey respondents agree with this statement. Jerger (82% agree) and Harper Elementary (75% agree) have met this goal. 56-69% of respondents from the remaining schools agree with this statement. All schools transitioned to grab and go breakfast carts during the 20-21 school year and allow breakfast to be eaten in the classroom.
6. School nutrition programs are accessible to all children.	Partially Completed	4	78% of wellness survey respondents agree with this statement. Jerger, MPMS, Harper, and Scott have met this goal. THS has room for improvement with only 33% of student respondents agreeing to this statement and another 33% of students disagreeing.
7. During the school day, schools will promote and encourage healthy food choices that are consistent with nutrition education curriculum.	Partially Completed	1	71% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal (84% agree). All other schools have room for improvement.
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. All Grades K-12 incorporate 30 minutes of daily physical education instruction, by a certified teacher, into their master schedule according to the National Standard for Physical Education (NASPE).	Partially Completed	3	71% of wellness survey respondents agree with this statement. All elementary schools have completed this goal. MPMS and THS have room for improvement, with over 50% of student respondents at these schools disagreeing with this statement.
2. Students will be encouraged to be involved in physical activity in the community, school	Completed	5	79% of wellness survey respondents agree with this statement. COVID-19 has cancelled most community fitness activities. Annual Bulldog

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sponsored events, and extracurricular activities.			Dash (pre-COVID). Partner with YMCA and Live Better to promote extracurricular activities available to students.
3. Students in grades 3-5 will utilize the Fitnessgram to annually test and evaluate individual fitness levels.	Completed	3/3	All elementary schools have met this goal. Annual Fitnessgram testing pre-Covid. Select Fitnessgram testing the 20-21 SY.
4. Students in grades 6-12 will annually utilize a research based fitness test to measure and evaluate individual fitness levels.	In Progress	0/2	Only 36% of wellness survey respondents at MPMS and THS agree with this statement. MPMS and THS have room for improvement to meet this goal.
5. Instruction should encourage individual improvement so as not to discourage less athletic students or those with lower fitness levels.	Partially Completed	3	77% of wellness survey respondents agree with this statement. All elementary schools have met this goal. MPMS and THS have room for improvement with 1 out of 4 students disagreeing with this statement.
6. Physical Education will include activities that will enhance learning and development of lifelong wellness practices.	Partially Completed	3	80% of wellness survey respondents agree with this statement. All elementary schools have met this goal. MPMS and THS have room for improvement with only 54-59% of respondents agreeing with this statement.
Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Provide on-going education for faculty, staff, and students in the areas of nutrition and physical education.	Partially Completed	1	Only 58% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal. All other schools have room for improvement with only 33-64% of respondents at those schools agreeing with this statement. Note that at MPMS 100% of students agreed with the statement and at Harper 100% of parents agreed to this statement.



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<p>2. School Fundraising shall be encouraged to offer healthy food choices or non-food sales.</p>	<p>Partially Completed</p>	<p>1</p>	<p>Only 52% of wellness survey respondents agree with this statement. Jerger Elementary has met this goal (69% agree and only 3% of respondents disagreed). All other schools have room for improvement with only 31-55% of respondents agreeing to this statement. Several schools had Smart Snack exempt fundraisers featuring Kona Ice.</p>
<p>3. Encourage student participation in school extracurricular activities through students handbooks and school announcements.</p>	<p>Partially Completed</p>	<p>4</p>	<p>78% of wellness survey respondents agree with this statement. 4/5 schools have met this goal. Harper Elementary is the only school with room for improvement with only 50% of respondents agreeing to this statement. Note during COVID most extracurricular activities were cancelled.</p>
<p>3. Healthy food choices should be available at extracurricular activities when food is sold.</p>	<p>In Progress</p>	<p>0</p>	<p>Only 46% of wellness survey respondents agree with this statement. All schools have room for improvement. At the high school level, which has the most school sponsored extracurricular activities, 45% of students disagreed with this statement.</p>
<p>4. Provide opportunity for school nurses to conduct screenings of students for health related issues such as hearing, vision, scoliosis, weight, and height.</p>	<p>Partially Completed</p>	<p>4</p>	<p>78% of wellness survey respondents agree with this statement. Jerger, Harper, Scott, and MPMS have met this goal. THS has room for improvement with only 62% of respondents agreeing with this statement.</p>
<p>5. Principals and/or school nurses build a school collection of health related media and information for parent, student, and teacher use.</p>	<p>Partially Completed</p>	<p>2</p>	<p>70% of wellness survey respondents agree with this statement. Harper and Jerger Elementary have met this goal. THS, Scott, and MPMS have room for improvement with only 44-65% of respondents at those schools agreeing with this statement.</p>

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6. School Nurse facilitate annual training for first aid, CPR, and other health related instruction for faculty and staff.	Partially Completed	3	72% of wellness survey respondents agree with this statement. All elementary schools have met this goal. MPMS and THS have room for improvement with only 46-65% of respondents at these schools agreeing with this statement. Note COVID-19 cancelled some trainings and professional learning opportunities.
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. School Nutrition will ensure that reimbursable school meals meet the school nutrition program requirements and nutrition standards set forth under relevant federal and state regulations.	Completed	5	School Nutrition personnel at each school complete the meal counting and claiming as well as ensuring that all meals claimed are reimbursable. Thomasville City School Nutrition has been found compliant to all state and federal nutrition policies.
2. School meals will meet the USDA Nutrition Standards as well as provide sufficient choices to meet the taste preferences of diverse student populations.	Partially Completed	1	64% of wellness survey respondents agree with this statement. All school meals meet the USDA Nutrition Standards. Jerger Elementary has met this goal completely. The remaining schools have room for improvement providing sufficient choices to meet the preferences of diverse student populations, with only 43-64% of respondents at these schools agreeing with this statement.
3. The food and beverages sold and served outside the school meal programs will meet USDA Smart Snacks in School nutrition standards.	Completed	5	All foods and beverages that students have access to outside the meal programs meet smart snack requirements, unless the school has opted for an exemption for a fundraiser.
4. If the principal approves the sale of competitive foods at school, all income from the sale of such foods must accrue to the benefit of the non-profit school food service,	Completed	5	Competitive foods at school are not sold during meal service and all proceeds return to the school or sponsoring school organization.

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the school, or school organization approved by the principal.			
5. Competitive foods must be sold in locations other than the dining, serving, and kitchen areas.	Completed	5	Only school breakfast and lunch items are sold in the dining, serving, and kitchen areas.
6. The school should promote an overall school environment that encourages students to make healthy food choices.	Partially Completed	2	69% of wellness survey respondents agree with this statement. Jerger and Harper Elementary have met this goal. Scott, MPMS, and THS have room for improvement as only 50-54% of respondents agreed with this statement.
7. Encourage fundraising efforts and reward programs that are supportive of healthy eating habits by recommending teachers offer healthy food sales and distribution.	Partially Completed	1	Only 55% of wellness survey respondents agreed with this statement. Jerger Elementary has met this goal. All other schools have room for improvement with only 22-50 % of remaining school respondents agreeing with this statement.
8. Provide a Health Awareness Packet that features an age appropriate Basic Nutritional Guide and a Common Activity/Exercise Plan that could be incorporated in home activities.	Partially Completed	2	Only 63% of wellness survey respondents agreed with this statement. Jerger and Harper have met this goal. Scott, MPMS, and THS have room for improvement. Live Better provides nutrition and physical activity information to each elementary age student weekly.
9. Nutritional information on all foods sold at school in the school nutrition program will be available upon request.	Completed	5	Only 59% of wellness survey respondents agreed with this statement. Thomasville City School Nutrition uses a program called MealViewer to share the school menu and provide nutrition and allergy information on the items served. We need to promote this more so students, staff, and parents know how to access this information. Plan to incorporate it into the student handbook at each school.

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Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. n/a	Choose an item.		N/A
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. To promote Hydration, free, safe, unflavored drinking water will be available to all students throughout the school day and throughout every school campus.	Completed	5	Additional water bottle filling stations were installed at all schools during the 20-21 school year. Community organizations also donated bottled water to provide to students who forgot to bring a reusable water bottle to school.
2. The district will make drinking water available where school meals are served during mealtimes.	Completed	5	Each school cafeteria has a bottle filling station. Water is also offered at the High School cafeteria in a Gatorade cooler. Students have access to water cups at lunch.

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Ms. Sharonda Wilson	Principal, Harper Elementary	

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2. Mrs. Lawana Rayburn	Principal, Jerger Elementary	
3. Mr. Nathan Espy	Principal, Scott Elementary	
4. Mr. Courtney Davenport	Principal, MacIntyre Park Middle School	
5. Mr. Brian Beaty	Principal, Thomasville High School	
Wellness Committee Involvement <i>List of committee members names</i>	Title and Organization	Notes:
1. Ms. Jeana Smith	Director of School Nutrition, Thomasville City Schools	
2. Mr. Todd Bennett	Clinical Outreach Manager, Archbold Medical Center	
3. Ms. Ashleigh Childs	Family and Consumer Sciences Agent, UGA Extension Thomas County	
4. Mrs. Emily Newman	Assistant Principal, Jerger Elementary	
5. Mrs. Laura Ann Davis	1st Grade Teacher, Jerger Elementary	
6. Coach Ron O'Quinn	PE Teacher, Jerger Elementary	
7. Mr. Elijah Miranda	Executive Director, The Vashti Center	

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8. Mrs. Tina McBride	Director of Student Services, Thomasville City Schools	
9. Parent Volunteers	All schools	
10. Student Volunteers	All schools	

Public Notification <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Webpage	Updated as needed	Posted as a link on the School Nutrition webpage. In the process of updating for 2021.

Optional Summary Report of Triennial Assessment *(include a summary of the extent to which schools are in compliance with the wellness policy, the extent to which the wellness policy compares to model wellness policies, and a description of the progress made in attaining the goals of the wellness policy):*
 District and school by school results of the Public Wellness Survey completed in May of 2021 are available upon request. Please email Jeana Smith, Director of School Nutrition, at smithj@tcitys.org.