

## **2021 Pocahontas Upper Elementary**

menu

Wednesday

Thursday

Friday





A choice of Main Dish, Chef Salad & Hamburger meal is offered daily, with daily vegies, fruit, milk and condiments



















18 First Day of School Pizza Romaine Salad w/Ranch Seasoned Corn Sidekick Slush Milk

19 Deli Turkey Sub Sandwich Salad cup Baked Chips Broccoli/Carrot Sticks Fruit Milk 20 Mini Corn Dogs Beans California Blend Veggies Fruit Milk

23 Pork n Waffle
Fries
Baked Beans
Pickle Spear
Crackers
Fruit
Milk

24 Oven Roasted Chicken Mashed Potatoes Mixed Greens Hot Roll Fruit Milk 25 <u>Waffleicious</u>
<u>Wednesday</u>
Chicken
Waffle Fries
Waffles & Syrup
Peaches
Milk

26 Burrito Salsa Carrot/celery stix Assorted gelatin Fruit/Milk 27 Chicken & Noodles Steamed Broccoli Carrot Coins Crackers Peaches Milk

30 BBQ Pork Sandwich Baked Beans Cole Slaw Asst. Fresh fruit Milk 31\_Chicken Nuggets Sweet Potato Fries Seasoned Corn Fruit Hot Roll Milk





This institution is an equal opportunity provider

**Veggies are DINO-mite!** 

Meals served w/appropriate buns, condiments, choice of milk

Monday: Breakfast Pizza, juice, fruit, Milk Tuesday: Chicken Biscuit, juice, fruit, Milk

Wednesday: French Toast Stix, ham, juice, fruit, Milk

Thursday: Yogurt, Donut, juice, fruit, Milk

Friday: Sausage, Biscuit, juice, fruit, Milk

\*\*\*Cereal, juice, fruit & Milk offered daily as breakfast choice\*