

McCoy Elementary School

901 N. McCoy Ave.

Aztec, NM 87410

Phone (505) 334-6831 Fax (505) 599-4384



Where little tigers learn and grow.

Dear McCoy Families,

The Aztec Municipal Schools are aware of the escalating mental health needs because of COVID 19 and the financial, physical, social and economic concerns of our school family. We are happy to share a new resource in our community that is seeking to help those individuals and/or families that are seeking mental health assistance. It is far too common that someone recognizes he/she are having mental health struggles, but are unaware where to begin to take the next step. San Juan County has recently opened up the Mental Wellness Resource Center which is a valuable resource in taking that next step.

Mental Wellness Resource Center Opens in San Juan County (MWRC)

Resource center centralizes information about mental wellness services for San Juan County residents. The MWRC will be under the direction of San Juan County Behavioral Services Director Su Hodgman.

The resource center is located at 814 W. Maple in Farmington, directly across from San Juan Regional Medical Center, and open from 9:00 am to 5:00 pm, Monday through Friday, COVID-safe practices are in use. The phone number is (505) 636-7110. Online resources are available at any time at SJCounty.net/MWRC.

The Resource Center can assist individuals with an up to date listing of mental health providers and can provide answers to questions like what does my insurance cover, who are the providers I can go to, and what are alternative treatments, support groups, etc? Each school district in the county has also agreed to give a district point of contact name and number to the resource center. The Aztec School's point of contact will be our Mental Health Coordinator Glynnis Urban. Ms. Urban is an active member of the San Juan Mental Health Task Force and also a Licensed Professional Clinical Counselor (LPCC). Ms. Urban can assist families in determining current level of need, helping coordinate accessing services in the community, explaining current therapies and discussing many other treatment issues. Additionally, Ms. Urban can help coordinate services in the schools to address school related issues for our families. A reminder Ms. Urban can be reached during work hours at 505-419-9926. Please note this is not a crisis number. Please feel free to share this new resource with families, as well as Ms. Urban's contact number and email.

Take care during this holiday season,

Diana Wright, McCoy Principal

McCoy Elementary School

901 N. McCoy Ave.

Aztec, NM 87410

Phone (505) 334-6831 Fax (505) 599-4384



Where little tigers learn and grow.