

GUIDELINES FOR KEEPING A SICK CHILD AT HOME

Please keep your child at home if he or she:

- *Has a temperature of 100.4 degrees or higher**
- *Has been vomiting**
- *Diarrhea (frequent, runny, watery stools)**
- *Has symptoms that prevent him or her from participating in school, such as:**
 - Excessive tiredness or lack of appetite**
 - Uncontrolled coughing**
 - Very sore throat**
- *Flu like symptoms which typically come on suddenly:**
 - High fever**
 - Chills**
 - Headache, body aches, lethargy**
 - Nausea, vomiting**
 - Dry cough**
- *Body rash with fever**

Please keep your child home until his or her fever has been gone for 24 hours without medication. Returning to school too soon may slow the recovery process and expose others unnecessarily to illness.

We are always available to answer any questions if you are unsure about whether or not to send your child.