

Westfall



MUSTANG MONTHLY eNEWSLETTER #RISEABOVE

MAY 2023

DISTRICT EVENTS

MAY 1
National College Decision Day

MAY 2
WHS Band Concert | 7:00 PM
WES Musical Mustangs Choir Concert | 6:00 PM

MAY 5
NHS Blood Battle vs. Circleville High School

MAY 8-12
Teacher Appreciation Week

MAY 10
Student Council Field Trip to COSI
WHS Choir Concert | 6:30 PM

MAY 11
WHS Grade 9-11 Awards Ceremony
Senior Honors Night

MAY 12
WHS Job Fair
WMS 8th-grade Formal | 6:00 - 8:00 PM

MAY 15
Sophomores Depart for Washington DC
REAL Mustangs Field Trip to Big Bounce, Grove City
Board of Education Meeting | 6:30 PM

MAY 17
WMS Band & Choir Concert | 6:30 PM

MAY 18
WES Vehicle Career Day
WHS Seniors Last Day
5th Grade Promotion Parade | 6:00 PM

MAY 19
NO SCHOOL

MAY 22
8th-graders Depart for Washington DC
WES Mobile Dentist

MAY 23
WES Mobile Dentist

MAY 25
WES Field Day
Preschool Graduation | 5:00 PM
Last Day of School for Kindergarten

MAY 26
NO SCHOOL

MAY 29
NO SCHOOL
Memorial Day

MAY 30 - JUNE 1
Kindergarten Registration & Screenings

MAY 31
Senior Clap Out & Graduation Practice
WMS Field Day

Message from the SUPERINTENDENT

Dear Mustangs,

As we approach the end of the 2022-2023 school year, I sincerely thank our staff, families, and community for creating, setting, and supporting goals to be met and achieved, for working together to broaden one's view of the world, perspectives on life, and cultivate creativity. At home or in the classroom, educating our children for a successful future is important and influential work. Therefore, I want to recognize your daily contributions to providing the best experience possible for our students. In many ways, big or small, each of you has made a positive difference for kids this year.

Of our students, many have spent their entire educational journey from enrollment to graduation with Westfall Local Schools. It is an honor and privilege to support them in achieving their dream of obtaining their academic goals and making their family, friends, and community proud of their aspirations. Keep up the good work!

I congratulate our seniors on starting the next chapter of their lives! I encourage you to take a minute and congratulate yourself for all that you have gone through, everything you have accomplished to date. Remind yourself of the strength, perseverance, and courage it took to get you to this point. Stay positive, stay strong, and one day you will look back at your journey and say, "I did it." We are proud of you all and are so grateful that you allowed us to be a part of your academic journey and wish you the best in all your future endeavors!

Sincerely,

Jeff Sheets



Upcoming EVENTS

happy birthday
TO OUR STAFF

MAY

1	Brian Dunn	WMS
4	Stephanie Grigsby	WES
8	Karen Holbrook	WMS
9	Sonia Snyder	WES
12	Dawn Miller	WES
14	Stephanie Davey	WMS
14	Tammee Kaminski	WHS
15	Michelle Gardner	WES
15	Paige Ruckman	WES
16	Joy Sharrett	WES
17	Amber Johnson	WES
19	David Dollison	WES
24	Richard Urban	WES
25	Eileen Rader	WES
26	Patricia Trivette	WMS
27	Michelle Tramel	DISTRICT
27	Jasmine Hensley	WMS
28	Kate Schoonover	WHS
31	Blaine Bullock	WMS
31	Jackie Eitel	WES
31	Jerry Mathewson	WMS

WESTFALL ELEMENTARY SCHOOL

Westfall Elementary School
5TH-GRADE PROMOTION
PARADE DOWN MEMORY LANE
MAY 18 | 6:00 PM Rain Date: MAY 25 | 6:00 PM
5TH GRADERS WILL BE GREETED BY K-5 TEACHERS AS THEY PARADE DOWN MEMORY LANE TOWARD PEOPLE SCHOOL. STAY TUNED - MORE DETAILS TO FOLLOW.

WESTFALL ELEMENTARY
FIELD DAY
THURSDAY, MAY 25

Attention: **CURRENT KINDERGARTEN FAMILIES**

THE END OF THE SCHOOL YEAR WILL LOOK A LITTLE DIFFERENT!
The last day for all current Kindergarten students Thursday, May 25, at regular dismissal time.
Kindergarten teachers will be screening prospective students for the 2023-2024 school year on May 30, 31, and June 1

KINDERGARTEN
REGISTRATION & SCREENINGS
WESTFALL ELEMENTARY

MAY 30, 2023 8:30 AM - 3:30 PM
MAY 31, 2023 8:30 AM - 7:00 PM
JUNE 1, 2023 8:30 AM - 12:00 PM

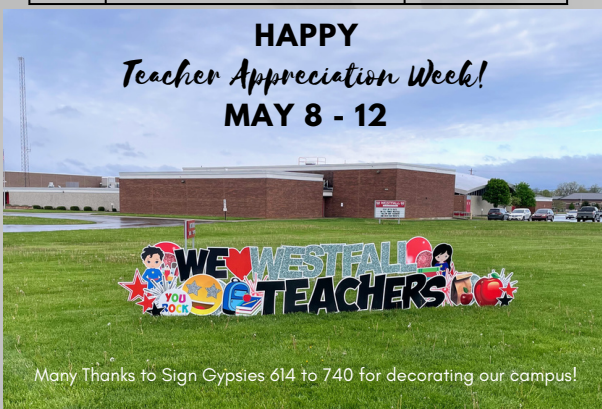
WESTFALL MIDDLE SCHOOL

MAY 12
6:00 PM - 8:00 PM
WESTFALL MIDDLE SCHOOL
8TH GRADE FORMAL
LET'S GLOW CRAZY
TICKETS \$10
TICKETS GO ON SALE
MONDAY, MAY 8
DURING LUNCH
DINNER INCLUDED
*8th graders only

Sister's Closet
Westfall Middle School
WMS staff members Michelle Gamboni and Caryn Dinneen launched a drive called "Sister's Closet" to provide formal wear to middle school boys & girls who are unable to purchase them for the annual 8th-grade formal.

WESTFALL HIGH SCHOOL

NATIONAL HONOR SOCIETY
WESTFALL BLOOD DRIVE
FRIDAY, MAY 5, 2023
8:00 AM - 2:00 PM
WESTFALL HIGH SCHOOL





BUILDING CHAMPIONS AT WESTFALL ELEMENTARY

EASTER EGG HUNT

The Easter Bunny made a stop at Westfall Elementary! Our students had an egg-cellent time hunting eggs in the beautiful weather, and several lucky winners found golden eggs to win prizes! Thank you to our incredible Student Council for sponsoring this event!

CELEBRATING EARTH DAY

Miss Lightle's class has been having so much fun learning all about Earth Day and ways to help care for our planet and understand how to reduce, reuse, and recycle! They worked on learning about plant parts and the plant life cycle, made an Earth out of coffee filters, and wrote about ways we can help our Earth. Then they picked up trash around the school, the baseball field, and the track. They finished the week by talking about capacity and making yummy Earth muffins!



ARE YOU AFRAID OF THUNDERSTORMS?

Author Patricia Polacco was until her grandma taught her how to bake Thundercake! Who knew literacy could taste so good? Miss Stage's second-grade students got to bite into a good book by baking their very own Thundercake!



Staff Members of the Month!



- Candy Webb, Educational Aide
- Janet Adams, Administrative Assistant
- Andrew Waters, 5th-Grade Teacher
- Chris Shockley, Educational Aide
- Mindy Stonerock, Kindergarten Teacher
- Rachel Whaley, Preschool
- Talea McGinnis, Preschool Teacher/Coordinator

TACKLING THE OCCUPATIONAL THERAPY OBSTACLE COURSE

As a testing incentive, Mrs. Kemp and Mrs. Rader's fifth-grade classes enjoyed an outdoor obstacle course organized by our occupational therapists, Mrs. Conley and Miss Minor! Working as teams, the classes competed with activities using strength, stability, and endurance.





MODELING SUCCESS AT WESTFALL MIDDLE SCHOOL

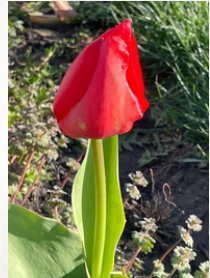
UNDERGROUND SPIRIT WEEK

The Middle School Staff participated in an "Underground Spirit Week." They dressed in a different theme each day without telling the students and waited to see how long it would take them to notice. Tuesday was Hoodie Day, Wednesday was Favorite Sports Team, Thursday was Positive T-Shirt Day, and Friday was Dress Comfy Day. It was so fun, and soon, the students were starting to notice something was going on and were trying to guess the themes.



PLANT THE PROMISE

Beautifully bright red tulips are blooming all over campus! "Plant the Promise," an outdoor activity led by Guidance Counselor Mr. Pavay, our Westfall Middle School students planted bulbs in October during Red Ribbon Week as a reminder to make healthy choices!

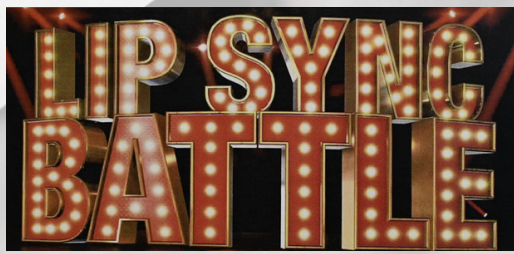


FUTURE PROBLEM SOLVERS

Our Future Problem Solvers competed in the State Bowl in Solon, OH. They completed their booklets on this year's topic, "Throw Away Society," where they were given a future scene, typically 50 years in the future, for which they will complete a six-step problem-solving exercise to determine an underlying problem and a solution to help solve it.



Staff Member of the Month!

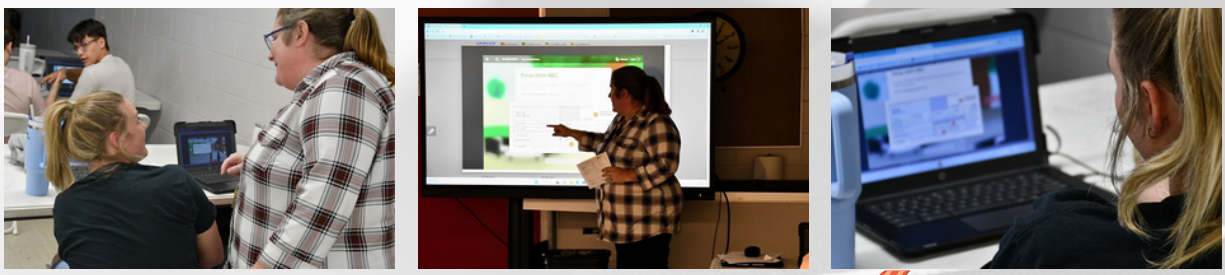


Karen Holbrook, 6th-grade Language Arts



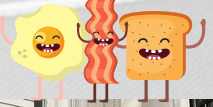
RIISING ABOVE AT WESTFALL HIGH SCHOOL

TEACHING TAX PREPARATION



Springtime is Tax Season, and Mrs. Yeager's Personal Finance Management students learned how to file personal taxes using online software. Teaching young adults about finances is one of the most important life skills one can pass along.

PICKAWAY COUNTY FFA COMMUNITY BREAKFAST



The Pickaway County FFA Community Breakfast was a huge success! Thank you to all who came and supported our Westfall chapter! We cannot express the gratitude we have for our community for the support our members receive throughout the year!

FREE SPORTS PHYSICALS

Ohio Health will be offering free sports physicals at their Circleville location on Wednesday, May 24. See the flyer for details. Please print off your physical form through FinalForms, or at <https://www.ohsaa.org/medicine/physicalexamform>.

Staff Members of the Month!



Heather Hook, Language Arts
Lawrence Boohier, Educational Aide
Ricky Caplinger, Bus Driver/Cafe (Not Pictured)

OhioHealth Sports Medicine

Sports Physical Schedule

MAY/JUNE 2023 – BY APPOINTMENT ONLY

OhioHealth Hilliard Health Center
Monday, May 15, 2023
4343 All Seasons Drive
Hilliard, Ohio 43026

OhioHealth Eastside Health Center
Thursday, May 18, 2023
4850 East Main Street
Columbus, Ohio 43213

OhioHealth Grove City Health Center
Monday, May 22, 2023
2030 Stringtown Road
Grove City, Ohio 43123

OhioHealth Westerville Medical Campus
Tuesday, May 23, 2023
300 Polaris Parkway
Westerville, Ohio 43082

OhioHealth Rehabilitation - Circleville
Wednesday, May 24, 2023
1280 North Court Street
Circleville, Ohio 43113

OhioHealth Ontario Health and Fitness Center
Thursday, June 1, 2023
1750 West Fourth Street
Ontario, Ohio 44096

OhioHealth Marion Medical Campus
Thursday, June 1, 2023
1050 Delaware Avenue
Marion, Ohio 43002

Schedule – Appointments Only
<https://www.signspenplus.com/ohsm>

Arrival Details

BY APPOINTMENT ONLY

- 6 PM – 7:30 PM (May Dates)
- 5 PM – 7:30 PM (Ontario & Marion)

- Please remain in your car until your scheduled time.
- Please complete, sign and date all required sections of the physical form prior to your scheduled appointment. The COMPLETED and SIGNED physical form IS REQUIRED in order for your athlete to receive a physical.
- Please be mindful that all facilities will be operating with normal patient care services prior to physicals.
- In some cases, normal patient operations such as emergency and urgent care services will continue during and after sports physicals.

NEED MORE INFO?
 (614) 566.GAME (4263)
 1(844) 360.GAME
[OhioHealth.com/SportsMedicine](https://ohiohealth.com/SportsMedicine)
 Twitter - @OHSportsMed

OhioHealth Sports Medicine

Sports Physical

INFORMATION TO KNOW BEFORE YOU ARRIVE - UPDATED APRIL 14, 2023

- Why offer physicals? Sports physicals are best performed by the student-athlete's primary care physician (PCP). However, station based physical exams administered by athletic trainers, physical therapists and fellowship-trained sports medicine team physicians provide an appropriate and complete alternative to physicals that would be provided by an urgent care or other convenience-based pharmacy/urgent treatment setting. This sports physical (as well as ALL physician interaction during school coverage) is not meant to replace regular or as-needed visits to your PCP. Physicals and on-site school or event coverage by an athletic trainer and/or physician are simply an adjunct intervention in an area of specialty.
- Who can attend these physicals? These sports physicals are open to students at any middle schools, high schools or school districts that partner with OhioHealth. These exams are meant for athletes with "stable" medical histories and are used to screen for and detect medical or physical conditions that may put the student athlete at risk for future problems. Any athlete who currently has a preparticipation limitation for a medical condition (injury/illness) COVID-19 or those with acutely diagnosed medical conditions (asthma, sinusitis, epilepsy, diabetes, conditions or COVID-19 that affect respiration or limit participation in sports), should not attend these screening exams.
- Are masks required? As of April 14, 2023, OhioHealth has changed its masking policy. Please visit <https://www.ohiohealth.com/covid-19> for the most up-to-date information.
- How does scheduling work? In order to ensure adequate staffing and maintain appropriate room capacities no walk-in will be accepted. Please use the link or QR code on the front to schedule in advance.
- Can I go to any of the dates listed? Yes.
- How long will the exam take? We will do our best to move through as quickly as possible but understand that the physicians want to make sure each athlete gets all their needs addressed completely and thoroughly. Please wait in your car until your scheduled timeslot.
- Will I be charged for this exam? OhioHealth is offering these services at no charge to the affiliated schools. Individual schools and/or districts may charge a fee; however, all proceeds will go back to the respective school and/or district. All physicians that are working these physicals are volunteering their time.
- Can I go with my child through the exam? Yes, a parent/guardian is ENCOURAGED to go to all the stations with their son/daughter as well as be in the room during the physician exam. If a parent or guardian is NOT present ALL pages of the approved physical form need to be fully completed, signed, and dated in order for your athlete to receive a physical.
- What should I bring? Prior to receiving a physical, the consent to treat and HIPAA authorization (typically pages 7-8 of the CHSAA physical packet) must be FULLY COMPLETED including SIGNATURES, DOB, DATED, school contact info, and grade. Per CHSAA rules, without a fully completed form, the athlete is ineligible to participate.
- Our school is using Final Forms or another program, what do I need to bring? Please check with your school's athletic director to see what physical form the school is requiring of their athletes. If the school is using an electronic form, the health history, demographic, consent to treat, physical evaluation and HIPAA pages must be printed out prior to arrival and brought for the physician to sign.

NEED MORE INFO?
 (614) 566.GAME (4263)
 1(844) 360.GAME
[OhioHealth.com/SportsMedicine](https://ohiohealth.com/SportsMedicine)
 Twitter - @OHSportsMed



COLLEGE & CAREER NEWS

Emily Smith PICKAWAY WORKS COLLEGE & CAREER COUNSELOR



OU OH YEAH

A group of seniors took a short college visit to Ohio University-Chillicothe in April! Our Mustangs learned about the admission process, their affordable tuition, and majors they can complete all at the Chillicothe Campus! The weather was perfect for our campus tour! Proud of our students for thinking about their futures! Thank you to Morgan in Admissions for a great day!



COLUMBUS STATE COMMUNITY COLLEGE

We had a great college rep visit with Melanie from Columbus State Community College! Juniors and Seniors learned about the college admissions process, their super affordable tuition, and the preferred pathways to a bachelors degree! Great job thinking about your future, Mustangs! Thanks so much, Melanie!



Job Shadow
WESTFALL HIGH SCHOOL
Bailey Burke, WHS Junior
Career Interest: Music Education
Shadow Location: Circleville Elementary

Thank you to Music Educator, Tamara Kelly for partnering with us and hosting a job shadow experience!

Interested? Ask Mrs. Smith how to get involved in a job shadow with Pickaway WORKS!




Junior Bailey Burke is interested in being a Music Educator and spent a day with students at Circleville Elementary! Thank you Ms. Kelly for sharing your career journey and hosting Bailey! Way to go, Bailey!

Job Shadow
WESTFALL HIGH SCHOOL
Haley, WHS/Pickaway Ross CTC Junior
Career Interest: Early Childhood Education
Shadow Location: Westfall Elementary

Thank you to Ms. Whitt and Westfall Elementary for partnering with us and offering a job shadow experience!

Interested? Ask Mrs. Smith how to get involved in a job shadow with Pickaway WORKS!



Haley just completed her 2nd job shadow in Early Childhood Education! She has shadowed both a Kindergarten and a 3rd-grade classroom to see both ends of the ECE spectrum! Way to go, Haley!

MAY 1
National College Decision Day

MAY 11
Senior Honors Night

MAY 12
Job Fair 9:00-11:30AM
WHS Dome

MAY 31
Graduation Practice
10:30 AM

 Westfall College and Career

 @WFCollegeCareer

 westfallcollegecareer