



PBIS District Newsletter

Rome City Schools-Rome, Georgia

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Vol. 4 Number 9

May 2021

Rome City Schools PBIS District Newsletter Transitioning to Rome City Schools TSS District Newsletter!

The Rome City Schools PBIS District Newsletter is transitioning to the Rome City MTSS District Newsletter! You may be asking why I am excited about changing the name of a newsletter. As Rome City Schools is a Multi-tiered System of Supports (MTSS) system, PBIS is just one of the Rome City Schools MTSS supports in place. Transitioning to a MTSS District Newsletter allows an informative format to provide knowledge and information about ALL MTSS supports that are a part of the Rome City School system! PBIS will continue to be a major part of the newsletter as the PBIS spotlight shares specifics about each Rome City School and their PBIS culture.

What is a Multi-tiered System of Supports (MTSS) system? MTSS is a data-driven prevention framework utilizing Assessment (Screening and Progress Monitoring) to identify and predict students who may be at risk for poor learning outcomes or who experience social/emotional needs, and/or behavioral concerns that impact learning. The MTSS elements of high quality instruction, balanced assessment and collaboration, are embedded with culturally responsive practices and are supported by RCS leadership. MTSS also provides the framework and structure for system initiatives, programs, and tools implemented within Rome City Schools.

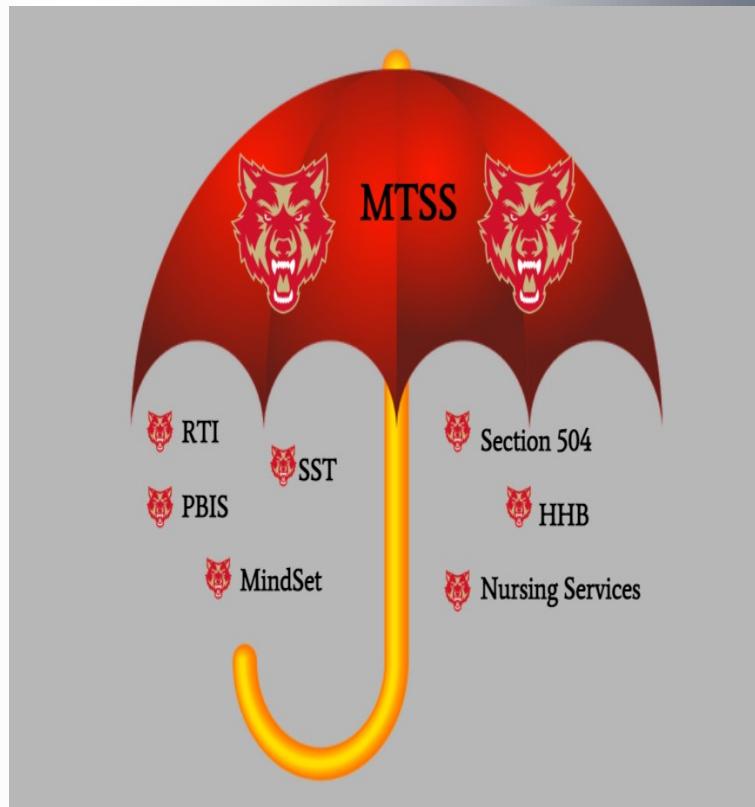


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“if i asked you to name all the things you love, how long would it take to name yourself?”



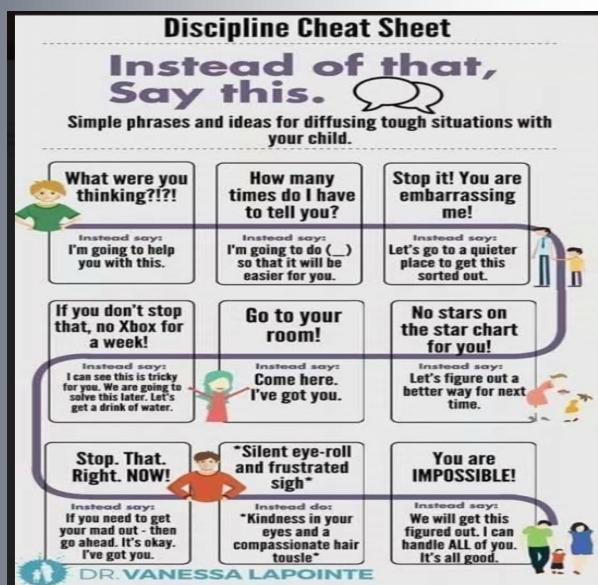
PBIS Summer Push!

Self Care! Self-care is an important activity to do every day. Ideas you might like:

- Emotional – Talk to someone, reflect, journal, read, do something artistic, listen to music, work out, hug someone, laugh, take a nap.
- Environmental – Take a walk somewhere nice, breathe in fresh air, enjoy the sun, enjoy the night sky, redesign a room.
- Intellectual – Read, listen to audiobooks, watch documentaries, complete puzzles, be mindful of the world around you, try something new, tap into your creative/artistic side
- Physical – Work out daily, eat healthy, get your annual checkup, see the dentist, take medications as prescribed, sleep, see the physician when you do not feel well.
- Social – Meet up with friends and family, keep in contact with old friends, volunteer, have fun, engage in healthy social media, utilize technology when distance is a factor, have a big laugh, be positive!

Finishing The Year Strong With PBIS!

1. Be Consistent!
2. Remind of Desired Behaviors!
3. Use a Calm Voice!
4. Focus on what a student should do, not what the student is not doing.
5. Acknowledge Student Improvement!



Why Prioritize Behavior Support?

Great educators support students and education in a number of ways. They promote physical health and safety, prioritize high-leverage instructional practices to enhance student learning, emphasize social ("how we interact"), emotional ("how we feel"), and behavioral ("how we act") practices to support mental health and well-being as well as invest in a multi-tiered systems of support (MTSS) framework to organize effective practices and build capacity. With so many priorities, some educators wonder if behavior support should be prioritized as well. The answer is a definite yes!

Effective behavior support negates negative outcomes including but not limited to:

- Increased exclusionary discipline (office referrals, suspension, expulsion).
- Lost instructional time and decreased achievement.
- Poor outcomes for students from marginalized groups.
- Increased educator burnout!

To effectively support student behavior, a MTSS framework can support and create a positive and predictable culture of support. The question is not if educators will address behavior in schools but how educators will address behavior. Safe, positive, and predictable environments, targeted behavior support for students displaying at risk challenges as well as individualize behavior support are prioritizing behavior support and key to student success!

