## JULY 2023 WHITING SUMMER FOOD PROGRAM

|    | MONDAY   | TUESDAY  | WEDNESDAY |  | THURSDAY |   | FRIDAY                 |   |  |
|----|--|--|-----------|--|----------|---|------------------------|---|--|
| Jv | G CHICKEN QUESADILLA 1EA<br>CORN 4OZ<br>FRUIT CUP 4OZ<br>MILK 8OZ                      | 4 4 <sup>™</sup> OF JULY HOLIDAY<br>CLOSED   | 5         | WG CHICKEN PATTY 1<br>WG BUN 1<br>CARROTS 40Z<br>FRUIT CUP 40Z<br>MILK 80Z                     | 6        | WG CORN DOG 1<br>MIXED VEGETABLE 40Z<br>ORANGE 1<br>MILK 80Z                          | 7                      | WG MINI PIZZA POCKET 3<br>MARINARA 30Z<br>PEAS 40Z<br>FRUIT CUP 40Z<br>MILK 80Z | <u>News</u><br>our free lunch<br>summer program<br>will begin on<br>monday, june 6 and                           |
| 10 | GRILLED CHEESE 1<br>GREEN BEANS 40Z<br>GOLDFISH 10Z<br>FRUIT CUP 40Z<br>MILK 80Z       | 11 WG PIZZA CRUNCHERS 4<br>MIXED VEGS 40Z<br>ORANGE 1<br>MILK 40Z                            | 12        | WG CHICKEN FRIES 8<br>WG DINNER ROLL 1<br>BROCCOLI 40Z<br>FRUIT CUP 40Z<br>MILK 80Z            | 13       | HAMBURGER 1<br>WG BUN 1<br>HUMMUS 3 OZ<br>CARROTS 4OZ<br>FRUIT CUP 4OZ<br>MILK 8OZ    | 14                     | WG PEPPERONI PIZZA 1<br>CORN 40Z<br>APPLE 1<br>MILK 80Z                         | END ON FRIDAY,<br>AUGUST 4.<br>WE WILL BE SERVING<br>FREE LUNCH TO ALL<br>CHILDREN AGES 18<br>MONTHS TO 18 YEARS |
| 17 | WG CHICKEN TENDERS 3<br>WG DINNER ROLL 1<br>BROCCOLI 40Z<br>FRUIT CUP 40Z<br>MILK 80Z  | 18 WG HAWAIIAN<br>HAM & CHEESE 1<br>CHEESESTICK 10Z<br>CORN 40Z<br>FRUIT CUP 40Z<br>MILK 80Z | 19        | HOT DOG 1<br>WG BUN 1<br>HUMMUS 30Z<br>GREEN BEANS 40Z<br>GOLDFISH 10Z<br>BANANA 1<br>MILK 80Z | 20       | WG CHEESE PIZZA 1<br>MIXED VEGETABLE 40Z<br>APPLE SLICES 1PK<br>MILK 80Z              | 21                     | CHEESEBURGER 1<br>WG BUN 1<br>CARROTS 40Z<br>FRUIT CUP 40Z<br>MILK 80Z          | MONDAY -FRIDAY<br>10:30-12:30<br>WE WILL BE CLOSED<br>ON<br>JULY 4 <sup>TH</sup> & JULY 28 <sup>TH</sup>         |
|    | WG POPCORN CHICKEN 12<br>WG DINNER ROLL 1<br>BROCCOLI 40Z<br>FRUIT CUP 40Z<br>MILK 80Z | 25 CHEESY STICKS 2<br>MARINARA 30Z<br>CORN 40Z<br>APPLE 1<br>MILK 80Z                        | 26        | WG BURRITO 1<br>HUMMUS 30Z<br>MIXED VEGETABLE 40Z<br>FRUT CUP 40Z<br>MILK 40Z                  | 27       | WG CHEESE PIZZA 1<br>GREEN BEANS 40Z<br>ORANGE 1<br>MILK 80Z                          | <b>28</b> <sup>0</sup> | CLOSED FOR PIEROGIFEST  | ALL FOOD MUST BE<br>EATEN ON PREMISES<br>THIS INSTITUTION IS AN<br>EQUAL OPPORTUITY<br>PROVIDER                  |
| 3  | YG CHICKEN QUESADILLA 1<br>CORN 40Z<br>FRUIT CUP 40Z<br>MILK 80Z                       | WG BOSCO STICKS 2<br>BROCCOLI 40Z<br>MARINARA 20Z<br>APPLE 1EA<br>MILK 80Z                   | 2         | WG CHICKEN PATTY 1<br>WG BUN 1<br>CARROTS 40Z<br>HUMMUS 3 0Z<br>FRUIT CUP 40Z<br>MILK 80Z      | 3        | HOT HAM & CHEESE<br>SANDWICH POCKET 1<br>GREEN BEANS 40Z<br>FRUIT CUP 40Z<br>MILK 80Z | 4                      | WG MINI PIZZA POCKET 3<br>MARINARA 30Z<br>PEAS 40Z<br>FRUIT CUP 40Z<br>MILK 80Z |  |