

Tips to start a conversation

As we spend a lot more time with our kids at home it can be hard to bond with them. A great way to bond with your kids is to play the Parents Empowered CHIT CHAT conversation card game!

How to play:

There are two decks one for parents and one for kids. Cut out the Ask a Parent Cards, and then the Ask a Kid Cards. Place them in separate piles face down. Take turn flipping over a card from the pile and start asking questions!

Through playing parents will soon learn more about your child's interest, thoughts and feelings, and maybe even their attitude toward **underage drinking**. You and your kids will learn more about each other. CHIT CHAT cards can be more than just fun, they're a wonderful way to strengthen your relationship with your kids.



For virtual playing cards visit:

**PARENTS
EMPOWERED**.org

For more information on COVID-19 visit:
brhd.org, cdc.gov, and coronavirus.utah.gov

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