

The Silverstreak Connection

October/November, 2018

Osakis, Minnesota

Fourth Grade Field Trip to Ag Safety Day in Westport

The Osakis fourth graders joined fourth graders from BBE in Westport, Minnesota on September 12 where CHS Learning Center hosted a Progressive Agriculture Safety Day. Students had the opportunity to learn about a number of safety topics for both on and off the farm. The following topics were covered: equipment safety, chemical safety, railroad safety, first aid safety, personal safety, ATV safety, grain bin safety, and propane safety. Students were given valuable safety tips on riding ATV's, using the internet and social media, and basic CPR and first aid procedures, to name just a few. Presenters were volunteers from Midwest Machinery, CP Rail, Pope County Police Dept., Country Cat and CHS.

Here, in their own words, are some students' reflections on the day!

Makia Herickhoff

We went to West Port to do ag. safety stuff. We learned about all kinds of stuff. We learned about grain bin safety, ATV safety, CPR stuff, Train safety, chemical safety, lawn mower safety, propane, internet safety, and fire extinguisher safety. When we practiced CPR, the dummy's name was Bob. When we did CPR we did not save Bob on time. The chemical station was really hard! It was really fun learning about train safety! I didn't know that it took trains about 1 mile to stop. I also did not know that water and rubbing alcohol look so alike! I didn't really like the smell of propane! Also I really like the people that helped us. They were really kind! I liked our helper Nick; he was really kind too. I really enjoyed this field trip! A lot of stuff I learned about I can use because I live on a farm!





Megan Schlosser

When we went on our field trip we got to do CPR on dummies. It was awesome and I learned how to pump two inches in their stomach. We got to go on a tractor and a lawn mower. It was cool. We learned about four-wheeler safety and that we should always wear gear so you don't get hurt. We also learned about grain bin safety. Did you know that people die a lot from grain bins and it is mostly kids because they play in the bins? We learned that if you don't know what something is you should ask a parent if it is okay to use. The fire extinguishers were cool and they made a lot of smoke.

Hannah Hoff

When we had a field trip the first thing we did was go to the ATV activity and the guy showed us how to work the ATV and how tall you should be. Then he showed us the safest helmets and what you should wear. Next, we went to the policeman and he told us how to be safe on the internet. After that, we went to a guy who told us about CPR. Then we went to the train safety activity. My favorite one was the chemical safety. We learned how to tell the difference of chemicals and safe stuff. Then we went to lawn mower and tractor safety. Then, we went to the propane activity and got to smell what propane smells like. Last, everyone at the field trip got to use a fire extinguisher. I really like that one.

October/November, 2018

Superintendent's Message Randal Bergquist



Welcome back, everyone! The 2018-2019 school year is here and we are very excited to have students, teachers, and staff back in the building. The custodial and secretary staff did a great job over the summer preparing our building, grounds, and student information for this school year. It is important to start the school year on a positive

note with some reminders for students and parents.

• Communication - Please make sure you communicate with teachers and school personnel about any relevant changes your child might have. Parent(s) and the school need to work together to ensure students have the best possible experience here at Osakis Public School.

• Technology – The use of technology has increased both in and out of school. Parents can access student grades, attendance, and lunch information through Skyward. Please communicate with our secretaries if you need further information regarding accessing student information.

• Social media - Social media has also grown in use, with different applications like Facebook, Instagram, and Snapchat, just to name a few. Too often, people jump to post information on social media without finding out the correct information. If you have questions regarding something that may or may not have happened at school, please communicate with your child's principal.

As we talk about technology, I want to remind you about our one-to-one initiative regarding Chromebooks. All students in grades seven through twelve have a Chromebook to be used both in and out of school. Students in grades five and six have a Chromebook they can use only while in school. Students in grades kindergarten through four have iPads that are shared in school among the grade levels. The use of technology has changed the way some teachers utilize curriculum in their classroom. As a school district, we are trying to prepare our students to be learners in an ever-changing global society. We want students to be ready for the post-secondary option they choose, whether it be college, work, military, or any other type of opportunity they desire.

I hope you enjoy our new layout for "The Silverstreak Connection." If you are interested in teaching a community education class and/or have an idea for a class, please let us know. We want to focus this newsletter on not only district news, but also community information.

Our staff is excellent and willing to help in any way. We all look forward to a safe, fun, and productive 2018-2019 school year.

Skylert Notification System

The Osakis School District uses the Skylert notification service. Skylert is a messaging system that allows the district to quickly send mass notifications to parents. Skylert works through Skyward's Family Access to provide you with the means to manage your information and communication choices. Parents will receive calls on the primary phone that is on file at the school - without making any changes in Skyward Family Access. To verify this information it is recommended that you log into Skyward Family Access to verify your settings.

We will use the Skylert system to notify families about emergency situations, weather-related delays/cancellations, lunch account balances, and general school information. You can decide the contact method(s) by which you receive messages.

To check and update your Skylert contact information and settings:

1. Login to your Skyward Family Access Account which you can access from the district web page www.osakis.k12.mn.us under Quick Links for Parents. Click the Forgot your Login/ Password link if you have forgotten your login and/or password. 2. Click on the Skylert option listed on the left-hand side.

3. Update contact information and notification delivery

3. Update contact information and notification delivery preferences.

4. Select the check boxes to activate that mode of communication with the following headings:

School Hours Emergency - for events that happen during the school day, such as early closings due to inclement weather or other emergencies.

Attendance - for attendance notifications.

General - for routine school/program information.

Non-school Hours Emergency - for events that happen when school is not in session, such as school closings or late starts due to overnight snow storms.

Food Service – this will include messages regarding food service balances.

Survey - This option will only be used occasionally.

You can add and remove checkmarks as you wish for the various types of contact calls, emails, or text messages. To receive text messages you must enter cell phone number(s) under the 'Text Message Numbers' section at the bottom. Text messages will come from 67587.

To ensure you will receive notifications - the school phone number must not be blocked on your phone. If you need assistance please contact the school @ 320-859-2191. Select option 1 for the elementary office and 2 for the high school office.

New this year: All food service purchases, including Ala Carte, will be deducted directly from your family's Skyward food service account. Cash will not be accepted in the lunch line for any food service purchases. Options to set daily limits or not allow ala carte may be adjusted in your Skyward Family Access account.

If you plan to have lunch with your student, please pay for your meal in the Elementary Office when you check in. Adult meals are \$4 and student visitors are \$2.20. Please bring exact change. Thank you!

Elementary Update

Shad Schmidt, Elem. Principal



"We're glad you're here"

As you enter the elementary school, you are greeted with a big bold reminder of how we feel about you and your kids. Our main stairway has a large Osakis "O" with our "Win the Day" mantra. Above it is a sign that says "We're glad you're

here." In the sign is a picture of each staff member representing something they enjoy doing outside of school. We did this to remind everyone that we are human too. We get tired, we laugh, we cry, we have struggles, and we have fun. We also wanted everyone to know sincerely on a personal level that we truly are glad you are here at our school.

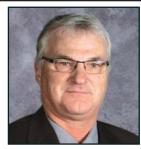
Our staff performs at a high level on a daily basis, almost machine like. We give of ourselves 100% to others every day of our professional lives. We don't always get it right, and we are not perfect, but we do care more than you may ever know.

On behalf of all our staff (teachers, para-professionals, custodians, secretaries, bus drivers, and administration) we want to thank you for choosing us. We don't take it lightly that you have entrusted us to educate your child. "We're glad you're here."

We have fall conferences coming up in October on the 15th and the 24th. You can always monitor your child's progress anytime through the Skyward system. As always, please keep an open line of communication with us. Also remember to prepare your child for outdoor recess as we get to the colder months.



Secondary Update Tim Roggenbuck, Secondary Principal



The school year has begun and we are off to a good start. We are continuing the use of the Chromebooks in grades seven through 12. When your students are absent, remember that assignments for classes can be found on them. We had fun week celebrating Homecoming week. Congratulations to King Johnny Lara and Queen Elizabeth Clasemann. Here are all of the

Homecoming Court participants: Paiges: Bryn Ferris & RJ Reiffenberger; Sophomore guards: Alli Rach and Brendan Laumeyer; Kadyn Triebenbach and Duncan Vandergon; Junior guards: Hailey Hagedon and Luke Imdieke; Camryn Hoffarth and Daniel Savageau; Senior Royalty: Johnny Lara and Kylie Anderson; Matt Peikert and Elizabeth Clasemann; Owen Rajdl and Megan Peikert; Jarret Seela and Tianna Stanek.

To help our office run more smoothly, it is greatly appreciated if you plan your children's appointments ahead of time so when they come to school, they can stop in the office between 8:10 - 8:25 to get their blue pass to leave the building.

Our athletic programs have been participating for about four weeks. The student-athletes involved in football, volleyball, cross country and tennis work hard and are representing our school in a positive matter. There are many games left, so come out and support the Silverstreaks.

A variety of other activities are getting organized for the school year as well, such as FFA, FCCLA, FCA, and Student Council. Rehearsals are underway for the 2018 fall play, a comedy called *Money to Burn*. Performances are Thursday, October 25 and Friday, October 26. We appreciate the parents' and community's support for all our students.

There will be two fall parent/teacher conferences. The first one will be held on October 15 from 3:15 p.m. to 7:15 p.m., and the second conference is set for October 24 from 3:15 p.m. to 6:15 p.m. If you have a conflict with the conference schedule, please call the teacher and set up an appointment to meet with him or her.

The first quarter of school will end on November 2. Teacher workshop day is on November 5, so there is no school for students. The report cards will be listed on Skyward on the parent portal, but if you would rather have them mailed to your home, please contact the high school office.

The Veterans Day program will be November 12 at 10:00 in the auditorium; the community is invited.

Remember the most important factor in predicting a child's success in school. Many people think it is intelligence or ability. The real key to success in school is hard work. The students of average intelligence often get better grades and do better in life than those with very high IQ's. The reason is that they have been willing to invest the time and effort it takes to succeed. That's good news for parents. It means that every child has a chance to learn the "success secret" of hard work. Smart is not something you just are. Smart is something you can get.

With the support of the parents/guardians, we will continue to develop a good educational working relationship with the teachers, students, and community. Our school's mission is to engage and support all students in building a solid foundation of knowledge, skills, and character.

MENTAL HEALTH

Karen Kamrowski, Missy Bergquist and Laura Radtke







Missy Bergquist Guidance Counselor 320-859-2191 x1304

Karen KamrowskiLaura RadtkeSocial WorkerPsychologist320-859-2191 x 1215320-859-2191 x1117

Welcome to the 2018-19 school year!

The mental health team at Osakis School consists of the following:

Missy Bergquist- Guidance Counselor

Ext 1304 mbergquist@osakis.k12.mn.us Karen Kamrowski- Social Worker

Ext 1215 kkamrowski@osakis.k12.mn.us Laura Radtke- Psychologist

Ext 1218 lradtke@osakis.k12.mn.us

Osakis school district has been, and continues to try to, help with students' mental health needs in a confidential manner. Because Osakis School District qualifies as a Children's Therapeutic Support Services School, the district has services available for ALL students that are often not available in other districts. These are some of the services:

- *Early childhood mental health support and assessments
- *Play-based therapy
- *Psychologist collaboration with psychiatrists, doctors, outside psychologists
- *School-aged mental health support and assessments
- *School presentations regarding depression and anxiety in health classes
- *Depression screeners
- *Other mental health screeners
- *ADHD testing
- *Processing speed assessments
- *Suicide safety assessments
- *Self harm safety assessments
- *Behavioral intervention plans
- *Crisis support

*Mental health collaboration with administrators related to behavioral and emotional issues.

Suicide prevention is very important and critical in the school setting. The mental health team attempts to address this issue by speaking to all seventh and tenth graders in their health classes each year about depression, anxiety, and safety. Students are given a very brief depression screener to complete. Meetings are set up with students with elevated scores, and if determined to be at risk, parents are notified. The mental health team also speaks to staff about mental health issues and at risk signs.

Nurse Notes Angie Baker



I would like you to think about any health concerns that your children might have and decide if those should be shared with the school. Such things would include any medications that they are taking (even if they are taking them at home, there is always a possibility of reaction), diagnosis of

any disease, allergies, and behavioral concerns. We all do the best we can to educate children and keep them safe, but we also need education on their health care needs. We will keep what you share confidential. If you have already notified me of health concerns regarding your child, please don't forget to let me know if there are any changes that have been made or updates that I should be made aware of. I also need to know if your emergency contact information has changed.

I am in the office from 8:10 a.m. to 3:10 p.m. any day that children are present. Please feel free to call me with any questions or concerns that you may have at 320-859-2191 and when you hear the recording, press 4 for health services. You can also email me at abaker@osakis.k12.mn.us.

Life Science Students Investigate Lake Osakis

Seventh grade students visited the public access of Lake Osakis on September 12 this year to investigate Lake Osakis. These scientific investigators learned about water clarity on a pontoon ride and hunted for macroinvertebrates while tromping about in waders. They also helped plant native shoreline plants and learned about nutrients while playing a buffer game. Special thanks to Let's Go Fishing for use of the pontoon boats, Pat Ryan for volunteering, and the Sauk River Watershed District staff Adam Hjelm and Lynn Nelson for their time and resources.



Counselor's Corner Melissa Bergquist



Welcome to the 2018-19 school year. My name is Melissa Bergquist and I am the 7-12 Guidance Counselor for Osakis Public School. I am looking forward to visiting with your students about career interests, college decisions, and how to prepare for the next steps. As the school year starts, I want to highlight some upcoming

important dates. Please feel free to contact me if you have any questions.

Important Dates for 2018-19:

• PSAT Test to selected juniors - Wednesday, October 10 at 8:30-11:30

• ASVAB Test for juniors 8:30-11:30 (small gym) -Tuesday, December 11

• Sophomore Sneak A Peek for 10th grade @ ATCC -Tuesday, January 8

• ACT Test for selected juniors 8:30-1:30 (small gym) -Tuesday, April 2

• Senior Awards Night – Monday, May 20 at 7:00 Juniors and Seniors Attend College Fair

All juniors and students from the Senior Strategies class from Osakis Schools attended a Minnesota Education Fair on Thursday, September 20th at Alexandria High School. This was a great opportunity for our students to visit with college representatives from 85 different colleges and universities. Students were able to register for the fair in advance and present a barcode containing all of their individual information to colleges they were interested in. The colleges are then able to send the student more information so students can make an informed decision of where they may want to someday attend to further their education.

October is College Knowledge Month - Free Application Opportunities at Minnesota Colleges and Universities is coming for 2018-19. As Minnesota high school students think about applying to college, application fees should not be a barrier. Some Minnesota colleges and universities do not charge application fees or they don't charge fees at certain times of the year.

For students from low-income families or those with modest incomes, they can apply at no charge using a NACAC fee waiver at the University of Minnesota, Minnesota State colleges and universities and the nonprofit colleges that are members of the Minnesota Private College Council. High school counselors and college admission staff can help a student make these arrangements. Eligibility information and the fee waiver form is available at http://www.nacacnet.org/studentinfo/feewaiver. There are many opportunities for students to apply at no charge at some institutions. Some colleges never require an application fee. Some colleges waive the application fee for the month of October and some colleges waive the application fee for one week in late October. See a complete list of colleges to see which schools are waving their applications fees which will be updated sometime in late September. http://www.ohe.state.mn.us/mPg. cfm?pageID=1972

<u>**Parents of Seniors**</u> – We are STRONGLY encouraging seniors to be checking their Class of 2019 Schoology for all updates on Class of 2019 important decisions, application deadlines, college visits at Osakis, and scholarship information! Make sure to ask your son or daughter about this!

<u>Very important</u> - Starting October 1, students and families can file their FAFSA. October 1st is when the 2019-2020 Free Application for Federal Student Aid (FAFSA) http://www.fafsa. gov/ is available for seniors and their parents. Completing the FAFSA is the first step in applying for federal and state financial aid. Families will use 2017 tax information to complete their FAFSA. Applicants will still use to-date information regarding personal and family information, such as number of family members, number in college and parental marital status.

2018-19 ACT Test Dates

The ACT is used for college admission and placement as well as used in qualifying for scholarships. The dates below are the national test dates and students must register on their own and pay for the test. There will be also be one optional test date made available for all juniors on Tuesday, April 2, paid for by the Osakis School District. Students do not need to register in advance for the April 2nd test date.

Cost: \$50.50 standard, \$67.00 with writing option. Register at www.actstudent.org

ACT Test Dates

October 27, 2018 December 8, 2018 February 9, 2019 April 13, 2019 June 8, 2019 July 13, 2019

Late ACT

Registration Deadline October 14, 2018 November 19, 2018 January 18, 2019 March 25, 2019 May 20, 2019 June 24, 2018 Normal ACT Registration Deadlines September 28, 2018 November 2, 2018 January 11, 2019 March 8, 2019 May 3, 2019 June 14, 2019

Standby Requst Deadline

October 19, 2018 November 30, 2018 February 1, 2019 April 5, 2019 May 31, 2019 July 5, 2019 Osakis Public School has added five new staff members this year. As is our custom, we asked them to answer some questions so the community can get to know them a little better!



Sarah Meier is the new vocal music teacher for grades six through twelve. A native of Fridley, she lives in Sauk Centre with her husband, Roman, and their three boys, Owen, Logan and Nolan. Sarah shared that she had never been on a working farm

before she met her husband in 2010. Her first job after college was as the 7-12 music teacher in Eagle Valley, and she also taught band and general music at Minnewaska for three years. Following that, Sarah worked as a paraprofessional at Sauk Centre schools, and then took three years off to complete her education and raise her boys. Sarah is a newly board-certified music therapist as well and is working on building a business to cater to children with special needs. When asked about the best time in her life, Sarah replied, "The best time in my life was spending four months student teaching in Ireland because I was able to travel, learn about other cultures and people, and the music was FANTASTIC!" Sarah loves to read, particularly young adult fantasy/sci-fi. She is currently reading The Bane Chronicles by Cassandra Clare from the Shadowhunter series. Currently playing in her CD player is the soundtrack from Newsies. Sarah shared that the most humbling experience in life was, "working as a music therapy intern in hospice care. I was able to share music with a client in the last hours of life, and the family. Rather than being the terrifying experience I expected, there was a feeling of peace and love in that room that I had never experienced before." The best advice she has ever been given is, "Don't give up what you want most for what you want now.' This advice in some form or another has been given to me by many important individuals in my life and I truly believe that dreaming big has led me to where I am now. It wasn't easy, but it was worth it!" Sarah continued, "A person I greatly admire is my mom. While we used to butt heads constantly growing up, I couldn't ask for a better cheerleader or supporter than her. As a mom of small children now, I can only hope to be half the mother to my children that she was to me. If I could spend two hours with anyone, it would be my Grandma Hall because I didn't spend enough time with her or ask her enough questions when she was still here. We would spend the time talking, baking, and playing Scattergories." Sarah concluded with her thoughts on teaching: "I believe the greatest challenge facing students is finding a balance. Balance between being a kid and an adult, between school and fun, between change and tradition. I think finding this balance has become more difficult over time as the demands and influences of society become greater. My goals as an employee at Osakis Public School are to put my students first, to bring passion and compassion into my classroom, and to make wonderful music with as many students as possible!"

Jeff Rousu is a new special education teacher. He is married and has three children: Marisa (12), Donovan (9), and Laura (3). Jeff was born in Alexandria and currently lives there. Prior to teaching, he held sales and management positions, most recently with the AT&T business team. The best times in his life were the days



that his children were born. He commented, "It is my greatest honor to be a dad and to watch them grow." Jeff said, "The best book I've read is *How to Win Friends & Influence People* by Dale Carnegie. It is a very old book but is still relevant and very powerful today." The music currently in Jeff's CD player is the Grateful Dead.

Jeff explained his most humbling experience: "Being by my dad's side when he was on the edge of death due to sickness (he pulled through and is doing well today)." He continued, "The best advice I have ever been given is to always be thankful no matter how difficult the challenges and circumstances may be that are thrown at you. If I could spend two hours with anyone, it would it be with my grandmother because I lost her too soon. We would spend the time walking and talking on the trails of Carlos State Park." Jeff concluded with his thoughts on challenges and goals: "I believe the greatest challenge facing students is the demands of digital distractions because it gets in the way of good old fashioned communication, learning, and keeps kids inside, robbing them of the awesome experiences of the great outdoors. Technology is an awesome tool in the classroom and elsewhere; however, it is my opinion that our children's time with it should be limited.

My goals as an employee at Osakis Public School are to do my best to help my students have a safe, fun, and welcoming learning environment that will help them exceed their goals. Also, to keep communication open between fellow teachers and parents in order to best provide the education needed for each individual student."



The new ECSE teacher is **Kristen Will**; she said that sometimes the kiddos shorten her name to Miss Kris! Last year Kristen worked here as a paraprofessional in the speech department. She and her husband Craig have three children: Gabe is nine and in 4th grade, and Abby and Morgan are seven and in 2nd grade. Kristen grew up in the small town of

Holmen, Wisconsin, near LaCrosse. She moved to Minnesota when she started college and has been here ever since! Prior to working here at Osakis Elementary School, she has been a nurse, a CNA, a site director of a daycare center, a home daycare provider, a waitress/busser/cashier/dishwasher (not necessarily all at the same restaurant!) and a wife and mom, to name a few of her previous occupations! One of her favorite quotes is from Ralph Waldo Emerson: "What you do speaks so loudly, I cannot hear what you say." Something that people may not believe about Kristen is, "I used to ride my Kawasaki Ninja motorcycle to high school. I really got a kick out of it when I'd take off my helmet and people would comment that 'it's a GIRL on that bike!!!"" Kristen loves to read, quilt, spend time with her family and generally relax! Her favorite types of books are historical fiction because you learn a little about a certain era, yet there is usually a great story to go along with it, which makes it more relatable. Kristen said, "I love music, especially the 'oldies' (go back further than the 80's, here!) Something about the 50's, 60's, and 70's makes me happy, probably because that is the music my parents listened to when I was growing up--give me ShaNaNa, Jan and Dean, or Blondie any day! Currently, I'm listening to Classical music, but also enjoy the 80's, classic rock, and Christian radio. My goal as an employee at Osakis Public School is to learn as much as I can in order to best serve my students, and hopefully convey a feeling of welcome, of peace, and of joy to those around me! I feel that we teach best by example, and I try hard every day to improve my ability to do just that."



Tracy Stigman is the new elementary secretary. She is a Kimball, Minnesota native and moved to Alexandria when she was 15 years old. She has six kids (including two sets of twins) ranging in age from 22 years old to six years old. She is married to John, a teacher at OPS, and according to Tracy, "He is always right (it's true, kids, don't

even argue)." Tracy's occupation prior to working at Osakis Public School was as a nuclear medicine technologist at Douglas County Hospital for over 20 years. Tracy said the best time in her life "is right now! Watching all my children grow is a true privilege and joy." She continued, "The best book I've read is The Bible; it is where it's at! The most humbling experience in life has been having a child with special needs and watching him struggle. It really puts all of the petty things people worry about or complain about into perspective. The best advice I have ever been given is... well, it's hard to choose the best... my dad always gives amazing advice." Tracy concluded with her thoughts on challenges and goals: "I believe the greatest challenge facing kids is to not feel entitled and materialistic when they are given so much, so young. The best things in life are truly free! My goals as an employee at Osakis Public School are to make each parent feel welcome and each student



feel valued."

Paul Hartmann II (aka Junior, Pauly J, Pauly) is another new vocal music teacher this year. Paul teaches kindergarten through third grade, and fifth grade, music. He is an Osakis native, the son of Ann and Paul Hartmann. Prior to working here, Paul was rehearsal assistant for the St. John's Boys' Choir; soft side lead

at Bed Bath and Beyond; a para-professional at Fargo Public Schools; and a teaching artist, music director, stage director at

Fargo Moorhead Community Theatre. Paul said the best time in his life was, "playing Templeton in a stage production of Charlotte's Web, because I felt I had finally come into my own as an actor." The best book he has read is, "any book in the Dresden Files series because the first person narration of the main character is superb and very fun to read." The music currently in his CD player is *The Greatest Showman* soundtrack. Paul said his most humbling experience in life so far was directing a K-2 production of *Aladdin, Kids*.

The best advice he have ever been given is, "Don't take yourself too seriously," given to him by Shanara Lassig (Fargo). Paul claims, "Nobody would believe it if I were seen at a metal concert because most people tell me they wouldn't expect I listen to that genre of music." A person Paul greatly admires is Bret Amundson (The College of St. Scholastica) because "he was the first one to teach me how to be a disciplined performer. I knew I was at my best when I saw the joy and excitement in all of my Aladdin, Kids performers after they left the stage following their first performance. If I could spend two hours with anyone, it would it be Axel Theimer (Saint John's University) because he is the most interesting man I know and we would spend the time discussing Classical and Romantic Period composers." Paul concluded with his thoughts on teaching: "I believe the greatest challenge facing students is giving up on ourselves too soon because it is very easy to fail at something once and say we are not good enough to do it. It can be very difficult to get back up and try again, but we all must find what drives us, and be willing to stand back up. My goals as an employee at Osakis Public School are to give kids the best musical experience I can, and to show them the value of music not only in the classroom but in their day-to-day life."

We are thankful to have our new employees and wish them a great year!!



Tech Corner Integrationist - Stan Moore



Programmers Can Enhance the World!

This year is the first year Osakis 10-12 grade students get to try their hand at a dedicated computer science class. Over the past few years, teachers and students from kindergarten to seniors have been working to include computer science "coding" in their school days,

not an easy thing to do with the already demanding required standards. The state of Minnesota has not yet required high schools to have computer science courses even though states around the country are beginning to see its importance and are on the move to make it a requirement to graduate. Some Osakis students are currently getting their first look at an entrylevel course to computer science with learning Javascript. I am currently leading/facilitating the course with a site called CodeHS created by two Stanford graduates. The curriculum runs the students through a series of modules that build upon the previous module. Overall, the course has been going very well. The elective class of 14 students gets started by discussing the current technology trends and what the future may bring in regards to programmable technology. The conversation is unplugged, so the students are having a conversation in a circle without devices tethered to them. The main goal starting with it this year is to get the vocabulary down. As with anything, daily practice is key. We hope to see our state put computer science requirements in place. Our administration and staff believe in it and see it as an important aspect of the future job market.

Our other current high school electives that involve programming are Automation and Robotics with Mr. Kostrzewski in grades 10-12. They also have the opportunity to run programs on a CNC router in ninth grade's Basic Woodworking and again in Cabinetmaking in grades 10-12. The ultimate goal is to see all students have a background in programming. We still have some gaps, but we are making progress in the right direction.

Currently, kindergarten - third graders are working on an iPad program called The Foos created by CodeSpark. It's a fun, free game that the kids really enjoy doing. It puts the students through a series of challenges that reinforces the same concepts they will use in more advanced programming as they get older. In the upper elementary, Code.org, Scratch, and Tynker will be implemented as much as possible. With programs like Tynker that can cost, students can use technology like robots, drones, and more. This kind of coding gets the students the most excited because they can see it happen live in front of them. Our staff has done a great job giving it attention so we are excited to see what we can help our students achieve with a well-rounded education.

| | Band Performance Dates 2018-19 | | |
|--|--|---|--|
| Ort | Choir K-12 Vocal Performanc | Performance Dates | |
| Oct. 5 12 13 23 25 26 27 28 30 | Pep Football6.30 in sPep Football6:30 in sReal Men Sing FestivalPep Football - high seedPep Volleyball - pigtailPep Volleyball - high seedPep Football - high seedPep Football - high seedPep Football - pigtailPep Football - high seedPep Football - high seed | | |
| Nov. 1 2 3 7 12 27 | Pep Volleyball - Little Falls Pep Football - Fargo Dome Pep Volleyball - Pierz Lumina Performance Group Veteran's Day Program Pep GBB | TBD TBD TBD 11:00 10:00 7:00 | |
| Dec . 3 6 10 13 14 17 Jan . | Gr. 4-6 Holiday Concert Pep BBB Choir Concert Pep GBB Pep BBB Band concert | 1:45 & 7:00 7:00 7:00 7:00 7:00 7:00 | |
| 4 8 10 | Pep BBB Pep GBB Pep BBB | 7:00 7:00 7:00 | |
| Feb. 1 19 21 28 | Pep GBB Pep BBB Pep GBB Pep GBB - high seed | 7:00 7:00 7:00 TBD | |
| March 2 5 7 8 9 12 15 20 27 | Pep GBB - St. John's Pep GBB St. John's Pep BBB high seed Pep GBB - St. Cloud Pep BBB - Concordia Pep BBB - Concordia Pep BBB - Concordia Band Contest - Battle Lake Sr. Choir Large Grp Contest B.L. | TBD TBD TBD TBD TBD TBD All Day All Day | |
| April 5 or 6 10 15 16 | UMM Jazz Festival - TBD Solo & Ens. Band/Choir - Ashby Spring Choir Concert Band Concert | All Day All Day 7:00 7:00 | |
| May 2 4 6 7 22 24 27 | Starry Night State Music Contest - Fergus Falls Band Concert ES Band Concert & 4th grade Elem. Gr 5-6 Musical Graduation Memorial Day Parade/Program | 7:00 All Day 7:00 7:00 1:45 & 7:00 7:00 10:00 | |
| June 23 | Osakis Festival Parade | 1:00 | |

"Trip of a Lifetime" by Morgan Rach

Over this past summer, I was fortunate enough to be offered a once in a lifetime opportunity. Before I was offered this opportunity, I had been subconsciously working towards that invisible goal. In fourth grade I was introduced to music. I learned how to play the recorder and even though I didn't make the most beautiful music, I had developed a passion. At the end of my fourth grade year I was able to choose what instrument I wanted to play in the elementary band. My older brother knew how to play the guitar at that time. As his little sister I wanted to be able to "rock out" with him. Because of that I decided to become a percussionist. I learned how to play on the snare drum, bass drum, drum set, timpani, and many other "percussion toys" throughout my time in the elementary, junior high, and senior high band. I had no idea what was ahead of me because of the passion I had developed for music.

A little over a year ago my band director, Randy Resley, nominated me to join a state-wide band called the Minnesota Ambassadors of Music. After a year of saving money, and with the help of several donations from local organizations, I was able to raise the money to join the band. This band would travel to seven different countries in Europe and perform for the locals on five different occasions.

This past June, I went to the St. Michael-Albertville High School to rehearse with the other Minnesota students who were nominated by their band/choir directors as well. There, I met many friendly and talented people. Together, band and choir alike, we all learned the music we were going to perform in Europe in only three days. The only thing left to do was head out to begin our journey.

When July came around, a little over 370 of us traveled to Great Britain, France, Switzerland, Liechtenstein, Austria, Italy, and Germany. Of those seven, we performed in Great Britain, France, Switzerland, Austria, and Germany. We didn't just perform; we saw the Eiffel Tower, the London Eye, the Swiss Alps, and more! My favorite places had to be all of Switzerland and Venice, Italy. The difference in scenery and culture was mind blowing. The Swiss Alps were beautiful day and night, and the different way of life in Venice was fascinating!

None of that would have been possible without my band director, Randy Resley. He has taught me everything I know about music and was the one to present this opportunity to me . My parents also helped on the money side of things: thanks Mom and Dad! But really, there is no way I would have been able to do that on my own, so thank you to everyone who helped make that incredible trip possible.





Above left: Morgan snaps a selfie with the *Mona Lisa* at the Louvre. Above right: A canal in Venice, Italy.

Osakis High School Theater Department Presents

Money to Burn by Pat Cook



Thursday, October 25 ~ 7:30 Friday, October 26 ~ 7:30 Osakis Fine Arts Auditorium

Tickets available at the door Adults \$5.00 Students \$3.00

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High School Activities Brad Hoffarth, Activities Director



2018 Athletic Department Discount Card Update

Thank you to everyone that purchased a 2018 Osakis Athletic Department discount card. Our goal is to generate additional revenue for our activities in a way that can benefit the people that purchase the discount cards as

well as local merchants that agreed to have discounts on the card. Proceeds from the sale of the discount cards go directly to the programs of which the students are participants. Proceeds are used to help assure safe and memorable experiences for the student athletes.

Resolving Conflict

As in any competitive program with high expectations, conflicts are inevitable. The athletic director and coaches are committed to facilitating the following process to provide parameters for successful resolution of issues.

- Conflicts should (first attempt) be resolved between student and coach. Parents are welcome to provide support for the student through conversations with the coach after the initial player /coach discussion.
- Meetings should be held in a professional setting in the school building during school/professional time.
- Calls should be directed to school phone numbers.
- Calls will be answered by coaches in a timely fashion.
 If emotions rise to an unreasonable level during the meeting, it will be concluded and rescheduled.
- It is inappropriate to approach a coach unscheduled, immediately prior to, or at the conclusion of a contest.
- If a conflict remains unresolved after a reasonable, good faith attempt to discuss and resolve it, the matter will be referred to the athletic director.

Education Based Athletic Reminders

Enjoy the experience beyond the scoreboard
 Look at the big picture and remember that only a select few will ever receive athletic scholarships
 Be prepared to provide emotional support for student athletes
 Being seen at events can be more memorable than being heard
 Encourage more, critique less
 All student athletes are developing adolescents

that have feelings7. Be supportive of all members of a team regardless of their athletic ability

8. Be supportive of the coaches and officials that serve our community

Winter Athletic Registrations

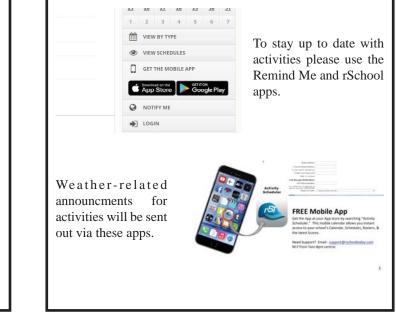
This is a reminder that registration is open for all winter sports. If you have already registered and paid your fee, you don't need to do anything more. Parents, if you registered your student for a fall sport but not a winter sport, you will need to log back in to your account and do so. You will not need to fill out the MSHSL or Osakis Eligibility form if you have already done so when you registered in the fall.

If your child was not in a fall sport, please follow these steps. You will need to watch Positive Sport Parenting at http://nfhslearn.com. To do this, you will need to create and register an account. Once you have completed registering, search for Positive Sport Parenting. You will need to order the course – this course is free but you will still need to go through the process as if you are purchasing it. You will not need any payment information. Follow the instructions to access the course. Once you have completed the course, you will receive a certificate of completion. Please print the certificate or take a picture with your phone and have your student bring it to the coach the first day of practice.

To register your student for a winter sport go to the Activities tab near the top of the school website and click Register for an Activity and follow the instructions listed. Make sure that you click the "Pay Later" option – you will either need to pay via Payschool.com or with cash or check in the District Office. Once you have completed your submission, either print or take a picture of the confirmation and have your student bring it to the coach the first day of practice.

In order for your student to participate on the first day of practice they must have paid their participation fee, completed online registration, attended the August 12 Athletic Registration meeting, or completed the NFHS Positive Parenting module and have a current physical on file with the Osakis School District.

Please call Shari Klukken 320-859-2191 ext.1168 if you have any questions.



ECFE Classes

Tuesday 9:00 A.M. - 11:00 A.M. Thursday 9:00 A.M. - 11:00 A.M. Thursday 6:00 P.M. - 7:30 P.M.

Preschool Classes MWF: 8:00 A.M. - 10:50 A.M. or 12:00 P.M. - 2:50 P.M. T/TH: 8:00 A.M. - 10:50 A.M. or 12:00 P.M. - 2:50 P.M.

SAKIS PUBLIC SCHOOL

Early Childhood Family Education THE PATH TO SUCCESS! Jan Campbell 320-859-2191 Ext. 1171 Tera Anderson 320-859-2191 Ext. 1169

ECFE Parent Facilitators Ramona Wippler Danielle Kreemer

ECFE Happenings:

ECFE will be heading out to Erickson's Petting Zoo on Tuesday, October 16th Morning class will meet out there by 9:30 am Evening class will meet out there by 6:00 pm

Cost will be \$5.50/person - this will include: Hay rack ride, pony ride and petting zoo!

Our Annual Fall Festival will be held on Tuesday, October 30th This will run from 6:00 - 7:30 pm in the elementary gym Wear costumes!!

Swimming at the Galeon will be on Tuesday, November 20th Morning class will meet there at 9:00 am Evening class will meet there by 6:00 pm

Preschool and ECFE still have openings. If you had been wondering if your child was ready and wasn't sure before, but now you realize that he or she is, give us a call!!

Third Graders Become Scientists!

The third grade classes began the school year with a hands-on science unit entitled "Monarchs in the Classroom." They first learned about the scientific method and how scientists observe, ask questions, make and test hypotheses, and record data. Then they put that learning into practice.

The monarch project encompasses several of the third grade state science standards. As part of the project, each classroom received monarch larvae to care for and observe on a daily basis. The students observed and recorded data about how much the larvae were eating and how much they were growing. Students observed firsthand a scientific phenomenon called complete metamorphosis. They watched as each larva grew as they ate a lot of milkweed, turned into a beautiful chrysalis for the pupa stage, and emerged from the chrysalis as an adult butterfly. When the monarchs became adults, the students released them so the monarchs could begin their long journey to the mountains in central Mexico where they will spend the winter.

A website called Journey North (www.journeynorth. org) was used to help the students learn about and understand the monarchs' life cycle and migration. This website provides tracking maps during the fall and spring migrations, along with other information about the life of the monarch.

















Community Education

Open Gym and Weight Room

Starting Sunday, November 4, the gym and weight room will be open for public use on Sundays from 5:00 p.m. until 7:30 p.m., and on Wednesdays from 6:00 p.m. to 8:30 p.m. Cost per session is \$2.00. Punch cards will be available in the amounts of \$20.00 and \$40.00 and can be purchased at the district office or at open gym or weight room sessions. <u>All elementary</u> <u>students MUST be accompanied by an adult.</u>

AARP Defensive Driving Course - Refresher

This is the four-hour class which will be held Monday, October 22, from 5:30 to 9:30 p.m. in the Osakis Public School Media Center. Fee for this class is \$16.00 for members and \$21.00 for non-members. Class size is limited to 30 students and will be canceled if there are fewer than 10 participants signed up. A check must accompany registration. Please register early.

Zumba

Are you ready to party yourself into shape? Forget the workout, just lose yourself in the music and find yourself in shape at the original dance-fitness party. Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before you know it you'll be getting fit and your energy levels will be soaring! It's easy to do, effective and totally exhilarating. Every class features rocking music, fun, easy to follow routines, and just a little bit of silliness. There are no restrictions; as long as you feel fit enough to dance, we're happy to have you! And you don't even have to be able to dance - just follow me and you'll even surprise yourself! There are no mistakes in Zumba....only unexpected solos! Zumba will be held every Sunday at 5 pm starting November 4th. Location TBD. Fee: \$5 per session payable at the door. Certified Zumba Instructor: Julie Backes. Text 81010 and put in @936GFD in the message to receive remind notifications.

The District 213 Newsletter publishes four issues per year. If you have questions please contact Randal Bergquist, School Superintendent, at 320-859-2191

BOARD OF EDUCATION Becky Hensley, Chairperson Michael Collins, Vice Chairperson Greg Faber, Treasurer Genny LeBrun, Clerk Tom Grundman, Director Monica Klimek, Director

For additional information call or visit our website at: www.osakis.k12.mn.us

Managing Editor: Mary Leuthner Layout and Design: Timothy Larson

Seeking Community Education Instructors!

Okay, so it's only October, and the days are golden! You are probably enjoying late season walleye fishing, leaf-peeping at the glorious tree colors, and spending time outdoors. Filled with mellow, yet cool, breezes, these are the days we wish could last forever, right? Sorry to remind you: winter is coming. Then you have the task of finding something to fill those same leisure hours in a more temperate climate, probably indoors. Here's the solution: Become involved in community education! This is a great opportunity to get your eyes off the TV set and engage your mind in more active pursuits. We are seeking community people who can offer a class this winter. The class can be anything you feel your fellow neighbors might be interested in. Know how to make lefse? Quilting? Ice fishing techniques? Book club? Poetry writing? Community theater? Dancing? Jewelry? Stained glass? Painting? All ideas are welcome!! Your class can be a one-time event or cover several weeks; it's up to you! We will include the offerings in the December/January issue of the newsletter. The goal of community education is to encourage community members to try new experiences and to share their own gifts and talents. Whether you are joining in as a teacher or a learner, you will be enriched by the experience. If you want to offer a class, contact Shari at Osakis Public School at 320-859-2191 ext. 1168.

COMMUNITY EDUCATION REGISTRATION

Advance registration is necessary because each class depends on a minimum number of enrollees to offer that class. Some classes also have maximums. Class registration requires that fees be paid before the first night of class to ensure registration. Please complete the registration form and return it with your check made payable to the Osakis Public School.

Mailing address: Osakis Community Education;

Attn. Shari; P.O. Box X, Osakis MN 56360

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